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NUTRITION • HEALTHY LIFESTYLE

How to Prevent, Manage, and Even *Reverse* Diabetes with Evidence-Based Practice

Parker's Place is teaming up with Wholesome LLC to help those who are on a journey to live a healthier lifestyle. Join us for a nutrition seminar with registered dietitian, Alison Tierney of Wholesome LLC. Using evidence-based science, Alison will focus this class on diabetes. Whether you are striving to prevent, manage, or even reverse diabetes--this is a seminar for you!

Did you know?

By the year 2050, the Centers for Disease Control and Prevention estimates 1 in 3 Americans with have diabetes.[1]

Details:

Wednesday, December 6th, 2017

7:00 - 8:00 p.m.

Parker's Place: All-Purpose Room

N48 W36105 E Wisconsin Ave

Oconomowoc, WI 53066

To Register:

Contact Alison:

alison@wholesomellc.com 414.339.6125

OR

calendly.com/wholesomellc/diabetesseminar

$20 non-members;

$15 Parker's Place members

[Cash or check, due at the door]

[1] *W R Rowley, C Bezold. Creating public awareness: State 2025 diabetes forecasts. Population health management 2012 15(4):194 – 200.*

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