

Let us come to remember the Lord

- 1. During the last supper, the Lord set up a special meeting for us to remember Him. He commanded us to "break the bread "and "drink the cup". We do this to remember what the Lord has done for us. Therefore, we call this meeting the break bread meeting, a meeting to remember the Lord.**

- And he took bread, and when he had given thanks, he broke it and gave it to them, saying, “This is my body, which is given for you. Do this in remembrance of me.” And likewise the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood. (Luke 22:19-20 ESV)
- [A]nd when he had given thanks, he broke it, and said, “This is my body, which is for you. Do this in remembrance of me.” In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” (1 Corinthians 11:24-25 ESV)

- 2. There must be very important reasons and great benefits for the Lord to have set up this meeting before He parted with the disciples.**

- So Jesus sent Peter and John, saying, “Go and prepare the Passover for us, that we may eat it.” They said to him, “Where will you have us prepare it?” He said to them, “Behold, when you have entered the city, a man carrying a jar of water will meet you. Follow him into the house that he enters and tell the master of the house, ‘The Teacher says to you, Where is the guest room, where I may eat the Passover with my disciples?’ And he will show you a large upper room furnished; prepare it there.” And they went and found it just as he had told them, and they prepared the Passover. And when the hour came, he reclined at table, and the apostles with him. And he said to them, “I have earnestly desired to eat this Passover with you before I suffer. (Luke 22:8-15 ESV)

- 3. In the break bread meeting, there is a bread which symbolizes the Lord's body. When we make the bread, we don't put any yeast in it. It shows that the Lord has no sins. The bread is baked in an oven or on a stove top. It shows that the Lord shed His blood for us and He suffered from the agony of thirst.**

- And when he had given thanks, he broke it, and said, “This is my body, which is for you. Do this in remembrance of me.” (1 Corinthians 11:24 ESV)

- Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, “Take, eat; this is my body.” (Matthew 26:26 ESV)

4. Moreover, we set up a cup of grape juice in the meeting, which symbolizes that the Lord shed His blood for us and died for our sin. It also illustrates that the Lord used His blood to establish a new covenant, which guarantees that God will pour forth His blessings on us.

- For this is my blood of the covenant, which is poured out for many for the forgiveness of sins. (Matthew 26:28 ESV)
- And likewise the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood. (Luke 22:20 ESV)
- In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” (1 Corinthians 11:25 ESV)

5. When we join break bread meeting and see the bread and the cup, we are reminded that the Lord came from heaven to earth to become a man for us. He experienced the life on earth, and He died on the cross for us. On the third day, He rose from the dead and overcame all for us. Now, He is holding all authority in heaven. One day, He will come back to receive all believers to have the great reunion. In the meeting, we also think about the joyful eternity and the coming new heavens and new earth.

- For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. (1 Corinthians 11:26 ESV)
- (Four gospels – in remembrance of the Lord)

6. Every week, when we think about all these precious truths, we are touched and compelled by the Lord's love. Then we are motivated to continue to love the Lord and we are determined to follow Him.

- Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. (Hebrews 12:3 ESV)
- For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died. (2 Corinthians 5:14 ESV)

7. I see the importance of this meeting of remembering the Lord now. How should we carry it out then?

- For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread. (1 Corinthians 11:23 ESV)

8. The whole church should gather together every week. It is like a family gathering. We should have one bread and one cup to show our unity.

- On the first day of the week, when we were gathered together to break bread, Paul talked with them, intending to depart on the next day, and he prolonged his speech until midnight. (Acts 20:7 ESV)
- Because there is one bread, we who are many are one body, for we all partake of the one bread. (1 Corinthians 10:17 ESV)

9. In the meeting, through hymn singing, prayers and other expressions, we can consider the Lord's love and respond to Him. After giving thanks for the bread and the cup, we should pass them to brothers and sisters. Each one of us should take the bread and drink the cup, which demonstrates that everyone has a part in enjoying the Lord's love and His salvation.

10. In the meeting, all of us are free to sing hymns and pray to the Lord with a sincere heart. The whole meeting brings great enjoyment to the Lord and us.

- Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. (1 Corinthians 11:27-28 ESV)
- Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ. (Ephesians 5:19-20 ESV)

11. We continue to remember the Lord until He comes. When He receives us, we will see the Lord with our own eyes. We will then enjoy the big reunion in heaven!

- For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. (1 Corinthians 11:26 ESV)
- Then we who are alive, who are left, will be caught up together with them in the clouds to meet the Lord in the air, and so we will always be with the Lord. (1 Thessalonians 4:17 ESV)