

YORK[®]

FITNESS

X515 ELLIPTICAL OWNER'S MANUAL

YRK52077A



Customer support

Should you require any assistance regarding this product please gather the following information and then contact us using the details below:

- Serial No. - This can be found on the sticker.
- Original purchase date
- Place of purchase
- Information about the place and conditions of use
- Precise description of the issue / defect

IMPORTANT!! - Please retain your sales receipt, York Fitness Customer Care may request proof of purchase to validate eligibility for warranty service. Warranty cover starts from the date shown on the proof of purchase.

AUSTRALIA

The best way to contact us is via the website:
www.yorkfitness.com.au

York Fitness Australia

13/160 Hartley Road,
Smeaton Grange, NSW 2567

Tel: 1800 675 271

Safety Hints

WARNING - Read all instructions before using this appliance.

- Do not operate elliptical on deeply padded, plush or shag carpet. Damage to both carpet and elliptical may result.
- Keep children away from the elliptical. There are obvious pinch points and other caution areas that can cause harm.
- Keep hands away from all moving parts.
- Never operate the elliptical if it has a damaged cord or plug. If the elliptical is not working properly, call your dealer.
- Keep the cord away from heated surfaces.
- Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly gaseous environment.
- Never drop or insert any object into any openings.
- Do not use outdoors.
- To disconnect, turn all controls to the off position, then remove the plug from the outlet.
- Do not attempt to use your elliptical for any purpose other than for the purpose it is intended.
- The pulse sensors are not medical devices. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as exercise aids in determining heart rate trends in general.
- Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your elliptical. Quality athletic shoes are recommended to avoid leg fatigue.

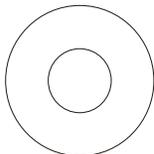
SAVE THESE INSTRUCTIONS - THINK SAFETY!

CAUTION!! Please be careful when un-packing the carton.

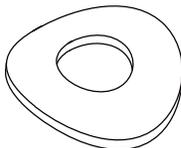
X515_Ver.A

Assembly Pack Check List

STEP 1.



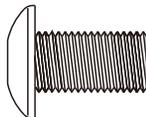
#104-1 $\text{Ø } 8.7 \times 20 \times 1.5\text{T}$
Flat Washer
(2pcs)



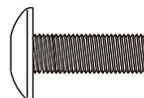
#112. $3/8" \times 23 \times 1.5\text{T}$
Curved Washer
(2pcs)



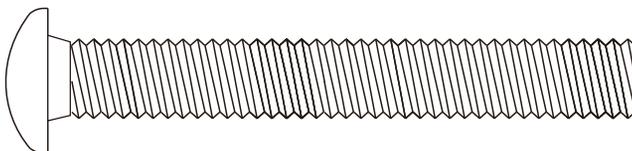
#96. $3/8"$
Cap Nut
(2pcs)



#80-1 $5/16" \times 15\text{m/m}$
Button Head Socket Bolt
(2pcs)

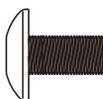


#82. $\text{M5} \times 15\text{m/m}$
Phillips Head Screw
(4pcs)



#77. $3/8" \times 3"$
Carriage Bolt (2pcs)

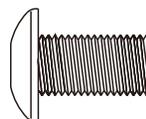
STEP 2.



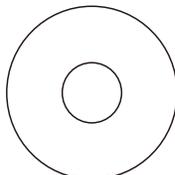
#84. $\text{M5} \times 10\text{m/m}$
Phillips Head Screw
(4pcs)



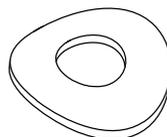
#111. $5/16" \times 1.5\text{T}$
Split Washer
(6pcs)



#80. $5/16" \times 15\text{m/m}$
Button Head Socket Bolt
(6pcs)



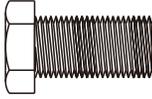
#105. $5/16" \times 23 \times 1.5\text{T}$
Flat Washer
(4pcs)



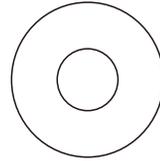
#113. $5/16" \times 23 \times 1.5\text{T}$
Curved Washer
(2pcs)

Assembly Pack Check List

STEP 3.

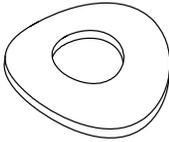


#74. 5/16" x 15m/m
Hex Head Bolt
(2pcs)



#102. Ø 8.7 x 20 x 1.5T
Flat Washer
(2pcs)

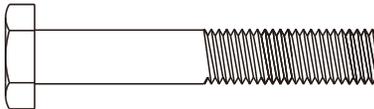
STEP 4.



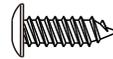
#113. 5/16" x 23 x 1.5T
Curved Washer
(4pcs)



#91. 5/16" x 7T
Nyloc Nut
(6pcs)



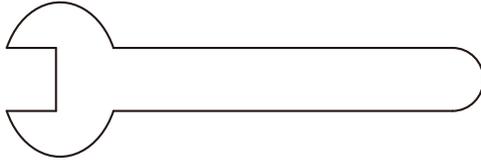
#76. 5/16" x 1-3/4"
Hex Head Bolt
(6pcs)



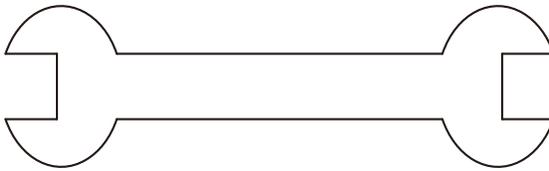
#87. Ø3.5 x 12m/m
Sheet Metal Screw
(8pcs)

Assembly Pack Check List

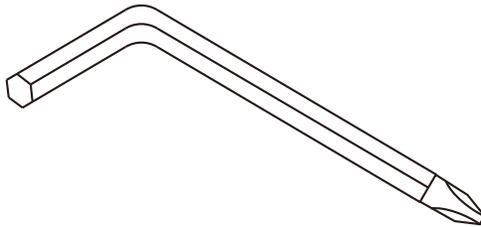
TOOLS



#116. 12 mm Wrench (1pcs)



#115. 13 &14 mm Wrench (1pcs)

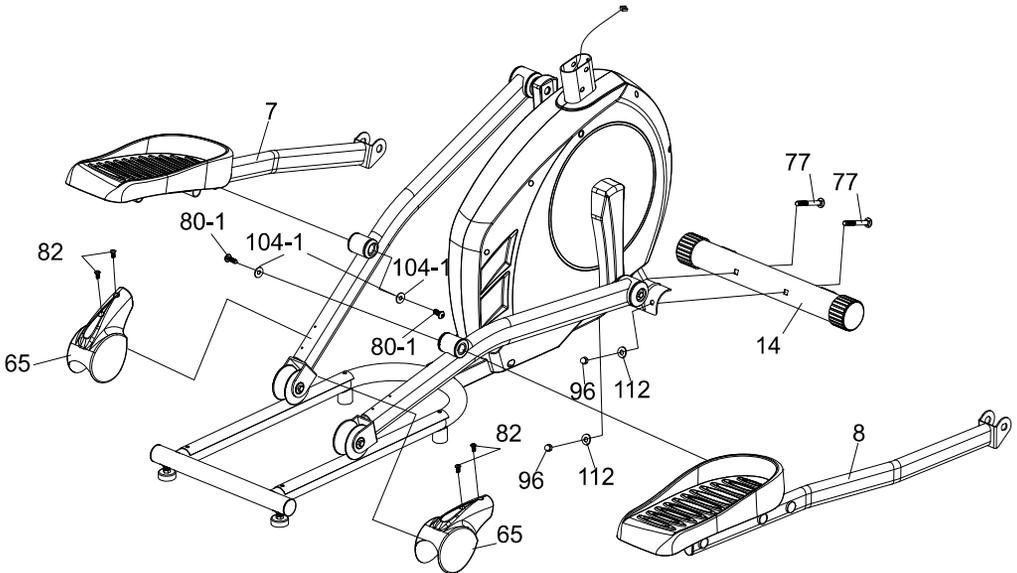


#118. Combination 5mm Allen Wrench
& Phillips Head Screw Driver (1pcs)

Assembly Instructions

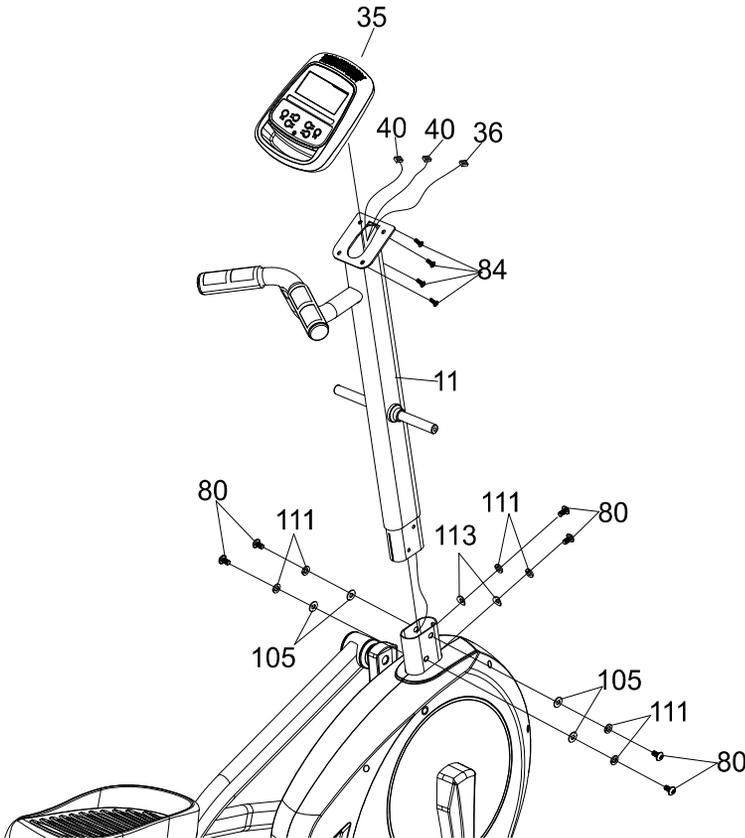
STEP 1 Front Stabilizer and Connecting Arm Assembly

1. Install the Front Stabilizer(14) on the front stabilizer holding plate at the bottom of the main frame with the transportation wheels facing forward and secure them with 2pcs of 3/8" × 3" Carriage Bolts(77), 2pcs of 3/8" × 23m/m × 1.5T Curved Washers(112) and 2pcs of 3/8" Cap Nuts(96) by using 13.14m/m Wrench(115).
2. Secure 2pcs slide wheel cover (65) on left and right pedal arm (5) with four M5 × 15m/m Phillips Head Screws (82) by using Combination M5 Allen Wrench & Phillips Head Screw Driver (118).
3. Insert the shaft on left connecting arm (7) to the bushing on left pedal arm (5) and secure with 1pcs 5/16" × 15m/m Button Head Socket Bolt (80-1) together with 1pcs $\text{Ø}8.7 \times 20 \times 1.5\text{T}$ Flat Washer (104-1) by using Combination M5 Allen Wrench & Phillips Head Screw Driver (118). Do it the same way for right connecting arm (8) and right pedal arm (5).



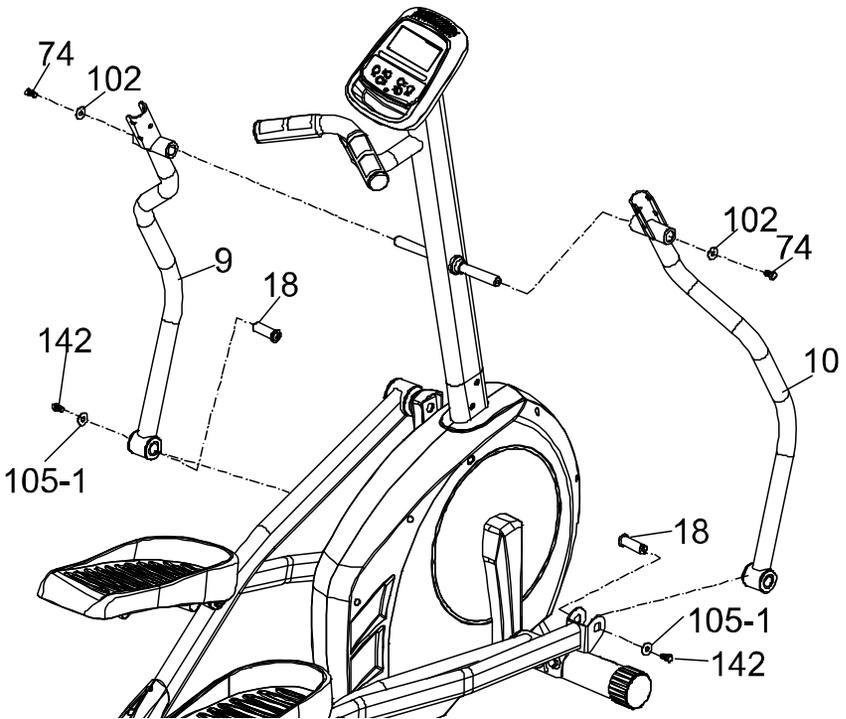
STEP 2 Console Mast Assembly

1. Use cable tie to guide the 1150m/m Computer Cable(36) through Console Mast(11) and then pull out of the console holding plate, and Insert the console mast into main frame and secure with 6pcs of 5/16" x 15m/m Button Head Socket Bolts(80), 6pcs of 5/16" x 1.5T Split Washers(111), 4pcs of 5/16" x 23m/m x 1.5T Flat Washers(105) and 2pcs of 5/16" x 23m/m x 1.5T Curved Washers(113) by using Combination M5 Allen Wrench & Phillips Head Screw Driver(118) .
2. Take off the cable tie which ties the Computer Cable(36) and plug in the connectors of the Computer cable and the two Handpulse W/Cable Assemblies(40) on the Console. Secure the Console on the Console Assembly(35) with 4pcs of M5 x 10m/m Phillips Head Screws(84) by using Combination M5 Allen Wrench & Phillips Head Screw Driver(118). Pay attention to Avoiding scratching the cables.



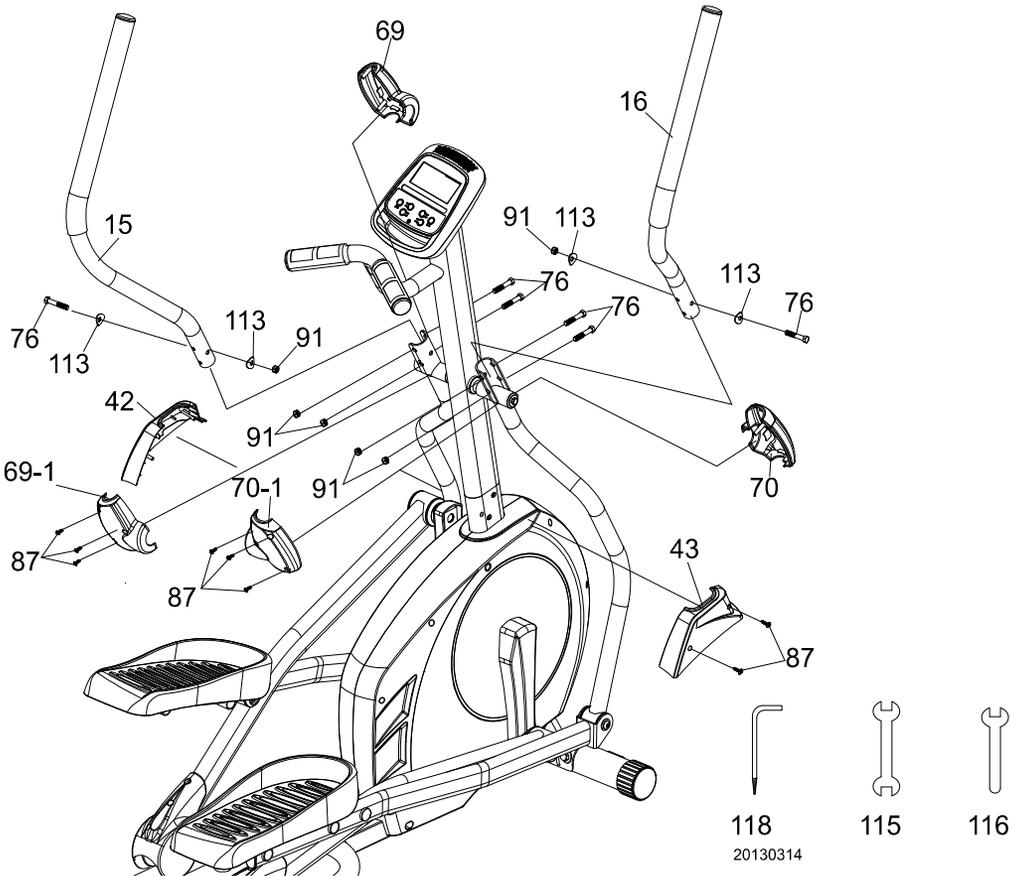
STEP 3 Handle Bar Assembly

1. Install the Lower Handle Bar (L) (9) in the left shaft of Console Mast(11) and the Lower Handle Bar (R) (10) in the right shaft of Console Mast(11), and secure them with 2pcs of 5/16" x 15m/m Hex Head Bolts(74) and 2pcs of Ø8.7 x 20m/m x 1.5T Flat Washers(102) by using 12m/m Wrench(116).
2. Release rod end shafts (18) which are on left and right connecting arms. Connect the connecting arm with lower handle bar and secure with rod end shafts (18) and the screw **by using 12m/m Wrench (116)**.



STEP 4 Connecting Arm Assembly

1. Connect the Swing Arm (L) (15) to the left Lower Handle Bar and connect the Swing Arm (R) (16) to the right Lower Handle Bar, and secure them with 6pcs of 5/16" x1-3/4" Hex Head Bolts(76),4pcs of 5/16" x 23m/m x 1.5T Curved Washers(113) and 6pcs of 5/16" x 7T Nyloc Nuts (91) by using 12m/m Wrench(116) 13.14m/m Wrench(115).
2. Put the Front Handle Bar Cover (L) (69) and the Rear Handle Bar Cover (L) (69~1) together on the left Handle Bar and secure with 3pcs of Ø3.5 x 12m/m Sheet Metal Screws(87) by using Combination M5 Allen Wrench & Phillips Head Screw Driver(118). Repeat the same procedure for the right side.
3. Connect the Console Mast Cover (L)(42) and the Console Mast Cover (R)(43) together on the Console Mast and secure with 2pcs of Ø3.5 x 12L_Sheet Metal Screw(87) by using Combination M5 Allen Wrench & Phillips Head Screw Driver(118).





Key Functions

START/STOP: 1. Starts & pauses workouts.

2. Starts body fat measurement.

3. Holding key for 3 seconds will reset all function values to zero.

DOWN: Decrease value of selected workout parameter: TIME, DISTANCE, etc.
During the workout, it will decrease the resistance load.

UP : Increases value of selected workout parameter. During the workout, it will increase the resistance load.

ENTER: To input desired value or work out mode.

RECOVERY: Press to enter into Recovery function when computer has the heart rate value. Recovery is Fitness Level 1-6 after 1 minute. F1 is the best, and F6 is the worst.

MODE: Press to switch display form RPM to SPEED, ODO to DIST, WATT to CALORIES during workout.

Workout Selection

After power-up using UP or DOWN keys to select then pressing ENTER to enter the desired mode.

There are 7 basic workout modes:

Manual, Pre- programs, Watt Program, Body Fat Program, Target Heart Rate program, Heart Rate Control program and User Program.

Functions:

1. SPEED: Displays current training speed. Maximum speed is 99.9 KM/H or MILE/H.
2. RPM: Displays current rotation per minute.
3. TIME: Accumulates the workout time from 00:00 to 99:59. Or users can preset the target time they want.
4. DIST: Accumulates the workout distance from 0.00 up to 999.9 KMs or Miles. Or users can preset the target distance they want to reach.
5. ODO: Displays the total accumulated distance from 0.0 to 999.9KMs or Miles
6. CAL: Accumulates the calorie consumption from 0 to 9999. Or users can preset the target calories they want to consume.
7. WATT: Displays current watts.
8. HEART RATE: Displays the current heart rate in beats per minute.
9. TARGET .H. R.: Users can preset their Target Heart Rate.
10. PROGRAM: There are 24 different programs to choose for training.
11. LEVEL: The program has 24 levels loading and 8 bars in each column. Each column represents 1 minute workout (without the change of time value) and each bar represents 3 levels loading.
12. Music playing : There is an audio-input port on the top of the monitor, The user can connect the MP3 to the Audio-input , and turn on the MP3 ,to play music.

Workout Parameters:

TIME / DISTANCE / CALORIES /AGE/WATT/TARGET HEART RATE

Setting Workout Parameters

After selecting desired workout mode: Manual, Pre-set Programs, Watt Program, Body Fat, Target Heart Rate, Heart Rate Control and User Program. You may pre-set several workout parameters for desired results.

Note: Some parameters are not adjustable in certain programs.

Time and Distance can not be set up at the same time.

Once a program has been selected, pressing ENTER, will make "Time" parameter flash. Using UP OR DOWN KEY you may select desired time value. Press ENTER KEY to input value.

Flashing prompt will move to the next parameter. Continue use of UP OR DOWN KEY.

Press START/STOP to start workout.

More About Workout Parameters

Field	Setting Range	Default Value	Increment/Decrement	Description
Time	0:00~ 99:00	00:00	± 1:00	1.When display is 0:00, Time will count up. 2.When time is 1:00-99:00, It will count down to 0.
Distance	0.00~999.0	0.00	±1.0	1.When display is 0.0, Distance will count up. 2.When Distance is 1.0~999.0, it will count down to 0.
Calories	0~9995	0.0	±5	1.When display is 0, Calories will count up. 2.When Calories is 5~9995, it will count down to 0.
Watt	40~250	100	±5	User can set watt value only in Watt control program.
Age	10~99	30	±1	Target HR will be based on Age. When Heart Rate exceeds Target H.R, the number of Heart Rate will flash
Pulse	60~220	90	±1	Setting Parameters for Target heart rate

Program Operation

Manual (P1)

Program profile



Selecting "**Manual**" using UP OR DOWN KEY then pressing ENTER KEY.

1st parameter "Time" will flash so value can be adjusted using UP OR DOWN KEY .Press ENTER KEY to save value & move to next parameter to be adjusted.

**** (If user sets up the target time to workout, then the next parameter of Distance can not be adjusted)**

Continue through all desired parameters, pressing START/STOP to start workout.

Note: Once the workout parameter counts down to be zero, it will beep and stop the workout automatically. Press START KEY to continue the workout to reach the unfinished workout parameter.

Pre-programs (P2~P13)

Program profile

STOP PROGRAM 2 LEVEL 9



ROLLING

STOP PROGRAM 4 LEVEL 3



FAT BURN

STOP PROGRAM 6 LEVEL 6



STEPS

STOP PROGRAM 8 LEVEL 9



INTERVALS

STOP PROGRAM 10 LEVEL 6



CLIMBING

STOP PROGRAM 12 LEVEL 9



HILL

STOP PROGRAM 3 LEVEL 15



VALLEY

STOP PROGRAM 5 LEVEL 3



RAMP

STOP PROGRAM 7 LEVEL 6



OBSTACLE

STOP PROGRAM 9 LEVEL 6



PLATEAU

STOP PROGRAM 11 LEVEL 9



OFF ROAD

STOP PROGRAM 13 LEVEL 6



PEAK INTERVALS

There are 12 program profiles ready for use: ROLLING, VALLEY, FAT BURN, RAMP, STEPS, OBSTACLE, INTERVALS, PLATEAU, CLIMBING, OFF ROAD, HILL and **PEAK INTERVALS**. All program profiles have 24 levels of resistance.

Setting Parameters for Pre-programs

Select one of pre-programs using UP OR DOWN KEY then pressing ENTER KEY.

1st parameter "Time" will flash so value can be adjusted using UP OR DOWN KEY .Press ENTER KEY to save value & move to next

parameter to be adjusted. Continue through all desired parameters, pressing START/STOP to start workout.

Workout in any pre-program

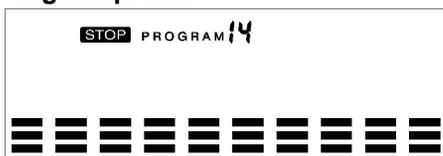
Users can exercise with different levels of loading in different intervals as the profiles flash.

Users may exercise in any desired level of resistance by adjusting by UP/DOWN keys during the workout.

Note: If user sets up the target time to workout, then the next parameter of Distance can not be adjusted. Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press START/STOP to continue the other unfinished parameters.

Watt control program(P14)

Program profile



Setting Parameters for Watt control program

Selecting "Watt control program" using UP OR DOWN KEY then pressing ENTER KEY. 1st parameter "Time" will flash so value can be adjusted using UP OR DOWN KEY .Press ENTER KEY to save value & move to next parameter to be adjusted.

**** (If user sets up the target time to workout, then the next parameter of Distance can not be adjusted)**

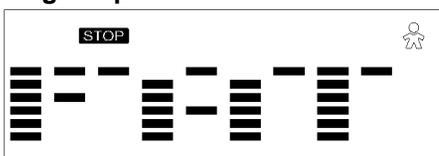
Continue through all desired parameters, pressing START/STOP to start workout.

Note: One of workout parameters counts down to be zero, it will have bi sounds and stop the workout automatically. Press START KEY to continue the workout to reach the unfinished workout parameter.

Computer will adjust the resistance load automatically depending on the speed needed to maintain the constant watt value. User can use up down key to adjust the watt value during workout.

BODY FAT PROGRAM

Program profile



Setting Data for Body Fat

Select "**BODY FAT Program**" using UP OR DOWN KEY then press ENTER.

"Male" will flash so Gender can be adjusted using UP OR DOWN KEY, press ENTER to save gender & move to next data.

"175" of Height will flash. Height can be adjusted using UP OR DOWN KEY, press ENTER to save value & move to next data.

"75" of Weight will flash so Weight can be adjusted. Use UP OR DOWN KEY, press ENTER KEY to save value & move to next data.

"30" of Age will flash so Age can be adjusted using UP OR DOWN KEY, press ENTER to save value.

Press START/STOP to start measurement, please also grasp hand pulse grips.

After 15 seconds the display will show out Body Fat %, BMR, BMI & BODY TYPE.

NOTE: Body Types:

There are 9 body types divided according to the FAT% calculated. Type 1 is from 5% to 9%. Type 2 is from 10% to 14%. Type 3 is from 15% to 19%. Type 4 is from 20% to 24%. Type 5 is from 25% to 29%. Type 6 is from 30% to 34%. Type 7 is from 35% to 39%. Type 8 is from 40% to 44%. Type 9 is from 45% to 50%.

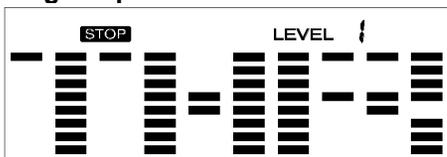
BMR: Basal Metabolism Ratio

BMI: Body Mass Index

Press START/STOP KEY to return the main Display.

TARGET HEART RATE Program

Program profile



Setting Parameters for TARGET H.R

Select "**TARGET H.R.**" using UP OR DOWN KEY then pressing ENTER KEY.

1st parameter "Time" will flash so value can be adjusted using UP OR DOWN KEY. Press ENTER KEY to save value & move to next parameter to be adjusted.

**** (If user sets up the target time to workout, then the next parameter of Distance can not be adjusted)**

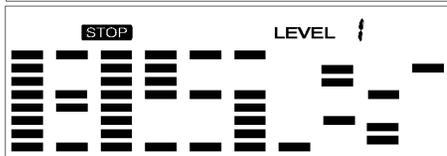
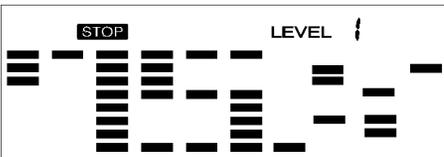
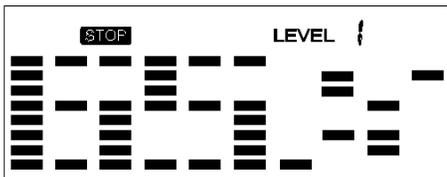
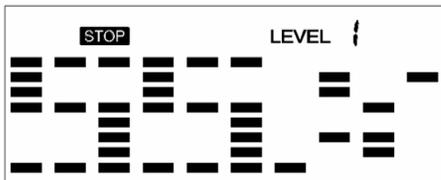
Continue through all desired parameters, pressing START/STOP to start workout.

Note: If Pulse is above or below (± 5) the setting TARGET H.R, the computer will adjust the resistance load automatically. It will check every 10 seconds approx. 1 level load will increase or decrease (Note: each resistance load represents 3 levels of loading). when the heart rate signal disappears, the computer will keep the resistance load constant for 60s, then it will decrease the resistance load 1 level per 10s.

When one of the workout parameters counts down to be zero, it will beep and stop the workout automatically. Press START/STOP to continue the other unfinished parameters.

HEART RATE CONTROL Program

Program profile



There are 4 selection for target pulse:

HRC- 55% TARGET H.R= 55% of (220-AGE)

HRC - 65% TARGET H.R= 65% of (220-AGE)

HRC - 75% TARGET H.R= 75% of (220-AGE)

HRC - 85% TARGET H.R= 85% of (220-AGE)

Setting Parameters for HEART RATE CONTROL

Selecting "**One of Heart Rate Control Program .**" using UP OR DOWN KEY then pressing ENTER KEY . 1st parameter "Time" will flash so value can be adjusted using UP OR DOWN KEY .Press ENTER KEY to save value & move to next parameter to be adjusted.

**** (If user sets up the target time to workout, then the next parameter of Distance can not be adjusted)**

Continue through all desired parameters, pressing START/STOP to start workout.

Note: If Pulse is above or below (± 5) the setting TARGET H.R. the computer will adjust the resistance load automatically. It will check Every 10 seconds approx. 1 level load will increase or decrease (Note: each resistance load represents 3 levels of loading).when the heart rate signal disappeared, the computer will keep the resistance load constant for 60s, then it will decrease the resistance load 1 level per 10s.

One of workout parameters counts down to be zero, it will have bi sounds and stop the workout automatically. Press START/STOP KEY to continue the workout to reach unfinished workout parameter.

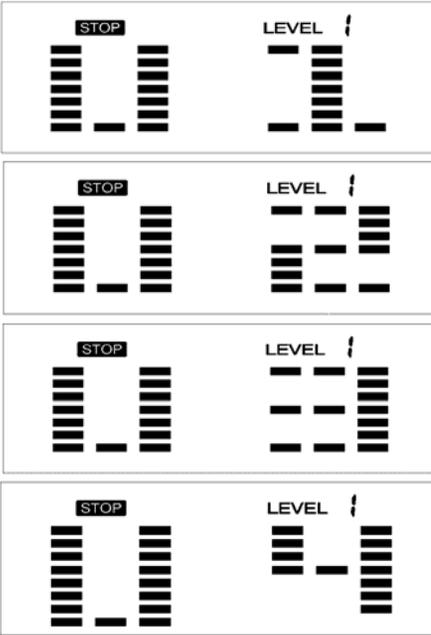
Wearing The Chest Strap (Sold Separately)

1. Attach the transmitter to the elastic strap using the locking parts.
2. Adjust the strap as tightly as possible as long as the strap is not too tight to remain comfortable.
3. Position the transmitter with the logo centered in the middle of your torso facing away from your chest (some people must position the transmitter slightly left of center). Attach the final end of the elastic strap by inserting the round end and, using the locking parts, secure the transmitter and strap around your chest.
4. Position the transmitter directly below the pectoral muscles.
5. Sweat is the best conductor to measure very minute heart beat electrical signals. However, plain water can also be used to pre-wet the electrodes (2 ribbed oval areas on the reverse side of the belt and both sides of the transmitter). It's also recommended that you wear the transmitter strap a few minutes before your work out. Some users, because of body chemistry, have a more difficult time in achieving a strong, steady signal at the beginning. After "warming up", this problem lessens. As noted, wearing clothing over the transmitter/strap doesn't affect performance.
6. Your workout must be within range - distance between transmitter/receiver – to achieve a strong steady signal. The length of range may vary somewhat but generally stay close enough to the console to maintain good, strong, reliable readings. Wearing the transmitter directly on bare skin assures you of proper operation. If you wish, you may wear the transmitter over a shirt. To do so, wet the areas of the shirt that the electrodes will rest upon.



User Program

Program profile



4 User program allow user to set their own program that can be used immediately.

Setting Parameters for User Program

Selecting user using UP OR DOWN KEY then pressing ENTER KEY.

1st parameter "Time" will flash so value can be adjusted using UP OR DOWN

KEY .Press ENTER KEY to save value & move to next parameter to be adjusted.

**** (If user sets up the target time to workout, then the next parameter of Distance can not be adjusted)**

Continue through all desired parameters.

After finishing the set up of your desired parameters, the level 1 will flash, use UP OR DOWN KEY to adjust then pressing ENTER until finished. (There are 10 times total).

Press START/STOP to start workout.

Note: Once the workout parameter counts down to be zero, it will beep and stop the workout automatically. Press START/STOP KEY to continue the workout to reach unfinished workout parameter.

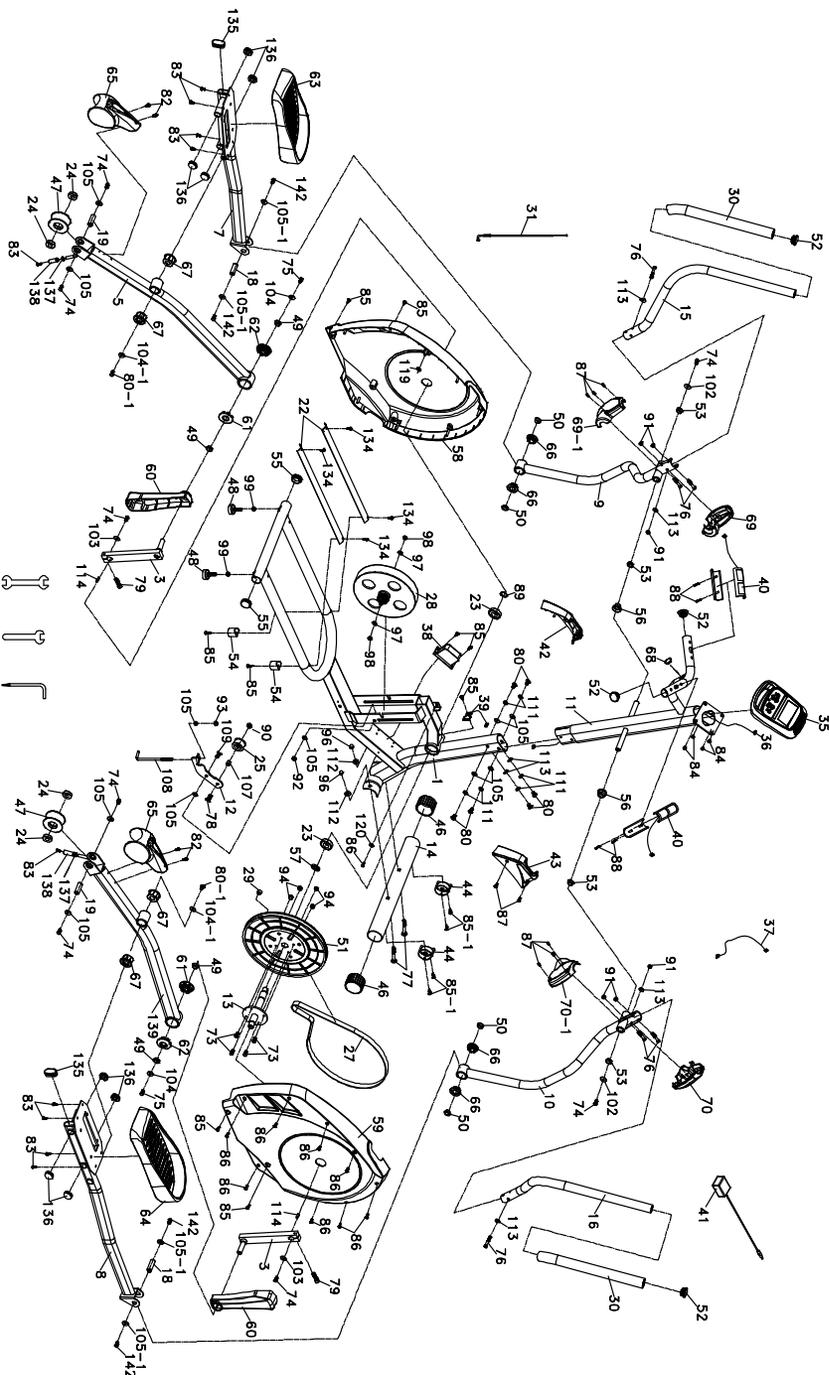
Parts List

NO.	DESCRIPTION	Q'TY
1	Main Frame	1
3	Crank Arm Assembly	2
5	Pedal Arm(L)	1
7	Connecting Arm (L)	1
8	Connecting Arm (R)	1
9	Lower Handle Bar (L)	1
10	Lower Handle Bar (R)	1
11	Console Mast	1
12	Idler Wheel Assembly	1
13	Crank Axle	1
14	Front Stabilizer	1
15	Swing Arm (L)	1
16	Swing Arm (R)	1
18	Rod End Shaft(Blackfast)	2
19	Axle for Slide Wheel(Blackfast)	2
22	Aluminum Track	2
23	6005_Bearing	2
24	6003_Bearing	4
25	Axle for Idler Wheel	1
27	Belt	1
28	Flywheel	1
29	Magnet	1
30	Handgrip Foam	2
31	Steel Cable	1
35	Console Assembly	1
36	1600m/m_Computer Cable	1
37	450m/m_DC Power Cord	1
38	Gear Motor	1
39	200m/m_Sensor W/Cable	1
40	800m/m_Handpulse W/Cable Assembly	2
41	Power Adaptor	1
42	Console Mast Cover (L)	1
43	Console Mast Cover (R)	1
44	Transportation Wheel	2

NO.	DESCRIPTION	Q'TY
46	Round End Cap	2
47	Slide Wheel , Urethane	2
48	Adjustment Foot Pad	2
49	WFM-1719-12_Bushing	4
50	J4FM-1719-09_Bushing	4
51	Drive Pulley	1
52	Ø32(1.8T)_Button Head Plug	4
53	Podwer metallurgy Bushing	4
54	Rubber Foot	2
55	Round Cap	2
56	Pedal Axle Spacer	2
57	Spacer Bushing	1
58	Side Case(L)	1
59	Side Case(R)	1
60	Crank Arm End Cap	2
61	Ø56 x Ø19 x 15L_Bushing	2
62	Ø56 x Ø19 x 21L_Bushing	2
63	Pedal (L)	1
64	Pedal (R)	1
65	Slide Wheel Cover	2
66	Ø42 x Ø19 x 15L_Bushing	4
67	Pedal Bushing	4
68	Bolt Access Cap	1
69	Front Handle Bar Cover (L)	1
69~1	Rear Handle Bar Cover (L)	1
70	Front Handle Bar Cover (R)	1
70~1	Rear Handle Bar Cover (R)	1
73	1/4" x UNC20 x 3/4" _Hex Head Bolt	4
74	5/16" x UNC18 x 15L_Hex Head Bolt	8
75	5/16" x UNC18 x 15L_Hex Head Bolt	2
76	5/16" x UNC18 x 1-3/4" _Hex Head Bolt	6
77	3/8" x UNC16 x 3" _Carriage Bolt	2
78	3/8" x UNC16 x 27L_Carriage Bolt	1
79	M8 x P1.25 x 25L_Socket Head Cap Bolt	2
80	5/16" x UNC18 x 15L_Button Head Socket Bolt	6
80~1	5/16" x UNC18 x 15L_Button Head Socket Bolt	2

NO.	DESCRIPTION	Q'TY
82	M5 x P0.8 x 15L_Phillips Head Screw	4
83	M5 x P0.8 x 10L_Phillips Head Screw	10
84	M5 x P0.8 x 10L_Phillips Head Screw	4
85	Ø5 x 19L_Tapping Screw	9
85~1	Ø5 x 19L_Tapping Screw	4
86	Ø3.5 x 16L_Sheet Metal Screw	9
87	Ø3.5 x 12L_Sheet Metal Screw	8
88	Ø3 x 20L_Tapping Screw	4
89	Ø25_C Ring	1
90	3/8" x UNC16 x 7T_Nyloc Nut	1
91	5/16" x UNC18 x 7T_Nyloc Nut	6
92	M8 x P1.25 x 7T_Nyloc Nut	1
93	M8 x P1.25 x 9T_Nyloc Nut	1
94	1/4" x UNC20 x 8T_Nyloc Nut	4
96	3/8" x UNC16 x 12.5T_Cap Nut	2
97	3/8" -UNF26 x 4T_Nut	2
98	3/8"-UNF26 x 11T_Nut	2
99	3/8" x UNC16 x 7T_Nut	2
102	Ø8.7 x Ø20 x 1.5T_Flat Washer	2
103	Ø8 x Ø35 x 1.5T_Flat Washer	2
104	Ø8.5 x 26 x 2.0T_Flat Washer	2
104~1	Ø8.7 x Ø20 x 1.5T_Flat Washer	2
105	Ø8 x 23 x 1.5T_Flat Washer	11
105~1	5/16" x 23 x 3T_Flat Washer	4
107	Ø15.8 x Ø10 x 9L_Sleeve	1
108	M8 x P1.25 x 130L_J Bolt	1
109	M8 x P1.25 x 20L_Carriage Bolt	1
111	Ø8 x 1.5T_Split Washer	6
112	Ø10 x 23 x 1.5T_Curved Washer	2
113	Ø8 x 23 x 1.5T_Curved Washer	6
114	Woodruff Key	2
115	13/14m/m_Wrench	1
116	12m/m_Wrench	1
118	Combination M5 Allen Wrench & Phillips Head Screw Driver	1
119	Ø8 x 16 x 1T_Flat Washer	1
120	Ø5 x 16 x 1.5T_Flat Washer	1

NO.	DESCRIPTION	Q'TY
134	M6 x P1.0 x 15L_Phillips Head Screw	4
135	Oval End Cap	2
136	Round Cap	8
137	C Ring	2
138	Ø15 x Ø8.5 x 50L_Sleeve	2
139	Pedal Arm(R)	1
142	5/16" x 15L_Hex Head Bolt	4



2015.10.14.

115 116 118



**WARRANTY, SAFETY AND ASSEMBLY
INFORMATION YRK52077A – YORK X515**

IMPORTANT

Please read and retain this manual as it will assist with identification for parts and service.

BOYLES FITNESS warrants their Cross Trainer to be free from defects in material and workmanship under normal use and service conditions.

The various components of the Cross Trainer are warranted against defects and workmanship for the time periods specified as follows:

YRK52077A – YORK X515

Domestic use

Lifetime frame & 1 year on all other parts.

All warranty coverage extends only to the original retail purchaser from the date of purchase. BOYLES FITNESS' obligation under this Warranty is limited to replacing or repairing, at BOYLES' option, the product or parts therein. Any enquiries relating to warranties or spare parts must be directed to **Service 07 3272 7010**.

For efficient processing of your enquiry please have relevant date of purchase, retailer name you purchased the item from and the brand on the product. This warranty does not extend to any damage to a product caused by abuse, improper or abnormal usage (as detailed in this instruction manual), or repairs not provided by BOYLES. Nor does this warranty extend to products used for commercial or rental purposes. This warranty does not cover ordinary wear, tear and weathering, failure to follow directions, improper installation, improper maintenance or acts of God (such as damage caused by storms, lightning and by snow or ice). No other Warranty beyond that specifically set forth above is authorised by BOYLES.

Our sales and service centre has been set up to provide assembly assistance, replacement parts and accessories, and to efficiently handle all warranty related matters.

Phone **07 3272 7010**

Hours **9:00am – 4:00pm Mon-Fri (excluding public holidays),**

Email **spares@boylesfitness.com.au**

Website **www.bfe.net.au**

BFE Warranty Policy – November 1st 2013

1. When purchased from an authorised BFE distributor the BFE warranty shall guarantee that all framework and components of your product are free from faulty manufacture. All faulty framework and components will be repaired or replaced as set out in this policy. All warranties in this policy apply to INDOOR HOME/DOMESTIC USE ONLY.
2. These warranties do not apply to products used in commercial use applications.
3. Warranty DOES NOT cover normal wear & tear and excludes faults due to misuse, abuse, incorrect assembly or lack of general maintenance.
4. Warranty is applicable to products sold and placed within Australia only.
5. IMPORTANT. Most of BFE products are pretested and we have inspectors checking all products prior to shipment. The number one reason for a fault is due to INCORRECT ASSEMBLY.

If you do have problems please go back to the start and double check your assembly and pay special attention to all WIRING connections. If you have accidentally cut or damaged the wiring please let us know and we will be happy to send you a new set at no-charge.

If you have done this and are confident you have double checked your assembly and are still having problems please email our service department at spares@boylesfitness.com.au including your best contact details ,proof of purchase, serial number and a brief explanation of what is wrong.

Emailing is the quickest and most reliable way to get your service request processed. Once we have your details we will either call or email you back with the next steps. The quickest way, once we determine the problem and send you a replacement part, is that we can talk you through over the phone on how to fit it.

If it is deemed by our service tech that it is too difficult, we can arrange (where available) a service technician.

NOTE. If we arrange for a service technician (where applicable) and it is found that it is not a manufactures fault and found to be an assembly issue , normal wear and tear, transport damage or misuse then there will be a call out fee of \$140 depending on location. (Surcharge applies for non-metro areas)

WARRANTY TERMS- Warranty commences from the date of purchase from the retail store. Warranty only applies to the original purchaser and is NON transferable. Warranty is void if the serial number of the product has been removed or tampered with.

Warranty does not apply to defects, faults or failures due to:

- (a) Defects caused during assembly or failure to assemble to the assembly manual provided. Assembly errors include but are not limited to damaged wiring harness, stripped crank arms and or pedals and bolts used in the wrong locations.
- (b) Lack of general maintenance and or failure to service or maintain the equipment in accordance with the user manual specifications and recommendations. This includes a lack of lubrication. Only use factory supplied lubricant. DO NOT USE WD40 or anything similar. You can purchase lubricant from your retailer or contact us directly at sales@boylesfitness.com.au

- (c) **Power Surges.** The computers, control boards and motors are very sensitive to power fluctuations. You must use a surge protector on all items that plug into your mains power otherwise your electronics will not be covered by this warranty. You can purchase these from numerous retailers or you can call us on **02 4648 0800** to get a price.
- (d) User negligence, abnormal or excessive use, misuse, abuse or transport damage.
- (e) Repairs, alterations or modifications by NON BFE authorised service technician.
- (f) Accident, fire, flood or malicious damage by third person.
- (g) Ordinary wear and tear.
- (h) Failure to keep the product in a clean, dry environment causing rust. You should wipe off any sweat and moisture after each training session.
- (i) Any products sold or placed in an application or the incorrect environment that is not recommended by BFE or as not stipulated in the owner's manual such as a commercial / rental environment will void the warranty set forth by BFE
- (j) BFE recommends the use of a protective rubber floor mat. This reduces the incidence of dust and lint collection around the motor, reduces noise & protects your floor. You can purchase this from your retailer or contact BFE directly on **02 4648 0800**

BFE will have the option to repair or replace any product which requires attention under the warranty.

NOTE: Lifetime refers to the warranty coverage of the units expected service life. NOT the lifetime of the purchaser.

Servicing/Spare Parts- As with any mechanical equipment general maintenance should be performed on a regular basis by an authorised retailer or service technician. This will ensure longevity of the product and ensure that it is kept working in optimum condition. Failure to properly maintain your equipment may lead to safety issues and may also void the warranty.

You should only use genuine BFE replacement parts otherwise the warranty will be void.

Freight Costs:

The cost of freighting the replacement part under warranty to the customer shall be free of charge. Your requirement is to return the faulty part via the pre-paid postal service which we will supply.

Returned Goods:

The unauthorised return of parts or product shall be refused and placed in the hands of the carrier at the cost of the shipper. Return authorisations can be obtained from BFE head office only.

Additional Warranty

If you would like to extend your labour warranty by 1 year (\$99), 2 years (\$199), 3 years (\$299) please contact our office by emailing sales@boylesfitness.com.au (Not available in all areas)

Service Department hours: Monday to Friday between 9am and 4pm

Service Phone Number: 07 3272 7010 Email: spares@boylesfitness.com.au

PLEASE NOTE: that Authorised service technicians do not reside in all areas of this vast country. If you live beyond the reasonable service area of a metropolitan area, BFE may not be able to support the labour portion of the product warranty. Alternatively you can return (at your cost) your product to the closest BFE repair centre, where it will be fixed at no charge under the warranty period.

Metropolitan Area- defined as no more that 50km from G.P.O in all capital cities.

Disclaimer:

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a 'Major failure' and for compensation for any other Reasonable foreseeable loss or damage.

You are also entitled to have goods repaired or replaced if the goods fail to be of an acceptable quality and the failure does not amount to a major failure.

BFE does not assume , nor authorise any representative or other person to make or assume for BFE , any warranties whatsoever, whether expressed or implied, in , in connection with the sale, service, or shipment of our products.

BFE reserve the right to make changes and improvements in our products and specifications without incurring any obligation to similarly alter products previously purchased.

This warranty operates in addition to other rights and remedies available to consumer's rights under the Australian Consumer Law.

Service Department hours: Monday to Friday between 9am and 4pm

Service Phone Number: 07 3272 7010 Email: spares@boylesfitness.com.au