

ABOUT THIS PACKET

The Reading Passages in this packet allow students to work on comprehension skills after reading the passage several times searching for evidence.

| TASK | OVERVIEW |
|---|---|
| TASK 1: FILL IN THE BLANKS | Using Close Reading strategies, students will use context clues to fill in the missing words in the reading passage. This will then be used as the main passage to use for the remaining tasks. |
| TASK 2: VOCABULARY | The vocabulary activity helps kids identify and understand new or unfamiliar words before they complete further activities. |
| TASK 3: RESPOND | Students will choose from three writing prompts and write their answer to just one of them using complete sentences. |
| TASK 4: TRUE OR FALSE | Students complete this activity to show overall comprehension of the passage. They may refer back to the passage when necessary. In the end, they add up the TRUE statements. |
| TASK 5: MULTIPLE CHOICE | For a quick formative check for understanding, students will answer 10 multiple choice questions. |
| TASK 6: WORD SEARCH | Students will search for key vocabulary words related to the topic. Several unused letters will spell out a secret message. |
| FINAL TASK: SUMMARY (OPTIONAL) | This is an optional summary graphic organizer to use if needed. Could be used for early finishers as an extension activity, or as a final check for understanding. |
| GRADE LEVEL | RANGE |
| 4 | MIDDLE |
| 4 | END |
| 5 | BEGINNING |
| 5 | MIDDLE |
| 5 | END |
| 6 | BEGINNING |
| 6 | MIDDLE |
| 6 | END |
| 7 | BEGINNING |

TASK #1: FILL IN THE BLANK


EARN THIS!

Directions: Use the words below to fill in the reading.

| | | |
|-----------|----------|---------|
| tendons | 600 | Latin |
| digestive | striated | signals |
| sign | grab | organs |

Every system in the human body is important to help us live and function, and the muscular system is no exception. The muscular system is composed (made up) of more than _____ muscles.

Muscles are what we use to move around. They are located all over the body underneath the _____. Some muscles work without a person thinking, such as the heart that pumps blood, while others we have to actively move such as the leg muscles when walking across the street. The word muscle comes from the _____ word *musculus*, meaning "little mouse."

Muscles work when the brain sends _____ to them to move. Proteins and chemicals in the body give them energy to either contract, tighten or relax. For example, to pick up a pencil, the brain will send signals to the muscles in the hand to relax and open and then contract to _____ the pencil.

There are three main types of muscles. The first is skeletal muscles which are what we use to move around. Skeletal muscles, also called _____ muscle, are connected to our bones, and help move the bones on command. When we want to do something like walk across the street, our brain sends signals to the muscles in the legs to begin moving. Our muscles move the bones, and we are able to walk. These muscles are connected to the bones by _____, which are very strong tissues that hold them together.

Smooth muscles, also called involuntary muscles, do not connect to the bones like skeletal ones. These are used to control our _____ such as the stomach. These muscles cannot be controlled by a person and they do their job without a person thinking about it. One place these muscles are found are in the stomach and the _____ system. They contract and relax to help food move through the body.

TASK #4: TRUE OR FALSE



EARN THIS!

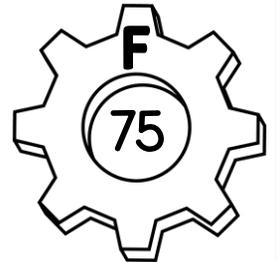
Read each statement below and determine if it is true or false. If the statement is true, color the gear that corresponds to that question. If it is false, cross out the gear. When you are finished add the **TOTAL** of ALL TRUE gears.



A

25

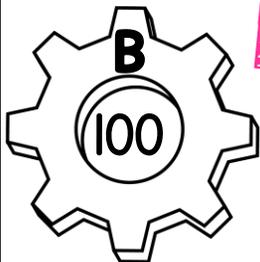
The jaw muscle, or masseter, is the strongest muscle.



F

75

The muscle that makes up the heart is called the cardiac muscle or myocardium.



B

100

The deltoid muscle is found in the thigh.



G

50

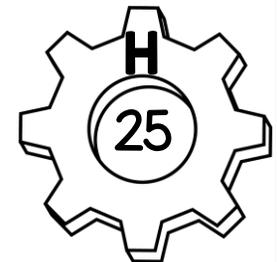
The smallest muscle is found in the eye.



C

75

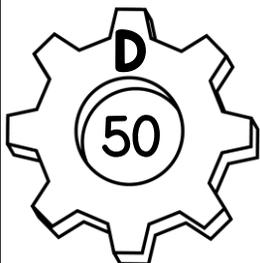
The muscular system is composed (made up) of more than 600 muscles.



H

25

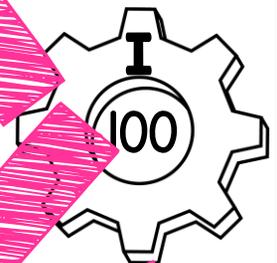
There are five main types of muscles.



D

50

Skeletal muscles are also called striated muscles.



I

100

Smooth muscles are used to control our organs.



E

25

Skeletal muscles are connected to the bones by tendons.



J

50

Cardiac muscles are the main force for circulation of blood.

TOTAL: _____

TASK #5: MULTIPLE CHOICE



EARN THIS!



Complete the multiple choice questions below by circling the correct answer.

WRONG

1. Where can the smallest muscle be found?

- A. Ear
- B. Eye
- C. Tongue
- D. Larynx

2. What is the largest muscle?

- A. Stapedius
- B. Masseter
- C. Gluteus maximus
- D. Deltoid

3. What muscles do we use when you move around?

- A. Cardiac
- B. Smooth
- C. Skeletal
- D. Cranial

4. There are ____ main types of muscles.

- A. 3
- B. 6
- C. 9
- D. 12

5. Where is the least used muscle in the human body?

- A. Stomach
- B. Lower back
- C. Thigh
- D. Arm

6. ____ muscles are also called involuntary muscles.

- A. Skeletal
- B. Tendons
- C. Cardiac
- D. Smooth

7. What Latin word means "little mouse"?

- A. Musculus
- B. Vertebrae
- C. Ganglia
- D. Maximus

8. What is the jaw muscle also known as?

- A. Lumbar multifidus
- B. Deltoid
- C. Masseter
- D. Stapedius

9. The muscular system is composed (made up) of more than ____ muscles.

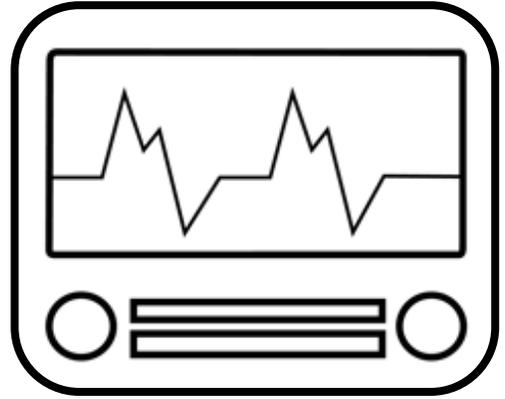
- A. 600
- B. 800
- C. 1000
- D. 1200

10. It takes ____ muscles in the face to smile.

- A. 11
- B. 17
- C. 29
- D. 53

BOT CARDS

Complete all 6 tasks correctly, then color and assemble your robot.



Brilliant Bot Builder



a *read*

*For successfully
completing 6 reading
comprehension tasks.*



SPARK SOME

creativity

**ESCAPE
ROOMS**

**SCAVENGER
HUNTS**

**SPY
MYSTERY**

**TEXT
DETECTIVE**

**SECRET
MESSAGES**

THINKTIVITY

BREAKOUTS

**READING
CHALLENGE**

**INTERACTIVE
NOTEBOOK**

**DIGITAL
ESCAPES**

**DIGITAL
BOARD
GAME**

**COLOR BY
NUMBER**

**TASK
CARDS
GAME**

**GOOGLE
SLIDES**

**GOOGLE
FORMS**

**PUZZLE
STATIONS**

**BOOM
CARDS**

BLOG