



**PATHWAY OF  
THE  
IMMORTAL  
2012**

**A Guide to Spiritual Mastership**

*By*  
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SIGNED

*Elizabeth MacDonald Burrows*

Elizabeth MacDonald Burrow

# ***PATHWAY OF THE IMMORTAL*** ***2012***

**A Guide to Spiritual Mastership**



**BY**

***ELIZABETH MACDONALD BURROWS***

**Dedicated to:**

**To those who seek the truth of immortality**

A special thanks to Cheryl Watkins.  
And  
Gordon Majack and Peter Hiatt  
Whose dedication and work made this book possible

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## *PATHWAY OF THE IMMORTAL*



### *PREFACE*

There is a magic within each person that makes even the fantasy worlds of Star Wars or Harry Potter dim by comparison. The world of fantasy is but a temporary rest from physical and mental labors, but one must forget the primary reason that the soul has submerged itself in matter and that is to learn the lessons of growth. The world is in a chaotic state today, primarily because humanity has chosen a multitude of avenues of escape. In doing so, many have eluded their true nature.

The last few years prior to writing *Pathway of The Immortal* have been a time when I have been able to rise above this mundane world in which truth has often been more remarkable than fiction. Many times my consciousness skyrocketed to the highest peaks of transcendentalism which one can achieve – oneness with God – only to then plunge to the lowest depths of despair. At the end of this epic battle, in the religious world known as the battle of Armageddon, I was to find a new world, a heaven on earth. My soul was at last freed from its entanglement in the karmic cycle of cause and effect.

Before anyone can pass through the strange metamorphosis from mortal to immortal, one must first accept the discipline of meditation and seek to understand the complexities of the soul. It is the only way to gain the knowledge and wisdom that leads to “the peace that passes all understanding.” Each individual must come to learn and understand the residues of the past lives that comprise the whole self. Only through self-realization, can each person discover their true nature and learn the laws of the Universe, which will enable them to transcend the barriers of time and space. And only then can a person be truly free to accomplish the goals they thought themselves incapable of achieving. During this conflict the soul will experience the unseen world which one can only dream of.

There are many books that teach humanity the numerous paths to God, and I questioned whether my contribution was truly needed. However, there is a time and a place for everything, and the message contained in these pages has never been more needed than now. Perhaps this book will lend a helping hand to those bound to the world of sorrow and unknowing. And it may also guide those whose inner path currently leads them to the parables of Jesus, or to the teachings of Islam, or to the wisdom of the ancient sages of the East. Regardless of which spiritual pathway is chosen, each human will arrive at the immortal summit someday, sometime, for evolution cannot be stopped. The eternal upward trail of endless perfection is the spiritual heritage of humanity.

For me, the pathway has been that of a Christian Mystic, follower of the secrets hidden in the pages of the life of him who was crucified. Jesus was my beloved, and my

ideal; perfect and elusive, who guided my feet to the Pathway of The Immortal. It was also he who led me to God, for that was after all, and still is, his first commandment; "love God".

There in the caverns of confusion and the pitfalls of the past I traveled the corridors of timelessness until at last I knelt at the feet of the Alpha and the Omega...the beginning and the end. I sought to know this ageless God again and again until one golden dawn we joined hands and rose together to greet the Morning Star. While I touched Heaven's Isle in the morning light, He caused me to look back at my brothers and sisters who were still bound by the fetters of human life. As I paused for a moment of infinite time, I knew I must go back to help them find their dream of dreams, that we might someday walk together. So come, my brothers and sisters let us join hands for this brief moment in time as we climb together The Pathway of the Immortal and touch the impossible dream.

*I am grateful, Heavenly Father, for Thou have raised me  
To an eternal height and I walk in the wonders of the plain.  
Thou gavest me guidance to reach Thine eternal company  
From the depths of the earth.*

*Thou have purified my body to join the army of the angels of the earth,  
And my spirit to reach the congregation of the heavenly angels.  
Thou gavest man eternity to praise at dawn and dusk  
thy works and wonders in joyful song.*

From the "Thanksgiving Psalms" of the Dead Sea Scrolls, VI

## *INTRODUCTION*



Little has changed since the early Biblical days and the world continues its search for the Kingdom of God. For centuries, theologians have analyzed, preachers have preached, and tongues have spoken – yet the search continues for that elusive something which can neither be seen nor heard. One cannot help but wonder where heaven is located and on what distant planet in the over 100 million galaxies does it reside. Alas! Some perceive it as love, some as peace, while others think of it as happiness. Still others understand it as the search for truth - but to all it is a speck of hope on tomorrow's horizon. Perhaps its elusive call is so difficult to discern because we already live in its kingdom and yet somehow fail to discover the deeper mystery. One of the reasons may be because so many preconceived theological ideologies have allowed people to believe in the reality of a heaven which does not really exist.

There are many books that tell that each must seek the truth within themselves. But we are seldom told what we will actually experience during the journey within, which is known variously as Armageddon, the Last Days, the Judgment, or the Dark Night of the Soul. It is a fact that all must one day walk the path hidden in the darkness which precedes the dawn in order to experience the glory of the sunrise. The light of day can only be understood after one has experienced the darkness of night. Because we are part of the whole, each is governed by the same and cosmic laws that rule all of creation, and must rise through numerous reentries into embodiment to soar above the clouds.

Imagine what it would be like to remove awareness of all physical matter, and all plant and animal life until everything was gone: no sun, no moon, no planets, no sky, and no earth. Perchance if one were to ponder the vast space that underlies our remarkable universe, then we would understand that a God with human attributes did not mold us in like image after himself. Rather that the vast, far-reaching cosmos itself is actually a spiritual and intelligent consciousness. From this cosmic intelligence was born everything that exists. As this intelligent cosmic dust slowly drifted and moved over eons of time it was constantly changing through a process of evolution. The first visual manifestation creation was the suns, and from these suns were born planets-such earth. From the changing sands, and the blades of grass, humanity eventually emerged. As human beings, each should realize that they are part of that great cosmic intelligence which we call "God", and that he is life itself.

Knowledge is instrumental to everyone's development. Until knowledge matures, man stands barred from the lofty gates of wisdom – of which knowledge is but a shadow. In the last paragraph it was explained; Cosmic Consciousness (God), before human kind existed, formed and molded within itself the minute particles that comprise the visual universe of matter. Many believe that the universe, in its entire occurrence, as one single event. Those that do, fail to observe that the movement of an expanding universe is changing every minute of the day. And, that the cosmic plan was formed before the

universe ever existed and systematically produced a visible manifestation. Even the planet from which bodies are born must live out its evolutionary cycle: from cosmic dust to earth, from earth to rebirth, from rebirth to perfection, and finally, from perfection to return to its cosmic source. However, before this time shall come to pass there will be no eye with which to see, for humanity, as it exists today, will have already passed away.

If only the spiritual path were easy and knowledge alone could provide all that is needed for the soul's battle of the immortal. But the spiritual path is steep and the gateway narrow. After humanity has conquered this world and has atoned for the mistakes from this life, it must then conquer its past in order to repay the debts from other lifetimes, and other places. For anyone to deny those lives and those events that make them what they are today is to deny the very laws of creation and evolution, because evolution is the outer form of creation. There is no escape from this individual and collective past, for each is individually and collectively bound by the law of an evolving creation, which is fixed and certain. Each person must be born anew of spirit, face their scourging like a hero, be crucified of their lower nature, and then die of their mortal ways in order to ascend the path of the immortal.

The term "crucifixion" is used here in its symbolic sense, not as a literal concept - for each person must first enter into the battle of the self in order to win the right of son-ship. This inner crucifixion, referred to by many as the "dark night of the soul", also known as the "battle of Armageddon", is a purifying process every soul must pass through as a means of removing the lesser ways of the past. Then, in the glory of the new dawn, everyone will at last see themselves as they truly are: the sons and daughters of God, with the responsibility of planetary evolution on their shoulders. Then, and only then, will the old pass away from the world, bringing forth the new Israel. While the path is not an easy one, each person will find that the strength necessary to achieve it hidden deep within, and though one may feel that they are sinking into death, they will rise again and again until this dark night has passed.

The layers of ignorant beliefs one has accumulated are actually layers of thought patterns, which must be cast off if one is to liberate one's self from the repercussions of the causes and effects of the past - also known as the karmic wheel. Though humanity is never free of the law of cause and effect, one can remove themselves from the fetters which have been woven on the looms of many lifetimes, and which keep them chained to their previous mistakes. The individual who successfully navigates this long purification process achieves the state of son-ship, or freedom of the soul, and greatly values their new position as a co-creator with God. They no longer misuse their earthly privileges, but choose to live within the rules established by both the cosmic and natural order of existence.

It is the right of every person to attain the immortal status of son-ship, and it makes little difference whether the individual is rich or poor, fat or thin, young or old, Hindu or Buddhist, Christian or Muslim. It is for this reason that Pathway of The Immortal was written. My wish is that all who read this book go forth to achieve the highest degree of soul progression possible, and strive to live their very best - for their planet, for their nation, and for all humanity.

*"He assigned to man two spirits with which he should walk.*

*They are the spirits of truth and of falsehood,  
truth born out of the spring of Light, falsehood from the well of darkness.  
The dominion of all the children of truth is in the hands  
of the Angels of Light so that they walk in the ways of Light.  
The spirits of truth and falsehood struggle within the heart of man,  
Behaving with wisdom and folly.  
And according as a man inherits truth so will he avoid darkness.”*

From “The Manual of Discipline” of the Dead Sea Scrolls by T. Gastor

## ***CHAPTER 1***



### ***THE ORIGIN OF MAN***

Across the abyss of space, waves of cosmic dust moved in an eternal sea of motion. It was the beginning: the time before the light of creation gave birth to the billions of galaxies which humanity would eventually come to know as the universe. In that unknown time before life, the formlessness of one single consciousness stretched beyond the shore of the finite into boundless infinity. This omnipresent and omnipotent source contained within itself a plan of perfection so vast it would fill the dark cosmos with billions of solar systems. Not unlike a human mind with an idea, this greater mind first shaped within itself the ultimate fulfillment for all life, then created it and sustained it. People have come to know this Source as God: the Alpha and the Omega, the Beginning and the End.

In the Biblical story of creation, the seven days of creation actually portray seven epochs, each covering many thousands years, and not a literal seven-day time frame. Each cycle represents one phase in the evolution of matter, and the seventh epoch - which has not yet fully begun – will bring forth a new enlightened race able to live in harmony with its Divine heritage. The ancient wisdoms discovered this secret, and carved a trail for humanity to follow, leaving threads of the great truth to guide the world through its final days of human life. As this seventh and final epoch dawns upon the human race, the physical form of mortality will give way to a new suit of immortality. But even this is not the end of the soul's pilgrimage, for beyond Earth are endless planets, galaxies, and unseen planes both physical and immaterial. The evolution of humanity will continue as surely as the Earth unfailingly revolves around the Sun.

The journey to God begins at the edge of the cosmos, before worlds came into being. For humanity to comprehend the vision of eternal evolution, it must first remove all forms from its mind: including the Sun, the Moon, and the stars. Next it must pierce the vast space a pure consciousness; unseen, yet living and knowing. As the potter sees nothing but the perfection of his pottery as he molds the barren clay, neither does the Master Creator behold imperfection in the life being wrought upon his wheel of endless time. As the lump of earth is shaped into a beautiful vessel through the careful tending and vision of its maker, so too will dawn forth a Divine humanity from the present state of evolving matter.

No one knows God's beginning, and why humanity exists. Each soul begins their journey into the immortal by allowing the Creator to keep the secret of His existence, which is without beginning or end. As the Immortal One moves across the waters of the

cosmic sea, He gives birth out of Himself to all creative substance or matter, which is referred to as nature.

As the waters of the cosmic ocean within the Immortal One divided, one aspect remained an invisible and was called Heaven, while the sustaining principle became a physical reality called Earth. Moving through the waters of the omnipresent, omnipotent cosmic consciousness began to carefully prepare a birthplace for the child conceived through the union of Spirit and Matter. This child would also give birth to life, and sustain it, for within the child was both the spiritual principles of its Divine Father, and the natural laws of its Divine Mother. Power was given to this offspring to rule over the lands, and within it was the pattern of perfection for all future worlds. The Golden Child was given many names through the centuries, such as the Sun God Ra, the enchained Prometheus, and Poseidon – but as this light began its descent into matter, today it is considered to be the Son of God, the emissary of heaven and the sustainer of matter.

This concept might best be illustrated by an old story about Socrates and the Sun. One morning at sunrise, Socrates was out walking and became fascinated by the beauty of the new day's dawn. Pausing to observe the sunrise, Socrates became so engrossed in the phenomenon that he failed to perceive the passage of morning and afternoon. As evening neared, a few of his students gathered around to see if he would remain in contemplation throughout the night. The hours passed until darkness enveloped the land. Still the master remained steadfast in his contemplation until the dawn of the following day finally burst forth. Noting the new day, Socrates was seen to salute the Sun, bow and walked away. Though Socrates' teachings do not disclose what he actually discovered that day, it is assumed that he perceived the origin of creation within the Sun's cyclic journey through the sky.

All creation is a reflection of the Divine plan, and it is possible for humanity, through the art of contemplation or meditation, to discover both the origin and the nature of the universe. As the individual mind becomes linked with the very Source of creative intelligence, a person can come to comprehend the indwelling secrets of life. Such people are sometimes referred to as messiahs, prophets, mystics, sages, or philosophers. Among those who perceived the higher secrets of Nature were Socrates and his learned disciple Plato, both of whom earned their rightful places in the annals of greatness and time.

There are many legends about the Earth's evolution. One such legend was that of the sinking of Atlantis, a lost continent that allegedly consisted of an advanced civilization, which, through the misuse of natural law, disappeared beneath the sea. The first evidence of this mythical land is found in the account of a discourse between Socrates and his young student Plato.

In the Platonic manuscript entitled Critias, Plato stated that the legend of Atlantis had been passed down to him by his father. This seemingly had its origin during the time of Egypt's greatest culture. During the period in question, Egypt was highly critical of other nations, and generally considered them to be of lower stature and inferior cultures. Among those other cultures were the Cretes, who were involved in the import and export of materials from Egypt.

One day, through a series of volcanic eruptions and earthquakes, the entire race of Cretes sank beneath the sea, and was heard from no more until modern undersea archaeological research brought forth evidence of their sunken civilization. It is likely that the Egyptians

assumed such a disaster occurred because the unsophisticated culture and evolution of the Cretes aroused the anger of the vengeful Gods.

In the narration, the Critias also describes an expedition to Hellenes, which was undertaken by the princes of Atlantis in order to gain control over all empires. As was the custom in those times, each of the gods was given a piece of land over which he was to rule. Among these parcels was the fabled Atlantis, which was given to Poseidon, the ruler of the sea. When Atlantis was first given to Poseidon, it was inhabited by primitive people born from earth and living in a crude world. This concerned Poseidon very much, and it occurred to him that the best way to teach the proper ways for the Atlanteans to live, would be to take on the form of a mortal man.

Legend has it, that under Poseidon's direction, Atlantis began to overcome its rough, barbaric ways and flourished for a time. However, eventually the divine nature of the Atlanteans dimmed, and their souls became darkened by human traits. It was during this time that the people started an uprising, formed a powerful army, and attempted to gain control over all of the other empires within their grasp. Nature intervened, and volcanoes, earthquakes, and torrential rains decimated Atlantis, submerging the continent and its people beneath the sea.

Poseidon, which represents the indwelling creative consciousness within the cosmic sea, saw his land reflecting an evolutionary state more akin to animal nature, he began a process of advanced evolution to assist the planet in become fully human. In the beginning of humanity's physical development, humans were true to their lower animal natures; however, as they progressed into higher intellectual states, they began to deviate from natural and cosmic law and became more attached to the world of matter. As a result of that deviation, it seems humanity who was completely ignorant of its origins; represented by the people of Atlantis buried beneath the great seas of the material world.

The legend of Atlantis is one of many depicting the descent of spirit into matter and its subsequent resurrection, and its pageantry reveals a great cosmic chess game in which there is but one primordial mover. Apparently the discourse contained in the Critias ended abruptly without revealing the mysteries behind the fable of Atlantis, which would have introduced humanity into the Universal Mysteries.

The fact that the story of Atlantis has been taken literally by so many is but one example of how symbolic stories become legends and how gods are born. Among the many ancient gods of mythology were the Sun God, Ra (/worship of the Sun), Archangel Michael (worship of Power), King Neptune (worship of the sea), and Cupid (worship of love). The greater gods in turn created lesser gods, which were captured in symbolic form through ancient carvings and drawings. Such legends were typically conveyed by stories passed from generation to generation. However, the stories lost much of their pure, original meaning as those who in later generations sought to interpret the original legends and ended up creating new myths in the process.

After passing from generation to generation, the myth of Atlantis found its revival in the Critias dialogue. Later, during the advent of Jesus and the subsequent forming of Christianity, the story of Atlantis was once again submerged, to be revived again in the early 1900's when the spiritual resurrection of humanity was revealed to Edgar Cayce. Never in history has a legend or tale been so blown out of proportion as that of Atlantis, although there are several others which run a close second, including Satan, Hell, Lemuria, Noah's Ark, and St. John's Revelation.

In earlier centuries, when nearly all people were illiterate, it was impossible for much of the human race to even conceive of an omnipresent creator. Therefore, that which could be seen with the physical eye became a symbol of the creator, and humanity paid homage to it in that fashion. As people grew in intelligence their comprehension of the creator also changed and the ancient gods gradually faded into mythology, while today this concept is being replaced by the term, world saviors. Even these beliefs are slowly passing away, as human race evolves sufficiently and have acquired the necessary intelligence to understand that there is equality in all creation. Also, humanity is beginning to live in an inner world without limitation and without the need to through a particular Savior to commune with God. Nonetheless, one is wise to accept the guidance of an outer teacher, as traversing the inner plane of the subconscious is a very difficult task. Some even get lost on the in-roads of the self and end up in a mental institution.

Creation is the endless plan of eternal evolution living within a formless intelligence, whose vast, unlimited nature cannot be totally comprehended by the finite human mind. However, in modern times, man has the benefit of scientific research, which enables the world to understand the origins of the universe better than ever before. Scientific explorations have plotted the course of millions of solar systems like ours, and the planet Earth is now recognized as but one tiny grain of sand in the greater cosmic ocean. For humanity to hold the concept that Earth contains the highest form of intelligent being in the universe limits their potential as well as their scope of understanding of eternal life. Until all can accept the status of co-creators and function in harmony within a universal benefactor, (God), they are delaying the evolution of our planet and limiting themselves to a finite material existence.

Scientists have utilized telescopes to observe nuclear explosions on the Sun's surface, and yet most people have given little thought to how planets are actually created. Through expansion and contraction the Sun gives birth to a new planetary child every few million years. The Sun also contains within itself the prototype for its solar system. To not reproduce goes against the systematic evolution of natural and cosmic law, for it is through this inherent characteristic that the continuity of life prevails.

Just as the seed of a child's destiny has existed within it since the beginning, so too does a planetary prototype exist within each heavenly body. In order to survive a new born planet must struggle against all odds, and the parent sun must serve as creator and sustainer, father and mother. Later, the new planet organism will reproduce within itself, and continue the process of creating and sustaining life. Even the Moon is a living microcosm in the greater macrocosm, for it aids in governing the seas which, in turn, has an effect upon all life on the Earth. Science has learned that the Moon's revolution around the Earth produces a set of established causes and effects. Births become more frequent during the Full Moon, and planetary life appears more energetic during the New Moon phase. This seemingly inert piece of matter actually creates various forces that perform a perfect function in the reproduction and evolution of our planet. The Druids of England worshipped the mysteries of Isis under the Moon symbol and chose it to represent her because of its dominion over water. They considered the Sun to be the father and the Moon to be the mother of all living things, and by these means they worshipped Universal nature.

The prototype for Life is always contained within itself, but must draw from corresponding forces of nature to continue existence. This apparent separation was the

result of individualized life; the creative and sustaining principles are actually two complementary aspects of the same formless One that has always existed. This means that there is no true separation, but rather the light within draws upon gross matter to create an outer body. Just as a mother giving birth to a child must provide for its continuity of life, so too God (cosmic intelligence), in the beginning, sustained all creation and remains the source that nourishes of all life. In this way the suns and stars born out of the formless remain in, and forever a part of the One as they birth and sustain their planetary children. It is probable that ancient humanity recognized this perpetual process and thus turned to the Sun as a focal point of worship, calling this great symbol of the Creator the Sun God.

It is uncertain how many billions of years lapsed between the birth of our planet and its ability to sustain life. What we do know is that the mass of molten gases and ethers that formed a conscious planetary organism hardened as it aged and matured within the parental cosmos. Great heat near the infant planet's surface produced volcanic eruptions, and with them came lightning, storms, and rains. These in turn brought floods, causing seas to form, and built beds of rock which now maintain the surface of the planet. The cold of the outer cosmos caused the planet's surface to cool and solidify, while gravity pulled moisture toward the Earth from its dense atmosphere. The volcanic eruptions decreased over time, as the organism sufficiently cooled to continue its evolutionary process and prepare for the preconditions of life. Earth is an intelligence orb which contains part of the prototype of a universal plan and so there are no mistakes in its systematic evolution of life. It becomes apparent through observation, that an aspect of the creative principle lives in every flower, tree, animal, and human, and that a perfect law exists in and around all living things. This one Law, the continual evolution of one divine plan, is further evidenced in the cycles of the seasons of nature, and the rise and fall of the tides.

By the end of the third cosmic epoch (the non-manifested to light, light to matter, matter to vegetation, vegetation to fish and fowl, fish and fowl to animal, animal to man, man to Angel), Earth's organism had undergone sufficient evolutionary cycles to enable individual life forms to exist. The first, infant life forms existed as single cells which were seldom able to survive either the extreme cold of the outer regions or the hot surface of the planet. As the preconditions for life increased, the single cells survived until they were able to reproduce an outer form.

As the fifth day in the cosmic calendar of Earth's creation began, existing life grew more complex and the outer body no longer fulfilled the needs of the indwelling soul. Soon new forms began to take shape which was drawn out the substances of the planet. Creatures that had formerly dwelled in the sea struggled to the surface and eventually crawled on dry land. Many species, whose forms were too large for the refinement of the ever changing planet, became extinct, while others, too weak for the well-being of the whole were destroyed. These were the days before the dawn of human life.

Written in humanity's subtle nature are the secrets of the universe, which each individual will unlock one day when they give birth to their greater perfection. This era, which has yet to fully burst forth on the planet, is already celebrated on Sunday, which is considered as the seventh day of the week. It represents the day of the Sun, or the light of the Law, when the God nature in mankind will rise from its six cosmic epoch of creation.

During this seventh and final cosmic epoch, mankind will evolve to the state of ultimate human perfection and will fulfill its predestined role within the Divine plan. Life will then become one with, and in, God. During this time an illumined human race will emerge, capable of bringing forth union between the mortal and immortal natures and a planet of peace.

As with all the stories, even the story of Adam and Eve, which people believe the first man and woman and therefore the father and mother of the human race, are allegorical symbols. Original Hebrew points out that the word Adam was derived from the word Adamic (homogeneous meaning uniform structure), which represented earth. When light took a suit of matter (Adamic, or earthly substance) it entered darkness, symbolized by evening (Eve). In other words when cosmic consciousness (God) wove a suit of light from within him and the light took upon itself a dense layer of matter without the ability to reason. However, it also contained a prototype, or an engineering plan, which contained a blueprint of progression.

During creation's formative years of existence, the individualized spirit lived in complete harmony with the Divine will within, having no developed intellect by which to deviate from the perfect indwelling law. At first, the individualized consciousness developed through instinct. But as awareness grew, it sought comfort and pleasure beyond that which was within its rights. Eve, the physical manifestation, began to lead the inner spirit further into the "forbidden fruit" of excessive pleasure, power, wealth, and fame. It is for this reason that the great mystics and teachers of all times have always urged people to accept a simple way of living, one more in harmony with the inner God-self. As humanity continues an outward plunge, seeking excitement, pleasure and ever-greater comforts, they weaken not only themselves but also future generations who will follow.

During each cycle of its evolution Earth passes through many changes, and civilizations are often destroyed through their misuse of power and wealth. When a nation remains simple and stands for equality among all people, it rises to greatness. When it becomes power-hungry and seeks to rule over others it inevitably falls into chaos and destruction. Civilizations seldom fail until the desire for outer sensual pleasures have become stronger than desires for democracy and union of the people. A country that stands united is virtually invincible, but when it seeks to overthrow its brothers and sisters, then war begins and divided houses can never stand.

Every civilization has produced enlightened teachers who have taught these ancient principles. Krishna, Zarathustra, Buddha, and Jesus are but a few who have tried to show the way. The teachings of Christ have lived to lead the world toward unity, and sadly even his followers now fight among themselves, separated by denomination.

Centuries ago, one of the secret masters of the sacred journey of the immortal wrote:

*"The Eternal Good reveals its will and pleasure through the body of Nature and the motions of Universal Law. Within the body of Nature and Law there is a soul that must be discovered by the great thoughtfulness. And within that soul of Nature and Law there is a spirit that must be sought with great understanding, for truly I say to you, my*

*brothers, that it is this spirit concealed from the profane but revealed to the thoughtful, which gives life."*

Satan is also an allegory. Satan is none other than then an anthropos (either man or woman) which danced through medieval Christianity and represented mankind's lower nature. This term Satan originated from the word "natal, or birth" and symbolized mankind's lesser self that is constantly drawn to the enticements of the outer world. Drawn into temptations that are often harmful to themselves and others, such as anger, jealousy and hate are in direct opposition to the forward movement of the universe, for the underlying principle of the universe is good.

There is a ritualistic drama that was derived from ancient Egypt, which depicts Adam banished from the Garden of Eden; symbolic of humanity's philosophical exile from Truth. It describes the numerous times Adam returned to the gates of Paradise and was denied admittance by the serpent guarding the gates.

Finally, Adam states *"Many times have I stood within this courtyard and begged admission to my Father's house, and each time you have refused me and sent me back to wander in darkness. But no more shall you turn me away, for this is His immortal sign – the cross. Do you now deny me entrance, I who have at last learned the mystery of the self?"*

The discourse continues with the serpent answering *"I am Satan, who was stoned. I am the guardian of this Tree of Knowledge, and I have sworn that none whom I can lead astray shall partake of its fruit. I am thy adversary, Lord, who is against you...the one who pleads for your destruction before the Eternal Tribunal."*

Adam confesses to the serpent that he had previously listened to the serpent's words and had been led along the path of sorrow, ever subject to the false reasoning of the serpent.

When Adam is finished speaking, the serpent answers *"Behold, O Adam, the Nature of thy Adversary!"* *The serpent then disappears in a blinding flash of light, and in its place stands a resplendent angel with scarlet wings. "I am the Lord who is against you, and thus accomplishes your salvation; you have hated me, but through the ages which are to come you shall bless me. I have turned you against the illusion of worldliness, and I have weaned you of desire. I have awakened in your soul the immortality of which I myself partake. Follow me, O Adam, for I am the Way, the Life.*

To disprove the theory of any opposing spiritual force such as Satan, one need only evaluate the laws of nature, which surround us everywhere. The Earth revolves around the Sun in a precise and orderly fashion, the Moon goes around the Earth without deviation, and the seasons of the year come and go in a timely fashion. Even the trees burst forth with green leaves during the spring and gradually shed their colorful array in the splendid multi-colors of the fall. Animals mate in perfect cycles, and everywhere, because a systematic law of cause and effect, all things progress through individual effort. These examples should prove beyond a reasonable doubt that the illusionary and mischievous villain responsible for all evil seems to dwell only in the heart of humanity itself.

To discover the knowledge of creation, whether it is approached from science, religion, metaphysics or philosophy, will leave no doubt that our lives are centered,

guided, and protected by a Supreme intelligence. Many have yet to realize and understand the ways of eternal life, as well as fulfillment of their own inner perfection.

There is no wrong way to travel, for life continues to evolve as surely as the planet turns upon its axis. The Creator of the Universe permeates all matter, lives in the creatures of the sea, flies in the birds of the air, and walks within us – allowing us power not over the heavens, but mastery of ourselves. All outer existence is but a reflection of the creative principle within, and progression can in no way cease its walk toward the next facet of its evolution. Mankind has a choice of whether to work in harmony with the Divine plan, and share in the co-creation of the planet – or retard its progress by allowing the lesser nature (Satan) to prevail.

The following words by Jesus are taken from a translation of a manuscript contained in the Archives of the Vatican:

*My children, do you not know that the Earth and all that dwell therein  
Is but a reflection of the Kingdom of the Heavenly Father?  
And as you are suckled and comforted by your mother when a child  
But go join your father in the fields when you grow up  
So do the Angels of the Earthly Mother guide your steps  
Toward him who is your Father, and all his holy Angels,  
That you may know your true home  
and become true Sons of God.  
While we are children, we will see the rays of the Sun,  
But not the Power that created it.  
While we are children, we will hear the sounds of the flowing brook,  
But not the Love that created it.  
While we are children, we will see the stars,  
But not the hand that scatters them through the sky,  
As the farmer scatters his seed.  
Only through the Communion with the Angels of the Heavenly Father,  
Will we learn to see the unseen,  
To hear that which cannot be heard,  
And to speak the unspoken word.*

"The Lost Jesus Scroll"

by Elizabeth MacDonald Burrows

Original Hebrew and Aramaic texts

Translated by: Dr. Edmond Bordeaux Szekely

## *CHAPTER 2*



### EVOLUTION OF THE HUMAN WORLD

Throughout the ages, humanity has searched for the answers to questions of great importance and meaning, such as: “where did I come from?” “What is my purpose?” “Why am I different from others?” “What happens when we die?”

To answer these and other questions of this nature, it is first necessary to go back to the beginning of Earth, and comprehend the evolution of matter in human form. As the beginning is realized, the end is understood, and when the end is understood, then the beginning is no longer a mystery. Human form is but one step of progression in the endless cycles of evolution, and if there were no greater destiny than the physical world, which is subject to death and decay, then existence would have little meaning. Humanity is what it is today because they have survived a difficult journey to become what they are, and it is a glorious story indeed.

Many who study the evolution of human life cannot perceive that they always produce their outer form. Thus the evolution of soul and the evolution of matter walk hand in hand as brother and sister throughout time, and the human soul is the sum of all life that has preceded it. Because humanity’s immortal consciousness has lived in the birds of the air, they seek to fly; because our souls has dwelled in fish, we seek to swim; and past adventures of living in the sea and forests inspires us to return to nature again and again..

In his Theory of Evolution, Charles Darwin indicated that everything evolved through natural selection, in other words the indwelling consciousness created an outer form to meet its current environment. Unfortunately, he said that man descended from ape. Perhaps it would be clearer and more accurate to say that apes ascended into humanity, rather than humanity descended from the apes. Naturally, the first thing the skeptical mind will ask is “then why do we still have apes?” The answer is relatively simple; since life is in a perpetual state of motion, or evolution, there will always be consciousnesses evolving into the next state of progression. When there are no preconditions conducive to the continuance of a certain species, the door is closed and the species becomes extinct. This means there are lower forms becoming animal and animals becoming human.

Before many epochs have passed the Earth will be unable to sustain both humans and animals, and animals will pass away. As the indwelling soul builds finer, less dense vehicles more suitable for the realms beyond the known world of matter, human life will one day cease to be. Just as there is little memory within the human nature of its previous

journey through the animal kingdom, neither will there remain any memory of human existence. But this should not cause undue concern, because the endless cycles of graduation into higher form is both a Law of Nature and a Cosmic Law. Its process can be witnessed through all life forms.

Fourteen million years ago, human beings as they appear today, did not exist, 550 million years ago monkeys had not yet been born. However, is a record of plant life going back millions of years before even sea-life begin Plant, animal and human forms have risen and fallen, with the old continuously being destroyed that the new could live. In the face of this insurmountable evidence of continued advancement and progression, humanity must eventually accept the theory of the soul's successive re-entry into the world of matter, otherwise known as reincarnation.

Too many people, the world reincarnation or re-entry contradicts the belief of eternal life, and the idea of more than one human life seems distasteful. Yet, only by this Law can justice and equality be meted out fairly to all according to merit. Each person receives precisely what has been earned, and wealth or poverty can be understood as current reflections of preceding circumstances. Since human beings are the highest form of consciousness on the Earth, they represent the totality of planetary evolution. Those who deny the concept of re-entry into human form also consciously prohibit the equal right of further soul development to their ancestors. To hold such a belief means that the mothers and fathers of the past who never learned to read and write had little purpose but to live, give birth, and then die. Under this concept of life, equality is unknown, and creation is governed by unfair partiality; hardly the reflection of a just, wise, and loving God.

Life is a continuing process of evolving consciousness. However, with few exceptions, humanity has confined its research of life to the past evolution of the outer form rather than the study of the primordial mover, the indwelling spirit. Reincarnation means not only the soul's possession of a new body, but also the continued growth and development of the consciousness. Clothes are discarded when they are worn out, so too must a human body be removed when it is no longer a fit instrument for higher evolution.

The primitive forerunners of Homo sapiens, who lived over five million years ago with their under-developed intellect, evolved more slowly than the humans of today. The brain of that older ancestor of the human race was exceedingly small compared to the human brain of today. Similarly, the evolution of the soul from that period to the 20<sup>th</sup> century has progressed with increasing rapidity. To properly track the evolution of the ancient evolving consciousness from our ancestors into humanity, one must start at the very beginning.

Though many would prefer to discredit the effects the animal kingdom had on the origin of humanity, paleontology provides concrete evidence that it played an integral part. Moses' book of Genesis (original Hebrew) also outlines a precise and orderly pattern of Earth's evolution of human form, which correlates with the modern scientific discoveries of today in exciting way. Unfortunately the modern Bible has been modified so much that Genesis is but a shadow on the original. For example; the modern Bible states that God rested on the seventh the earth, while original Hebrew states that God gathered himself together from all parts of the earth and restored the world. This would indicate that the divine light will be awakened in every human being and the seventh day

(epoch) of creation will bring forth an enlightened race in which mortal and immortal were united.

Each evolving life force has proceeded through of advancement of single cells into higher form. Early forms evolved slowly because development of a relatively intricate, primitive, as brain required millions of years to evolve. In fact, it took the soul consciousness over one billion years ago to produce the first ancestor to humans. Even then, there was a missing link between Ramapithecus and the human form as seen in modern times. This missing link was another of humanity's ancestors, the erect-walking creature known as Australopithecus, of 5.5 million years ago. As the centuries passed, however, advancement of the indwelling consciousness became more rapid. Comparing the brain some of our more ancient ancestors against the modern brain, should leave little doubt as to the gradual evolution of the human race.

One can follow the often slow and painful evolution of the ancestral patterns of Homo sapiens by studying the lifespan of each species during its preceding age. While it took almost ten million years for the soul to evolve from the Ramapithecus to the Australopithecus, it took only 900,000 years to graduate from Homo erectus to Neanderthal. As the brain became more developed, with it, in turn, came enhanced the power of discernment and ability to think. Even then, there were another 60,000 years between the Neanderthal and Homo sapiens, and 40,000 years separating Homo sapiens from 20<sup>th</sup> century humanity. The outdated belief that humanity was born in a single moment, and then molded by a deity living outside of the visible world is opposed to both the natural law of physical evolution and the cosmic law of soul evolution. Such misconception limit the understanding of one's true nature, for each has become human through a magnificent display of survival, despite all obstacles. Yet, because every human is the sum of all that has existed before, and each must one day realize the inherent nature of the past.

Some people wish to disregard science because they believe it contradicts the fact that God created the world. But in truth, it is impossible to fully understand either the origin of humanity or the process of evolution without the aid of science. At the same time, any initiate of the Immortal must not get caught in the web of pursuing the truth only through the outer form, which is the mistake made by most scientists. The only true way to approach the subject of spirit and matter is to view spirit as manifesting in matter; forever building its outer form to meet the needs of the outer environment. Planets may appear and disappear, and species may become extinct, but still there is always only one cause behind all life. That one cause is always behind the struggling, growing, individualized soul which is climbing an unseen pathway toward the fulfillment of a destiny as pre-determined by its creator at the beginning of time. The world of matter is but an instrument to be used during a relatively brief period of soul evolution.

Since the evolution of the soul and the evolution of matter are like brother and sister walking together through the creation of planets, solar systems, and galaxies, we are human because we have earned the right to become so. The true story of this glorious heritage of the human race contains within it the hope of tomorrow. If our understanding of the past is correct then there can be no doubt that humanity shall one day pass beyond matter to an even greater fulfillment which is already contained within. The old concept that humanity must always be what they were yesterday, or even what they are today, allows little room for evolutionary advancement. Under those conditions, a person is

born, lives a poor and often miserable life, they must then die without ever leaving their mark of glory upon the world. There is little question that reincarnation is a wonderful tool, given to humanity to enable each individual to claim an equal opportunity for victory over the mortal world.

In weighing the possibilities of reincarnation, a careful study should be made of the complexities that make up the personality of each individual. The inherent tendencies and habits that form the behavioral patterns of the human race are far too complicated to have been developed within a single lifetime. Humanity is too versatile, has too many strong likes and dislikes, and has developed too many deviations to claim complete independence from its ancestry. Past civilizations are reflected in the health of the human organism, in natural attributes such as art, music, writing, and even in the lifestyle of the family. For instance, geniuses do not just burst forth overnight, but have developed through numerous lifetimes. A three-year-old child who begins to expertly play the piano without musical training has played before, and is not the product of some special creation.

It would seem imprudent to continue following the ascent of the soul without explaining what will happen to humanity as it continues its pilgrimage toward the Immortal. One possibility can be through the study of the evolution of the solar system, in which Earth is but one of eight planets. Here a pattern of evolution seems apparent, for just as life is born of Earth, life forms would also be produced on any planets where the proper preconditions exist. As the cosmic consciousness (God) gave birth to the forces of nature which produced the Sun, the Sun, in turn, fulfilled its prototype by giving birth to all the planets within its solar system. This potentially proves that there a preconceived plan of evolution, and Earth is in exactly the right position for its particular phase of growth. It is a well known fact that all planets, while moving in a vortex around the Sun, are gradually moving away from the parent Sun as the Universe expands. Therefore, Earth too is moving out into the solar system on a pilgrimage preordained by a power greater than many can comprehend.

Scientific probes of Earth's brother and sister planets further out in space indicate planetary bodies of less density than those on Earth. Therefore, life forms on those planets would be more refined, making it virtually impossible for humans, with our more dense vibrations, to see such highly evolved life with the human eye. It would be like attempting to see oxygen. Although it cannot be seen, there is little question that oxygen exists. It is therefore quite possible that more advanced beings exist within the region of our known solar system, but since they exist at a much higher vibration our space probes would be unable to record their existence.

As planets evolve, they affect the overall evolution of the solar system, which in turn affects the evolution of the galaxy and that of the universe. Although it may be premature to speculate, some astronomers believe that it is probable that when a star, or sun, has completed its life cycle, it collapses. Such dying suns may then step quietly into another, more advanced universe, leaving behind a black hole where they once shone. One by one these suns would graduate, until even the universe itself as known today would possibly be no more. Instead it would be something greater, something beyond the reasoning of the finite mind. Because the progression of Nature flows in an orderly manner, it is feasible to expect life on Earth will someday become as advanced as life on other planetary bodies in this, and other solar systems. As it does so, human life will have

to develop more refined physical bodies that can withstand the higher evolutionary vibrations.

In order for Earth to continue her predestined pilgrimage, it is necessary for her human family to become both universal and harmonious. World conditions in the 21<sup>st</sup> century indicate that this must be accomplished soon, before Earth's natural resources are exhausted. After the goal of world harmony has been achieved, then the planet and her existing life force must come into accord with all the other planets in the solar system. The combined consciousness of all planets, bound by an oneness in spirit, would then be capable of drawing from subtle external forces surrounding it to become a new sun and give birth to a new solar system. Therefore, humanity, which came from the creator, must first pass through a process of evolution to become unified and, and only then, the Earth family can at last become part of God and a primordial creator of other worlds. What a waste are all the wars and hostilities which only serve to retard the evolution of humanity!

Reincarnation has traditionally been accepted as the pathway of soul evolution in all cultures except those governed by Christianity, which is now the largest religion in the world. However, the early Christianity also accepted the doctrine of reincarnation until approximately the 5<sup>th</sup> century A.D., but references to it were systematically deleted from the Scriptures after that period. Since it is virtually impossible for the un-illuminated mind to teach the works of an illumined mind it is quite probable that later followers of the Christian faith could not understand the concept of reincarnation.

More than 300 years after the death of Jesus, the Emperor Constantine called the priests together in a great meeting known as the Council of Nice, which resulted in Christianity becoming the official religion of the Roman Empire. From that period on, the deeper teachings of Christ began to die as Christianity fell more and more under the ritualistic dogma of the exoteric teachings. The Christian religion of modern times was founded on persecution, wars, and bloodshed, with much of its pure essence lost to time. However, if one scrutinizes the Scriptures carefully, the ancient teachings of reincarnation are still discernible. The fact that Jesus taught reincarnation and could perceive past lives is apparent in a statement in Matthew, 11:13-15: "For all the prophets and the law prophesied until John and if ye will receive it, this is Elias who was for to come. He that hath ears to hear, let him hear." This statement indicates that John was not only a reincarnation of Elias, but also that Jesus recognized him as such. Many of the ancient manuscripts covering Jesus' life which are housed in the Archives of the Vatican, the Royal Library of England, and in underground archives in France, clearly illustrate Jesus complete understanding of the ancient mysteries, which enabled him to become one of the greatest masters to ever walk the Earth.

It should be remembered that during the time of Jesus, most of the world's population was illiterate. It has only been during the last few centuries that material has become available to most people, enabling them to study the ancient cultures and develop a greater understanding of science. Without the ability to review and understand the plethora of world cultures, or to comprehend the findings of archaeology, astronomy, or physics, reincarnation would be a most difficult process to understand or to prove. Utilization of these tools can demonstrate the validity of a soul's frequent re-into human form. Not only is reentry into embodiment for the purpose of progression logical to the

senses, but no other criteria can answer the question why some are poor, others rich and some ignorant, while others have been provided with good educations.

After the 3rd century A.D., when Christianity became the established religion of the land, it gradually emerged as a political force centered in the Vatican in Rome. Many of those who governed the Church during the early period were unenlightened men incapable of understanding the deeper mysteries of life. The masses of people whom they taught were mostly illiterate, making it almost impossible to plant the true seeds of Jesus' teachings. As time passed, it must have seemed more practical to simply discard that which was difficult to both understand and prove, especially in view of the complete lack of scientific inquiry or technology. About 1200 A.D. the New Testament was re-translated, but only the teachings pertaining to the resurrection were retained. However, the development of Christianity accomplished one great feat that was necessary, which was to bring the largest portion of humanity to the feet of a single master. One billion people eventually became devotees of Jesus; the selection of an ideal teacher often being the first step on the Pathway of the Immortal.

Without some comprehension of humanity's origin it is difficult, if not impossible, to conceive of the magnificent, divine pattern which is gradually unfolding with each evolutionary cycle. It is like watching the gentle opening of a beautiful rose, which began as a seed, grew into a green stem, became a bud, and finally opened its soft petals in fulfillment. Just as a rose slowly grows and develops, someone observing Earth's development would see the planetary consciousness first expressing itself in the green vegetation, then through simple animal life, then finally the individual consciousness or soul – ever striving to attain and express its ultimate perfection. The indwelling consciousness of every human can be viewed much in the same way as a seedling, which gradually perfects itself with each successive re-entry into human form. Just as a diamond is carefully polished until it becomes a precious gem suitable for setting in its golden mount, so too does the soul, through successive lives, become one with its Creator. This union is known as the “mystical wedding” and it is the immortal goal toward which each human pilgrim has walked throughout time.

The subconscious mind of the evolving soul contains the sum total of all that it has been, and thus encapsulated both the learned and unlearned lessons. Through study of the complex personality of a typical human, it becomes clear just how improbable that what is contained within someone's total personality could not have been accumulated within a regular life span. The personality's desire to experience the various avenues of physical expression in the material world indicates a series of evolving lives all culminating in the current lifetime.

While it is true that the existing environment plays a leading influence in the life of the incarnating, that is insufficient to account for the unusual fears and potentialities comprising the psychological structure of one's aspirations and fears. In order to become the product of its current degree of evolution, the human personality has brought forward the sum total of its complete past existence from all previous civilizations. As the soul experienced the material world through the physical body, the inner spiritual being began to develop its understanding as well, refining itself century by century, until life and form became what they are today.

If humanity mistakenly concludes that the current life is the totality of their being, then they will have lost the thread of life's continuity, and would fail to perceive its

magnificence. Civilization would then effectively become the judge and jury of its ancestors, and accept a God who picks and chooses. The records of ancient cultures indicate a God perceived as humanity's ideal of itself, a being more perfect than the people of the times. However, our concept of God changed as history changed, while remaining a symbol of whatever ideal we conceived him to be at a given point in time. Thus the perception of the Creator gradually changed from being a God of war and punishment to a God of love.

In view of the foregoing, it would seem that each person must cease blaming the creator and start looking elsewhere for the reason why some are rich and others are poor, why some are criminals, and others are humanitarians. The key lies in the fact that all people are exactly what they have made themselves to be, and that it is through lack of values that each has created their particular punishment, and through virtue that they have created their own rewards. It must never be forgotten, however, that there is something within each soul that compels it to continue the struggle toward a more improved existence. This is the God within, the inner divinity within each individual, moving toward the ultimate fulfillment and perfection of a Divine plan that is greater than humanity itself.

The mysteries of soul evolution can be more fully understood if one studies the basic personality pattern common to western civilization. For instance, the soul incarnate in humanity today has passed through a kaleidoscope of lifetimes ranging from rags to riches, from illiterate to educated, and from bad to good. It is actually the sum of unlearned lessons that appears to be more prevalent in humanity's day-to-day living pattern. Hatred, anger, jealousy, and intolerance exist only because they have not yet been conquered. Each of these must be transmuted or mastered before humanity can graduate from the involuntary cycles of rebirth. To help one in the battle to overcome their lower nature, there are also the accumulated good tendencies that have been passed down to the soul by the eternal Spirit. Therefore, one does not enter the battle of the immortal alone, but instead walks in good company with the assurance of inevitable victory.

An example of the cumulative and inherent tendencies existing in the human nature can be more clearly defined and understood by the following example: Kenneth Barkley is an office manager, happily endowed with a wife and two children. He rises every morning at the same time, eats breakfast, and goes to work. At 5:00 he leaves, work, climbs into his two-year old car, fights traffic, and arrives home around 5:30. He watches the TV news, has a drink or two, and then sits down for dinner with his family. Mr. Barkley has an average education, and a variety of personal interests; including gardening, fishing, mountain climbing, flying, oriental art, and investments. He takes his wife out for dinner on Fridays, performs household chores on Saturdays, and entertains friends on Saturday nights. After church on Sunday, he sometimes takes the family on a picnic in the forest, and ends his week by watching TV or reading a best-seller about slavery in the South.

Many of the activities in Mr. Barkley's life are actually the effects of previous existences. His fondness for oriental art, his frequent enjoyment of nature, and his adeptness at mountain climbing all breathe a fragrance of other times and other places buried in the subtle memories beyond his conscious mind. Even the church he attends reflects his current state of spiritual development. Since some churches are often secular,

and others adhere to more universal concepts, he will be drawn through the Law of Attraction to the one that most closely reflects his current evolutionary state. His education has also been a gradual learning process, unfolding over many lifetimes. For instance, it would be most unusual for a soul that had never been to school at all to incarnate into a family of medical doctors. Rather, each soul incarnates according to its evolution, its current desires and aspirations accumulated during its pilgrimage through the mortal world. This does not mean one soul is higher than another, for all are created equal which indicates that some souls entered human form before others.

As long as the planet continues in its progression, so too will the evolution of souls into humanity continue, as well as the graduation of older human souls into more advanced stages of progression. Over-population of modern times is primarily due to a sexual revolution which is allowing a rapid increase in the availability of physical vehicles. This in turn enables lesser-evolved soul consciousnesses to enter human life, but fails to provide vehicles sufficiently refined for more highly evolved entities. Thus, the mass graduation of human souls into the next evolutionary cycle has not yet occurred; but this should not in any way be construed as an indication that it will not eventually happen. Just a child studies at each grade of school before passing into the next, the evolving soul has to pass through each step of evolution before going on to the higher level. Eventually every soul will graduate from human existence – but not before all things have been made known to it. Therefore, ego and jealousy have no place in the evolution of humanity. Each person has a unique role to play in the universal plan, which only they can fulfill, and each person will find their path...for the direction is born within each.

Kenneth Barkley will one day seek graduation from the world of matter, into the Pathway of the Immortal. However, for now he is enmeshed in the human world, without memory of the past or knowledge of the future. His first entries into the physical world, which took him through the more primitive development of evolution, he was born into a poor European farming family. Subsequently, his incarnating soul reached out for travel and adventure, leading him to a life sailing on the high seas, and then on to a vagabond life in a band of Transylvanian gypsies. During Kenneth's sailing days in the tall ships, he happened to visit the Orient. There rich silks and ebony were brought on board to exchange for cottons and coppers from India. Developing a fondness for both cultures, his soul later took lifetimes in each country. While there is no sign of formal education in these matters, this incarnating soul is already knowledgeable in primitive tribal art, farming, sailing, and Eastern culture.

Since the soul is neither male nor female, but androgynous and capable of both creating and sustaining, it will experience lives in both male and female forms. If too many incarnations in one form or another should occur, then an imbalance can develop which can manifest through being too masculine or too feminine. In the more primitive states of soul evolution, such an imbalanced state may not be uncommon, for incarnations usually occur into familiar patterns and in rapid succession. However, too many female incarnations can create a lack of independence and strength, making the person too subservient. When this occurs, the soul will find itself being born into a male body to balance its perceived weaknesses. On the other hand, a soul having too many male incarnations may become overbearing and domineering, and the indwelling spiritual consciousness must then create a female embodiment so it can achieve greater gentleness

and humility. Often these adjustments are painful to make, but once the individual begins in earnest to walk the Pathway of the Immortal, the indwelling consciousness sheds some of the attributes of gender, regardless of which outer form is chosen. At that point, the soul begins to return to its true nature, which is not either male or female.

It's during the metamorphosis from human to divine that one can comprehend the past errors and causes by reviewing their mistakes. The change of consciousness which transforms a regular person into a divine being begins when a certain stage of development is reached. This difficult and painful process of spiritual birth generally requires a number years from the moment of divine conception until it reaches fruition. From that moment the Spirit descends to abide with the soul, it begins a continual process of purifying the body, mind, and soul. Through this wondrous transformation the uneducated become educated, while those who are ego-centered are brought low. As the purification process continues, a person comes to a better understanding of the perfect law which exists and works through all life. Each person that passes through such a transformation ultimately comes into oneness with the ever-perfect God who governs all things, and frees themselves from the involuntary cycle of rebirth. Each individual who climbs this mountain must win supremacy over their lesser nature, often referred to as Satan. Having passed through the painful crucifixion of the soul, also known as "Armageddon," each eventually comes to work for the good of the world.

When the entire human population has completed this change of consciousness, a new world will rise out of the ashes of the old and an enlightened mankind will reign upon the Earth. To stop this phase of evolution is as impossible as trying to stop the Earth from revolving around the Sun. Just as the animal consciousness became human, leaving little trace or memory of animal existence, so too will human life one day pass into the spiritual realm and leave little memory of the wars and conflicts which once served as stepping stones on the path of progression. As each individual passes through this graduation into a spiritual being, they do not physically die of the human body – instead the passions that which were associated with the body are dead. Just as the potential seed for human life existed within the soul of animal life, so does the seed of the God Consciousness, rest within the present human form.

Each day, this glorious process of change continues. Inside of each human lurks the shadow on a mischievous Dragon known as the ego. This lower animal nature that has not yet been transmuted into the higher God nature sometimes appears to be evil, or what a Christian might call the work of Satan. However, each person must, at some time or other, accept this lesser-evolved nature within – not as Satan, but as the imperfect, immature child-self that the God-self is training for a higher purpose. This childish nature is rooted in the instincts of lower form, and will strike out when it is jeopardized or threatened; just as an animal might attack when it senses its security is threatened. Therefore, no one should hate that part of them which fails to meet their expectations or higher desires. Each must establish a program by which they can train themselves, and learn to accept their own failing with compassion, tolerance, and understanding. By applying gradual, steady effort and practicing patience toward the work of transmitting the lesser self, each person will eventually merge with the God consciousness, or cosmic consciousness as it is known today.

Consolidation of the lower self (Dragon-ego) and the indwelling God principle has been humanity's primary purpose during people's sojourns on Earth. For this the

human race is born and has lived live many lifetimes, each life slowly purifying a segment of the lower nature. One day, one lifetime, they will succeed in the mission to become illumined and will then ascend from the mortal to the immortal world. If at a later time if anyone chooses to incarnate again into a physical vehicle, it will be with the supreme desire to serve God. This was the mission of Jesus, Buddha, Mohammed, Zarathustra, and many others. More will follow as needed, until one day the planet learns to live in perfect harmony.

Since the evolution of life is infinite, it is difficult to perceive the exact day when today's soul becomes part of the Godhead; part of a cohesive intelligence capable of creating its own planets, galaxies, and universes. The driving force for fulfillment within humanity is the will of the God. As long as people fail to work together as a nation, or as a planet, and individuals remain engrossed in a life which benefits only them, the prophecy of a "New World" cannot come into fulfillment.

All of humanity must eventually move on; for to stop this continuing flow of the creative principle would be like a tiny drop of water trying to stop the surging river. This fact was clearly understood by the ancient wise ones when they stated that the world would be destroyed by fire. Perhaps it was a great nuclear war that the prophets foresaw, but more likely it was the fires of spiritual purification burning away the denser nature of humanity so that it might be born anew into something far greater.

The concept of the "will of God" is more clearly understood when humanity realizes its responsibility in the eternal evolutionary cycles and recognizes its relationship to all life. Each individual must be willing to shoulder their burden and do their part in helping the planet with its progression, for it is the sacred mission of Earth. As long as the religions and countries and people of the world fight among themselves, the graduation of human and planetary consciousness is held in abeyance within the denser vibrations. Therefore, each one, as individuals, must continue to work on their untrained natures, and be willing to assist their fellow humans along the path, before peace can come to earth. How many more lifetimes must pass will depend upon the extent of the human desires and the time needed to transmute the lower instinctive nature.

Reincarnation is among the greatest gifts of the creative principle, otherwise humanity would be bound eternally to that which it once was; the caveman, the ignorant, or a criminal. To deny reincarnation is to deny the perfect Law that governs the flow of all life, upon all planets, in all galaxies, and in all universes.

## ***CHAPTER 3***



### ***THE COSMIC LAW OF KARMA***

Karma is possibly one of the most misunderstood terms in metaphysical and religious circles. It is generally thought to be the result of a misdeed in a preceding life, or in an earlier part of the current life, but this is not totally correct – for the term karma actually means reaction, or effect. It is the effect from a previous cause, which is commonly believed to bring suffering to a person or persons. Each effect is produced from some form of action, and the type of action initiated is dependent upon the person’s understanding and evolution.

In “My Law,” Thieme Ranapire wrote “You are your own devil, you are your own God...you fashioned the path your footsteps have trod.”

Indeed, the unfortunate state of the world today is the direct result of the actions of all of those who have lived on Earth. In turn, the actions of those living today will affect and help shape the world of tomorrow. For this reason, every human being bears direct responsibility for having created the world known as the material dimension. Through the lack of control over their senses and thoughts, humanity has constructed much of what binds them to the physical nature, which results in turmoil and sorrow. This is one of the primary reasons why it is taught that true peace begins within, for good effects can only come from good causes under the exacting law of cause and effect; which is the law of karma.

While it is true that each person is responsible for the state of their current life, many negative actions are the result of habits formed through a lack of understanding. Over the course of many centuries, the consciousness of humanity has been filled with concepts such as sin and Satan, without any reasonable explanation as to why certain things must be classified in that way. By refusing to give up any harmful form of pleasure, humanity has blindly made an attempt to prove that all pleasure is good, without stopping long enough to consider whether an action is truly good or bad, or what consequences may be incurred. Thus, when one reaps numerous adversities, they are apt to blame someone else for the difficulties. When someone blames another for the seeming injustices in their lives, that person, or persons, actually adds more fuel to the fire – which sooner or later brings about yet another new set of reactions or effects. This means that much of humanity must remain bound to the endless cycles of involuntary rebirth until they can conquer that part of themselves which is not obedient to natural and cosmic law.

The collective actions of all people continue to create effects that keep earth enmeshed in the material world. Once an action occurs, the cycle must continue until the

appropriate effect is produced. There is simply no way to avoid or stop the operation of this perfect law, unless an action is transmuted, or changed, by other actions. Even under these circumstances, a reaction may be altered or softened, but it can never be eliminated entirely.

There is no question that a perfect law of cause and effect exists, for it is evident in all of nature. The great cosmic law of cause and effect is seen in the Earth's relentless flight around the Sun, which creates the seasons of the year; and in the Moon's revolution around the Earth, which causes the rise and fall of the tides. As the Sun rises in the east, so does it set in the west. As the tides of the sea flow outward, so do they inevitably return and flow inward. Plant a flower bulb, and it eventually produces a flower.

Although the effect of an action is sometimes so subtle it may not even be noticed and anyone who believes himself or herself to be somehow above or beyond the effects the cause is only fooling themselves. If humanity would pause long enough to study the Laws of nature, they would understand that "sin" has not been taken away by Jesus or by God, but that it instead is bringing tragic consequences hour after hour, day after day, lifetime after lifetime. These adverse effects which have been created are manifested in wars, the mind-numbing use of drugs and alcohol, unwanted pregnancies, crime, pornography, and the general unstable temperament of the human race. There is only one way to remove the "sin" of unconscious cause and effect, and that is through the conscious combined efforts of all of humanity to practice good, constructive, and non-injurious acts as much as possible.

One experiences the effect of every single cause they produce, without fail. Because no one can become greater than the creative principle that gave birth to the human race, each person must accept the responsibility for reaping the consequences of poor planting as well as the harvest of their good seeds. A law can only be perfect as long as it provides an equitable solution by which all people are judged impartially and are governed by equality. Therefore, it is understood that God is the one supreme law that manifests throughout all life. The Divine is the only perfect law. The lesser laws have been created for the courts of justice and thus inferior, for they are but a human reflection of the one law and subject to the error of human judgment. True justice, both seen and unseen, delivers its rewards on an impersonal basis and gives to each person that which rightfully belongs to them. This justice is the one Law by which all Creation is governed and there are no mistakes.

There is an ancient Eastern doctrine that believes that one person can take on the karma of another. This would mean that in a moment of passion, one person would have the right to accept the burden of another. This concept cannot stand, however, for it would deny individuals the opportunity to learn the lessons they must learn from the schoolbook of life, and would thus hinder their soul evolution. The ability of one person to accept the karma of another would soon bring chaos into the network of perfect order. Since a law can only be perfect when governed by one single force which impartially distributes justice according to merit, the wise person simply leaves retribution to the one true law.

When anyone turns their attention to the greater reality of eternal existence, they can easily see that life is but one continuous, perpetually advancing existence, rather than just a series of deaths and rebirths. The idea that the causes and effects of past incarnations are totally responsible for all of the inadequacies of the current existence is

correct in the sense that it is through human evolution that the soul learns to become more perfect by changing its old ways. To claim that some outer power punishes someone for the misdeeds of their past lives is very misleading, although the world of today is a reflection of the collective actions yesterday. The human race is but one aspect of this continuity.

As the human race goes collectively forward to perform constructive acts, each person must accept his or her responsibility for the evolution of the world. It may then be said to that each human being has taken on world karma. The material aspect one experiences today is a direct reflection of the numerous lifetimes of the entire human race. Inasmuch as each person has had an active role in the progress of the planet, each person is held, both individually and collectively, accountable. Thus the individual soul of each person has accumulated certain personal and planetary karma. But that karma is also made more bearable by the act of eternal evolution. If a soul were to enter its current earthly form with the entire weight of its past errors, and a corresponding lack of conscious understanding, the burden would be simply too much for most to bear. The idea of any soul being thus trapped into total slavery to its past would be adverse to the creative principle within all creation. Under such circumstances the evolution of Earth could be delayed many thousands of years, and no one would be able to work themselves free of their karmic entanglements.

Humanity exists on Earth because the people of Earth have not yet learned the lessons of this plane of existence; and here they must remain until the classroom of matter is conquered and transcended. Sometimes in order to learn a certain lesson it is necessary for the person to be the recipient of the very same action they themselves initiated at some earlier period of life. An individual who has committed murder can only make perfect atonement to the person whose life was taken. Murder is irreversible and irreparable, and since a life taken cannot be replaced, it is considered the most serious karmic offense. Thus the criminal must live again and again until the scales of justice are balanced and the violent nature overcome.

One example of the foregoing: In a future life, a murder victim might become the murderer's crippled wife or invalid child. In that scenario, the husband or father would then have to effectively give up his own freedom to provide the necessary care to the victim and bring the scales of karmic justice back into balance. Thus, justice is served – a life given for a life. Only with such a perfect law functioning throughout all creation is it possible to overcome hatred, anger, greed, jealousy, and all the other imperfections that bind one to human existence. The millionaire who hoards his wealth while his fellow man starves will eventually experience the loss of his wealth. This is why Cosmic Law is so perfect – because no one can escape it, and each must reap what he or she has sown. If humanity pursues only the path of good, they cannot reap anything but good. Adherence to this rule is humanity's obedience to the law, otherwise known as the will of God.

Since it would be much more than the average human could endure to carry the burden of all the karmic debts incurred throughout numerous lives, many of the soul's consequences are reaped during a later period of the same life in which the offenses occurred. As a wrong is committed, the soul may become the recipient of the effect within a relatively short time. For the most part, however, this effect does not even reach a person's conscious level of awareness. Those who seem to have the greatest difficulties in life are really those who continue to work, or who have worked, against the creative

principle by their continued deviations from the good. They may even believe this series of apparently devastating effects to be directed by an angry or wrathful God. Actually, it is merely the perfect law of cause and effect in operation. The concept of a jealous and vengeful God must pass away as humanity continues to grow and evolve spiritually. The planet will evolve more rapidly only when each individual accepts responsibility for their own actions and realizes that the destiny of the planet lays in their willingness to consciously share in the creative process.

Just as it is true that the actions of one's past lives affect their current lifetime, so too is it true that a person could not accumulate all their fears, shortcomings, and complex personalities in a single Earthly sojourn. Each incarnation brings with it the totality of lessons both learned and unlearned. This in no way means that the world is less than perfect at any given time; rather, it is simply less evolved than it will be within its next cycle of evolution, or hopefully, in the next generation.

Since the subconscious aspect (subconscious mind) of the soul contains the sum total of all incarnations, it numerous personalities still maintain a storehouse of past likes and dislikes. Thus, the Law of Attraction may draw the incarnating soul into specific families, as it involuntarily selects conditions that are more comfortable or familiar. The possibility of a soul rejoining a family in which it had previously existed does not necessarily represent a better or poorer degree of spiritual evolution; it's simply an example of life's continuity. If two personalities failed to get along in an earlier incarnation, then it is quite probable that a renewed relationship will not improve the situation. Since the planet cannot come into harmony until Divine love prevails among all people, it may take the soul several lifetimes together to reconcile these differences and produce harmonious relationships.

Each soul will be pressed into human form as long as there are further lessons to learn. Among the unlearned lessons, which bring one back again and again, are patience, tolerance, love, and understanding. By incarnating into conditions that will allow adversities to be experienced, the soul's spiritual will is slowly developed and further perfection earned through the often painful cosmic law of karma. Had it been possible for a better understanding of the law to be revealed to humanity long ago, instead of it being hidden in mystery schools or cloaked in cryptic phrasings which obscure its true subtle meanings, perhaps civilization would be closer to achieving world harmony. However, until more recently, an ignorant and illiterate humanity lacked the ability to understand the greater mysteries, and any attempt at explanation would have caused even greater misconceptions. Bound by the old concepts of Heaven and Hell, God and Satan, people at least tried to become less "evil" in order to avoid the wrath of a vengeful God.

If it were not for the adversities in one's lives, the weaker material nature would actually rule even longer. As humanity refines the animal instincts through successive re-entries into human form, all souls will eventually sprout the grain of the in-dwelling Cosmic Consciousness, which heralds the next step of evolution. With the advent of illumination, humanity at last realizes that their "Satan" was none other than the consequences of their misuse of an exacting law. Overcoming the lower material nature is the criterion which separates one from the masses of humanity although very few have reached the higher degrees of soul evolution. In this modern age, with more educated and thinking people, spiritual mastery will become the option of greater numbers of

individuals, and will no longer be the attainment of just a few. When this occurs, the ancient prophecy that “God will live upon Earth” will finally be fulfilled.

Scrutiny of the world as it is today and as it was yesterday clearly illustrates that the adverse forces that are currently opposed to evolution must be transformed. Humanity’s endless participation in wars and bloodshed can never thwart the lower nature, for it has fought for survival of the fittest since the beginning of civilization. In the beginning, life unconsciously reproduced itself out instinct, which later changed into a self-centered desire to exist. Once that instinctive nature changed to self-love and self-centeredness, disharmony and unhappiness were the inevitable result. One does not have to look far to understand that humanity must put selfishness aside and focus on developing the higher and more impersonal qualities associated with Divine love. That can be accomplished by changing the lower, unrefined nature into a broader understanding of all life. Each individual must learn to care for all living things, from the smallest life forms to their fellow human beings, for the greatest masters are also among the lowliest servants.

Anyone who continues the habits of the lower material nature not only holds back his or her own individual evolution but the collective evolution of the planet as well. The only way in which the unconscious habits that are non-conducive to life can be removed or overcome is through a gradual transmutation that changes the bad into good, the lower into the higher. As long as people continue to feed the adverse aspects within themselves, their lower material nature will prevail. Wars continue simply because the remaining traces of animal nature still seek domination and supremacy over others. Hatred, anger, greed and jealousy have created humanity’s negative karma. These negative and self-destructive tendencies have carried over from many past incarnations, and will continue to rule as long as the lower nature remains uncontrolled. Infractions against the one perfect law produce effects that undermine the peace and harmony of all individuals, which in turn creates even greater planetary disharmony. When individuals are not in harmony within themselves, they reinforce the lower tendencies that only further enmesh them in the cycle of future incarnations.

It is for the foregoing reasons that the great spiritual masters have taught that tendencies such as anger, greed, hatred, jealousy, thirst for power and materialism represent a fundamental misuse of the laws of the universe. Each traveler on the spiritual path must overcome these lower forces within themselves. The masters have taught that each seeker must develop virtue, and reinforce the good within themselves, to insure self-preservation and universal harmony. Among the greatest virtues are patience, tolerance, love, understanding, and humility; each of which rewards its possessor with peace and happiness. Unfortunately, humanity is still frail spiritually and does not understand the purpose of spiritual disciplines.

It is in those darker moments, when the student is truly ready to conquer the lower nature, and turns to seek God with their whole being, a teacher finally appears. It is incorrect to assume that a spiritual teacher is always someone who can be seen with the physical eye, because oftentimes a teacher who already dwells in the world of immortals will accept a student in the physical body. These unseen masters are just as capable of maintaining contact with the student as a teacher in human form, and will ensure that all necessary steps are taken for the student’s next stage of development.

Regardless of whether a student has an inner or an outer teacher, both are qualified representatives of the Infinite, and can stimulate the conditions that will strengthen the student's current personal and spiritual weaknesses. It is imperative that any student exercise caution in their selection of an outer master, as all too often the student becomes entangled with the master's material form and fails to develop the same qualities within themselves. Since no two leaves are created alike, neither are any two individuals – yet the potential that brought both into being is the same. This means that the spiritual evolution of the indwelling life determines the individuality residing within each human form, and each is responsible for themselves. Before the origin of human existence, the traits of that which were to become human prevailed and the hereditary nature of human form was preconceived. It is impossible to attempt to become someone else, or to command someone to become something they are not. Each person must find the God particle within and become one with it. In so doing, perfection is gradually born in the individual and in the world.

It is often said that opposites attract. This is not quite true in the literal sense, however, because people are brought together under the law of attraction as governed by the necessary lessons of soul evolution. One seeks in their fellow humans the ideal of themselves. In the case of Jan and Bob, Jan is attracted to Bob who is masculine and intelligent, even though he is mean when he is under the influence of alcohol. Jan finds in Bob the assertiveness that she herself must learn to express. Jan lacks a formal education, but respects it in others, so she sees in Bob an example of perfect intelligence.

Unfortunately, Bob has numerous personal problems, including a strong addiction to alcohol. Bob doesn't even realize it, but he drinks because he is unable to cope with himself in the material world. He seeks escape from the world through drinking, which in turn is an imperfection in Jan's eyes because it is in opposition to the ideal standards she holds. In spite of these obvious shortcomings, the two will grow through the mutual influence they share, by strengthening each other's weaknesses. Jan's high morals were very attractive to Bob, whose struggle with alcoholism has undermined his own moral standards. At the same time, Jan's weaknesses allow Bob to continue his aggressiveness. Eventually, each of them will admit the weaknesses of the other and no longer perceive the perfection of their ideal partner. At that time, their marriage will face its most critical period, and if tolerance and understanding win out, then their union can become a harmonious one.

More likely, however, Bob will complain about Jan's weakness and dependence upon him, while she will retaliate by saying that she is mistreated and that her husband is a drunk. It is the infinite principle within each of them that brought about their relationship, thus enabling them to continue working on their respective unlearned lessons. Jan will learn to become more assertive, while Bob will smooth out his harshness and hopefully overcome his alcoholism. Both will become stronger through having experienced their relationship, whether they remain married or not. When each of them becomes strong where they once were weak then the soul lessons will have been learned and the karma between them resolved, leaving each of them free to go on to the next set of lessons waiting in their spiritual evolution.

No marriage is by accident, but is always brought about through the perfect law of cause and effect. As a man and a woman are brought together by mutual attraction for the sake of growth, so, too, are large groups of people attracted by their common interests

and mutual desires. Balance requires not just some of this and an equal amount of that, but rather a completion of the indwelling perfection, just as a tree or a flower is perfect unto itself. Nature, the heavens, and the cosmos all reflect perfection and represent a great lesson that humanity can perceive, if one will only learn that they are also perfect when they become one with their God principal. But no individual can become perfect unless one allows what they perceive as an ideal to become their teacher. If one does so, there will eventually come a day when that same ideal is reflected within one's self. Understanding this principle would bring the world to a greater unity. Life experience would then seem to be less harsh, but instead appear as a great classroom that allows growth and soul progression according to one's merit.

While the cosmic law of cause and effect is ever active in the spiritual, mental, and physical worlds, interference with the law for personal gain can be damaging. During recent years it has been commonly taught that proper control of one's thoughts can bring money, possessions, or the "right" mate. Although this concept or practice may result in an individual receiving what they have programmed, anything gained is usually done at the risk of losing some other cherished possession. Since a husband, wife, home, car, money, or material possessions are but temporal states in the current life and cannot be taken when one leave the physical world, it is best if the material world never allowed such precedence. It is inner qualities such as love, compassion, kindness, tolerance, understanding, and wisdom, learned in the schoolroom of earthly life which truly develops the human nature. Even though it appears to be a sacrifice at the time, if one remains obedient to the good and perfect they will find that all things come to them according to their needs through the law of attraction. Understanding how this law works will eventually bring greater peace, and leave the individual free to continue fulfilling their destiny without material worries.

The law continues to further manifest in the family, for children are drawn together based on compatibility, familiar surroundings, and the soul's unlearned lessons. Each child is also led by the indwelling God Particle to parents who are strong where the child is weak, or parents with whom a previous foundation of habit, mutual respect, or admiration has been built. Unless the soul is drawn too deeply into the lower nature of the material world, it will learn the lessons which has predetermined. This means that a soul that previously had a lifetime of alcoholism will be born into a family that will enable it to either master the drinking problem or to further prolong it. This is dependent on whether the individual follows their higher or their lower instincts. Under no circumstances can any individual legitimately claim that their problems are caused by anything outside of themselves. Each soul has created exactly as they are, and yet each possesses the potential to become exactly what they wish to be. This illustrates that life is a continuity, with the old constantly passing away, and the new eternally being created.

Planetary influences at the time of birth give further indication of the power of the great cosmic law of cause and effect. Although many people frown upon astrology, however, natural law has not changed and therefore each planet in the solar system is actually comprised of an intelligent life force. Any planet that emanated a force opposite to the inherent tendencies of the personality would produce a negative reaction in that personality. For instance, according to the prevailing astrological influences governing the life of Socrates, he could have become the world's greatest criminal – yet he became one of the founding fathers of philosophy. This shows that one has some control over

how they apply planetary influences. By carefully studying of one's weaknesses and by learning to work in accord with the principles of good, one can become master over the adversities which bind the soul to evolutionary cycles of rebirth. While one should not allow the stars to dictate the flow of their lives, their influences can be studied and applied.

Each breath that one draws creates a corresponding effect because breath sustains life. No one can escape the perfect law of karma and reaping what has been sown, any more than a person can escape death. Each is a necessary effect of life. In day-to-day living, each human being is under the influence of karma, whether good or bad. However, once anyone has mastered the adversities of their lower nature in order to become greater, and can live in accord with the higher nature, then one reaps the good accordingly. Life will become a state of accord, peace, and higher pleasure.

First, however, each person must accept the concept that all undesirable things in life are brought about as a result of individual misuse of power. Regretfully, self-honesty is very difficult; but it is the first and most important step toward attaining self-mastery. It is difficult to understand that a malformed or mentally retarded child is the direct result of one's former actions, and that the soul is enmeshed in experiences that are necessary for the evolution of its soul. If it were any other way, then humanity would be compelled to go back thousands of years to the tired old concept of a punishing God.

It is necessary to study each case of individual abnormality before one can ascertain the reason for the specific impairment. Most people who are spiritually advanced recognize that any child incurring such an abnormality is truly a very special person and here on an important soul mission. It is possible for the higher spiritually evolved to understand the reasons why the incarnating ego has sought out that particular life in the world of matter in order to learn certain unlearned lessons. Sometimes it is only by living out such a karmic situation that a soul can experience a specific affliction, and thus fully learn what it may have done to others in the past, or experience a certain condition to prepare it for some future work on earth. There is also the possibility that, having been malformed previously, the incarnating ego may later become a doctor who specializes in helping the similarly disabled. Whatever the cause of any birth impairment, the parents of such can become a more compassionate, tolerant and understanding person because of their child's suffering.

Physical illnesses are not accidental, but carefully brought into fruition by mental disharmonies and the misuse of natural laws. Modern humanity's impure eating habits and lack of sufficient sun, water, and air have weakened the physical structure and left human bodies vulnerable to attack by a multitude of viruses. A man may die of emphysema because he smoked. A child may have a brain tumor from a virus contracted by its mother during pregnancy from exposure to unclean cats and rare meat. Numerous blood diseases are produced by toxic foods. These are just a few examples of humanity's regrettable lack of understanding concerning the laws of nature. Even worse, illness in this life may also affect an individual's next life. Even if humanity has an opportunity for a new body in his next cycle of evolution, the same inherent tendencies will prevail because the soul is once again entering human form with its accumulated learned and unlearned lessons. Thus the alcoholic may still drink, and the heavy smoker will likely pollute their lungs again, unless the pain of cancer etches an indelible lesson on their consciousness.

So it is with the dormant animal nature, the waking human, and the hidden God. The soul's desires, aspirations, and unlearned lessons will call to itself another human form until at last it conquers its lesser nature and the awakened Self seeks nothing more from the earthly mother who has birthed and sustained the child for so long. Bidding farewell, the child leaves to toil in God's vineyard; now grown into a man-god who is prepared to conquer new horizons beyond mortality.

In his great masterpiece, *The Prophet*, Kahlil Gibran wrote "*a little while, and my longing shall gather dust and foam for another body. A little while, a moment of rest upon the wind, and another woman shall bear me.*"

## ***CHAPTER 4***



### ***BEYOND THIS WORLD***

Humanity's curiosity and imagination have long been fed by the shrouded mystery of death and the possibility of life after death. Over the centuries, elaborate burial arrangements and rituals have been carried by pharaohs and kings, by rich men and by paupers. Only in the last century the doorways had been open involving the other worlds, revealing a concept of death quite different than previously believed. In ancient times the pharaoh prepared a storehouse of wealth so that he might also be rich in his next life, while people today concern themselves with expensive caskets and grand tombstones. Because most souls have been bound the material world, they have buried their dead according to the belief practices of the times. But there is an eternal divine plan that establishes equality for all. Death is only an extension, or continuation – the other side of this life. Yet fear of the unseen and the unknown hovers in the deepest recesses of humanity's consciousness.

“To lift the veil is to know,” says the wise person, as they seek to help others by leaving behind the remnants of their own pilgrimage through matter. Regretfully, many people are still blinded by the ancient traditions and dogma, and simply do not understand. Sages from throughout history have sought to reveal the truth of the eternal heritage of the soul. Now, with humanity's more finely-tuned consciousness, everyone is hearing voices never heard before, and seeing visions of something far greater they ever imagine. Dogma and superstition are losing their hold on infant humanity as they watch the stars and study the seasons of life. The drive for mere survival is being replaced by individuals crying for true knowledge of their existence amidst the desert of unknowing. These collective cries will not go unheard as Earth completes her current cycle of evolution and enters the beginning of the resurrection of all humanity.

Life in human form is actually little more than a dream in the journey of the soul. There is no such thing as death, as most people think of it, only a sort of magic that separates the visible world from the invisible world. In a single moment, the soul slips away from its earthly confines into the illusive world of spirit, while those remaining in the physical world perceive only an empty body where their beloved once dwelled. People grieve for those who have passed from this world even though they cling to the hope that they might someday meet their beloved again in another world known as heaven. This mysterious heaven that catches the fancy of humanity is thought to be some kind of utopia where pain disappears and no one is poor. There, in the bliss of the creator, each shall walk eternally with their family and loved ones. But how blind are mortal eyes that expect to experience instant perfection at death, while living in human form they

have spawned wars, and created a world of poverty and suffering. When the well-worn physical body is finally shed because it is of no further use, then each individual will find that heaven is exactly that which the soul has earned while living upon Earth.

In the realms beyond mortal boundaries are as many and each will repose according to their spiritual evolution. As the law of cause and effect prevails upon Earth, even more so does it express itself within the inner-penetrating non-physical world. Death is but a link in the chain of life's eternal evolution, and does not exist in the true nature of nature of the universe. In its place there is simply a transition, or change. From ether to matter and from matter back to ether passes the human soul, ever seeking freedom from its seemingly eternal bondage of suffering. The heaven found in humanity's hope for a better world must be found in life, not in death. If sorrow was one's companion in life, then sorrow will continue to share the road with the wayfaring soul who journeys through the portals of the unseen worlds. Beyond the veil of the physical world is not a magic land of joy, but rather a realm quite similar to Earth. The soul take nothing into this land, for what one is at death so one in one's true home beyond the matter.

Some of the greatest detriments to the proper understanding of life after death have been the dogmatic concepts found in religion and philosophy. The doctrine that humanity is "saved", has led tens of millions of people down pathways of false concepts. Few people realize that the birth of Jesus, as well as his death, resurrection, and ascension, are but the ancient symbols of Earth's oldest mysteries. The God particle lives in all people, and it is born (or re-born) when each person seeks to become one with God. Jesus achieved this state, and left his teachings so others might find the way. Moses, Zarathustra, Krishna, Plato, and Buddha are also among those who achieved it even before the time of Jesus, and many others since have journeyed through that narrow gate in which many are called but few enter. All who have crossed these portals into the immortal world and have graduated beyond the involuntary cycles of rebirth have left their teachings as signposts to guide others to the pathway of the immortal. The way is also written in the laws of nature; its song is sung in the wind, and it speaks from the stillness of the human soul.

Since the beginning, as humanity has come to perceive of a reality greater than itself, teachers have taught of eternal existence and immortality. The basic nature has been to accept or even assume that we are on the "good side" of our god or gods. Of course our enemies, being "bad", were assumed to be doomed forever and would thus be guided in the afterlife to some sort of purgatory, or worse. Even in modern times these ancient beliefs and superstitions exist throughout most of the world. Occasionally someone rises above tradition and mass consciousness to illustrate a path that teaches salvation to all of humanity. In many cases, these individuals come to be looked upon as gods themselves, while in other places and in other times they have been persecuted and killed. It is difficult to believe that today's educated and intelligent human being cannot perceive that the path of continued existence for all people is as assured as the perpetuity of the Sun, Moon, and the stars.

It is important to note that immortality must be understood as something beyond the mere continuity of life after death. The key difference lies in the fact that the soul does not attain conscious immortality until it has passed from the stage of unconscious reincarnation and completed its last involuntary cycle in human form. Under the cycles of

unconscious reincarnation, the soul has no knowledge of its previous existence or what it experienced between death and rebirth. This ignorance leaves it vulnerable to the ever-changing environment of its current existence, and the prevailing customs of the times. Here the soul still struggles mightily to push away old traditions, the dictates of society, and all of the other influences that gradually keep it from being molded into a seemingly “new” personality. The greatness and glory of the soul lies hidden within its bosom, until the day comes, when, like Gautama Buddha, one sees an old man, a sick man, and a dying man and stop to ask oneself “Is this all there is to life? Am I nothing more forever than I am today? Is life simply about being born, growing into adulthood, raising a family, working toward retirement, and then dying?”

These pertinent questions actually mark the beginning of awakened consciousness within an individual. At this point, generally one ceases to be herded around like the rest of the sheep in the human flock and becomes independent of the limitations imposed upon by others. The soul’s personal quest for confirmation of immortality will eventually lead beyond the locked doors of mundane existence, into the corridors of enlightenment, providing it with better and more concrete evidence of the very thing it seeks.

A soul that has already achieved the status of immortality incarnates without the usual loss of conscious continuity, and seeks to serve humanity which is bound by the fetters and dogma of the unenlightened. An enlightened soul retains the knowledge of the continuity of existence in the process of death and rebirth, and ceases to be drawn back to Earth by unconscious desires and unfulfilled human tendencies. These are the great souls who serve humanity and assist the sleeping masses to awaken, freeing them from their enmeshment in the continuing cycles of rebirth. Maintaining awareness of past existences and an understanding of the affect past lives has on the current personality leaves the individual free to achieve further perfection at a conscious level.

The general idea has long been held that heaven is life without pain, without financial stress, and without worry of any kind; an eternal walk with loved ones, including perhaps the greatest masters of all time. While some may busy themselves with this exotic concept of eternal life, the Master Craftsman of all creation is ever busy with the continued greater perfection of Earth and all realms of existence. To be one with God means a continuity of work, whether on Earth or in some other dimension of existence. If there truly existed a physical life where each could deny all higher responsibilities, then the human being would remain void of the very tools that offer the soul its greatest development. That would cause the soul to remain at its current level of progression. Otherwise, a person could somehow enter other states of existence as a greater spiritual being at the time of their death, regardless of what they had done on Earth. This could not be allowed, for reasons that should be obvious by now. Everything must be learned – and earned.

It is highly improbable that “heavenly life” as conceived by most people would truly fulfill our longing anyway. Soon everyone would be seeking a greater heaven, and a greater existence. This would be a natural outgrowth of the creative principle, the God particle within man, seeking to create ever-increasing perfection. Just as there are grades in school, there are also plateaus of consciousness beyond the material plane that are only achieved through the soul’s evolution here on Earth. No one can graduate from Earth life until they have learned the lessons; neither can anyone walk with the masters until they have become a master.

To believe that anyone could eternally dwell in paradise after doing nothing more than asking forgiveness would be as adverse to the law of progression as a schoolroom that advances a student who is not able to complete the homework required of the class. While our planet can be a place of pleasure, play, and ignorance, Earthly life is not designed for that purpose. As a flower grows, pauses, continues its growth until it reaches full bloom, so too must each person study, rest, and study again until their soul reaches its pre-destined perfection. It is not by some kind of divine spite or denial that humanity is refused admittance to the higher celestial realms, but rather limited from within, because the vibrations are insufficiently refined to reach the higher worlds.

In the lower realms beyond physical existence, gross barbarism still exists; although murder cannot occur because spirit cannot kill spirit, and there is no need for robbery, as all desires are fulfilled by thought. Nevertheless, the inherent nature in each soul still represents a continuity of its earthly life. Because one's life beyond the Earth plane does not include physical objects, a soul still filled with material desires or having strong emotional attachments suffers greatly. After death, the soul spends long hours contemplating the wrongs done to others, and must carefully study both its learned and unlearned lessons. As a general rule, after self-evaluation or judgment is completed, the soul begins preparation for its next cycle of rebirth. This is one of the primary reasons why one should seek to achieve heaven while on Earth. Heaven is not something to be achieved at the time of death or transition; it is something that is taken with the departing consciousness. This does not mean that life without human form is not an improved state – it is, simply because of the absence of the gross vibrations associated with greed, hate, and the fight for day-to-day existence on Earth. The soul, once free of the pain of physical form and the agitation caused by a variety of emotions, is then more capable of evaluating its proper place in the universe. But to conclude that one might go to heaven and walk among the angels when they have failed to become angelic, or that one might dwell with masters when they have not yet earned that right, is an erroneous concept.

The Earthly kingdom is but an extension of the many spiritual realms which actually interpenetrate the world of matter, and which exist in a harmonious relationship with it. Just as water cannot be seen when it penetrates a sponge, nor can oxygen be seen in water, neither can humanity see the numerous levels of the more subtle interpenetrating worlds. But the human consciousness, in rising to its God-like state, can perceive the continuity of life existing in worlds beyond matter. When this occurs, it is not uncommon to both see and hear with extended senses, which in turn allows for an even fuller awareness that death is but a state of change, and that there are many worlds beyond the confines of this physical realm. When an individual has raised their consciousness to greater heights than that of mass humanity, they can more easily perceive that individual soul evolution is governed by perfect law very similar to the advancement experienced in the school classrooms of human affairs.

Being a continuity of existence, life after death finds the personality traits of an individual much the same as they were on Earth. A person may still have similar attractions and are governed somewhat by the same desires. Jesus said, "For where your treasure is, there will your heart be also" (Matthew 6:21) – a statement which clearly underlines the fact that one's desires become a determining factor in the unconscious selection of a soul's heavenly existence. If anyone wishes to be reunited with someone who has already passed beyond physical existence, by the law of attraction they will find

themselves entering that particular interpenetrating world. Regretfully, the soul wishing to join friends who have passed beyond forgets that it must now leave behind the children and friends of the physical world, thereby taking with it the pain of another separation. Even though it's no longer housed in a physical body, the consciousness can still perceive the human world. While the impact of separation from loved ones is not as intense as in the human world, the thread of attraction still binds just as surely as it did on Earth.

After death, each will find themselves on the same particular level earned through the learned and unlearned lessons while on Earth. Only under such conditions could a soul possibly find itself in harmonious surroundings but still live in better conditions than on Earth. However, when higher states of consciousness have been achieved while in the human form, that person is said to have transcended death, for heaven then exists for that soul wherever it may be. In the lower planes near Earth's consciousness there are entities that remain bound to sense gratifications. Because of the absence of many Earthly pastimes, such as alcohol, drugs, and carnal activities, there is no longer any escape available. The alcoholic or drug addicts who have hidden behind intoxication of one form or another, is now destined to experience the negative effects of the chains that held them to Earth. Even though one may enter a bar, or drink or smoke, in the lower astral regions, no chemical reaction takes place with the absence of the physical body. These are dark times indeed for the soul, and can be far worse than the purgatory described in the legend of Dante's *Inferno*.

It is into the lower astral worlds that many souls first enter, not because of their addictions, desires, or problems, but because there are many important adjustments to be made before one continues their life in the other worlds. Some who believe there is no life after death, or others who believe they are bound to their casket until the day of resurrection, find themselves held captive within the confines of their own beliefs. A few, believing they will go to a place called "Hell" may find themselves entrapped in the confines of this unreality created within their own misconceptions. Others, still reeling from the grief of being separated from their loved ones on Earth, hover closely to Earth's vibrations, hoping for some form of contact or communication with those left behind. Until the awareness comes that they are no longer bound by human form, even a person who has met a sudden death has certain difficult adjustments to make. All of these people require assistance in making the necessary adjustments to life after death. For this reason, many souls who have already adjusted to non-material existence lovingly assist those needing help in accepting their new environment.

In the higher worlds beyond death, life is more harmonious and closer to the will of God. This is the meaning of the phrase from the Lord's Prayer, "Thy will be done, on Earth as it is in heaven." For it is true that life must continue on Earth until there is a total absence of all things that are destructive. For this reason, humanity must cease to create not only the harm which they bestow upon their fellow humans, but also the destruction of all life including their own. Gradually, like an illness that has finally been healed, the good and the beautiful shall overcome all that is not in harmony with life. This time must come as surely as the wind stirs the trees, and the tides ebb and flow. When this has come to pass, death will be non-existent, as the need for human form with all its infirmities, will pass away. This goal, this destiny, is humanity's true heaven – and it will come in the world of tomorrow.

There are planes beyond planes, and the greater one's spiritual progression on Earth, the higher their consciousness ascends when it is released from the confines of matter at the time of death. The lower regions of the unseen worlds are much the same as those on Earth; families still live together, and personal relationships continue to evolve. One of the primary reasons many of the great spiritual masters chose not to marry was because they understood that such personal attachments often make it even more difficult to free the soul from its material bondage. Humanity's total involvement with the physical senses has let loose a flood of habit patterns that seriously affect the higher path of evolution, and the masters were aware of this. The aftermath of adverse, unconscious living patterns is clearly illustrated by the spread of disease, unhappiness, and crime. Limitations incurred during human life, also impose themselves after death and form restrictions that keep the soul from accessing the higher regions of the unseen worlds. Any soul who has refined their lower nature while living in the physical world will evolve to the higher angelic realms where greater bliss and peace reside. As on Earth, progression is earned, and each person is contained within the proper boundaries according to his or her spiritual evolution.

Fear of death is natural; it is an indwelling God particle that tries to keep humanity from using poor judgment which may in turn result in additional pain. That instinct alone saves some people from possible suicide and carelessness with their human body, and it helps promote interest in the physical world. Thus, fear of pain prevents many people from seeking escape from their Earthly classroom when they are plagued by everyday problems. However, actual transition from this world to the next is usually accompanied by a state of peace and contentment, particularly for those who have lived to the fullness of their lifespan. Frequently in the last moments of life, an individual has the capability of seeing in both worlds simultaneously and being with loved ones both in the sphere of matter and the regions beyond. The indwelling soul usually senses when its' time for transition is approaching, and prepares for the moment of re-entry into its true world. It is a common experience for one who has suffered greatly to be freed from pain in their final hours before disengaging from their human form. For those who are prepared, and who understand the eternal movement and cycles of existence, death can be a beautiful period of metamorphosis and continuity of life.

After transition, the soul requires may require rest and quiet because of the numerous adjustments that must be made, and the work of understanding the lessons of the life previously lived. The bereaved families and friends of those who have made a recent transition can actually cause considerable anguish for their departed loved ones with their intense grief. Just as thoughts are easily communicated to those who live without form, sorrow can also be passed on, causing those who are seeking a peaceful release from the physical world to remain close to Earth's vibrations in an effort to comfort those left behind. It would be much better for those souls passing into their new life to be released freely with love, joy, and understanding. Mortals should not deny the passing soul their understanding and best wishes, any more than an unpleasant greeting card should be sent to someone on their birthday. Neither is an elaborate funeral arrangement necessary, as they are of little use to a consciousness that has left the world of matter behind.

As a general rule, those whose life is unexpectedly terminated through murder, war, or even an accident will not spend a long sojourn in the ethereal realms, but will

choose another Earth life quickly to resume the original purpose of the incarnation that was not completed. Therefore, another birth is imminent and the same unlearned lessons that previously existed will still prevail. Once again in the world of matter, the soul tries to painfully correct those aspects or conditions of the lower nature, unless of course sense gratification still blindfolds the soul. If Earthly desires govern the human life, then it will once more find itself on the ever-revolving wheel of cause and effect. Great is the one who confines their desires to the scope of spiritual evolution, for in working harmoniously with God, they become a king of kings. However, those who seek only fulfillment of their desires at the cost of the soul will find endless sorrows, and their accumulated wealth will be but a chain binding them to the world of illusion.

Humanity's concept of the afterworld is as interesting and diverse as people themselves, for heaven is generally conceived of as that which is most desirable in human life. To the worker it means rest, to the lonely it means love, to the criminal it means escape, to the student of the mysteries it means an opportunity to study with great masters, and to the Christian it means having the opportunity to be with Jesus. Yet in most cases, each concept of what heaven might be is actually nothing more than a glorified extension of the human world. Here on Earth, all of these concepts of heaven can be achieved if one is willing to forsake everything to get them. If a worker chooses a simple life, he can rest more; if the lonely person chooses to give love instead of seeking it, and in the end they will conquer the world. A criminal can choose to break away from his physical limitations through control of the mind even if he sits in a prison cell; a spiritual student can use their daily work as a toll to seek the greatest of all masters, that individual aspect of God that dwells with each person.

Even the more gentle realms beyond the curtain of the mortal world cannot be considered truly heavenly, for there are always new heavens and more perfect states on the evolutionary horizon of the soul's consciousness. It is true, however, that each higher degree of evolution allows greater freedom, whether it is in the world of matter, or the world of spirit. As the student is not allowed to miss any level of schooling while attaining their diploma neither can the soul escape any cycle of inner development.

The person who does not achieve mastery while in human form will not achieve it in the non-material world. This means that each man, woman, and child is not only creating their current world, but also their heaven; for each is laying the foundation for the next life with their actions in this life. Therefore, individual soul evolution must be constant and one's salvation diligently worked out if graduation from the cycles of rebirth is to be achieved. The responsibility for the growth of soul of humanity is dual in nature, for each must help themselves and also help the world.

In the regions beyond this life, highly evolved souls continue with the eternal patterns of evolution. Artists still teach art, musicians teach music, and the ever-powerful spiritual geniuses, known as the Hierarchy continue to guide humanity onward to greater horizons. One never walks alone, but is constantly assisted by helpers through subtle, intangible transfers of consciousness as well as by the powerful unseen forces of all life in the universe. These fine connecting threads can never be broken. Even the twinkling star in the distant periphery of human vision has its effects on the physical organism. These forces are constantly affecting the astral sensors as well as the emotional and mental bodies. Therefore, the God principal within the human race linked it to all other worlds, seen and unseen, throughout the eternal evolution of life. Humans are very

powerful transmitting and receiving instruments, if they would only accept their true nature instead of accepting limiting beliefs and concepts so often taught.

Many people in the past have been sent to mental institutions, ex-communicated from their churches, and separated from their organizations because they received visions or heard voices. Even in the 21<sup>st</sup> century, the mass consciousness of humanity has yet to accept the fact that other worlds interpenetrate this visible world of gross matter. As the vibrations of humans become more refined through proper nutrition, meditation, and thought, the higher consciousness of other worlds will be touched. Since the unseen realms lie between the physical world and the higher spiritual realms, the day must inevitably come when everyone must explore this final frontier. No human can graduate from Earth's classroom without making the pilgrimage through these inner worlds. To hear the unheard and see the unseen is part of climbing the mysterious stairway to the stars. Yet even beyond the spheres of sight and sound rests the pure Godhead which humanity aspires to reach. All other levels of existence are but limiting realms compared to this ultimate perfection.

No clearer perception of death has been left to us than that found in Kahlil Gibran's masterpiece, *The Prophet*:

*If you would behold the spirit of death, open your heart wide unto the body of life.  
For life and death are one, even as the river and the sea are one...  
Only when you drink from the river of silence shall you indeed sing.  
And when you have reached the mountaintop, then shall you begin to climb.  
And when the earth shall claim your limbs, then shall you truly dance.*

The pilgrimage of the human race spans thousands of years through a seemingly never-ending series of painful births and sorrowful deaths. Yet mortals are powerless to stop the continuing ebb and flow of life, for they are but an aspect of a greater whole. Humanity exists because the God particle has willed it to be so. The ultimate perfection of all life and its perpetual evolution rests within a power greater than the finite human mind can conceive, and it is well that it is so. If the evolution of matter were left in the hands of the human race, bedlam and chaos would exist in all solar systems. Instead, there is the confusion one would see on just this one small planet that has been entrusted to the hands of the masses for learning and growth.

Death should not be feared, but should be approached as something that is an expression of natural law. As such, it differs little from the flower that disappears before the winter snows, yet blossoms again in the warm light of spring. When one considers that everything around humanity is born, grows, rests, then dies and is yet born anew, it is difficult to understand why so many fail to comprehend the evolving nature of their own being. Death is actually but a threshold to life, while life is but a threshold to death.

It is people's inherent tendencies which have pulled them into life again and again. If the desire of the soul is to have material wealth, then one day it shall be found. But wealth will not bring peace, and the tired soul will eventually seek higher knowledge in the schools of learning, and at last come to knock on the gates of wisdom. Again and again the cycle will continue until the God particle is ignited within each individual. In

the meantime, each human dwells on Earth in the precise state which is rightfully his or hers and these same patterns continues in the other worlds upon death.

From the Bhagavad Gita come the words of Krishna, as he urges Arjuna into the battle for the Immortal:

*They have an end, it is said, these bodies of the embodied self.  
The self is eternal, indestructible, incomprehensible.  
Therefore, fight, O Bharata.*

The word “death” may one day be stricken from the vocabulary, as it never truly was and never will be in the truest sense. From Earth to the world of the angels is but a series of metamorphosis, just as the caterpillar becomes a butterfly. Each plateau is earned by one’s own efforts.

## *CHAPTER 5*



### *MIND AND THE COSMIC SEA*

There is one last frontier which one must conquer before one can stand on the distant shore which separates the mortal world from the immortal world. It is a journey into the unknown, into the cosmic ocean from which all life was born. Since its tides take people on a journey that cannot be seen with the naked eye, many fear its shores. Snug in the harbor of daily routine, many seek escape from the heavy winds that tear at the veil between the two worlds. Clinging to the comfortable and the known, and fearing what may be stripped from their hands, many are unaware that the breeze of the cosmic ocean still touches everyone as surely as that of a physical sea whose salty aroma is carried far inland. Those who wade along the shores dividing the world of matter from the cosmic sea will one day be swept into some unexpected tide that will force them deeper into the white-capped waves. Others, seeing a vision beyond the dark horizons, will not fear the challenge of the sea and will set sail toward the golden sun.

Far over the horizon on some distant shore, the sea is calm and the winds are stilled for those who have reached that new land. Here the trees shine forth in glowing light. It is in this land of the giants that greatness lives, for this is where those who are free of the cycles of rebirth dwell. Those men and women who have conquered the ocean tides did not allow their ships to be battered by waves of defeat, but held firm to the helm and emerged victorious from the battle. Those ships whose prows have pierced the innermost secrets of creation are the collective mind which has transcended humanness and been freed from the limitations imposed upon it by the world of matter. Beyond the confines of mortal existence, there is no time or space to retard one's progression in the infinite timelessness of creation. This cosmic ocean of thought contains within it all that a physical ocean contains, and yet it is more; for it holds all of the thoughts of those who now live and those who have already died.

The great cosmic ocean is composed of many layers of collective thoughts, just as Earth contains numerous layers of soil; each layer revealing the history of its evolution. From the most carnal thoughts of the human race, to the highest thoughts of divine concepts, these layers have been created by everyone who has ever lived. These thoughts form the thinking body of nations and planets, and with proper understanding, each soul is able to lift itself from its current understanding of life into patterns of greater perfection. This ocean has existed since the beginning of time, and it shall continue as long as there are galaxies and solar systems. Like a thin web hovering around the crown of the bridal veil, these delicate and unseen thought forces form a veil around the Creator.

As humanity overcomes its physical limitations, it shall master the cosmic ocean of thought, enabling all to sing a new song and give birth to a new way of life.

Planetary oceans of thought contain forces affecting every human being on that particular planet. Depending upon whether they are positive or negative thoughts, the consciousness of a home, a city, or a nation is determined by them as well. Due to personal and economic pressures, and the instinctive survival nature of the human race during times of war, famine, and other challenges, Earth has become shrouded by a heavy blanket of negativity. These adverse thought currents create a more difficult situation for everyone. Thought, as a powerful creative energy, is always there for each person to utilize. Jesus said in the Lost Jesus Scroll, "Your thoughts are more powerful than a bolt of lightning, but hear not the pitiful cries of its victims" Fortunately, as with a fine piano which must be played well in order to sound beautiful, the power of thought must be used appropriately in order to build a positive, constructive environment.

Those individuals whose minds are locked in a world of carnal thoughts produce mass discordant vibrations which affect the entire world, and sadly draw corresponding adverse expressions to themselves. Since the underlying creative principle is perfect at all times, thought, like music, must be used perfectly in order to be in harmony with the natural order of the universe. For the world of matter to become united with its spiritual origin, thoughts must be based on idealism. As an instrument to manifest thought, the mind can be used to either build the good or to destroy. If the schoolroom of Earth is to be mastered and eventually left behind, it is necessary for everyone to understand the potential power of thought.

Due of the complexities involved in trying to explain thought force, it is fitting to start with the individual, for it is there that correction of worldwide consciousness must begin. Humanity, as a seed of the creative principle, has an obligation to understand that the potential within is as unlimited as the spirit from which Earth was created.

Following the steps of human creation, most people have always become exactly what they have thought themselves to be. One's evolution has been determined by not only by their inherit desires and aspirations, but also by that which is carefully governed by the God particle within. It is true that until a person reach oneness with this higher consciousness one may not share the fullness of creation. However, a person still contains this divine spark which enables them to utilize all powers to in varying degree to assist in planetary evolution. By utilizing these powers for the good of all humanity, it possible for each person to eventually discover unlimited horizons and the realization that they may become anything they wish. Because the root of aspiration stems from a deeper realm, the outer evolution reveals that as long as the choice is in harmony with good, one is unlikely to choose the wrong path.

As cosmic consciousness is invisible and is not the mind itself, it is very difficult to define. It can perhaps get the best understood by comparing it to a sponge that has had green ink poured into it. As the liquid disappears, it leaves a composite of sponge and ink, and although the sponge is still a sponge, it is now wet and green. The sponge has become a composite of its original state and the numerous interpenetrating molecules of green ink, enabling the absorbent sponge to express differently than it did in its original state. The human soul can be understood in a similar fashion. Although it is pure in its beginning, it absorbs the attributes and cultures of its various experiences, and no longer appears to be what it once was. The original universal consciousness, or creative

principle, has never changed – but because of numerous lifetimes, it now reflects its total accumulated experiences.

Each branch of knowledge with which the soul comes into contact is absorbed in much the same manner as the sponge absorbs the ink. Neither the sponge nor the soul has changed its original essence; when everything is removed, the sponge is still a sponge and the soul is still a part of the divine nature of the infinite. Reflected consciousness is the sum of the accumulated experiences that are absorbed into the original essence. Since nothing truly returns to its original state but continues to evolve into higher states, people are always advancing toward their ideal self. This lays the framework for comprehending the world of thought, and helps to illustrate why one becomes what one thinks.

Humanity, in its true nature, is a creative principle, and through utilization of the mind, everyone has gradually formed the world as it is today. The law of attraction (like attracts like) is as applicable in the world of thought as it is in the realms of spirit and matter. Therefore, one who guards their thoughts closely and focuses them on a single goal is much more likely to achieve success. The individual who has many “irons in the fire” is subject to many diversified thoughts, leaving their potentiality and scattered in many directions. On the other hand, the person whose purpose is singular becomes a powerful force of body, mind, and spirit, which overcomes all opposition.

It is true that as a person thinks, they draw from the great thought banks accumulated over the complete evolution of creation. Actually, the thoughts from all beings that have ever lived remain forever and have formed great warehouses of knowledge that the wise may tap at will. Many teachings promote the concept that there are forces of darkness and forces of light. However, darkness can be more accurately understood as the lack of light. In that sense, the “forces” of darkness include those who engage in impure habits, impure thoughts, and impure actions - whether living on Earth in human form, or in the lower astral planes.

The false concept of “dark forces” probably began with Zarathustra some 6,000 years ago, when he spoke of humanity and its shadow as representing two distinct forces. The shadow, of course, symbolizes those who yet walk in darkness; the non-illuminated, who destroy life by the misuse of natural and cosmic law. Impure thoughts become part of the “dark forces” that have an adverse effect on humanity, and which, in turn, create more intense negative forces that continually pressure humanity. The forces of light symbolize those who act as preservers; those who continually work to improve their physical, mental, and spiritual condition, as well as that of their fellow human beings.

It would perhaps be easier to understand the power of thought if an original idea is followed all the way from its inception through to its manifestation on the physical plane. First, a human being, who is a creator of ideas, begins with a concept in their mind. If the idea is not acted upon, then only a thought form is produced. That thought form then drifts in the cosmic ocean of thought, to be used by some other person. On the other hand, if the originator of the thought acts upon their concept, then a physical symbol of the idea is born in the world of matter. As there is but one perfect concept in motion at all times, then all creative thoughts become a reflection of that one pure concept. Even the carving of a wooden chair is actually no more than an offshoot of a greater design. Just as the human soul wears many layers around its pure consciousness, so does the spirit of God contain numerous tiers that comprise the cosmic ocean of thought. The thinking

level of each individual will determine exactly what layer with which they will harmonize: love with love, hate with hate, etc.

Impure food and impure actions assist in creating additional negativity within people, plaguing them with illness, and stimulating inharmonious relationships with others. Collective illnesses, deceit, and attempts to overpower and control others have accumulated over the eons of humanity's evolution, so it is little wonder that so many people now have difficulty finding happiness. As soon as people turn toward the good by learning to live in harmony with the forces of light and preservation, by doing good unto others, by thinking kind thoughts, and by giving a helping hand to those in need, then they can minimize or diminish the effects of the adversities which have beset them. Only then an individual will find the true happiness they seek. It is regrettable that there has been so much misunderstanding concerning the forces of darkness, as they can be completely eradicated if the people become more fully conscious and proceed to transform the planet into the spiritual realm it is intended to be. Unfortunately, the continuation of the belief in Satan, Lucifer, fallen angels, and various demons only feeds more negative thought forces into the universe. Although it has often been taught that two opposing forces must exist for the balance of power in a planetary system, this is not true. Creation and evolution have proved that there can be but one harmonious power. It is the deviation from that one great power that has brought forth all of humanity's suffering. Humanity indeed casts a shadow – but it is only given life and power by thoughts and actions.

When each person turns completely toward the good, they neither attract thoughts of adversity nor are buffeted by the forces which have resulted from any previous misuse of natural and cosmic law. As mentioned earlier, the food consumed plays a vital role in the harmonious relationship with the universe, for an unhealthy person often feeds the great ocean of thought with their woes and misery. This cycle allows their negativity to join with all the other thoughts of a similar lower nature, in turn bombarding anyone who is receptive or vulnerable to them. It is therefore especially important for those who are walking a spiritual path to care for their bodies, screen out the negative associations that are adverse to spiritual aspirations, and apply themselves to creative planetary work. In this way, negativity is reduced or even eliminated by the indwelling force of good, which in turn allows for greater expressions of joy and gratitude. When individuals consciously strive toward these goals, the negative realms that have existed for so long in the oceans of thought will be washed away, leaving behind a peaceful planet.

Going forward, it is vital that reasonable self-discipline become a way of life. It is also crucial for people to treat their fellow humans with love, tolerance, understanding, and compassion, regardless of one's station in life. When good is given, and good is received, the consciousness of all is raised, and the subsequent effect is like that of a rock dropped into a pool, where the corresponding ripples soon affect the entire pond. To tell another person they are wrong usually accomplishes very little, because judgment, criticism, and condemnation only creates more discord. But by strengthening the good, by simply pointing toward a better way, one can constructively help another person to create or achieve more positive results. Humanity must accept the responsibility to bring light, and good, to the entire planet if this planet is ever to become one of peaceful co-existence.

Civilization has followed the progression of humanity's thought processes, for each phase of creation is produced by the evolution of thought. Each generation has its effect on producing more advanced levels of thinking, which are built upon by future generations. Thought is the primary mover of matter. This is obvious by the fact that first an idea exists then a method of producing the idea into material form follows. It is clear, however, that thought must also be accompanied by action, or else its physical counterpart will never become manifest. Thoughts are often passed from one person to another, like a bird which lands here and there. It is not uncommon for two people in different places to grasp a similar idea simultaneously. While one person may only casually think about an idea, the other will actually bring it forth into the world of matter. It is the action upon the initial thought that determines the difference between the inventor and the dreamer.

When seen in its true state, that which appears to be inanimate actually consists of billions of minute particles moving at rapid speed. Though incapable of independent thought, these particles can absorb energy, or impressions, which in turn can produce additional disharmonies for people to overcome. The primary difference between thought absorption by humans and thought absorption by matter is merely the fact that human thoughts can be controlled by willpower. Matter, which lacks the power of discernment, absorbs thought energy much more slowly than humans and functions under a more primitive, or instinctual pattern. The human consciousness is continually buffeted by a variety of thought forms, until the mind is sufficiently controlled to consciously reduce automatic or involuntary attractions. Thus, many of the concepts a person holds are not totally of one's own doing, but have been absorbed by the law of attraction, like the sponge absorbing the ink. A thought cannot be attracted unless the mind is open to receive it. While thoughts do not affect one's true inner nature, those thoughts that are absorbed will produce an effect on current and future actions, which in turn promotes or inhibits one's growth and well-being.

Impressions absorbed by inorganic matter also emit corresponding vibrations, as evidenced by what one may sense from a room or an object. It is worth mentioning here; a thought force that is extremely intense, or that is directed over a long period of time acts on particles of matter much as a cell absorbs solar energy. This is perhaps best illustrated by the difference between the atmosphere of a medieval castle and that of a modern home. All objects, including clothing, absorb impressions and take on part of the consciousness of the owner. It is even possible for such objects to transmit impressions to people who are more sensitive to them, such as a psychic or an intuitive.

Life force energies flowing through a person produce a field around the individual similar to the gravitational field surrounding the earth. The field of energy surrounding a person is most commonly referred to an aura. It encompasses all the thoughts and emotions within its radius, and represents the level of consciousness of that person. Due to the variety of emotions the person experiences, knowledge, intellect and general health, this energy field is constantly changing. At the same time individual collective energies can be absorbed by other people. Whether negative or positive, these thought forces play their role as both sender and receiver, and through the law of attraction the exchange of vibrations are mutually compatible. Therefore, a person who is depressed will have an effect on those around them. If discordant vibrations already exist within others, they in turn become even more negative. Negativity can be a self-destructive

energy that brings great suffering to those who harbor it, adding unwelcome forces to the planetary energy field that affects everyone.

Negativity is a destructive energy force, because of this, such things as spells and curses can only affect individuals who believe in them. When a person who thinks good thoughts and performs good deeds is hit by thought forces resulting from a curse or a spell, the emanating consciousness within that person will simply reject the negative force. Conversely, anyone who intentionally projects negative thoughts at others because they believe they will bring adversity into another person's life is particularly vulnerable to the negative influence of their own creation. Anyone who practices black magic, voodoo or satanic rites will either bring about their own destruction through the breakdown of the mind, or self-mutilation, or occasionally suddenly turn toward the good to escape the wrath they have inflicted upon themselves. Thus, thoughts can have a tremendous impact on an individual consciousness. Proper utilization of the cosmic ocean of thought for the good of mankind becomes like the grain of wheat with the potential of feeding the entire world.

Even though an individual may not be aware of the thought forces existing around their planet, one can, by learning to control the mind, absorb knowledge from all planes of existence. Anyone connected in this manner, has the potential of becoming a dynamic center for the planet and capable of tapping into any source needed to meet the needs of any situation at any given time. Each planet emanates a consciousness comprised of the combined life existing on its surface. These vibrations enter the ethers to become available to any person open to receiving them. This phenomenon probably explains how early science fiction writers such as Jules Verne wrote fiction that later became a reality. Civilizations much more advanced than those currently on Earth have left behind great discoveries of their times in the cosmic ocean of thought. These subtle vibrations eventually reach Earth and are absorbed by those who have sought to reach beyond human limitation.

By scrutinizing the characteristics of modern society, it is possible to understand why the seed of greatness has yet to be born in humanity. If one could see beyond the animal body into the layers of scattered thoughts contained within the average person, one would see multiple broken energy patterns held together by the cohesive force known as the soul. The energy patterns cloaking the pure consciousness are similar to storm clouds hovering against a backdrop of blue sky. Since each individual thought formation contains within itself a different creative pattern, by the law of attraction it will seek unity with its own nature. For instance, one who likes to play golf will be inclined to read golf magazines, shop for golf equipment, and seek friends among fellow golfers. Although this "golf consciousness" may appear to have found a certain harmony, it can at the same time be a source of disharmony in other ways. An example of this would be a situation would be someone who talks incessantly about golf to people who are not interested.

Many more energy patterns exist in the average person; patterns that have been developed by schooling, occupation, family life, personal habits and pleasures – not to mention certain unfulfilled material desires such as cars, homes, money, and personal possessions. In Hinduism, these patterns are known as "vasanas," or inherent tendencies. Unfortunately, as long as any person continues to develop new vasanas while retaining existing ones, greater and greater turbulence develops within the human nature. Such a person can never achieve greatness, because his potential power is not centralized or

concentrated. Realizing this, the masters of old taught that single-mindedness and control of the thoughts are important keys to one's spiritual success. It is for this reason that the various practices in spiritual discipline have been developed to assist humanity in becoming harmonious; it is not that one person forces their will upon another. Regretfully, humanity often fails to understand this, and thus rebels against the very thing that can help one gain at least moderate control of the sense organs.

When single-mindedness is achieved, then a person's power becomes concentrated, and when applied in the proper manner, no obstacle is insurmountable. As the energy becomes focused, the effect is much like a magnifying glass held in direct sunlight, which, when trained on a piece of paper, can start a fire. Just as the ray of sunlight is concentrated into one powerful burning force, a person who has made their objective single also becomes a dynamic force. The diversified mind has difficulty selecting a singular direction or goal, leaving the individual at the mercy of various forces. This difficulty can only be alleviated if the spiritual aspirant selects a goal designed to assist in the higher evolution of humanity. This idea was clearly expressed in an episode of the old TV series called Kung Fu, in which the old master asked the young student for the secret of success, and the student replied "to seek an ideal, to become possessed by the ideal, and to become one with the ideal."

When an ideal has been conceived, and its perfected destiny is marked upon the consciousness of the soul, the God particle within will draw to the soul exactly that which it needs for its greatest growth. One need not seek in the ethers for the great wisdom and knowledge of the ancient past, for it is always and forever available to anyone who will receive it. Very few have learned how to tap these unlimited reservoirs, because most people's interests are engaged solely by the physical pursuits of money, power, and pleasure. As long as the indwelling consciousness, or God aspect, of humanity is submerged in the lower vibrations of anger, hate, and lust, it remains governed by the lower nature and unable to manifest its fullest potential. When the consciousness is at last directed toward perfection and obedience to natural and cosmic law, then one is properly utilizing all their senses toward reaching the highest ideal. In so doing, the individual God particle can disengage itself, from its mortal imprisonment where it has been since the beginning, and merge the soul into the whole known as Cosmic Consciousness. This is one of the two highest states of transcendentalism the soul can experience and highest source of all knowledge. In the Christian ministries it is known as "raising the dead".

Only through true spiritual understanding can humans assure themselves of a constant, ever-growing role in the universe. As the indwelling consciousness is molded into a greater ideal, it will become receptive to higher and higher vibrations, governed by the law of attraction. Through the combination of meditation, contemplation, study, and actions that are directed toward the ideal goal, the initiate accesses subtle unseen forces of a similar nature. This does not imply that all knowledge is obtained by direct contact with the cosmic ocean of thought alone. There are those who have already achieved great wisdom, and are always ready to pass it on. Even though people are in a position to achieve every conceivable goal of which they have dreamed, each must remember that there are specific laws of cause and effect that serve as governing agents. Unless the goal sought for is for the purpose of assisting in the furthering planetary evolution, the soul will fail to reach its highest earthly potential. The world cannot live as one with God until each person has overcome greed, selfishness and the thirst for personal power. Therefore,

humanity must eventually accept one universal God, for as long as there are followers of different religions, diversification will rule and dissension will live.

Natural and cosmic law is the same in all lands for all people at all times. As long as dissension exists, the consciousness of the planet will remain in conflict, and that which is fragmented cannot stand for long. Thus, the rise and fall of nations will continue unabated. Just as an individual who is scattered in many different directions will not achieve greatness, a nation that is scattered, or a planet whose inhabitants seek power over one another, will also fail to achieve greatness. It is important here to understand that Earth is not alone, but is only one of many emanating planetary bodies that comprise the Universal Consciousness of all galaxies. Humanity's primary objective must be to develop itself to the highest possible potential within the governing law of cause and effect. The future of the planet rests upon the shoulders of its people. Hopefully, each person will accept the challenge with the same fervor they have shown in war, and with the same gusto they have displayed in the exploration of outer space.

If the power of the mind and its corresponding vibrations can be understood on an individual basis, then a seed of greatness will sprout. With the consciousness focused single-mindedly on one's selected goals, along with the corresponding studies and contemplations, then the perfect ideal is achieved seemingly with ease. Instead of fighting against the world, one can draw upon the forces needed to manifest the ideal and thus become a king among kings. Even studies that the student has heretofore seemed alien and mysterious can be conquered with half the energy previously required. An individual who was once a "B" or a "C" student becomes capable of producing "A" as the indwelling consciousness increases its capacity. The powers of the universe are ever present, awaiting the return of the prodigal son.

The forces of the universe do not determine good and evil, rich and poor, but are there for all to utilize. Neither can these powers be used for evil purposes without negative consequences, as the law is always exacting, and misuse will only bring about destruction. The same amount of mental energy applied to creating the atomic bomb could have harnessed the same atoms to serve in heating all of the homes on Earth. The world, now having wasted its mental energies in the endless pursuit of destructive weapons has now brought itself to the brink of the very thing it fears most – world annihilation. Unless humanity returns to the path of good, it could be too late...this time.

To better understand the potential of the inner human, the consciousness may be viewed as a finely tuned transmitter and receiver. The accumulated knowledge and thought processes are constantly being transmitted. Similar to a radio station, any consciousness can tune into other stations; in this case in the form of people, places, and things. The great Cosmic Ocean of thought, which contains within it all levels (or stations) of thoughts, resembles a giant central warehouse which is available to all people at all times. This knowledge enables people to access, through contemplation and meditation, any information that may be needed. One of the major benefits of selecting the material of only one teacher, or guru, or master is a reduction of the amount of extraneous thought currents that typically agitate the human mind. It also enables a clearer channel to be developed between the student and the teacher. As the initiate becomes more like the master, it is natural that his consciousness will unite with like vibrations through common attraction. Thus, the initiate becomes capable of receiving internally many teachings formerly passed on only through spoken words.

This unity between universal consciousness and humanity enables the power of the mind to achieve oneness with any thought current it desires – from plants to Beethoven. To study the works, or contemplate the writings, of any master establishes a liaison between an individual and one's thought objectives. This simplifies any course of action or study that a person may undertake. The primary reason people often have such difficulties with their studies is because their thoughts are scattered in so many directions; each direction draws the person's power, but simultaneously weakens it because of the division. To fully comprehend the works of the great masters of culture, one must always seek the source of their inspiration. To accept but one teaching, however, closes the inroads to greater and more advanced knowledge. There is no end of truth and knowledge, as there is no end of love and life; all are eternal.

As each individual seeks union with God, life upon the planet will become the utopia that has been prophesied since the beginning of time. The works of the great masters are truly sacred, for they represent a tool by which one can consciously change their thought processes into a higher consciousness, thus ensuring a more rapid advancement of planetary metamorphosis. Each should seek the writings of the greatest, listen to the words of the greatest, observe the works of the greatest, and each shall one day become great, for it is humanity's rightful heritage.

In Lost Jesus Scroll, Jesus taught his disciples in these words:

*Blessed is the Child of Light who is wise in mind,  
For he shall create heaven.  
The mind of the wise is a well-ploughed field,  
Which gives forth abundance and plenty.  
For if thou show a handful of seed to a wise man,  
He will see in his mind's eye a field of golden wheat.  
And if thou shows a handful of seed to a fool,  
He will see only that which is before him and call them worthless pebbles.  
And as the field of the wise man gives forth grain in abundance,  
And the field of the fool is a harvest only of stones*

*So it is with our thoughts.  
As the sheath of golden wheat lies hidden within the tiny kernel,  
So is the kingdom of heaven hidden within our thoughts.  
If they be filled with the Power, Love, and Wisdom  
Of the Angels of the Heavenly Father,  
So shall they carry us to the Heavenly Sea.  
But if they be stained with corruption, hatred, and ignorance,  
They shall chain our feet to pillars of pain and suffering.*

*No man can serve two masters;  
Neither can evil thoughts abide in a mind  
Filled with the Light of the Law.  
He who has found peace with the mind  
Has learned to soar beyond the realm of the Angels.*

*Know this peace with thy mind,  
Desire this peace with thy heart,  
Fulfill this peace with thy body.*

The Lost Jesus Scroll by Elizabeth Mac Donald Burrows  
Archives of the Vatican  
Translated by Dr. Edmond Bordeaux Szekely

## ***CHAPTER 6***



### ***PATHWAY OF THE IMMORTAL***

Just as the clouds hide the radiant sun, so does the material world hide the gleaming essence of humanity's immortal nature. The "Path," whether approached through science, philosophy, religion, or intuition, inevitably passes through the Pillar of Hercules - the narrow gate by which many are called but few are chosen. The gateway that leads to the mysteries of the universe has been taught to initiates in all ages, and under many guises. From the Great White Brotherhood, the Masonic Order, the Kabala, and ancient Christianity, the threads of truth have managed to survive the ignorance of humanity; waiting to be revealed once the world had evolved sufficiently to understand them. Planetary progression has finally reached departure from the dark ages into a new period of cleansing and enlightenment.

Before entering onto the unknown roads which reveal the mysteries of the universe, it is necessary for each student/initiate to first pass through a number of tests during a probationary period that will determine if he or she is ready for the journey. Many old concepts must be cast aside, as the material life is balanced against the spiritual life. Whether the aspirant will be allowed entry into the portals beyond the human world in order to try to conquer the cycles of rebirth will be determined by whether the impersonal life is selected. Of the millions of people which comprise mass consciousness, only a small portion of these reach this gateway and a number of those ultimately decide that the way is too difficult.

Initiates are accepted by governing agents beyond the material world because of their steadfastness in the early disciplines of meditation and study. There is one sure entry into the portals of initiation, and that is love as given from the heart of the devotee to the Creator. This is illustrated through a sincere devotion, effort, and study, without consideration from oneself. Those who seek illumination for illumination's sake shall fail, as will those who seek only to possess the greater powers. It is the seeker who searches for God above all things who shall receive all, for God is Cosmic Consciousness and cosmic consciousness is illumination. As Jesus said, "Seek ye first the kingdom of God...and all these things shall be added unto you." (Matthew 6:33)

This can also be illustrated by the following story: A certain young man approached a great master and said, "Please, Master, I desire to study with you." However, the master, seemingly oblivious to the request, ignored the young man and continued on with his business. Later, the young man got up the nerve to approach the master again with the same request, and for the second time he was ignored. Finally, a third time the young man summoned the courage to approach to go and prostrate himself

at the feet of the master. “Please, Master, I wish so much to study with you – please fulfill my humble request.”

The master looked at the young man and said “Come with me.” Taking the young seeker down to the river, the master bade him to enter the water. The young man did as he was told. Then the master grabbed the young man and held his head under the water until he nearly drowned. Pulling him out of the water by the scruff of his neck, the master asked, “While you were under the water, what was the one thing you wanted most?” The young man, gasping and sputtering and trying to catch his breath, replied “I wanted a breath of air.” The master looked at him long and hard before finally releasing his hold. Then the master said “When you want God as much as you wanted a breath of fresh air, return to me, and I will teach you.”

Regretfully, that kind of desire for God above all things is very difficult for modern people to understand because of the many misleading religious concepts. Tearing away false ideas in order to understand truth is sometimes a painful process, for a human race has been immersed in thousands of years of theology. In a discourse on ancient philosophy,

Manly P. Hall quoted from the preface of a book entitled *Long Rivers*, originally published in 1772 by Eugenius Philalethes, a Rosicrucian initiate:

*“Remember that you are the Salt of the Earth, the Light of the World, and the Fire of the Universe. You are living stones, built upon a Spiritual House, who believe and rely upon the chief Lapis Angularis which the refractory and disobedient builders disallowed. You are called from Darkness to Light; you are a chosen generation, a royal Priesthood. This makes you, my dear Brethren, fit companions for the greatest Kings; and no wonder, since the King of Kings hath condescended to make you so himself, compared to whom the mightiest and most haughty Princes of the earth are but worms, and that not so much as we are all Sons of the same Eternal Father, by whom all things were made; but inasmuch as we do the will of his and our Father which is in Heaven. You see now is your high Dignity; you see what you are; act accordingly, and show yourselves men and walk worthy of the high profession to which you are called. Remember, then, what the great end we all aim at is; is it not to be happy here and hereafter? For they depend on each other. The seeds of the eternal peace and tranquility and Everlasting Repose must be sown in this life; and he that would glorify and enjoy the Sovereign Good then must learn to do it now, and from contemplating the Creature gradually ascends to adore the Creator.”*

Humanity, having spent generations under the rule of the creature (the world and bodies of matter), and having immersed itself in creature comforts, generally finds even the most basic disciplines of the pre-initiation period difficult. As soon as a student begins to feel they are being denied freedom of speech and is being curtailed from the world of multiple pleasures, they rebel; usually leaving their current teacher to seek another teacher who promises instant miracles. The student does not realize that to silence their voice is to learn to think, or that the avenue of pleasures is what has kept them bound to mortality throughout numerous lifetimes. Because of a lack of will, and weakness at the human level of consciousness, the path of the immortal can best be trod

with a teacher either from this world or from the unseen worlds. Therefore, the student should be willing to accept the guiding hand of a spiritual teacher sometime, someplace if they wish to pass through the sacred door of the mysteries.

The disciplines for initiation are few; primarily meditation, study, and solid effort made to live the standards learned through that study. Both meditation and study must be done regularly, and as a devotional surrender to God. Meditation designed only to further the comfort and relaxation of the mind and body is not sufficient for igniting the flame of the God particle within each soul. Even study of religions, philosophies, and sciences, nor the spiritual powers of not much value unless they are directed toward learning the infinite ways of the Creator. In reality, the search for the true nature of oneself is none other than the search for God.

Spiritual initiation usually begins when the student is ready to lay aside his or her personal life in search of truth and God. When anyone's mind is focused on the infinite and when the sacred path becomes the most important thing in one's life, the God principal reciprocates by leading the initiate-elect to the Gateway of initiation. At this time, a conflict begins in the bosom of the student; it is the divine will vs. the human will, and certain tests are made which ascertain whether the seeker is worthy to become an initiate. This probation also includes tests of loyalty, devotion, conscientiousness, effort, and to what degree the personal life is cast aside to make room for the greater teachings. Because it is difficult for humanity to cease riding the merry-go-round of the material world, many people fail during this period.

More men than women actually pass from probation into initiation, while at the same time more women enter the corridors of probation. The primary reason for this strange phenomenon is because men love differently than women, and their lives tend to be centered in the working world for the sake of the family. This in turn produces a certain degree of detachment that allows for a smoother transition into an impersonal life. Women on the other hand are typically more intuitive, and having focused their devotion on the family and the home, often have fewer problems creating a personal relationship with God. However, once that relationship is established and the spiritual testing begins, a woman often finds it difficult, or even impossible, to adapt her emotions to the impersonal life. Nonetheless, there have been a number of female initiates who have successfully made the transition, such as Dr. Annie Besant, and Peace Pilgrim. Since the soul is neither truly male nor female, the Pathway of the Immortal, or mastership initiation, is open to everyone.

Preparation for the impersonal life does not mean that the student must give up their family or all their possessions; rather they must remove anything that separates them from the divine. For instance, children still remain an important part of the family, but they are treated as an evolving aspect of God and are reared accordingly. Nor does a spiritual couple require separation or divorce. Instead, the husband and wife learn to live and work harmoniously, building a unit based on the love that they share with their Creator and with each other. The spiritually-minded mother and father understand that when their child is conceived, he or she has a certain role to play in the evolution of the planet and the parents' responsibility is to aid in the independent development of that particular soul. Sometimes only one of the parents may seek to walk the spiritual path. If this is the case, differences usually grow in the home, and separation often follows; otherwise the spiritual seeker falls back into the material patterns of life and the gates of

transformation are closed. There are no set rules to determine the requirements of each individual, as the karmic entanglements differ from one individual to another.

Initiation is usually preceded by the appearance of a master, either in human form or from the inner planes. The type of master that appears makes little difference, as both are servants and instruments of the Creator and both evaluate the student's growth. Evaluation is based on both the unlearned lessons and experiences which determine whether the candidate is worthy to continue. Liberation comes only at the end of many long years of initiation, when the higher powers become the right of the initiate, and when there is an assurance that all powers obtained will only be used for the good of humanity. The initiate is tested again and again on their weaker points so that they may be strengthened. At the same time, the initiate also develops whatever tools are necessary to perform their particular mission on Earth. It is an exciting period for one who has been called to the path, and it is not uncommon for the initiate to feel that they are the messiah, or savior of the world. In fact, mastership initiation has sometimes been referred to as the "Messianic Initiation." The probationary period is also known in the ancient mysteries as the birth of the God principal.

Perhaps the greatest confusion rests in the fact that a student often believes he is one of the elect. However, this is somewhat understandable, as the candidate has been selected from among the millions of people living on Earth to experience things that their fellow humans will not at this time. This may be viewed as a wooing period between God and His creation, and the candidate is courted for initiation in much the same way as a sorority or fraternity seeks pledges. God and His emissaries, teachers, and masters from the unseen realms now illustrate to the candidate the potential of their mastery. The initiate suddenly gains the power to heal or prophesy, experience great activity during meditation such as out-of-body journeys, and hear voices. But above all, the initiate feels that God belongs especially to them. This, for a brief time, may cause the initiate's ego to rise to great heights, and to look upon their fellow humans as inferior. This can be a very dangerous time, for the initiate not realizing that is the higher power which is the Savior, may consider that they, themselves, as the Savior of the world.

St. John of the Cross writes this in his book "Dark Night of the Soul", which is considered as a classic on this divine transformation:

*And when at times their spiritual directors, their confessors, or their superiors disapprove their spirit and method of procedure, they feel that these directors do not understand, or perhaps that this failure to approve derives from a lack of holiness, since they want these directors to regard their conduct with esteem and praise. So they quickly search for some other spiritual advisor more to their liking, someone who will congratulate them and be impressed by their deeds; and they flee, as they would death, those who attempt to place them on the safe road by forbidding these things - and sometimes they even become hostile toward such spiritual directors. Frequently, in their presumption, they make many resolutions but accomplish very little.*

It is impossible to state here exactly how long the probationary period will last, or to guarantee anyone's successful passage through it. Regretfully, those who fail to be accepted as candidates never know they have failed, and they may continue to believe

their individual path to be the only way. Perhaps these people can do a bit of healing, work in the psychic realms, or they may be affiliated with some little group or church. However, only a master initiate will be trained in the greater powers after they are allowed entry into the Pathway of the Immortal.

Just as a person finds themselves with those of a harmonious nature at the time of death, so do they generally associate only with those who are harmonious while they live on Earth. It is natural that each can perceive those below their own individual evolutionary level during earthly life and also a similar awareness exists between lives. At the same time it is also difficult for most to perceive those who may be more highly evolved, as each person sees others at his or her own level of understanding. Yet, advanced beings live in every walk of life. Because the eyes of the blind are closed, they are also more satisfied with their station in life. If this were not so, then some might become even more saturated with failure and unhappiness than what one usually incurs when bound by mortality. Success awaits anyone who surrenders all that they to build the true greatness within,

If the initiate succeeds in first trials, then the gateway opens to them, and they become what are referred to as one of the elect, the chosen, the anointed, or a master initiate. There are numerous lesser initiations, and every human being has passed through at least some of the seven major phases at one time or another. For instance, mass consciousness of the 20<sup>th</sup> century is generally moving from the third level into the fourth level of initiation. However, many people are working on their fifth, sixth, or even seventh level of initiation. Mastership initiation, otherwise known the famous battle St. John's Revelation, heralds the last days in the human cycles of evolution. This is will occur during the seventh phase of the soul's progression and signifies the final battle between mortality and immortality. Once the gateway has opened into this initiation, and the candidate has stepped across the threshold, there is no going back. The gate separating the human world and the path of immortality swings shut behind the new initiate, while at the other end of the long tunnel, the doorway of liberation remains locked as well. The initiate is then caught in a "no-man's land" where they will dwell for a number of years.

The years that lie ahead of any candidate who has been accepted for mastership initiation are filled with both wonder and confusion. It is a period of cleansing, purification, and reviewing the past.

In her small book "Light on The Path," author Mabel Collins describes it thusly:

*"You cannot stand in the presence of masters until your feet have been washed in the blood of your heart, nor can you speak in the presence of masters until the tongue has lost the power to wound."*

Once the initiate's feet are planted firmly on the path toward spiritual mastery, one does not generally seek to turn back and to separate oneself from the journey would be like separating from life itself. The late great American mystic Manly P. Hall referred to the path as "The Way of the Lonely Ones," where those who seek the impersonal life prepare to hold the torchlight of truth high for the generations to come. At this stage, few can journey with the initiate because they are directed and taught by forces that no human

can see. Eventually, the initiate must rise beyond basic metaphysics, beyond practical mysticism, and beyond the religious dogmas of various traditions, while remaining tolerant of all of them. It is within this tunnel of darkness that each initiate reaps what they have sown, and fights the dragons of other lives. This is the truth behind what is known as the war between darkness and light, or when the human exchanges the mortal for the immortal.

After the initiate enters the “Pathway of the Immortal,” they come under the direction of cosmic forces that conduct them through the next phase of development. The human master, or teacher, cannot fully indoctrinate the student in the seventh and final phase of master initiation, as the inner war is fought on an individual basis and deals with divine versus personal will, as well the development of the impersonal life. Once the gateway of the mortal world swings shut and the God particle had been raised from the dead it is reabsorbed back into the Cosmic Consciousness. Then as cosmic consciousness God descends to live with the flesh and the initiate enters into the state called the “Chrysalis,” also known as possession of the soul. In this state it feels like a crown of thorns has descended upon the head. In the Christian mysteries this is referred to as the Christing, or the higher will, by which the student will be governed. For the first time, not one little thought passing through the mind of the initiate goes unnoticed or unattended. Every single act brings its lessons.

In the days of old, many went to Egypt to learn the hidden secrets behind the divine metamorphosis. Beneath the great pyramid the initiate-elect would have entered through a long, hidden underground entrance, quite possibly hidden beneath the mighty sphinx, a symbol of mankind rising from its beastly nature. From there, the student, called an initiate, meaning someone seeking initiation into the mysteries of God and creation, traveled up a long corridor leading to the queen tomb.

Upon arrival in the queen’s tomb, the initiate received the mysteries of divine birth. From this chamber, they descended down a narrow passageway into a dark subterranean chamber, signifying a mother (soul) giving birth to the indwelling, divine light. The time in the subterranean chamber was relegated to comprehending the soul’s passage through the dark night of the soul and subsequent rise from the shadows of death. As the initiates made their way upward along a steep corridor they reached the connecting point that led to the Grand Gallery. Had they failed their trial in the subterranean chamber, they were told they must exit. Otherwise, they were allowed to enter into the Grand Gallery with its seven overlapping stones, signifying the seven epochs of Earth’s progression. These elect then made their way toward the King’s chamber, marking victory over the first six periods of creation (known as man, or the bondage of the body, soul and the God principal to corporeal senses). Eventually each initiate, who had succeeded in the earlier trials, entered the King’s chamber and received a crown symbolizing immortality. It is then said that they raised the capstone of the pyramid to stand resplendent beneath the heavens as the sun at high noon.

The illumined greats, who left their remarkable work for mankind, knew that this transformation would one day embrace the whole of Earth and touch every human. When this ancient prophecy comes to pass, the pyramid will no longer represent an unborn world. Instead, its ruins will become a silent reminder of the struggles and trials of a noble race that once walked in the sands of mortality.

The story was all there, engraved in the measurements of the great pyramid and its chambers. The ancients had revealed it in hidden allegory, as John did in his Revelation. Always it is the same story, promising all people that they will one day finish their lessons upon the Earth in a triumphant blaze of glory. That promise is more certain than the world's rotation around the sun, and more inevitable than the movement of the stars in the night sky; for the Earth, the sun, and the stars may pass away, but the soul of mankind – never! It alone is more powerful than the wind and mightier than the tallest mountain.

The rite of all mystery schools were primarily designed to clarify the various aspects of humanity's journey to mastery, and to reveal the mysteries of spiritual rebirth. However, passage through these symbolic programs in no way guaranteed that the aspirant would achieve mastery; so far all they had accomplished was to prove that they were worthy to enter a specific school. From there, by means of study, meditation, and sincerity, the aspirant might be fortunate enough to earn the right to take the journey of the greats, through the path of initiation. One thing that the exoteric or outer initiation did accomplish for the candidate was to give them a better understanding of what they would experience when the gates of the mortal world closed behind them.

The first five years of initiation are usually the most difficult, primarily due to the constantly fluctuating emotional highs and lows. During this early period, the initiate experiences many things, and like a pendulum, their moods swing back and forth. Just as the higher cosmic revelations skyrocket the master-elect into experiencing pinnacles of glory, so too does the initiate become submerged in the lowest of lows. It is during this confusing period that each candidate begins to reap the effect of their past causes, as their previous lives are viewed through a kaleidoscope of inner visions. If they are subject to the higher forces which will guide them on their journey, they will be allowed to be beset by the plagues of the lower forces until the lessons are finally learned. In the end, these same lower forces become the servants of the initiate and aid the new master throughout their journey on Earth. However, before that time can come, the disciple must win supremacy over his or her own lesser nature and raise their consciousness sufficiently to pass beyond the portals of those realms known as the astral world. It is well to remember here that the right of immortality belongs to everyone, and no one walks the spiritual path alone. Higher forces that live in an unseen world and represent the angelic kingdoms of God are at there to direct each person through this process.

. During the first stage of initiation, known in the Christian Mysteries as the Feast of the Passover (Passover; signifying the transitional state of knowledge which will pour into the finite mind during the early transition of human to divine), the initiate receives many mystical experiences designed to not only enlighten them but also to prepare for whatever special role they are to serve on the planet. Because the candidate has passed certain tests during probation, they now stand among the elect, or the chosen – but the journey's end remains far, far away.

In the Bhagavad Gita, Krishna speaks to the warrior Arjuna as follows:

*“And many unspeakable words will your enemies speak cavilling about your powers. What can be more painful than this? Slain you will obtain heaven; victorious you will enjoy the earth; therefore, stand up, O son of Kunti, determined to fight” (II: 36-37).*

Similarly, in the Bible, Jesus said to Simon:

*“Simon, Simon, behold, Satan hath desired to have you, that he may sift you as wheat. But I have prayed for thee that your faith fail naught; and when thou art converted, strengthen thy brethren.”* (Luke 22:31-32).

During the long years of working toward mastery, it is essential that the initiate strive to create and maintain a busy schedule, as idleness becomes a major cause of depression. Once entry into the chrysalis (the possession of the physical form by the higher God-principal) has occurred, all the emotions are intensified and every thought that passes through the mind is carefully scrutinized. It is impossible to do otherwise, as the chrysalis is similar to wearing a shield which acts as a barrier between the soul and the outer forces.

When any adverse thought or emotion hits the divine shield it is immediately bounced back, so that one experiences the effects their thoughts and actions have on others. Just as the lower vibrations envelopes the physical body with primitive thoughts and functions, the many layers of previous human lives, referred to as the subconscious mind, also surrounds the soul with habits and practices from thousands of years. Therefore, without a goal, or mission to guide one through the dark waters, one is like a ship without a helmsman which, tossed by the forces of the winds and tides, and lies battered upon the rocks. Although there are always unseen cosmic forces lending a helpful hand, the initiate must still strive diligently for victory.

Since emotions and thoughts are greatly intensified during this period, the initiate must work harder than ever to overcome tendencies toward fear, unhappiness, sleepiness, laziness, procrastination, and depression which are but a few of the major patterns to be transmuted or changed. Because these inherent forces constantly batter the initiate, particularly during the early years of initiation, these forces can best be transmuted by cultivating the following practices:

- Reading material: Any books or magazines whose attributes only add kindling to the lower nature of the person should be put aside. These include anything of a carnal nature, violence, crime, and false supernatural fiction such as *The Exorcist* or *the Prophecy*. In their place should be substituted books reflecting great culture, books that contain the teachings of the greatest wisdom. Humor may also be included, for laughter is indeed life’s greatest medicine.
- Radio and Television: Loud sounds, carnality and violence are not conducive for stabilizing positive thoughts or emotions. Striving to escape into a non-thinking state is to waste the greatest gift that has been bestowed upon humanity, for the mind was given by our Creator so that human beings might one day build an immortal from a human shell. Therefore, other avenues of recreation should be selected which are conducive to soul growth.
- Waking and sleeping: This should occur at the same time each day, for nature developed a perfect rhythm millions of years before humans existed, and it is

a wise person indeed who sets their clock in harmony with nature. Although it is often more difficult to go to bed at the same hour each night than it is to remain awake, punctuality to oneself is a good discipline. No one should sleep past seven a.m. in the morning, nor go to bed after midnight. All meals should also be eaten at regular hours.

- **Work:** Work is the most important practice of all, for the idle mind suffers most in the pounding waves of the cosmic ocean. Victory over the mind is victory is a step toward overcoming over the lower nature. Thus, the first five years is a continued sifting of the sands of the past, separating the gross from the pure, and preparing for that which is to come. It is a busy period that allows little idle time, and it is a passageway that cannot be well traveled alone. Many times the human nature seeks to return to its old patterns of life, and it would do so if it were not directed by both a will higher than itself and also unseen forces beyond the human world.

It is during this five-year period that the initiate will experience numerous powers, albeit in their lesser degrees. Among these powers may be healing, prophesy, and the ability to see and hear in other worlds. However, an aptitude for such things does not necessarily indicate great spiritual growth, for there are many who remain at the astral levels, and fail to continue toward higher spiritual evolution. One can find many examples of this tendency among the 21<sup>st</sup> century psychics and spiritualists. Failure to continue at any given point during these initial years could spell defeat, so one must remember this important key: the greater growth comes only to those whose hearts seek oneness with the Creator. While the powers are an aspect of God, they must not become the goal unto themselves. It is for this reason that the master trains the students to keep their minds on God, their studies on His ways, and their actions in service of Him. There are greater powers hidden in the mists of the Eternal One than humans can possibly imagine – but these higher powers will not be discovered if the aspirant becomes entrapped in the lesser mysteries.

During mastership training, the sense-fascinations which are attracted to physical world must be refined to enable the soul to rise above the mere satisfaction with day-to-day existence and striving for material wealth. The initiate must remove all the chains that bind them to any way of life which is not conducive to developing their spiritual nature. When that task has been completed, then the doors to what is commonly known as the astral world suddenly open and there is a new set of sensing equipment to deal with. Later, after they have made adequate progress in the basic healing powers such as intuition, clairaudience, clairvoyance, knowledge and wisdom, the initiate gains mastery of the astral world and moves into the higher mental spheres. Many long and often difficult years are spent learning to control the mind, but when it is at last sufficiently developed, the initiate is ready for a new level of spiritual mastery where the greater powers will be developed. It is at this point that initiate graduate from the cycles of involuntary rebirth.

The potential birth of a higher consciousness has always lived within humanity, just as the human potential once dwelled within the animal. Humanity must tend to the little seed of the God particle until it is resurrected from the dark inner caverns below the

realm of light. In order to reach the light and live beyond the confines of matter, the soul must outgrow thousands of years of misconceptions, which were not only experienced in their current life but also experienced through past lives. Just as the roots of the plant live in the soil and take from the Earth whatever is necessary to sustain life, the greater consciousness of humanity similarly remains rooted in the human world, yet free of it. It must also take its needs from the world of matter, even though it is not bound by it.

It is essential that the spiritual student understand that care in tending to the soul's development is of vital importance. Just as the many forces of nature sustain the growth of a plant, so will the higher forces help to propel the human consciousness toward the completion or fulfillment his or her higher potential. Although the path may seem difficult at first, there is but one upward climb for all life, and that is from darkness to light, into fulfillment of a greater self.

During the many years of initiation, the young initiate has been well prepared for whatever role he or she will play in the world. In the next period that lies ahead, before the actual doors of mastery open, the foundation for a great work will be laid. As the trials continue, it may seem to some that there is no mercy from those who dwell beyond the realm of matter, and who stimulate the conditions for these trials. The seeming separation from the Creator continues, but the shifting sands of the past will eventually ease, and the initiate experiences a greater stability. The initiate no longer wildly fluctuates from highs to lows as he or she once did, and their life is full of active work dedicated to assisting in the planetary evolution. During this time, the initiate is allowed to share a greater role, and in a sense they become a co-creator with God. The number of years one will serve as an apprentice before one reaches liberation, immortality, or mastery, may vary from person to person.

Throughout the long duration of probation, initiation, and adept, the master-elect must keep only one thing in their mind – God. The initiate's salvation and victory rest on their ability to become centered in Him. If the path is sought for the sake of the powers, illumination, mastery, or fame, the candidate will probably never even reach the doors of higher initiation. Since all life is God, and the planet is a living organism, the student must recognize that they are part of the organism and thus must work as an integral part of a greater plan. To some people this concept conflicts with the right of free will, but one would do well to remember that free will has also produced hatred, war, and intolerance. These shortcomings have in turn have produced unhappiness and death for billions of people, for millions of years, which illustrates the fact that human will is prone to error. This does not mean that humans have no right to achieve their fulfillment through the professions of science, philosophy, religion, art, or music. But no one should forget that a preconceived, perfected state was originated in the beginning of creation, thus choosing one's vocation is not always by accident

Perhaps the metamorphosis from mortal to immortal can best be summed up in the charming story of a potter who sees the perfection of a pot while it is still a lump of clay. As the story goes, a potter carefully placed a lump of clay upon the wheel and slowly began to mold it into a pot. The clay cried out "Stop! Stop, you are hurting me! Please, I cannot stand it!" The potter just continued his molding until at last the pot was formed. As the potter gently set the pot aside, the pot thought to itself "That wasn't so bad after all." But there was more to come, for just as the pot breathed a sigh of relief, the potter again reached for the newly molded clay and set it in the fiery kiln. The pot

screamed again, even louder than before: “Please, take me out! Take me out, or I shall surely die!” The potter just watched through the glass of the kiln, nodded his head, and turned the fire up even higher.

The pot had almost given up any hope of surviving the heat of the furnace when suddenly it felt a rush of cool air. As the potter set it upon a shelf, it gratefully thought “I never thought I would survive, but I did. Perhaps it really wasn’t so bad after all.” But alas, while the worst was over, the potter was still not finished, as the pot would probably never sell in its present condition. Soon he reached for the pot once more, and began to sand, paint and polish it. As the paint fumes filled its pores, the little pot cried out “Please, stop! This time I shall surely die!”

When at last the paint brush was laid aside, the potter – who had formerly appeared to the pot to be a beast, suddenly took on the appearance of a kindly old man. As the pot saw its reflection in a mirror, it was in ecstasy: “Is that really me? Oh, thank you Mr. Potter, for what you have made of me!” In that moment, the clay, having dreamed the dream of dreams, promptly forgot the process of how it had become the beautiful pot.

After the painful years of molding are over and the spiritual initiate finally graduates, they too will forget their trials and remember only the beautiful result.

To the one who follows an outer master, illumination may come toward the end of the service to the master. But to one who follows an inner dream, it may come first. Either way, however, the illumination or series of illuminations heralds the beginning of the cosmic initiation or cosmic birth, signifying the changeover from the mortal to the immortal. Henceforth the student seeks only the way of the infinite and no longer desires the life he or she once knew. The student may follow an inner teacher or an outer master, until the student one day realizes that they can become the same as the great ones who have preceded them. During this same time, the umbilical cord connecting the past and the future is severed. This is done because the new initiate cannot serve both God and the material world, lest he or she remains a house divided, and a house that is divided cannot stand.

In the process of passing through the change of consciousness, each person at last reaches a point of self-realization when the God particle within is recognized as the true self. Now it is time to accept one’s shared responsibility to the progression of all humanity, as well as realizing the importance of individual soul growth. The master-elect now recognizes that they are eternal, immortal, and indestructible, and as it is perceived within oneself, so it will be found in all of humanity.

## ***CHAPTER 7***



### ***STAIRWAY TO THE STARS***

Spiritual teachers around the world have told their students to meditate, and there is no shortage of methods for meditation. There is white light meditation, mantra meditation, master meditation, love meditation, and other meditations without names. Some misguided individuals have even suggested that the person meditating place a crystal or even a pyramid on top of their head or face the rising sun. Something is obviously wrong, because thousands of people are meditating without ever accomplishing the true purpose of meditation – to achieve union with God. The primary reason for this is because the average spiritual seeker has been so poorly instructed in the ancient art that they often do not even know why they are meditating in the first place. Finally, when they have become thoroughly bored by the repetition or disappointed by their lack of progress, the practice is set aside and forgotten.

That which one has come to know as meditation actually existed long before life began on any planet, and all that exists today has been born from its looms. The Creator has never possessed a blank consciousness; if He did, then life could not exist, and the universe would fall into timeless space and be lost forever. Since the ancient art of contemplation is actually the causation of the universe. Understanding the creative aspect in its lesser degree has spawned numerous schools of “new thought” which teach that one need only project the mind toward a perfected concept, and it will somehow materialize on this plane. Although it is true that humans possess unlimited potential power, it is also true that this power must be directed and harmonized with the cosmic law if it is to reach its highest expression. Otherwise, it is quite possible to stir up a whole cycle of causes and effects that are not always pleasant. This is the primary reason why great men and women who have taught the immortal path urge seekers to first achieve a state of higher consciousness before settling into the mental projections controlled by a finite mind

The art of meditation has been handed down through 6000 years of spiritual progress. The ancient masters, having merged with the consciousness of God, witness creation from its beginning to the formation of the universe. Having pierced the nature of the Creator, they perceived there was but one, and only one, Divine Plan, and that the Plan held the progressive evolution of the universe. The consciousness of God contained only one plan and that plan materialized through single-centeredness, and the Masters sought to imitate the ideal to the best of their ability. Through their ability to meditate they continued to discover, innumerable causes and effects, and this resulted in the great wisdom which has been handed down through centuries of philosophy, religion, art and music, and science.

Meditation is a name given to the practice of pondering, or considering, a subject or thing. During the days of the great schools of philosophy in Greece and Rome, the practice bore the name of “contemplation,” meaning to observe or study. Meditation is a practice designed to aid the human mind in raising the God principal within and allow the soul to join with the greater cosmic mind. This mystery has been the basis for secret organizations since the time of the pyramids in Egypt. Mystery schools were formed which enabled the masters of ancient wisdom to teach those seekers who were dedicated to searching for the deeper meaning of life. Because of the inability of most humans to fully comprehend the wonders of creation, and the ridicule and show cruelty toward those who wore the unseen robes of light, each potential candidate was carefully tested before being admitted to any of these organizations.

Since the Creator reveals Himself to anyone who takes the time to study Him, it is not necessary for one to search for a mystery school. If one were to do so in these modern times, they would most likely encounter nothing but a small remnant of the ancient wisdom, taught by some rank pseudo-adept. Nevertheless, just as the ancient wisdom traditions discovered the mysteries through meditation, and sought deeper understanding through contemplation, the pathways of both meditation and contemplation remain open to serious seekers in today’s modern world.

Masonry defines this process as a philosophical death. Albert Pike wrote in his book, “Morals and Dogma”,

*“Thus the scientific theories of the ancients, expounded in the Mysteries, as to the origin of the soul, its descent, its sojourn here below and its return, were not a mere barren contemplation of the nature of the world, and of the intelligent beings existing there. They were not an idle speculation as to the order of the world, and about the soul, but a study of the means for arriving at the great object proposed - the perfecting of the soul. To them, this Earth was not the soul’s home, but its place of exile. Heaven was its home and there was its birthplace.”*

How many individuals reached the high planes of spiritual mastery through Masonry will never be known, for it is a secret order. As a brotherhood, the Masons help each other to not only understand this process of change, but also to circumnavigate it. Christianity, in its early years, was also a secret organization. The Pope, Cardinals, and Bishops were sworn to secrecy, for such sublime mysteries were not given into the hands of the masses. In the East these mysteries were and still are secret in many ways, for they are generally passed down from teacher to disciple.

Why has this metamorphosis been kept so secret? There is no single answer, but several. The primary reason is concern that instead of enticing people to walk this sublime path of transformation, knowledge of the dark night might frighten them away. On the other hand, those who have managed to traverse its deep waters successfully know that all people will enter one day and that when they do, the mysteries will be revealed. Therefore, much more time has been spent in teaching people how to walk the path than preparing them for it.

One example of this oversight is the science of meditation. It is a fact, that people from all walks of life rush to learn meditation because they seek a world of

transcendentalism. Although there is nothing wrong with this, it does open portals into realms one cannot perceive through the human senses. Meditation is not designed simply to give its participants a psychic or mystical experience, but it also purifies. However, many who teach meditation do not inform their students about the effects of this practice. In time mental indigestion, depression, and many other psychological subtleties begin to surface, particularly if meditation is focused on reaching a higher state of consciousness, such as finding God or meeting with the higher Angelic beings. Who or what then picks up the pieces of this mental turmoil: institutions, medication, or suicide?

Several psychiatrists and psychologists have traversed this inner road of the soul, such as Jung and Fromm, but these are few. However, sometime in tomorrow's world, this transformation from human to angel will touch every human being. Each year, as more and more organizations are established to teach the deeper mysteries, more and more people will enter.

One time a student asked Guru Ramana about the importance of possessing a blank mind during meditation practice. Guru Ramana replied, "If you have a blank mind, how will you know you have met God walking upon your path? Is it perhaps not better to know that you met Him, and to remember the experience?"

Guru Ramana's words were well spoken, for it is inconceivable that anyone could learn the secrets of the universe while he is absent from the classroom. The two most important factors involved in meditation are: 1) to know what is passing through the mind, and 2) to develop the ability to interpret it. Many fail in the latter aspect because they are seeking for a certain kind of experience even as the experience is happening. Some people consider only supernatural events, such as hearing voices, or seeing lights or colors, to be worthy of their attention. If these are the criteria for deciding whether a meditation practice is good or valuable, then many people will have a long and disappointing wait. At the same time, however, random thoughts must not be allowed to just flow freely through the mind. Meditation is a kind of controlled thinking; thought which is directed toward a particular point, such as God. This enables the mind and the point to form a corresponding link, or oneness, as outlined previously in Chapter V, "Mind and the Cosmic Sea."

Before people seek the riches of the world, material possessions, and happiness with their spouses or prosperity for their children, they would do well to first secure prosperity for their souls. It is for this reason that this book teaches the technique of "Spaygric Art" meditation. In his book *Philosopher's Stone of Wisdom*, Sadhu Grewall writes "Spaygric Art is a dead science; only a few tracts...and a multitude of worthless writings by pseudo-adepts are left. It is one sound method by which one can be guided by the true Master and succeed in any Mystical studies".

This lost science is also known as the art of evocation (meaning "to call up") and it can be traced as far back as Zarathustra's *Zend Avesta* over 6,000 years ago. Fleeting passages can also be found here and there in the spiritual teachings of all ages, as the human race worshipped gods from Egypt to India. Even Christianity has unknowingly followed this ancient practice through the worship of saints, and the various symbols of the master Jesus.

Humanity often finds it difficult to focus the mind upon God the Creator, because of the sheer vastness of an omnipotent, omniscient, and omnipresent consciousness.

When this is the case, it is best for the seeker to choose an ideal, a guru, or a master, upon whom to focus the mind.

In the Bhagavad Gita, Path of Devotion, Arjuna asks Lord Krishna, “*Those devotees who, ever-steadfast, thus worship you, and also those who worship the Imperishable, the unmanifested – which of them are better versed in Yoga?*” (XII:1).

Krishna answers; “*Greater is their trouble whose minds are set on the ‘Unmanifest’; for the goal of the ‘Unmanifest,’ is very hard for the embodied to reach.*” (XII: 5). “*For them whose minds are set on Me, verily I become, ere-long, O Partha, the Saviour, (to save them) out of the ocean of finite experiences; the Samsara.*” (XII: 7).

Through the dedicated practice of meditation, the consciousness of the student and the consciousness of the guru become united, and the student becomes as the master; speaking the same words and striving to perform the same deeds. Therefore, Christian, Hindu, and Buddhist followers strive daily to emulate the perfection of their respective savior. In doing so, Christians heal, speak in tongues and prophesy, while Buddhists attempt to follow Gautama’s Sevenfold Noble Path of Peace. It should be obvious that students must exercise great care when selecting a spiritual master, for the student can either be limited or elevated according to the consciousness of the teacher. For this reason, it is recommended that the student make their selection from among the greatest masters who have lived on Earth, such as Jesus, Buddha, Krishna, Mohammed, or others who have found the Pathway of the Immortal.

If a student wishes to go directly to God, as has long been the practice of all the greatest teachers of truth, then a symbolic form must be created. Since the Creator is omnipotent, omniscient, omnipresent, and can appear in all forms, it makes little difference what attributes may be given to Him by the devotee or worshipper. To some He is a friend, to others a Father, to some a Lover or a Mother, and to others a Master Teacher. It is extremely important, therefore, that a natural relationship develop between God and the individual, because each must approach the Infinite in their own way. In Spaygric Art meditation, the first step deals with the careful selection of an ideal. The second step deals with the absolute necessity for punctuality and regularity in the practice of meditation. Although the meditative practice of focusing directly on the Creator is always the most effective, it is often impossible for a student to be comfortable doing so. The primary explanation for this problem is the seventeen hundred plus years of structured orthodox religious beliefs. Before giving up, however, one should give careful consideration to the fact that God is the Cosmic Consciousness which has taught all of the great spiritual masters.

From Eusebius, Preparot Evangel 1-13, Clement of Alexandria, Admonit Ad Gent., translated by Manly P. Hall in Freemasonry of the Ancient Egyptians, comes the following excerpt from the ceremony of the first grade of initiation:

*“To you who come hither to acquire the right of listening I address myself: The doors of this Temple are firmly closed to the profane, they cannot enter hither, but you, Menes, Musee, Child of Celestial works and research, listen to my voice, for I am about to disclose unto you great truths. Guard yourself from those prejudices and passions*

*which might draw you from the true road to happiness, fix your thoughts upon the divine being and keep Him ever before your eyes, in order to better govern your heart and senses. If you earnestly desire to tread the true path of felicity, remember that you are always in the presence of that All-powerful being who governs them; no mortal can behold Him, and nothing can be hid from His sight.”*

The first real discipline for the student who seeks to fan the flame of eternal wisdom is conscientious practice of daily meditation, for the divine immortal essence that dwells within can never be deceived. Therefore, the student who reads and meditates one day, then because it is inconvenient lays it aside the next day, will never conquer the world of matter and reach Cosmic Consciousness. It is difficult for a teacher to watch so many students fail in the quest of the inner cosmos, when the way is simple and requires no more than any human can give. Albert Einstein once said “When you arrive at a simple solution, you are hearing God think.”

Even in this relatively advanced modern age, the finite human mind that has been steeped in the cultures of the exoteric teachings of the past refuses to broaden its horizons. The dragon of ignorance lives on the food of closed-mindedness and self-satisfaction. The average person fills their life with scattered activities, most of which are useless and which crowd out time that could be allocated to the greater quest. Thus, mortal humanity sets aside the spiritual journey until a more convenient time in a distant dawn when the soul reenters into embodiment.

It is extremely important that the student set aside a 30-minute period each day for the practice of meditation, and that it be scheduled for the same time each day. While there are numerous reasons for this, the most important factor involved is that no one should keep the Master of Masters waiting because some temporary worldly activity interferes. Another important aspect presents the greatest difficulty, for most people have in controlling the mind, which often resembles an unruly child. Regularity in all practices aids in the cultivation of both mental stability and control. Once a satisfactory time has been allocated, the student should select a quiet place free from outside interference or interruptions. To assist the mind in remaining centered on the Immortal, a picture of a spiritual master or some expression of nature should be hung on the wall, and a few books by whatever spiritual teacher one has selected for study placed nearby.

There are many rules and theories on how one should sit or what direction one must face when meditating, but these variations are really not important. While some meditation teachers might argue this point, insignificant factors such as body position, physical directions, and earthly powers do not govern the spiritual nature of human beings. Although there are many techniques that can assist a student to focus his or her consciousness, the only true way to enlightenment is through the heart and the mind, for where these dwell, the soul of humanity dwells also. In Hinduism, one sits cross-legged in the lotus position with the spine straight, hands on the knees, thumb and forefinger locked, and the meditation is strictly inward. In the western world, however, one is often taught to sit on a straight-backed chair, feet flat on the floor and spread apart, hands open with palms up to receive Divine energies. The meditation is outward. Strangely enough, some followers of each style will reach enlightenment, but most do not, further proof that the theories do not apply at all times to all students. There has to be an explanation for the

failure of most students, and the reason is that the level of devotion within the heart of the student is not yet sufficient for success.

There is a Hindu story that perfectly illustrates the primary reason why meditation is unsuccessful for some students. A young disciple named Maya Sangh approached his master and said “Master, I have tried many times, but I still cannot meditate on God.”

The master looked at Maya Sangh, and replied “The come with me and I will help you.” The master took the student to a small cubicle designed to house individuals through long periods of meditation. Maya Sangh was assigned a cubicle. Each day at mealtime, some rice was delivered to those students within the tiny cubicles, and the remainder of the time was spent in total solitude.

As the young man settled himself into a meditative position, the master asked, “Surely, Maya Sangh, there is something you love in this world?”

Maya Sangh replied, “Oh yes, Master, there is – my bull.”

The master continued, “Then meditate on your bull. How many hairs on his back, the depth of his eyes, how many times does he swish his tail, and how many grains of food he eats each day. I will return for you in several days.”

Six days passed before the master returned to the cubicle in which the young student sat. The master bent over, peered through at the tiny shadow within, and asked “Maya Sangh, how are you?”

The young man replied, “Oh Master, I am all right – but I cannot come out now, for I am unable to get my horns through the doorway.”

The master smiled and replied, “Then come, little Maya Sangh, for now you are ready to meditate on God.”

The success of any meditation is determined by the heart and dedication of the student, not the metaphysical props that purport to expedite the transcendental journey. In fact, a young child often has no difficulty whatsoever. While the body should be made sufficiently comfortable to ensure that it doesn’t interfere with the meditation, it must also be positioned so as not to encourage the student to merely fall asleep. A comfortable position for most people is in a straight-backed chair with arms to support the body. The student should seat themselves in any position that won’t interfere with the meditative process.

Once seated, and with the eyes closed, it is recommended that the student do some breathing exercises, mantras, or prayers, which will enable a rapport to be established with the Creator or master, and help remove the mind from the outer world of distractions. Any new person pursuing the art of meditation has some difficulty learning to still the body and focus their attention. The barrage of meaningless, mundane thoughts often seems to hamper the process. These thoughts are the result of past practices established over a long period of time, and are not easily weeded out. Persistence and repetitious practice are the keys to building new patterns of thought that will eventually overshadow the old way of thinking. These obstacles are another reason why Spaygric Art meditation is so applicable to the western world, as it is a practice that allows active participation by the student.

In Spaygric Art, the student begins by taking a mental trip inward to visit their beloved master. Guided meditations are not recommended, as each individual should take this inner journey in his or her own way, and allow the master to decide the appropriate course. Some may wish to meet the master in a garden, or walk with Him along the

seashore, or sit in His presence within a cathedral or other holy place. Whatever the approach, it should be done at precisely the same time each day, and the mental journey must be taken along the same path. Upon arriving at the destination, the relationship must become as natural as a visit to a beloved friend or family member. During this sacred time of communication with God or the master, the student may engage in mental conversation in much the same manner as if one were in the presence of a living physical teacher.

The next question which the student commonly ask about Spaygric Art, and the most difficult aspect to understand may go something like this; “I visited with the Master and talked to him about the future. He told me many things, but how do I know this is not just my imagination, or the desires of my own mind?”

When this question inevitably arises, the student is advised to revisit Chapter V of this book, entitled Mind and the Cosmic Sea, in order to better understand the union of two consciousnesses. A human can visit another by moving a heavy body of matter, but the power of thought, which does not have the same limitations of solid objects, is free to travel faster than the speed of light. This does not imply that everything the student discerns in meditation is accurate, for pure consciousness must pass through layers of desires and false concepts, much like radio waves pass through atmospheric disturbances. However, as the outer agitations of the mind become stilled, one can more accurately interpret their meditative experience.

At this point, the teacher must discuss one of the hazards often faced by those who meditate. As an individual becomes aware of transcending the world of matter, they begin to access numerous levels of the subconscious mind and it is not uncommon for one to believe that these ideas have been produced by the consciousness of some great master. The phenomenon of channeling has produced a variety of pseudo-knowledge that has led thousands of sincere seekers down the wrong path. These misadventures, in turn, create even more erroneous concepts that must be sorted out and eliminated. However, the more focused one’s mind becomes, and the more dedicated one is to seeking truth, the less likely it is that random thought forces will drift into their consciousness. Any initiate would be wise to take great care to check all intuitive-based writings against the laws of nature, as well as the ancient wisdom. Because God’s divine format for all life is superimposed on all planes of existence, truth is universal and unchanging. Although it may be difficult for many students to accept at first, the thought patterns that flow through the mind during focused meditation are usually symbolic in nature and full of life lessons still to be learned. Sadly, however, the initiate is so often waiting for some incredible or unusual experience that they fail to perceive the significance of all that is passing within.

An example of this is contained in another story about young Maya Sangh, who aspired to become one with God. One day while Maya Sangh was sitting dejectedly beneath a banyan tree his master happened to pass by. “

Maya Sangh, why are you so troubled?” the master asked.

“Oh Master, something terrible has happened,” Maya Sangh replied. “I went to visit God, who is ineffable light and joy, but He has turned into an old woman.”

The master looked kindly upon the young student and asked “But have you not been taught that God is in all things? Therefore is it not possible that He is the old woman?”

“Oh, Master, surely not,” replied Maya Sangh. “For the old woman is ugly, and God is beautiful.”

The master studied his young charge and said “Remember, Maya Sangh, that God is knowable but non-seeable. Perhaps you believe the woman is ugly only because you have failed to look within her. Now I suggest that you return to your meditation and seek until you have learned her lessons.”

Maya Sangh looked glumly at his master and returned to his meditation. As he did so, he remembered the times he had been unkind to the elderly, and he felt quite sorrowful. However, he continued to meditate as the master had bidden him to do. Eventually he became filled with compassion as he viewed the barren, lonely life of the old woman.

In his mind, Maya Sangh went to her and offered his hand as her son, thereby ensuring that she would never again be lonely. As the young lad did so, the outer features of the old woman began to change, until Maya Sangh saw the glory of her true self – which was his beloved God.

The master, passing by at this time, saw the great joy on the face of his disciple, and quietly continued on his way. He did not wish to disturb his young protégé, for he could see that Maya Sangh was again walking with God.

Events taking place in a focused meditating mind may seem imaginary, but are usually symbolic to the person meditating, just as the old woman was symbolic to Maya Sangh. One should spend some time each day attempting to interpret and better understand all of the mental impressions they receive in meditation. It is recommended that the initiate write a brief summary in a small notebook following each meditation, which can be reviewed later. As a general rule, it is difficult for another person to interpret these insights, since meditative thought impressions are as personal as one’s own body. However, as one approaches higher consciousness, the symbolism becomes more common in its interpretation, and usually contains various lessons that should be more clearly or easily understood. Even from the beginning, when one is alert there is never an unproductive meditation.

A meditation journal containing an example of both meditation and analysis might appear somewhat like this:

**MEDITATION:** Today I went to visit God, but because several steps were in the way, I had difficulty and did not get to see him. The first two steps were easy to climb, but the third was very broad, causing me to grab a golden handrail on my left side. Fortunately the fourth step was small. The fifth was a bit larger, and as I approached the sixth, I saw a scarlet robe laying over it. I recognized the robe as belonging to Jesus, but the step itself seemed so deep that it appeared to continue on and on. When I finally approached the seventh step, there was a deep dark abyss between myself and a heavy golden door. I have to figure out a way to cross this abyss to get to the door.

**ANALYSIS:** The seven steps could illustrate seven degrees of initiation which each initiate must pass through before the status of immortality is achieved. The heavy golden door that could only be opened by someone with great strength or power illustrates that all steps must first be ascended before the greater power is born. Since the first two steps were easy, but the third was larger, this indicates that the third initiation poses more

difficulty for the initiate. This could also represent a person who is entwined in fundamental religion, philosophy, or science entering into the higher precepts. From there to the seventh step, each step obviously becomes more difficult. The scarlet robe may indicate the Christing, or illumination, which is also known as the Messianic Initiation or the resurrection of the God principal. The deep dark abyss may represent the final purifications needed before power to open the golden door is granted to the initiate.

Once one experiences such a meditation, days of analysis could follow, and each step must be contemplated to seek better understanding of its different levels and possible hazards. Therefore, when the next day comes, the initiate should attempt to climb the same steps again and strive to see even more clearly all of the details of the inner journey. In Spaygric Art meditation it is very important that the student not only select the same time and same place for their meditation, but that they also mentally walk the same inner path. If the consciousness is focused and alert, then the student will be pleasantly surprised to find that no two meditations will ever be quite the same.

There is a reason for this, for the student may think they are in control their own meditative mind and may not realize that they are actually sharing the inner space with some unseen teacher. A visible master has no tool, other than the mind of the student, with which to pass on his or her teachings. This phenomenon is known as transference of consciousness, and it enables both the teacher and the initiate to share the same sensory equipment. If the initiate shows constant effort, they may be given the privilege of having the teacher appear to them. This is an honor often bestowed on a sincere student shortly before entry into the Pathway of the Immortal. It is true that when the student is ready, the master appears.

There is a danger that sometimes results from meditating upon an ideal such as Buddha, Christ, or Mohammed. One must remember that the consciousnesses of both the guru and the student become united when extreme devotion is maintained. Thus, in time, the student may begin to think they are actually the reincarnation of the teacher. This in turn brings great confusion to the disciple, who may feel the need to go forth and to inform humanity that the messiah has returned. Fortunately, the masses do not usually acknowledge this, and the aspirant is eventually compelled to seek a deeper understanding. This does not mean that the savior (God particle) is not raised in each person as his or her divine inner consciousness grows, but simply that it must be raised in accordance with the divine plan as conceived for the individual's role.

Since many people accept Jesus, Buddha, Krishna or their other teachers as God in human form, their meditation should remain in accord with their personal concepts until the consciousness of the master pushes the student onward to the infinite. It is worth stressing here again that the relationship between the student and God be a natural one, born of respect and reverence. A sincere desire to learn and grow is also an essential ingredient.

As mentioned in the beginning of this chapter, meditation is often practiced for a few short weeks then cast aside, with numerous excuses such as "nothing is happening," or "I'm too busy," or "we have plans for tonight," or "I've been too tired lately."

Those people can only be advised, "When you are too busy for God, then He is too busy for you." The aspirant who truly desires cosmic initiation must be willing to give up anything that stands in the way of the spiritual journey. One who would walk the

immortal road must show selfless surrender and dedication to God, for God gives most to those whose attention is ever centered in Him. To replace the spiritual path with the material life can be difficult; pleasure and avenues of escape have been humanity's companions throughout the centuries, and each remain bound to the eternal wheels of suffering and sorrow because of it.

The path of initiation is calling to all aspirants, and each individual who seeks victory over the finite world of matter must willingly forfeit all that they have in order to find God and willing to perceive Him in all life. It is really is He who is the greater ideal and the eternal mate of the soul. Each person should learn not to merely sing the songs others have sung, but to instead write of the splendor they themselves have perceived within. The music that flows from one's lips must come from their heart, and the prayers said by others must give way to those born within the recesses of the soul. The initiate no longer strives to wear the apparel that is pleasing to humanity, but instead seeks modesty in order to please God. One finds that their poems flow from the personal pen, and tell of the world of God as seen through one's individual nature. Not even the death of a family member or illness, or personal activities, or pursuit of pleasure should keep the serious initiate from their daily meditation. In this manner, true devotion and love are born in the initiate; a love which will serve as a guiding light for all times.

In Chapter V, Mind and the Cosmic Sea, the importance was discussed of selecting proper study material for regular reading. The student is reminded here to set aside a daily one-hour period in which to immerse oneself in the writings of the great wisdoms, which in this case would be the teachings of one's selected master. Since there are advantages to both reading before meditation and also separating the two periods. Proper allocation of study time must be made according to one's personal schedule. Of course, it is not intended that anyone be limited by being allowed a single hour, but in this hectic modern world, it is often difficult to allot more than that. Regularity of study is of great importance, and should never be missed. It is also necessary that the neophyte always remember that their goal is to reach the Immortal. They should not allow themselves to become more enamored with the teacher or the writer than with the teaching or the writing itself.

Many have studied the works of some writer, and can endlessly quote the writer's words without truly understanding the writer's concepts and without trying to live the teachings. Although knowledge is good, wisdom is even greater, and it is by one's actions that each person is assigned their proper place. The person who possesses knowledge alone will continue to indulge in parties, seek material pleasures, and produce children outside of marriage, with no concern for another person's indwelling soul. The true disciple turns away from these things, for he or she realizes that parties are often dull, pleasures are empty, and children conceived without true love are only a burden. Wisdom teaches that all human life has similarities. A wise person is able to see beyond the outer surface to the indwelling consciousness, where the true God-self resides. Therefore, the initiate does not create pain or suffering, nor do they shame another. They seek to glorify rather than to diminish, to serve rather than to take, and in the process they ensure that each of their fellow human beings is treated as a cherished member of one's family.

Meditation eventually develops into contemplation, and from this is born both wisdom and compassion, which in turn give rise to divine love. These are just a few of

the many reasons why a proper meditation technique should be sought like a rare jewel. Through the practice of meditation, each person can learn the secrets of both their own inner nature and of the universe. Through all living things there runs a thread of the revealed and the unrevealed; that which is seen on the surface, as well as the unseen essence that makes something what it is. While knowledge is capable of perceiving only what is revealed, wisdom understands the real reasons for its existence. This is another major reason why the use of a symbolic God form is suggested as a meditation tool for the new student. Eventually, this will assist the initiate in perceiving the God principal within all form.

Each night before sleep, one should take a mental walk along the same meditative trail to the indwelling master. Here, in the garden of meditation, where daily communions are spent with God, the gravitational thought forces of Earth are left behind. Although very few of the experiences during the hours of darkness will be remembered, the student will become aware of new concepts and impressions as they begin to filter through to one's daily activities. Meditation, study, and evening communion all serve as stepping stones which take the initiate into the initial stages of their journey up the mountain. When all of one's devotions are mingled with the sincere desire to serve humanity, one's acceptance or entrance into the probationary period is almost assured.

Seeking each day for the will of God is not as difficult as it may sound, for one need only remember that God principal dwells within. From within, He will create whatever inner and outer lessons are necessary for graduation from the finite world of matter. Humans, who are forever driven outward, may hear a small voice – but when the true path is found, that same voice is heard to speak loudly throughout all creation. God's ways and lessons, now visible, are also heard and perceived through the indwelling voice of conscience and in one's thoughts. He speaks with gusto through a cranky old woman, so that tolerance may be learned. He speaks in another's hatred, so the emotions may be mastered. He speaks through humility, so that the world can be ruled by brotherly love. Every living thing is a teacher to the initiate; the lessons of discipleship will be found both inwardly and outwardly, as can be arranged and managed by only the greatest of all master teachers.

Two rules of action are suggested here, in order to help the student to walk the most direct path in their daily life. The first step is to practice kindness toward everyone, regardless of his or her actions. The second step is to perform one's daily work as well as possible. These two rules will assist the student in living a life of service, and are offered to help keep one's mind firmly centered in devotional surrender when the daily meditation and spiritual studies have been completed. During daily activities, one should always try to remember that a new spiritual concept is being born, and that the day will come when each person will live in harmony with all that exists. Therefore, an initiate must cheerfully accept their responsibility for planetary evolution, and willingly perform all the work placed before them. Gradually, the subtle cloak of non-desire is woven into one's life. This does not mean a future of sitting in the mountains on a bed of nails; it means that the functions of each day are free of obstacles that bring disharmony within oneself and separation from God.

By joining the forces with those who constantly strive for the evolution of the planet, the initiate becomes a co-creator in God's work, and is endowed with a more active part of the Divine Plan. In this state, the seeker becomes free of the personal ego

that has constantly demanded attention and recognition. The initiate is able to overcome anger and the unhealthy desire to possess the same material things as everyone else. There may even come a time in the life of each person when it will no longer be necessary to pray for oneself. With a fuller understanding of the exacting principle of cause and effect, one can walk through life knowing full well that each individual receives in accordance with his or her own actions.

Many books have been written by people who have not entered the hidden portals of the ancient mysteries. Some of these books promote a path so complicated that an individual may have difficulty doing all the things required of them. These methods often push the student to the spiritual path without first preparing them for the experiences they may have. As the inner doorways open, the initiate may reel from the impact of the emotional highs and lows. New students should be taught at these experiences are totally natural and not the result of mental disturbances. New students on the path may find themselves pushed into the probationary period virtually overnight, making it necessary for them to exercise great caution when dealing in areas of the subconscious. Quite often, once the inner planes or layers of the subconscious are opened, it can be like Pandora's Box, bringing forth memory patterns created by hundred previous lives. It is common for some individuals who have not been properly prepared for this to fear that they are losing their mental control. This is just one of the hazards of pursuing various avenues of meditation without having been oriented in techniques for handling or understanding the unconscious realms.

On the other hand, if the initiate realizes that they are a spiritual swordsman, and that the forces that appear to be ganging up on them are actually but aspects of their own composite nature, then they will fare better in the internal battle. Instead of visiting a psychiatrist, who will most likely be unable to help in such a situation, and who may possibly bring additional harm by suggesting medication, the initiate should dedicate his or her self to doing constructive work that will help both themselves and the world. By doing so, the initiate can pave the road toward their own tomorrow, and learn to live the Path rather than being confined to a world they cannot understand.

Even after years of spiritual study, some people wonder why they have not yet entered the initiations separating the mortal world from the Immortal. Of these individuals I would ask, "Have you read the books but failed to put it into action?" "Have you obtained knowledge but failed to share it with humanity?" "Were you unable to study, or meditate, because family members would not allow it?" "Followed a teacher instead of living their teaching?"

If you answered "yes" to any of these questions, then the right to pass through the sacred portals has not yet been earned. Upon hearing this gentle rebuke, some people may become agitated. Many students become too enamored with their teacher that they may follow them the rest of their lives and give devotion to the teacher instead of God. Those who seek initiation into the Immortal world must strive daily to surrender their lives more fully to God, for this is the criterion that separates the masters from the masses.

Now is the time for those who would walk the sacred path of wisdom to pick up their crosses and begin climbing the mountain of resurrection and immortality. One must not allow themselves to be swayed by the writings of the un-illuminated, or to become enmeshed in the robes of the guru who seeks only for disciples, nor to be smothered by the dogma of others. This path requires one seek Him with one's whole being. From this

moment onward, the initiate's trail will intertwine with the trails of others who also journey upward along the Pathway of the Immortal, as the neophyte never undertakes the pilgrimage alone. The first disciplines are relatively few in number, so the new student is advised to study them well and practice them faithfully. The great Italian monk Fray Giovanni once said, "If you reach for the Sun, Moon, and stars, and believe, you may touch them."

For humanity, the golden key to the stairway of heaven is meditation. One should not wait to begin the journey.

## ***CHAPTER 8***



### ***THE MYSTERY AND ORIGIN OF POWER***

Earth contains within itself the power of the cosmic power, as well as the principles of nature. Humanity, which is an evolving product of both God and earth, contains within its divine and immortal nature unlimited and untapped resources of power. As the process of creation and evolution continues, it is impossible for one person to be born whose potential is greater than another's. It is the divine principle within each person which causes hands to write, legs to walk, and brains to think, and everyone possesses possibilities equal to their neighbor. As mentioned previously in this book, a person becomes what they believe themselves to be, and thus limits their consciousness accordingly. These limitations, imposed upon the beautiful inner nature of the human race, have been molded from many experiences throughout numerous generations, and are often difficult and painful to overcome or remove.

With the higher consciousness of humanity beginning its pangs of birth, the human race is finally starting to explore greater avenues of power. Many people now practice healing and prophecy, while others are utilizing the power of the mind to conquer time and space, to produce personal benefits in the material world. Regretfully, along with the fundamental knowledge of such powers comes misuse. Improper utilization of anything produces adverse effects. Concepts passed on by inept channeling about UFOs, legends of advanced civilizations that once inhabited the earth, and daily predictions of doom and gloom are gradually flooding the planet with confusion and misunderstanding. This does not imply that lost, or more primitive civilizations, have not existed, or that there are not more advanced races in the far reaches of space with its millions of galaxies. The question is, "where does fantasy cease and truth begin?" For the answer, one must turn to ancient cultures, the wisdom of the ages, science, and philosophy. If one is diligent in their search, the answer will eventually reveal itself – standing sturdy as a rock, and shining brightly against the darkness of false concepts.

Today as never before, powers of one degree or another are being exploited. Such phenomena range from the manifesting material objects to predicting holocausts, healing without comprehension of the higher laws of nature and using the power of the mind for personal gain. Each year, thousands of books are published, with titles like *Secrets of Metaphysical Healing*, *The Hidden Powers of the Mind*, *The Mysteries of Astral Projection*, or *How to Control others and communicate with the Dead*. Material such as this is full of half-truths at best, or at worst written with intentional deception. Readers must take great care, lest they become caught up in one of the avenues, which lead away from the door to greater reality. Just as there are many layers or levels of understanding

truth, so are there many levels of power; great indeed is one who learns to use these powers wisely.

Any student faces a truly complex problem, when contemplating on just how to explain power and its origin. It is best to begin with the pure essence of humanity's true nature, which encompasses and possesses all powers. Among these powers are the discernment of spirit, healing, prophecy, comprehension of the forces of nature, eternal life, wisdom, love, and peace. Any individual power that exists, originates from the higher, or spiritual, nature. As the Divine aspect descended into matter and slowly gathered about itself layer upon layer of denser material, the beauty of its true nature became no longer discernible. Between the layers of human nature and the God nature, exists numerous planes that filter the pure concepts into the mental impressions. These layers could be described as zones corresponding to the sheaths around the soul. While the true essence of a human is unlimited, various degrees of limitation prevail according to the beliefs and current practices of the individual.

This is illustrated by the story of two neighbors, whose names were Mary and Martha. A long time ago, both women received the same book as a gift from a mutual friend. It was a simple little book, listing 16 rules one must follow if one wished to achieve peace of mind. Although both women read the book, only Mary actually put into practice the concepts it contained. Martha laid it aside, because she thought there was no time for such practices in her busy household life.

The first rule in the book was, "A person becomes whatever they read. Therefore, if one is to become wise, they must read only the works of the wise."

After reading the little book, Mary adjusted her own busy household schedule, and promptly removed all unnecessary habits such as the regular 10 o'clock coffee date her friends. She began to search in the library for the writings of the great wisdoms, and in so doing, started to become wise in matters of the spirit.

When summer arrived, Martha was off to play and sunbathe in the Caribbean, while Mary traveled to study with a great wise man. There, as she knelt at the wise man's feet to listen to his teachings, the gods smiled upon Mary and gave her the gift of spiritual insight, that she might discern the depth of spirit. When the two women met again, Mary sought to teach her long-time friend about the path of the wise ones, but Martha refused to listen. Later, as the years passed, people started to come from all over the land to listen to Mary's wisdom. Meanwhile, Martha grew jealous and resentful of Mary's new life, and all the attention she received. Martha had long ago forgotten about the little lesson book that lay in a dusty corner of her overcrowded attic.

One of the primary rules of power is similar to that of wisdom, in that those who would possess great power must become one with Him who is all powerful. The actual source of power is constant within life, and cannot be diminished. Thus, as the neophyte journeys inward to their divine nature, they will experience many levels of power along with its proper application. For instance, in the physical world, power is seen in the athlete, the strong man, the leader, the evangelist, the doctor, the inventor, and the scientist. Throughout history, people in these roles and others have built great monuments of culture. These achievements are not considered miracles, because they can be experienced with the physical senses, and can be understood by the logical mind. However, as the neophyte searches for answers regarding the materialization of life, they will begin a strange journey inward toward unseen and unexplained worlds. Just as they

can experience the power at work in a car, or in electricity, or in nature, those on the spiritual path will also discover a new set of inner sensory devices and powers that make it possible to perceive within the invisible realms. These often find they can hear sounds, not only from the physical world, but also inner thoughts or perceptions from the spiritual realms. Regretfully, as they grow, the seeker who was once incapable of believing in an unseen world is sometimes blinded to the realms beyond those they have already reached. At every level of spiritual development one will find those who believe they have reached the top. This in turn poses a grave danger for the initiate, as this erroneous belief rates high among the reasons for failure to reach illumination.

In the first layers beyond the physical world, the student finds they are able to “read,” or otherwise know the personalities of others. Sometimes the initiate can perceive the future or the past. They may “lay hands” on another person and heal them, or they may use their newfound knowledge of nutrition as a tool in healing an illness of the human organism. Suddenly endowed with powers that, until recently, were submerged in the world of matter, the student begins to perceive that they now possess certain capabilities that are not available to their fellow humans. This is a false concept, for this power has always existed; it is now simply realized to a greater degree than when the student was concerned only with the activities of the material world. One would be wise to understand that, in this eternal ocean of cosmic order, there are far greater heights of power, wisdom, and love than any human has ever known. An old and beloved spiritual father of mine, who wore his own greatness in simple humility, always said, “Strive incessantly.”

Most metaphysicians refer to the regions the neophyte first explores, as they leave behind the world of matter, as the astral world. Just as matter is associated with the physical body, the astral world is associated with the astral body, which interpenetrates the human organism containing one's emotion, feeling, lower mind and physical body. Throughout the years this particular level of consciousness has incurred a rather bad name, because those who dwell in these regions between their earthly incarnations are no more developed than they were during their human lives. Thus, contact with this level is not necessarily an asset with the spiritual disciple who seeks oneness with God. Although the dedicated initiate gains little by participating in the activities of the astral world, they must understand it, for they must eventually gain control over all of the lower forces.

Metaphysical people sometimes assume that an adept or master who teaches the aspects of the divine may be undeveloped in the powers such as clairaudience, clairvoyance, psychic abilities, and healing. On the contrary, those who reach the steps of mastery have already passed beyond a fascination with these lesser levels. Remember that one, who seeks God, achieves all. Therefore, one day the master initiate also will enter the realms where the higher forces of God dwell. They will then share in and support the common effort to preserve and aid the planet. No one who has shared even a fleeting interlude with the truly great wisdoms that dwell in the higher spheres can ever forget it, or stop striving to become better. Although some do not realize it, spiritual organizations that persist in trying to develop powers at only the astral level can never survive long-term.

As with a human life that is not finished, many aspirants grow and die as waves upon the shore. Psychics and healers are born and forgotten; it is the great masters who truly remain immortal. This fact alone should provide sufficient evidence to encourage all

to seek the higher path of the eternal. It is not that to say that a metaphysician is less divine by nature, but rather that the pure consciousness within is still too heavily encumbered by its many layers to reflect its true greatness. When the pure God aspect is unencumbered, it is able to reflect much greater light, than it could during the attempt to pierce the numerous mental concepts and layers of the astral world. Therefore, neither healing nor prophecy performed at lesser levels can be done as well, as when they are performed from a purer level of consciousness.

By continuous effort, the initiate gradually merges into the higher mental realms beyond the lesser principles of discernment or analysis. As they become more aware of the true power of the mind, they also learn the consequences one incurs by the poor judgment that is so frequently a product of human weakness. By not controlling their thought patterns, the initiate is like a ship with a bad helmsman, who is attracted to every port because of its gold and silks, but who fails to see the rotting planks along the pier which might tear the ship asunder. Conversely, when the mind is well trained in the lower mental planes, it is prepared to become a worthy instrument of the soul, and greatness is born. This was clarified in the previous chapter, "Mind and the Cosmic Sea," and will be further elaborated upon in the discussion of prophecy and healing. The primary intent here is to illustrate the numerous layers or sheaths that surround the true spiritual essence of the human being.

Through meditation, study, and consistent effort, the initiates will eventually break through the outer layers of their consciousness and reach God-consciousness. Going forward, their actions will be governed by the God principle, which eliminates many of the errors that occur due to the false concepts of today's modern world. This is a major reason for recommending that each student seek first to unite with the consciousness of God before becoming enmeshed in the mere pursuit of power. Therein is the difference between mediocrity and perfection.

In a simple little book by Alcyone entitled *At the Feet of the Master*, the author discusses the outer clothing worn by the inner divine nature:

*"Do not mistake your bodies for yourself – neither the physical body, nor the astral, nor the mental...the body is your animal – the horse upon which you ride. Therefore, you must treat it well, and take good care of it; you must not overwork it, you must feed it properly on pure food and drink only, and keep it strictly clean always, even from the minutest speck of dirt. For without a perfectly clean and healthy body you cannot do the arduous work of preparation, you cannot bear its ceaseless strain. But it must always be you who controls that body, not it that controls you"*

The astral body which contains the whole of your lesser self is called by many allegorical names; the ego, the wily old Dragon, Satan or the devil, the fallen Lucifer (the light of consciousness's descent into matter). Nonetheless, it contains lower sensing equipment, as well as a physical body which enables a person to experience life on earth.

Within the astral body exists an emotional sheath which enables one to experience all emotions, such as love, hate, happiness and depression, anger, and etc. This sheath is necessary so that people can experience all emotions. The initiate, under the direction of

God principle, is required to overcome the negative aspects which are contrary to natural and cosmic law, i.e. love overcomes hate.

The feeling sheath allows each person to experience pain, as well as a sense of well-being. If it did not exist, a hand could be cut off, and without the assistance of pain one would bleed to death. In that self preservation is the primary law of survival, this sheath helps protect the human body from self destruction. In other words, the fear of a pain prevents people from destroying life and health.

All of the above constitutes the emotions and feelings which are constantly at play, in and through, the remarkable human body. The body acts as a vehicle for the soul, and needs to be cared for in the manner that one would give to a very expensive piece of equipment. However, contrary to a mechanical piece of equipment, the body is a living organism. Inside is the human ocean, millions of cell people and many organ countries. It is said; that anyone who rules over the body wisely could also rule over nations in the same manner. Proper care of the human body will be carefully explored in a later chapter.

As the initiate journeys through these outer wrappers of the soul and transcends the limitations of each level, the various bodies become his or her instruments. The purified and healthy physical body seldom experiences illness and pain, and it ages slowly, thereby extending the human life. The astral body, with its additional set of sensing equipment, becomes the instrument of discernment that serves as a greater tool for the intuitive aspect of humanity. One is able to see more clearly through the outer facade of others, to the soul within. When the mind is conquered, humanity may then use it as an instrument to travel beyond all time and space. The only barriers the initiate will experience are remnants of their own previous level of understanding that have not yet been destroyed.

When each level of progress is viewed independently, the task of purification seems mountainous. But if one's sight remains fixed upon the highest ideal, there can be no failure. It's like climbing a ladder whose rungs take you from the ground, then up past some windows, and finally onto a roof. Anyone wishing to climb to the top of the ladder cannot remain on the ground, nor should they stop along the way to gaze into the windows. Instead, one keeps their attention focused on the top. A good climber tests each rung carefully to ensure that it will hold their weight. They then strive diligently to reach the top, always looking at the next rung and preparing for the next step. This rule of progression always applies, whether one is climbing a ladder, seeking advancement in the corporate world, going to school, or restoring their soul through spiritual development.

When a seeker reflects upon spiritual powers, they usually think first of the nine Gifts of the Holy Spirit that the apostle Paul outlined in Corinthians I: 8-10. However, four thousand years before Paul's era, a great Persian sage known as Zarathustra introduced the concept of the sixteen powers or forces. Eight of these powers symbolized mastery of the outer laws of nature, while eight more symbolized mastery of the higher cosmic laws. An understanding of these forces was taught through an ancient game called "the Art of Asha," which became the father of modern chess. Consisting of two teams of sixteen players each, the dark forces, known as Devas and Khafstras, fought the forces of light, known as Ahuras and Fravashis. The symbolic battle took place on a black and white board which represented the universe with its four elements.

One such person to discover the hidden power of the sixteen forces was little Ha Sing.

Every day, Ha Sing, whose name means “sing to the sun,” would review the teachings of all his great masters. From Zarathustra, Ha Sing learned the order of Asha which enabled him to write wonderful music and drama portraying the works of the Creator, Ahura Mazda. From Siddhartha Gautama, the Buddha, Ha Sing learned the seven noble path of peace illustrated by Gautama’s Wheel of Life, which taught him how to achieve Nirvana and remove himself from the Wheel of Samsara, or sorrow. From Patanjali, Ha Sing learned of the sixteen paths of yoga that were carefully etched in the delicate lotus blossom, which enabled ugly ducklings to become swans. Finally, from Jesus the Christ, Ha Sing learned the secrets which lay hidden in the seven branches and seven roots of the mysterious Essene Tree of Life (ref: The Lost Jesus Scroll). . Although the teachings all seemed different on the surface, Ha Sing had penetrated their deeper inner meanings, and thus understood that each of his masters taught exactly the same things.

From the sun, Ha Sing learned how to regenerate his body; but even more importantly, this great teacher also taught him about the origins of humanity, the creation of the planets, and the concept of power. From the water, Ha Sing learned about purification of the body, restoration of the planet, and divine love. From the air, Ha Sing learned how to breathe properly in order to increase his energy, and to control the other forces. Best of all, as he watched the birds in flight, Ha Sing also discovered that his mind was free to soar in the unseen cosmos, where only the most daring ever ventured. From food, Ha Sing learned how to eat properly so he could experience less sensitivity to heat and cold, reduce physical pain, and slow down the aging process. Beyond that, however, he understood how to utilize everything good so that he could become a preserver, or savior, of his planetary home.

At last, Ha Sing studied himself. As a man, he saw a remarkable organism that was exactly like its larger counterpart, the universe. From this analogy, Ha Sing finally understood that he wasn’t who he had thought he was at all; he was actually the hands and feet of God. Ha Sing continued studying the teachings of his masters, and realized that, if his body was a holy organism, then his planet must simply be a much larger one. Early one morning, as Ha Sing bowed low in loving reverence to his earthly mother, the angel of eternal life touched him. In that moment, Ha Sing understood the secret of eternal existence; in that moment Ha Sing himself became immortal.

Applying the knowledge passed on by his ancient teachers, Ha Sing lived for many years without illness, and continued to work for his beloved planet. He taught everyone everywhere all that his masters had taught him. Each new day found him happier and more fulfilled, as he lifted his voice in hymns, mantras, prayers, and poems of thanksgiving. God heard the happy song from the innermost cosmos, and granted his little son Ha Sing the peace that passeth all understanding. One day when old age had finally settled upon the wise spirit of Ha Sing, an angel came down and took him away. Ha Sing had achieved great power on earth, and as he rose to the heavens he was surprised to see the smiling faces of his beloved teachers, welcoming him home. Ha Sing had become exactly like them.

Great care must be taken to ensure that the Natural and Cosmic powers are utilized according to the divine will. It is for this reason that the ancient masters first taught their disciples the importance of daily meditation and contemplation. The great teachers of old knew that their students would eventually discover the answers to life’s riddles through dedication and individual effort, and that it would be wise to leave it this

way. If powers are sought only for their exoteric or outer values, or for fulfillment in the material world, then very little spiritual progress will be made. On the other hand, when an outer power is studied and traced to its hidden origin, the student discovers that it is but a branch of the one universal principle. As discussed before, cultivating oneness with the Creator enables each individual to understand that all power is generated through the combined development of love and wisdom, and that power must never be sought as an end to itself.

Just as the Creator's plan of infinite perfection resides the sun and its child, Earth, this plan is also indelibly etched on humanity's destiny. To carry out this plan of perfection, the powers that create and sustain all life have been passed from the Heavenly Father to the sun, from the sun to the earth, and from the earth to humanity. These powers are the same and are always present, varying only in intensity according to the level of advancement, or the degree of attained perfection. Thus, the full use of the higher powers is available only to those who reached the higher realms of spiritual progression and have centered their existence on the Creator, allowing nothing to deter them from their mission to assist in planetary evolution. Whenever an individual realizes the importance of this mission and aligns their activities so as to carry it forward for the good of all people, then regardless of race, creed, or religion, they can generate enough power to change the course of history.

In exploring the nature of power as illustrated by the sun, one soon discovers the importance of equality. Before one can live as a master, one must first learn not to differentiate between races, creeds, or religions, but must serve all people equally. Each seeker will find that in doing so they will realize a greater attunement with the Creator, thus enabling them to be a greater force for constructive activity on earth. By remaining centered in God, one may access the power to heal without touching, to calm others, and even to defuse storms, because such a person has become the eyes and ears of God. Yet, the master knows that to accomplish feats such as these, one must first unite the human will with the Divine will, for the finite mortal mind alone would struggle to move but a single object. Therefore, the powers of the truly great beings are not always visible to the human eye.

Two essential keys for unlocking the doorway of power within are to silence of both the body and the mind. While both the Creator and the sun contain within the concept of the perfection of all life, they sustain this divine plan in absolute silence. Both the sun and the infinity of creation reveal an unsung song of eternal evolution, allowing humanity to learn and understand the mysteries without a single spoken word. Dwelling within the deep silence of the inner nature makes it possible to teach others without speaking, and to understand the deepest mysteries without books. This is not telepathy, or thoughts transmitted by the finite mind, but something far beyond: it is a knowledge that does not know the limited boundaries of mere matter. What, then, is the answer to this mystery that is hidden but not hidden, seen but not seen, if not the spirit of the Creator, transcending all levels of the psychic or mental worlds in order to transmit its pure consciousness through to the developing soul? Having now glimpsed the greater powers which lie beyond the doorway of early initiation, perhaps the student will better understand that the lesser powers expressed in the world are but stair steps along an upward journey.

The man known as Jesus the Christ incarnated 2000 years ago, at a time when the masses of humanity could neither read or write. It was therefore extremely difficult, if not impossible, for people of that era to understand anything beyond simple demonstrations of physical phenomena which were tangible to the human eye. Thus, in order to preserve the greater teachings, it was necessary for Jesus to demonstrate the lesser powers. If Jesus had not performed the physical phenomena, or “miracles” as they were called, both his inner mission to guide his close followers into a higher order of consciousness, and his outer mission to change the level of mass consciousness, would have failed. Today, however, people all over the world, in all walks of life, are performing many of the same miracles attributed to Jesus. Extensive research into the life of Christ has clearly illustrated his mastery, and subsequent use, of both Natural and Cosmic Law. There was definitely an outer teaching designed for the masses, as well as an inner teaching intended specifically for his disciples. In the modern world, where minds have become highly developed, such physical demonstrations of the lesser powers are no longer so greatly needed. (To learn these higher mysteries that Jesus taught his disciples on the shores of Galilee, read *The Lost Jesus Scroll*)

The apostle Paul classified the nine powers of the Holy Spirit as wisdom, knowledge, tongues and the interpretation of tongues, miracles, faith, discernment of spirit, prophecy and healing. The term “Holy Spirit” refers to bringing the living presence of the God Principle into the confines of matter. Going back to Paul’s writing, it should be noted that it is impossible to divide the unfathomable perfection within into nine categories, because of the omnipotent, omnipresent infinity of the higher nature. One must remember that the ancient oracles that could prophesize, heal, read, and write would have appeared as great magicians or magi in the eyes of a highly illiterate human race. Paul merely taught the powers of an awakened higher principle in humanity in the simple terms which could be more easily understood by those living in his time.

In the modern world, knowledge has now become the key to opening greater avenues of awareness for millions of people; it no longer belongs to a select few. With the growth of churches and metaphysical and scientific organizations which participate in healing, future predictions, and greater comprehension of the origin of existence, such gifts as prophecy, healing, and discernment – though not yet accepted by mass consciousness, have nonetheless come into their own. People are no longer limited by being the recipients of merely one singular power; many are now learning to use several aspects of power simultaneously. The obstacle now lies in the fact that many individuals still do not use the powers wisely, nor do they comprehend why or how the powers work in the first place.

In ancient Eastern philosophy, power was often symbolized by a phallus; a symbol of regeneration, which originated in the Egyptian legend of Osiris and Isis. In this legend, Isis represented the bodies of the initiates giving birth to the higher consciousness, and was thus referred to as “the mother of the mysteries.” At the time when the great mystery schools were flourishing in the earlier Egyptian culture, it was said that Isis found her husband’s dead body and brought it back to life. But Typhon and his wife Medusa, representing the many demons of ignorance, lured Osiris to his death a second time, and then tore his body into fourteen pieces.

Isis again went in search of her husband’s body, and found all of the pieces except the phallus, which had been eaten by a fish. In order to restore Osiris and bring him back

to life, Isis was compelled to mold for him a replacement phallus out of gold. However, before Osiris could be restored to his throne, he had to sojourn to the regions of the underworld. The golden phallus therefore represents the powers of rejuvenation, and symbolizes the golden door through which each initiate passes for spiritual rebirth as they exchange mortality for immortality. Like many other mysterious symbols, the phallus eventually became an object of worship, filling the temples of the East, while its true secret remained buried in mythology.

Just as there are many aspects of God, and many branches of religion and philosophy, there are also many expressions of power. The forces of nature, as well as the forces of the cosmos, each represent a singular facet of the one Law that governs all life. Examination of these forces indicates that none of greater powers can be achieved without proper use in accordance with this one unifying Law. For example, if not utilized wisely, prophecy can draw numerous unsavory forces that can harm many people. The same is true for the improper use of one's healing powers. A power such as speaking in tongues actually serves little purpose unless it's used to build a common language to unite people from different lands. But when it's done simply to express one's individual ability, it can actually retard one's soul evolution. Similarly, discernment of spirit before one achieves sufficient wisdom can become a destructive force that frightens, hurts, and frequently causes others to follow paths not conducive to their own highest good.

Each of the powers can be broken into nine separate aspects. There are nine aspects of wisdom, nine aspects of discernment, nine aspects of healing, and so on, resulting in a total of eighty-one powers. Divine love is the essential cohesive force that holds all things in unity. It is therefore an important ingredient in the utilization of all the other powers. Love transmutes anger, hatred, and ignorance into understanding, tolerance, and compassion. The force of love, when developed to a greater degree by the human race, will end all wars and bring harmony and unity to Earth. At that time the planet will take its proper harmonious position in the solar system.

A simple comparison may be made here which illustrates the difference between the use of power in an individual governed by intellect and emotion, and an individual who is governed by wisdom. For instance, when utilized properly, the sun can regenerate the human organism. When one exposes their body to solar rays for the purpose of health instead of a suntan, one finds that proper exposure of 30-45 minutes per day restores one's energy and assists the immune system by promoting the removal of toxins from the body. Proper amounts of sunlight enable the body's cells to store correct quantities of vitamins A and D, as well as the necessary solar energy for use during long periods when one remains indoors. On the other hand, too much exposure to the sun burns up the natural oils, breaks down the proper cell processing, accelerates aging of the skin, increases dehydration, and generally over-stimulates the complex human nervous system. The power of regeneration and restoration contained in the sun can become destructive when it is not used in harmony with natural law.

A similar principle is applicable to water, which is perhaps the finest healing elixir known to the humanity. Water contains hydrogen and oxygen, and represents about 70% of the human organism. Taken in sufficient quantities, the human ocean that surrounds each individual cell is both purified and regenerated, and the colon is flushed to remove waste material and harmful bacteria. Water also enables easier absorption of the radiating energy from plants and trees. This greatly reduces cell breakdown, which is

instrumental in slowing down the aging process. Even these factors are only an infinitesimal fraction of the potential power of water. Properly harnessed, water can provide electrical energy for millions of people. Water has given and sustained life to all living things from the origin of the planet, and yet humanity has barely begun to unveil its mysteries and its potential.

Because world has been governed solely by humans who have not sought the water's supreme sacrifice without first thoroughly studying its nature, there are no remaining unpolluted streams, rivers, or oceans. This oversight and neglect may cost many lives. However, with the development of wisdom, governed by divine love, it is not too late for the human race to restore life to its ancient friend, water. Brother sun also awaits further exploration, for in it is contained the answer to the regeneration of Earth's rivers, streams and oceans – as well as the assurance of humanity's survival.

*The Angel of Power, who fills the sun with heat,  
And guides the hand of man in all his works.  
Thine, O Heavenly Father was the Power,  
When thou didst order a path for each of us and all.  
Through thy power will my feet tread The Path of the Law,  
Through thy power will my hands perform thy works.  
May the golden river of power always flow from thee to me,  
And may my body always turn unto thee,  
As the flower turns unto the sun.*

*For there is no power save that  
From the Heavenly Father;  
All else is but a dream of dust,  
A cloud passing over the face of the sun.  
There is no man that hath power over the spirit;  
Neither hath he power in the day of death.  
Only that power which cometh from God  
Can carry is out from the City of Death.  
Guide our works and deeds, always.*

Jesus the Christ

From: The Lost Jesus Scroll, by Elizabeth MacDonald Burrows  
Translated by Dr. Edmond Bordeaux Szekely

## ***CHAPTER 9***



### ***WORLD OF PROPHECY***

Since the inception of the power to reason humans have sought to discover their origin and their heritage. People have always wanted to know what is written in the sands of an evolving earth. Since Intuition was instilled within life at the time of creation it cannot be lost. As all souls are created equal, each person is capable of ferreting out the mysteries of the past and the future. However, as with all the other powers, there are specific rules that apply to the use of one's intuitive ability. Among the rules are discretion, non-injury, non-interference, honesty, equality, and a sincere desire to use all forces only for the good of humanity. In modern times, it is a common practice to counsel others and make predictions with the intent to assist people in understanding their futures. Perhaps the greatest danger in intuitive development is the possibility of developing a fascination with one or more of the sub-planes of existence, the initiate may get stuck there and fail to continue on to the higher avenues of spiritual growth.

Prophecy is as old as the written history of humanity, and can be traced to ancient Egypt, which predates the Christian era by several thousand years. There are numerous references in the Old Testament regarding the use of soothsayers and astrologers guiding the lives of the kings and pharaohs. Seers in those times often criticized another, and this could account for the numerous contradictions which became apparent between predictions. Therefore it is little wonder that the power of prophecy has not given its proper due. Scriptures that pertain to forecasting future events clearly indicates that the source of the confusion lay not in the validity of prophecy itself, but with the person who was doing it. Modern times have had little effect on this confusion, in that many churches now claim that the power to foresee future events as the work of the mythical Satan. Other organizations maintain that prophecy is a special privilege given only to the members of their group. Nevertheless, based upon based upon the current evolutionary aspect of world consciousness, and actual historical documentation of ancient predictions, the power to prophesy has always existed, exists today and will still exist the future of our world.

A journey through history reveals a number of people of distinction who were credited with having the ability to foresee coming events and communicate with the unseen realms. Among others, these notable individuals include Moses, Hermes, Pythagoras, and Socrates, John the Baptist, Jesus, Comte de St. Germaine, and Nostradamus. Pythagoras and Socrates reveal that both of the masters, as well as their followers, believed in strange beings called daemons. According to early reports,

daemons were quite different from demons, in that the former were believed to represent the Hierarchy and the Angelic Kingdom, whereas the latter carried a distinctly evil connotation. It has been taught that the daemons appear during various periods to assist men in directing a course of higher spiritual evolution, and to serve as intermediaries between God and humanity. Today, these same beings are referred to as guides and masters. It is also true that unless a person is under a higher divine direction, they cannot accomplish the transformation necessary for the journey into the Immortal. Although Socrates frequently bore the brunt of skepticism for claiming his daemon taught him philosophy, communication with the angels has been recorded throughout all biblical history.

Pythagoras was also known for his ability to both prophesy and to perform miracles. One day, while walking from Sybaris to Crotona, Pythagoras came upon a group of fishermen, and proceeded to tell them how many fish would be in their catch that day. The fishermen agreed that if this remarkable prediction turned out to be true, they would in turn do whatever Pythagoras bid them to do. The fishing nets were hauled in, the catch counted, and incredibly, the number was exactly as the master had predicted. Keeping their part of the agreement, the fishermen obeyed Pythagoras' request and returned the fish safely to the sea. Pythagoras then paid them for their catch and proceeded on to Crotona.

There are many remarkable stories also surrounding the life of Nostradamus, a 16<sup>th</sup> century physician who lost his entire family during a fever epidemic. In spite of the fame Nostradamus has achieved because of his utilization of certain unique healing techniques, which were not typically practiced by his fellow physicians, the loss of his family changed his life. Nostradamus became very embittered, and because he felt he had failed as a doctor, terminated his medical practice. However, his complex prophecies lived on, and are still studied today.

One prophetic event illustrating the ability of Nostradamus occurred one day when he went to dine with a friend. Having heard of Nostradamus' ability to predict future events, the friend attempted to have some fun with the great seer. When Nostradamus arrived for dinner, he was immediately ushered outside to a pen which contained two pigs; one black and one white. His host then asked him to predict which of the two pigs would eventually become their dinner that night. Nostradamus looked at the two pigs and promptly replied that they would partake of the white one. While Nostradamus returned to the house, the host went straight to the kitchen and commanded the cooks to serve the black pig.

Later, when the two gentlemen sat down for dinner, Nostradamus' host merrily asked which pig they were eating. Nostradamus calmly replied that they were eating the white one. After the two men made a small wager, the host scoffed at Nostradamus and revealed that he had in fact already ordered that the black pig be served for their dinner. Nevertheless, Nostradamus held firm in his conviction, at which point the host hastily returned to the kitchen to question his cooks. A few moments later, the host returned and sheepishly forfeited the wager he had rigged, and acknowledged that they were, after all, eating the white pig. It seems that while the black pig was being prepared for dinner, some dogs came through and carried part of it away. Afraid to tell their employer the truth of what had happened, the cooks had instead killed and cooked the white pig, hoping the master of the house would never know the difference.

Both, Gen. George Washington, Revolutionary War, and Gen. McClellan, Civil War, had visions which possibly changed the outcome of both wars. General Washington, as recorded at the Library of Congress, shortly after signing the Declaration of Independence while at Valley Forge in 1777, was visited by an angel. George Washington's own words;" I felt a strange sensation spreading through me. I would have risen, but the riveted gaze of the being before me rendered me volition impossible. I assayed once more to address her, but my tongue became useless, as though it were paralyzed." Washington went on to say: that that the Angels showed him the birth, progress and the destiny of the United States. (The entire vision can be read on Internet – George Washington's Vision.)

Gen. McClellan's vision of according to the National Tribune, December 1980, was all about Gen. Washington. In a strategic moment in the Civil War, McClellan, who had been called by Pres. Lincoln to take charge of the shattered Union forces, fell asleep at his desk. He had scarcely been asleep a moment, when the whole room with a radiant light. Suddenly, out of the light, he heard a voice, and later saw the face of George Washington, who gave him warning that the Confederate troops were on their way to take the Capitol. In this dream state, Gen. McClellan seem to see a living map of all the troops positions – and with a pencil at hand he begin copying down all that he saw – the positions of the Confederate troops as they marched, and the maneuvers which they plan for the future. On awakening, he saw the markings and symbols his dream pencil had actually placed them on a map. That was a major turning point in the Civil War. (The entire vision can be read on Internet – Gen. McClellan's Vision of George Washington.)

Every enlightened person can perceive both the past and future of all things, and they also attain knowledge concerning the higher realms beyond the world of matter. Paramahansa Yogananda openly discussed his own and others' past lives, and he also compiled a collection of writings for events which were still to come. An entire chapter in the New Testament is devoted to the prophecies of Jesus. (St. Matthew 24). One such incident occurred when Jesus matter-of-factly informed his disciples that the soul of Elias was reincarnated in the body of John the Baptist, an insight that proves Jesus' ability to discern past events.

An ancient sect of the Essenes which gave the world three of its greatest masters, Jesus the Christ, John the Beloved, and John the Baptist, were known for their extreme accuracy in prophesying events of the future. The Essenes were also known to meditate upon certain planets as part of a sacred process to develop greater wisdom and knowledge. In light of such insurmountable evidence of humanity's eternal ability to perceive past and future events, it seems strange that some would speak of this ability as something evil, or as an ability that only belongs to a chosen few, or was the work of an allegorical Satan.

Even Jesus once said to his followers, "When it is evening, you say 'it will be fair weather, for the sky is red.' And in the morning, 'it will be foul weather today, for the sky is red and lowering.' Oh you hypocrites, you can discern the face of the sky; but can you not discern the signs of the times?" (Matthew 16:2-3)

Although it is up to each individual to choose whether to utilize their intuitive abilities, this power, like all powers, it also remains an evolving aspect for all human life. As a whole, humanity has advanced sufficiently to perceive that the future and many people are learning to tap into it. The less evolved individual cannot pass into the higher

mysteries, however, without an advanced development of the intuition. This does not mean simply predicting forthcoming events, but also includes the ability to intuitively sense the needs of people in order to insure the progressive continuity of the human race. The fields of medicine, psychiatry, and criminology, among others, remain quite limited because of humanity's undeveloped intuitive capacities.

In order to understand this better;

For instance; once when I was on seminar tour in England I was the guest of Dr. Carol Briely, who residing in an industrial area of the country. She was treating a young girl of nineteen. So far the patient had not responded to treatment, and this was going to be the last appointment with the doctor before being committed to an institution. Dr. Briely asked me if I wanted to sit in on the case. I agreed, as I found the case to be most fascinating. When we got to my friend's office, Dr. Briely said; "I have to run some errands and I will be back in a couple of hours." As she, being somewhat aware of my counseling abilities, I surmised it that she was asking me to do whatever I could for the girl. When she returned two hours later the patient was normal.

In the perusing the family's background history I had determined that there was no apparent reason for this patient's mental instability. So, I made the decision to look at her last life, and when I do this, the scenes begin to past for me somewhat similar to watching a slideshow. I saw she was only 18 or 19 years old and Jewish when she was taken to German concentration camp, along with mother and father, and younger brother. She eventually saw her mother and father killed, her brother sent off to hard labor, while she was starved and raped repeatedly by Nazi soldiers. She died while in the concentration camp. As I described these scenes to her and informed her that this happened in her last life, I also told that her current illness was one of synchronous, meaning it was happening concurrently, only in this case, with events happening at the same time in another life.

Any time that there is a meeting between the counselor's mind and that of the patient's, a miracle may occur. In this case, since the entire universe a single consciousness, the patient became aware at the conscious level all that was buried in the deeper levels of the subconscious pertaining to these events and she was immediately healed. I got a letter the following week from the patient's parents thanking me for giving them back their daughter.

Utilization of the natural healing arts will become commonplace. Illnesses will be minimized, surgeries lessened, and lengthy hospital stays reduced. All of this is but a beginning, for as civilization advances in the years to come, the human consciousness will ferret out even greater solutions from the constant source of incredible energy currents radiating from the outer cosmos. Similar progress will eventually be noted in the other sciences, as medical doctors begin to diagnose and treat diseases through techniques never before dreamed possible. Among these techniques might well be the concentrated utilization of solar energy to repair and regenerate damaged and diseased cells and organs.

In the future, criminologists will be able to reduce the number of crimes, as their investigations will first be subject to inner exploration. Since the events of the past are

fixed, events and descriptions of suspects are readily available, and with the proper use of intuition, criminologists could save days of valuable investigation time. However, none of these things can be accomplished until the human race advances sufficiently to understand and develop the ability to comply with natural and cosmic law. To fully understand the greater mysteries of the universe, the birth of the higher consciousness will become necessary for it is there that the more advanced intuitive nature rests.

The foregoing examples represent just a few of the areas in which the science of intuition can be applied. Intuition could become an important tool in everyday living, by protecting people from injuries and preventing them from making poor investments, along many other benefits. At the same time, it could aid parents in child rearing. It is often said that "truth is stranger than fiction." This would certainly appear true to a person of today's world looking in on a child born to a family of tomorrow's world.

The parents of tomorrow will know both the past lives of their new child as well as its future potential. By more fully understanding their higher responsibilities to the new family member, certain preparations would be considered; such as spiritual assistance, health requirements, and schooling appropriate to the soul evolution of the incarnating entity. Under such care, the overall IQ of humanity would increase greatly, and would produce a world of geniuses in a relatively short time. Each family member, being knowledgeable of their own divine purpose, would carefully direct their child's life toward completion of the earthly sojourn, and fulfillment of their spiritual mission on the planet. Under these circumstances, the human cycle of evolution would soon complete itself.

With the surge toward understanding the higher potential of humanity, numerous spiritual schools and churches have sprung up during the past several decades. Many of these institutions claim to specialize in healing, psychic powers, and spiritualism, but are in fact ill-equipped to work according to natural and cosmic law. This creates many serious problems for themselves and for the world. In view of this fact, one would be wise to thoroughly evaluate the so-called psychic world. The initiate who would journey successfully through the lower realms must possess a strong sense of discernment.

The word "psychic" comes from the Greek word "psyche" and is spiritual in origin. It can best be broken down into four general classifications, each allowing for greater utilization as the initiate develops higher levels of consciousness. In the physical world, intuition has been the builder of languages, the inventor of technology, and the source of inspiration for poets, artists, and inventors. Because what were once only dreams has since become a reality in the world of matter. Those who drive cars, store their food in a refrigerator, or read a poem, are unaware that the original concepts for these creations began in the psyche. From the design of the pyramids in ancient Egypt to the high-rise buildings of the modern world, intuition has been responsible for the evolution of the world. Unfortunately, humanity has erroneously thought these "ideas" to be original. Even our forefathers led the wagon trains across the prairies in search of a better land and a better life, in fulfillment of some inner knowing deep within them. That same generation would have been the first to deny the power of the psyche and condemn it as the work of the damned. Thus, until the quest for self-realization begins, the concept of intuition will lay buried beneath its sheath of matter, while continuing to function unknowingly.

As the world moves into the next major level of self-exploration, the human psyche increasingly finds itself capable of expression without the limitations previously imposed upon it. However, the initiate must filter, or processes, everything through the numerous layers of misconceptions collected over countless lifetimes as their astral body still lacks sufficient purity for divine vision. In this inner world, the initiate finds the voices they may hear still come from the lower realms. Those who have passed beyond Earth via the state of transition or death are yet bound by their earthly beliefs as surely as if they were still in physical human form. Thus the master initiate finds no great satisfaction at this level. Others who have reached the astral doorway do not understand that their initial progress resembles the first steps of a toddler upon the path, and yet they choose to remain there rather than continuing to strive upward. These people are often called "mediums", or "channels" for they have chosen to serve two worlds simultaneously.

Sooner or later, the initiate learns that there is nothing significant at this level of development that is not also found in the material world, only that it constitutes a slightly deeper realization and understanding of the continuity of life. Since those dwelling in the astral region are no more evolved than they were on Earth, they are referred to as the lesser or lower forces. In the ancient mysteries, this sojourn through the astral planes was represented by the subterranean or underground journey taken by Osiris, and the rites that took place in the lower regions of the great pyramid.

Having experienced the subterranean depths of the astral region, the initiate now finds themselves faced with another perplexing challenge; that of gaining control of their mind. By this time, they have become familiar with the landscape of the mental realms, and attempt to navigate them wisely. Thought forces bombard them from the human world and the related consciousness of the numerous terrestrial forces, which only add to the subtle vibrations constantly knocking at the doorway of the mind. In Buddhism this period is often referred to as the cycle of confusion. Before the candidate enters into mastership initiation, they are unaware of the duality of their own nature, and therefore these collective subconscious forces tend to pass by them unnoticed. Since the mind is an instrument of the soul, a surprisingly high percentage of thought forces are precognitive, and these cause the intuitive impressions perceived at the astral and physical levels. Thus, in many cases, a thought does not necessarily create a specific action but rather serves to indicate the effect of a pre-existing cause.

As previously mentioned, there are hazards when using the finite human mind, because there is always the possibility of error when an individual still at the mortal level seeks to generate personal power. Conversely, the mind is far less limited by human obstacles when it is able to travel beyond the limited awareness of the physical or astral regions. The enlightened or illumined mind actually becomes the vehicle for the soul as it travels to its higher locations to view the events taking place in the present time as well as those to come in the future. Therefore, an individual working with the psyche on a mental plane is more accurate and less limited than those working strictly at the astral level. The finite human mind seems incapable of perceiving all of the possibilities surrounding a situation, and the many interacting relationships of cause and effect. Just as with intuitive functioning in the astral plane, predictions made purely at the mental level cannot be 100% accurate.

After passing through the lower planes, where most of the work of a typical professional psychic is done, the initiate at last emerges into the higher spiritual realms. It is there that true prophecy originates; from the center of divine creation, the greatest prophets throughout the ages have gleaned their understanding of coming events. While it is always possible to misinterpret symbols, there are no mistakes in the higher spiritual realm of prophecy, for misinterpretation is a human, not divine, error. Rather than looking outward to seek knowledge of future events, the prophet experiences divine revelation from within, through their dreams, visions, and intuitive knowing. Future events are as fixed as the past, and the perfection of the Creator flowing through all life constantly reveals the effects of all causes. As the divine plan is the governing outline for humanity's eternal pilgrimage, those who have received the vision of the ultimate purpose can prophesy without fear of error. Each microcosm or particle of the cosmos contains all that it has been in the past, all that it is today, and all that it will be in the future. Therefore, the aspects that form the whole make it possible for the seer to perceive the cause and effect of anything, whether human, historical, or the movement of the heavenly bodies.

In preceding chapters, it has been mentioned how each aspect of creation, when meditated upon, reveals its own nature and destiny. Thus, to achieve the insight of prophecy in its purest degree, one must develop the indwelling spiritual nature. Here the initiate must be cautioned that if they seek God only for the purpose of becoming a great psychic, then they will achieve neither power nor wisdom. Miracles are a reflection of one's unity with the divine, and not the fallacious result of one person being more gifted than another. Jesus said "Seek ye first the kingdom of God...and all these things shall be added unto you" (Matthew 6:33), and those words are as true today as they were over two thousand years ago. In the meantime, psychics predict according to their degree of spiritual evolution, for the power and nature of all things flows through every living creature; its purity increasing or decreasing at each corresponding level.

To enable the initiate to develop greater affinity for all the things that surround them, the science of discerning the true nature of inanimate life, will be explained in the manner of its ancient heritage. To begin with, no physical object is completely without life, even if it has been separated from its original living source, such as a chair made from the wood of a tree, or cloth made from the wool of a sheep. The molecular life source itself still exists in all substances just as a cell still lives (however briefly) after the soul has withdrawn from the body. As a human being is subject to the many unseen forces generated by planets, nature, and by other humans and their thoughts, so too is all life influenced by these same forces. This means that the objects that surround any human being in effect become an extension of that person. The degree to which this occurs depends on the length of time the object has been within the sphere of influence of the consciousness of the person. Older objects will therefore emanate a greater reflection of the life force of the person as compared to something newer that has had less exposure to the various invisible currents of life.

Cities reflect the attitudes of their citizens, and these attitudes are easily discernible to those who have sufficiently developed their intuitive perceptions. A house or home can be embarrassing to some, because it can disclose all of the family's secrets to a perceptive guest. For instance, colors reflect attitudes, cleanliness reflects the degree of caring for all things, clutter denotes uncontrolled mental behavior patterns, and

structures themselves can emanate the presence of emotional vibrations such as cold, discord, and hate, or warmth and love. The cliché “the walls have ears” is very true, as a house (much like one’s physical body) is often a record of that which dwells within it, whether recorded during a family feud or a holiday celebration.

Like cities and personal homes, all objects reflect a history woven from the looms of humanity’s projected consciousness. Some items tell a story of age and wisdom, others tell of discord and stress, still others of love, sorrow or wealth. To understand this phenomenon, one must realize that even the minute living fragments of any object can absorb the thought patterns that emanate from human consciousness. In a sense, nothing is inanimate. Substances have been touched by those who separated them from their original source of life, as with the wood from a tree, then by those who have worked with it or molded it to its current contours. Most important of all are the vibrations absorbed from the people who eventually became the owners of an object. Certain objects are adored, cared for, disliked, or ignored, and gradually each one becomes a reflection of its human owner. If humanity wishes to create truly peaceful surroundings in their environment, it is essential that people learn to care for everything which the Creator has “loaned” them for the duration of their physical existence. Even the grasses and trees in nature absorb the attitudes prevalent on the planet, just as they absorb its pollution. When the natural environment is no longer harmonious with its true nature, then vegetation and animals die, and as they die, humanity itself dies.

As humanity’s intuitive powers reach a more evolved state, it becomes possible for one to discern the consciousness of an object, for the object’s “life story” actually dwells within it. By quieting the mind, an advanced initiate silently probes the essence of the object and travels backward from the present into its past. In this fashion, one sees the history of an object as surely as if one was reading it in a book, and can even perceive whether something is a genuine antique or a copy or a fake. This level of ability carries great responsibility, and thus does not belong to a rank amateur. It must be left in the careful, deserving hands of those who consider the science of discerning inanimate objects to be a sacred art.

With patience and understanding, any object or room emanating adverse vibrations can be changed to a positive vibration. A room may be repainted in the subtle colors of nature, then filled with good books, pictures, or artwork, and adorned with living plants. If it is then inhabited by caring people, the negative shadows of its past will gradually fade into the background, thus enabling a new reflection to manifest. How long this transition might take is determined by how long the room was in the presence of unhappy or argumentative people.

Like the psychologist working toward the peace of a human soul, restoration of a room or object can pass through many stages of rehabilitation. Friendliness, warmth, and sincere caring are among the essential prerequisites for regeneration of all life. How surprised most people would be if they only knew the stories reflected by their homes, their surroundings, and the clothing they wear. If humans more fully understood the true nature of life, there would be no hesitation to touch a plant, or gently clean and polish some simple object. In return, their reward would be a happier and more peaceful environment, and one more conducive to the harmony.

There are potential difficulties involved in the process of developing the intuitive powers, and misuse of those powers can create adverse effects. Utilization of the intuition

for self gain, or in the pursuit of riches, only hinders the initiates on their spiritual journey. A greater problem lies in the forces that are drawn to individuals who spend too much time in the unseen realms. Within these realms are forces from every level of consciousness, including the greater mysteries of the universe from the higher spheres, thoughts from the mental spheres, and astral forces from the astral regions. Because life is continuous from one existence to another, unpleasant aspects may be experienced in all regions below the purely spiritual. For example, there are numerous slayers of carnal and violent thoughts, and there are those in the astral world who are still just as villainous as they were when they lived on Earth. The initiate should not forget about the constant buffeting they also receive from the thoughts and actions of the living human world. This is not an adventure for the weak. However, there is nothing to fear if the helm of the initiates ship is secured firmly by their higher spiritual vision, for then the helmsman is the God Consciousness who created the sea of life, and who controls all its creatures.

Questions often arise as to how one can discern a false prophet from a true prophet, and the answer is simple: one is judged by their actions. There is often a certain harshness etched in the subtle lines of the faces of fulltime professional psychics, borne from the constant buffeting by the forces of the lower planes. In the psychic's personal life, one often find immoral conduct, impure habits such as drinking, smoking, drugs, and poor nutrition, unhappiness, jealousy, and overall negativity. These are all personal aspects which are shunned by initiates, adepts, and masters. Because a master understands that they are affected by the forces of those surrounding them, as well as by the cosmic vibrations drawn to them by their own personal nature, they also recognize the importance of being careful and selective in choosing those with whom they will associate. The true master seldom eats lower vibration foods such as meat, fish, or poultry, and never drinks, smokes, or engages in promiscuity, because they understand that impure practices make it extremely difficult for the higher spiritual forces to dwell within them. Therefore, they transmute habits which draw lower vibrations, and spend time on purifying their mind, body, and soul.

Today the world is plagued by thousands of books on psychic and metaphysical subjects; most of them written by rank amateurs. Many of these books are written by people who believe they are channels for some divine source, while others claim that Jesus is writing or speaking through them. Within each human soul lives the seed of the Messiah, or the God Particle, and in each person lives a seed of mastery, and hundreds of past lives. It is these influences that speak or write through the mortal consciousness of an author. Thus one's writing is governed by the soul evolution of the individual. If one would truly learn the great and profound truths of life, all such material would be discarded. The initiate's selection for study should be made from among the world's great masters of the past, or from a living master who has already attained the state of Cosmic Consciousness. So many misconceptions have been born from the mouths and pens of those too engrossed in the world of matter to strive for spiritual mastery, so much so that it becomes a case of the blind leading the blind. Any person who seeks avenues of expressing the information from their inner consciousness should test it first to determine if it correlates to the laws of nature and the works of the great masters,.

While prophecy in and of itself is not necessarily a goal one should seek, it is something that everyone may experience on their spiritual journey. With proper use, it can help any person to more fully comprehend the higher potential that exists within

them, as they seek union with their Creator. How great or how small the role of prophecy plays in one's life will be determined by the individual student's needs and their ability. Prophecy is only one aspect within the broader world of the intuitive sciences. Beyond simply knowing in advance the outcome of today's events, humanity will one day control the great natural forces of sun, water, and air for healing and regeneration. Someday, everyone will master the great cosmic forces of power, love and wisdom, and consciously utilize them to transform the world. This does not mean that humanity will possess the power to control worlds, but they will be able to utilize the forces within as an aid to higher planetary evolution. The world will create love where hatred now exists, peace where war now rages, and wisdom where ignorance now dwells. When everyone understands this, then they can avail themselves of the Kingdom of the Heavenly Father, and nations will be blessed beyond comprehension.

## ***CHAPTER 10***



### ***SCIENCE OF BIOGENICS***

It has been said “If a person could understand their own body, they could rule nations, and if they understood one single cell, they would know the secrets of the universe.” Yet, the human body with its organo-vegetative system (the visceral organs and involuntary nervous system) and its delicate cerebrospinal system (the voluntary nervous system) is seldom understood by modern civilization. The average person would be shocked to learn of the destructive forces within much of the food they typically consume in their daily life. In recent years, numerous types of fad diets have been promoted, most of which have resulted only in increased chaos and confusion. The correct diet solution is actually very simple: eating all things in as close to their original state as possible.

While there is nothing complicated about consuming a modest natural diet, it seems to be virtually impossible for the average person to do so. Although there are numerous reasons for this, the primary factor is that through thousands of years of evolution, humans have programmed their subconscious mind to eat according to taste rather than according to the dictates of natural law. These unhealthy patterns are deeply rooted, and thus not easily overcome. Therefore, there is a tremendous need for more than just books about proper nutrition. Humanity must come to understand the actual composition of the human body. In so doing, they will find that the process of transmuting the physical organism is a great adventure, and that it not only benefits one personally but assures the healthy continuity of life for all.

The various daily habits of every human being have been gradually accumulated through many lifetimes. Changes in these habits can be accomplished in two primary ways: 1) by reprogramming the total spiritual, mental, and physical consciousness; and 2) by seeing all changes as part of an adventure of evolving into a higher future state. As long as one believes that metamorphosis from human to divine is a meaningless practice in discipline, it is likely that it will soon be abandoned. The body is a holy organism and as such, a part of the earthly macrocosm. Any person would be wise to take a course toward understanding its complexity, for they would discover new ways to slow the onset of old age, abolish senility, impede mental retardation, achieve higher intelligence, adapt more easily to heat and cold, reduce pain and suffering, and gain greater freedom from illness. These possibilities alone should be reason enough to encourage anyone to search for greater understanding of the body, and to take the necessary steps toward refining it.

One of the greatest difficulties one faces in exploring and utilizing the forces of nature is a lack of moderation. Many of the current movements toward vegetarian and fruitarian diets have ignored the fact that the physiology of each individual must be

considered before recommending an abrupt change from an unhealthy diet to a natural eating program. When an individual first discovers the appeal and practicality of a natural food diet, they often tend to go too far too fast, and soon find themselves entangled in a whole new set of difficulties. Any new practice will conflict with the actions and habits of the past, and one must carefully weed out patterns rooted under layers upon layers of human consciousness. Therefore, unless one is physically ill and suffering, the wisest path to begin the transition from an unhealthy diet to a healthy diet is moderation in all things.

For example, extreme dietary practices often follow one's discovery and reading of The Lost Jesus Scroll, containing Jesus' teachings on health and nutrition which he taught his elect on the shores of Galilee. Undertaking any lengthy fast in modern times would probably kill anyone having low blood sugar, diabetes, or any number of the other common modern day diseases which afflict so much of the world's population. On the other hand, the proper application of natural and cosmic law, as outlined in The Lost Jesus Scroll remains flawless and as applicable today as it was 2,000 years ago.

The Scroll is perhaps one of the most important discoveries during the 20<sup>th</sup> century. The original manuscript was translated by Dr. Edmond Bordeaux Szekely during his studies at the Archives of the Vatican in the early 1900's. That translation, under the title, included Jesus' teachings on not only health and nutrition, but also how to commune with the forces of natural and cosmic law. Its texts span across times and traditions, from the 11<sup>th</sup> chapter of Leviticus, which was the basis for nutritional law in the Old Testament to the more recent period of the New Testament. Although many previously-hidden manuscripts claiming to contain Jesus' teachings have been revealed and translated, no other book could potentially have a greater effect on western Christianity than The Lost Jesus Scroll. This manuscript, based on the laws of nature as taught by Jesus to his disciples, has given birth to the modern Science of Biogenics; the study of natural foods and their proper relationship to a healthy human organo-vegetative system.

The modern world is covered with great cities, high-rise apartment buildings, and wall-to-wall housing – all of which makes it virtually impossible for many people to create and cultivate an outdoor garden. However, Biogenics deals primarily with the sprouting and growing of baby greens. This type of gardening can be done indoors on coffee tables, small shelves, or even in the smallest of apartments. Baby greens are produced from planting seeds on top of a few inches of moist organic potting soil, and then harvesting the small fresh greens between 7-21 days of growth. The primary principle involved in this fast growing science of tomorrow is that living foods consumed by living cells creates life, but dead foods consumed by living cells destroys life.

Jesus states this basic law thusly: "But I say to you, kill neither men nor beasts, nor yet the food which goes into your mouths. For if you eat living food, the same will quicken you, but if you kill your food, the dead food will kill you also. For life comes only from life, and from death comes always death. For everything which kills your foods, kills your bodies also."

Physiology may be understood to comprise two basic systems. The organo-vegetative system includes the visceral organs and the automatic nervous system which controls them. The constant beating of the heart, the continuous flow of air in and out of the lungs, the production of blood cells and other body tissues, and the maintenance of proper hormone levels to control the level of blood sugar and other chemicals within the

body are all processes that have been developed over hundreds of thousands of years. This system, which maintains and controls the very ebb and flow of life, works in complete accord with the laws of nature.

The second part of human physiology, and that which makes one distinctly human and the highest form of animal life on this planet, is the cerebrospinal system; a delicate network of brain and nerve tissues that controls voluntary actions. It allows one to think abstractly and conceptually, to communicate through the symbolic forms of language and writing, and to invade if not completely master, this three-dimensional material existence. Most importantly, however, is the fact that most of these things are done through human will. The cerebrospinal system affords the unique choice of either cooperating with or fighting against the natural and cosmic laws of creation.

Previous chapters of this book have focused upon each individual's responsibility to eventually make the decision as to when and how they will cooperate with the natural and cosmic forces and proceed with the work of higher spiritual evolution. To accomplish this work most effectively and efficiently, one must have an active and healthy body. Obviously, if good health is to prevail, one must study and utilize the appropriate laws of nature which rule both the organo-vegetative system and the cerebrospinal system. The gradual evolution of the conscious ability to discern led to the eventual development of the cerebral nerve network. During this long growth process, humanity has continued the automatic metamorphosis of creating a more complex system with which to meet their evolving needs. Since development for higher states of consciousness has already been outlined in previous chapters, the attention here will be primarily directed toward the functions of the organo-vegetative system.

All species of life, from simple plants to more complex animals, function according to their individual nature. Humans are the lone exception to this rule, as many people have deviated far from the laws of nature which provides for all the needs of all physical bodies. If the world to avoid self-destruction, there is no recourse but to return to the inherent pattern of nature that still dwells within all human life.

In The Lost Jesus Scroll, Jesus taught a simple prayer to the Earthly Mother:

*“Our Mother which art upon earth, hallowed be thy name. Thy kingdom come, and thy will be done, in us as it is in thee. As thou sendest every day thy angels, send them to us also. Forgive us our sins, as we atone all our sins against thee. And lead us not into sickness, but deliver us from all evil, for thine is the earth, the body, and the health. Amen.”*

When any substance is removed from its source, the vitality within it is decreased with each passing hour. An apple which is picked and eaten directly from the tree supplies greater vitality than an apple that was picked several days before. An apple eaten after it has been cooked is vastly reduced in life-generating influence. It is easy to understand why the intake of processed foods, refined sugars, and canned foods are causing major breakdowns in the human organo-vegetative system. These breakdowns, in turn, reduce the ability of the cerebrospinal network to function properly, causing corresponding decreases in mental capacities, and increases in emotional problems, and more frequent and severe illnesses. The negative health patterns of the last few centuries,

if continued, the human race could eventually destroy itself. The shadow of this reality is well-illustrated in the increased incidence of negative factors such as senility, hyperactivity, the inability to control one's thoughts, lethargy, depression and procrastination. While it is quite true that the speed of harsh day-to-day living produces some of these effects, many of these problems could nonetheless be alleviated through proper nutrition.

The human organo-vegetative system is comprised of 70%-80% (this is unclear of what?), creating a natural harmony between humanity and nature. Likewise, the skeletal bones are composed of the same minerals found in the soil of the planet, making the mineral kingdom another necessary part of human survival. To separate from these vital natural resources only invites the preconditions conducive to destructive viruses and bacteria. Any one, who works inside of a building all day, then goes home and sits inside all evening, is only setting up the preconditions for potentially-serious illness later in their life. The human organo-vegetative system requires precisely the same attention necessary for healthy plant life, including water, sunlight, and minerals. Since one does not obtain nutrients directly from the soil, a human being must obtain the necessary substances through the food they eat, and through direct contact with the outer natural forces. This means that whenever possible, everyone should indulge in recreation that takes place outdoors, leave a window open during sleep at night, and take short sun baths as often as time and weather permit. Combined with a good diet of mixed greens, grains, nuts, and fruits, every human being can assure themselves of clearer mental capacities and a longer, healthier life.

Just as solar systems live in the great cosmic ocean, and land masses exist amidst the great oceans of the world, an individual cell is but a microcosm within the larger ocean of the human body. Anything that can deteriorate a planet also deteriorates both the organo-vegetative system and the cerebrospinal system. That which affects the health of a human organism (including peace of mind) also affects the planet. A diseased organ or a sick person affects the health of the entire world. Thus, good individual health and good planetary health is a responsibility shared equally by everyone.

A cell floating in the massive human ocean must take its nutrients from its surroundings, just as humanity must sustain itself from the plants, rivers, and surrounding streams. No one would dream of swimming in a pool filled with hamburger, gallons of oil, floating pizza, and chocolate cake – and yet this is precisely the environment to which so many people subject their inner cells. The cells are living organisms that can only accept what is given to them for survival. Feeding dead food to the body only reduces the life span of all cells, which in turn shortens the longevity of the human being. On the other hand, proper nutrition produces the exact opposite effect, by alleviating the amount and intensity of the pressures that constantly bombard the nervous system from chaotic planetary conditions, and by supplying the vital life force conducive to a long and healthy life.

From a vibratory standpoint, the forces of nature, (or the physical manifestations of the God principal) produce clear, harmonious chords that unite humanity and nature. As soon as these chords are changed, they no longer vibrate in perfect harmony with their source, but instead seek to unify with vibrations of a similar lower nature. It is as important for one to unite with nature as it is for the mind to unite with the higher spheres

of thinking. Just as each sun, star, or planets in the universe has an effect upon the world, so too does each form of vegetation have an effect upon the physical human body.

Every single cell in the human body plays an integral and important role in the good of the whole body. Just as individuals vary in terms of vibrations, so too does each organ within the bodies. For instance, the heart and the brain are usually considered to be the most important organs, but they could not live without the intestines, which extract the nutrients from the food one eats. In one of the ancient doctrines, said to be at least 5000 years old, humans were depicted as representing God by becoming a preserver of the planet through proper utilization of both natural and cosmic law. At that time, one form of meditation practice required the individual to contemplate themselves as a microcosmic aspect within a macrocosmic world. Self-exploration, however, does not simply include a search for the little-self, but rather encourages discovery of the unlimited and divine nature hidden deeper within the recesses of the little-self. As a king may rule over the land, so is the indwelling life force of the human body the controlling ruler of cell life.

In tomorrow's world, there will not be adequate room for both humans and animals. If the human population continues its current rate of growth, Earth may have to take drastic measures in order to survive. To better understand the possible large-scale deterioration of a planet, the small area in the Pacific Ocean known as Easter Island can be studied. Contrary to a popular belief that this tiny island contains remnants of the ancient cultures of Atlantis or Lemuria, its actual destruction dates back to about 1600 B.C. Shipwrecked and unable to continue their journey to some unknown destination, a small group of people and some animals landed on Easter Island. Their habits and customs indicate that these wanderers were perhaps a remnant of the Druids or a similar group that commonly used stones in religious ceremonies. The story of Easter Island is a sad one, but it is a theme which repeats itself whenever and wherever overpopulation exists. Trees are destroyed without being replaced, while the land is overworked and cannot produce the resources necessary to provide for its crowded population.

As the tiny group of survivors on Easter Island began to increase in size, the island became more and more crowded. Not understanding the importance of careful, sustainable gardening, the inhabitants destroyed the island's precious topsoil and created a situation where food could no longer be produced in an amount sufficient to feed the population. They cut down trees to provide wood for warmth, but failed to replant. At last, their tiny culture was destroyed by the dissension created by lack of sufficient resources.

During a scientific exploration by Jacques Cousteau, researchers discovered clues to the remnants of a dead civilization. Cousteau's findings indicated that while the island had once been rich in vegetation, its people ultimately died of starvation. Human skeletal remains were found in virtually every cave dotting the surface of the small island.

If Easter Island were multiplied many times over, it could easily represent the earth of today. Scientific evidence already indicates that even in the highest mountain regions of the world, there is not a single unpolluted river or stream on the North American continent. Fertilizers, insecticides, and sprays designed to increase crop yield rather than soil regeneration, have created a step-by-step process leading toward planetary destruction. With the top soil gradually losing its ability to produce healthy food, millions of trees being cut down to make room for more buildings, and land being

cleared without any attempt to replace what is being taken from the earth, this planet could soon become another Easter Island. Earth is already well on its way toward that destruction. Added to these problems, is the issue of widespread pollution, which is far worse than the average person understands. Even now in certain states and numerous large cities one can seldom see sunlight, except as it filters through layers of smog and suspended particulates. High in the Appalachian Mountains, rivers and streams have become little more than an outlet for rubbish and sewage. Major cities such as Los Angeles, New York, Chicago, and Houston can no longer provide a healthy environment for their inhabitants.

In view of the foregoing facts, the responsibilities of the human race increases, for everyone must not only help their own physical organism to remain as healthy as possible, but must also provide aid to regenerate the planet whenever and wherever they can. The latter can best be done by individual gardening; whether it is outdoors with proper composting and fertilization or indoors with miniature gardens of greens, or sprouts grown in windows and on shelves in homes or apartments. Quantities of green leafy plants within the home can aid in producing an ecological balance indoors, while planting shrubs and trees outdoors will create greater life-generating currents in outside environment. These simple procedures make it possible even for city dwellers in high-rise apartments to produce a healthier environment conducive to good health.

Just as one sick person affects the entire planet, so too does a single healthy person. If each individual sought to live a healthy life, illness would decline radically. Unfortunately, as long as some countries have a 50% national illiteracy rate while continuously bringing even more new children into the world, the possibility of attaining this healthy ideal remains in the far distant future. The greatest threat facing the world in future centuries is the possibility that the organism of Earth will be destroyed before mass consciousness develops sufficiently to move beyond human form. The spiritual initiate of today must seek not only spiritual truths, but must also become an adept in Natural Law.

As the land deteriorates from overuse, toxic sprays, and inorganic fertilizers, the foods produced from these lands react accordingly. Introducing toxic chemicals into the human organo-vegetative system creates disturbances in the body's natural balance, which eventually results in deterioration of the cerebrospinal system. Compounding this already serious problem, humans seem all too inclined to consume massive quantities of toxic foods, meats, sugars, starches, oils, alcohol, drugs, and cigarettes; each an invasion of the human body that culminates in the premature death of the human organism. Those who seek the Pathway of the Immortal must shun all things that render one less capable of perfecting their nature and subsequently fulfilling a worthwhile purpose on the planet. Due to the current state of deterioration of the world, an even greater responsibility now rests upon all initiates to learn the laws of nature and utilize them in practical applications. Those who aspire to become worthy spiritual teachers must renew the spiritual practices of old, in which the ancient masters taught both natural and cosmic law.

The first on the list of changes to be made by those seeking the pathway of initiation is the avoidance of all alcohol and drugs. The great Essene master Banus, whose disciple was the famous Jewish historian, Flavius Josephus once questioned Banus about the proper relationship of humans to strong drink or alcohol, Banus replied; that drinking was the most pernicious of all vices, because under its influence people are no

longer the master of themselves. When people drink, they are incapable of making clear decisions, they harm the physical body, and they act like fools in the eyes of others.

Today, modern civilization is faced with the highest ratio of drug addicts and alcoholics in the history of the planet. Alcohol and drugs seriously affect the cerebrospinal and organo-vegetative systems, deteriorate the delicate ethereal body, and enable the harmful lower forces to grow stronger. These toxic substances also force open the ethereal vortices containing a second set of human sensory equipment and reacts much like forcing open a door which is closed and locked. Drugs and alcohol not only causes an adverse effect on the mind, but the cellular life in the brain becomes incapable of functioning properly.

An inebriated individual does not realize that the cell functions are impaired, nor do young parents-to-be understand the far-reaching effects that weekend drinking might have on their unborn children. It is little wonder that newborn infants often become anxious and fretful when they are suddenly denied the stimuli they have grown accustomed to while within the womb. For this reason, parents who have developed any lifestyle patterns not conducive to producing refined physical vehicles, seldom draw highly-evolved souls to be their children. Higher spiritual souls will be drawn into families that can provide healthy bodies that are free from the senses of the lower nature. Couples who are walking a spiritual path together are therefore urged to dedicate themselves to study, meditation, diet, and thought control before children are conceived. Doing so can make the parents better channels for more highly-advanced beings to come through them.

It is debatable whether meat or sugar should come next on the list of detrimental influences on the human physical body. Sugar would probably rank the worst, based on the sheer amount of this poisonous product that is consumed in most countries. An increasingly large proportion of the world today suffers from sugar diabetes and low blood sugar; conditions caused by past generations' overindulgence in sweets and desserts of all kinds. Instead of a growing awareness of healthy, life-generating meals, the food trend during the past centuries has been gradually toward self-satisfaction through taste alone. The focus on taste has brought with it refined flours, refined sugars, and increased fat consumption; all of which retard the proper functioning of both the organo-vegetative and the cerebrospinal systems.

Among the undesirable effects of humanity's increased bias toward taste is hyperactivity, which has become an all-too-common affliction among children and which has made normal child-rearing and proper discipline extremely difficult. With this has come a decreased ability to control the mind, and a lower vibration rate of the mental functions, making it virtually impossible for a sluggish body to perform properly while filled with countless toxins. Many children who are now classified as slow learners might be helped by merely incorporating a simple but healthy semi-vegetarian diet.

The "sweet tooth" syndrome will not decline rapidly, but with sincere effort, everyone can eradicate much of the intense desire for sweets which has developed over many generations. Because the body cannot satisfactorily handle processed and refined sugars, natural honey becomes a good replacement. However, care must be taken here too, for some beekeepers have begun to feed their bees sugar in order to increase their honey production. This has resulted in more aggressive bees, and poorer quality of honey. The purest types of honey are probably sage or wildflower, because they are less likely to

contain sprays, pesticides, and fertilizers which are used on commercially grown produce. Using fresh fruit, which contains satisfying quantities of natural sugars, and changing one's recipes to facilitate cooking with health in mind, are the beginning steps toward eliminating harmful sugar in the one's diet.

Among the strictly taboo degenerative or biocidal foods (biocidal: life-destroying foods) are the following:

#### PRODUCT - SUGAR CONTENT

Soda pop (8 oz.) = 5 teaspoons

Processed cereals (1 cup) = up to 8-10 teaspoons

Cakes and pies (1 slice) = up to 15 teaspoons

Ice cream (1/4 pint) = 6 teaspoons

Canned fruit (1 serving) = 4 teaspoons

Candy or Lollipop = 8 teaspoons

Sugars, Syrups, Honey (1 tablespoon) = 3 teaspoons

Close behind sugar, in terms of having detrimental effects upon the body, are meat, fish, and poultry. Fish rates second lowest on the list of bacterial contamination, because it receives indirect sunlight or oxygen. The regenerative process of fish is dependent on the water in which it swims, although increased pollution has taken a heavy toll on that process. The exception, are the crustaceans, such as clams, oysters, and shrimp, which serve as the garbage collectors of the sea and the ocean beds. Just as human cells obtain nutrients from a person's food and liquid intake, the same principle applies to all other life forms, including fish. The cells of animals and fish first absorb whatever is needed for their own preservation, leaving little vital force for humans who consume them later. Whatever life force does remain must be considered "recycled" at best.

Meat is the highest in bacterial contamination, with pork in particular considered to be the least healthy, given the pig's unsavory habits. Although the human intestines were not designed for a carnivorous diet, people have consumed meat since the beginning of their preceding animal ancestry; including animal life that lived in the wilds or was raised on open range land. Today, open ranges have become too barren to sustain wild life and the natural habitats of wild game and non-domestic animals are rapidly dwindling. The result is that much the meat now consumed by humans is not nearly as pure as it once was. Even in the earlier part of the 20<sup>th</sup> century loss of millions of acres of natural environment further compound this serious problem. To increase the toxicity of meat, it is often frozen, fried in grease, cooked in microwave ovens (some of which fail to meet minimum radiation standards) or broiled on charcoal broilers.

For the masses of humanity, the purpose of body purification is good health. However, for the spiritual initiate, the purposes are threefold: good health, reduction of the lower vibratory forces at all levels, and the positive karma of preserving life whenever possible. It is the lover who receives love, the protector who is protected, and the peaceful who brings peace. When people destroy living things, the animal instincts within their own natures are intensified.

One of the first questions people ask when first considering natural or biogenic living pertains to maintaining proper levels of protein in their diet. They often don't

realize that 100% of the protein intake of an animal comes from grains and grasses, and that 90% of that protein intake goes to sustain the animal organism. By the time a person eats a piece of meat their actual protein intake is reduced to 10% of the original amount consumed. Not only is that protein recycled, but it is then further reduced by cooking. Vegetables and grains can provide all, or most of the necessary protein. The same principle is applicable to all vitamins and minerals, with the lone exception of vitamins B1 and B2, but with natural cheeses, lentils, rice, and legumes, even acquiring these nutrients need not be a major concern.

Fowl appears last on the list of bacteria-producing agents, because of its shorter lifespan, its protective coat of feathers, and its direct exposure to air and sun. However, even these qualities have all but disappeared, as more and more hens are grown in a manner so as to increase egg production. When fattening agents and hormones are introduced into their diets, and the animals are confined to small closed pens, bacterial contamination grows. Similar conditions negatively affect the milk of cows and goats.

The yellow yolk of an egg, which resembles the sun of the solar system, is one of the most complete foods available. The egg contains almost all vitamins, many minerals, and for centuries has been a valuable dietary supplement. This does not mean that one should consume large quantities of eggs, for an individual may then be faced with excessive cholesterol intake. Nor should eggs be fried or used too frequently in cooking. The solution is to eat fresh produce from the country, and free-range, grain-fed chicken sources can still be found if one searches diligently. If the whole chicken is eaten, then one must know that the meat furthest from the intestinal regions is the purest. It is the intestines that carry the waste products of an organism, and which contain harmful bacteria. Thus the flesh closest to the regions where most bacteria originate is the first to be affected.

When trying biogenic living for the first time, many people feel lost when it comes to deciding what to cook. Everything that one really needs to know can be found in the cosmic ocean of thought, which can be tapped at will. This great cosmic storehouse of knowledge can be accessed by one's intuitive nature, and once utilized can turn the biogenic transformation into an exciting journey to the inner cosmos. There are also many fine books on raw food diets and gourmet vegetarian cooking to be found in health food stores, along with complete instructions on sprouting. For a beginner making the initial serious change from a meat-based diet to one consisting of natural foods, the transition should be made gradually, and be thought of as an adventure into a new world. One must remember that along with the new and different kinds of foods being consumed, the subtle layers of the subconscious must be completely re-programmed. To attempt any such change too rapidly only assures that the change will be short-lived.

According to the modern science of biogenics, foods are classified into four general categories:

- Biogenic – all living food in sprouting or young-growth phases from 3 to 21 days. This food emits the highest degree of active life-generating force, and ideally should represent 25% of all food consumed.
- Bioactive – all living, uncooked food in advanced growing stages, such as fruit from trees and fresh vegetables from the garden. This food emits the

second highest degree of active life-generating force, and should also represent 25% of all food consumed.

- Biostatic – all natural food which has been cooked, such as garden vegetables, rice, and legumes; plus milk, cheese, eggs, and nuts. For the beginner, the daily intake can consist of a 50% biostatic diet to allow for natural grain breads, exotic vegetarian casseroles, soups, etc. Biostatic foods do not destroy the body, and can provide numerous necessary supplements of protein and minerals.
- Biocidic – all foods which actually destroy health and vitality. This category consists of all meats and meat byproducts, any processed coffee, tea (excluding herbal teas), packaged and/or canned foods, and any processed foods or items containing preservatives. Ideally, much of the biocidic foods should, be removed from the diet.

The percentages suggested here are designed with the beginner in mind. As one progresses further into biogenic living the percentages will change, as more and more biogenic foods are introduced into the organo-vegetative system and fewer biostatic foods are consumed. Eventually, biostatic foods will represent about 25% of the diet, bioactive food about 50%, and biogenic food intake will constitute the remaining 25%. Considering weather variances and cold winters in many areas, a 100% biogenic diet is not necessarily recommended. In severely cold climates, nutritious soups, legumes and rice are important for one's well-being, as the average human organism is not sufficiently refined to escape some reaction to extreme temperatures.

If it seems as if this list eliminates all the good tasting things in life, the student must remember the wonder of the imagination and the exploration of different and better foods. With a little effort, one soon finds that everything on the biocidic list can be replaced in a healthy and delicious manner. The new mental concept should be not "I must do without my favorite foods, but rather "how might I prepare this dish in a healthy manner?"

As the toxins of the body are gradually removed through bodily purification from exposure to fresh air, sunshine, water, and proper food, noticeable changes begin to take place. One experiences less illness than before, and if an illness does occur, the bodily system is able to rid itself of the disease more rapidly. Mental processes become sharpened, the aging process slows, and one is more easily able to tolerate extremes of heat and cold.

To more fully explain the reason for this metamorphosis, one might consider the human organism before biogenic living begins. An organ, such as the brain or the heart, serves the whole body the same way that a country serves the whole planet. Each country or organ has a specific role to play in the good of the whole, and if one breaks down, then it causes a breakdown in the entire system. When a country goes to war, it affects the whole world by threatening danger to all life. When a disease afflicts an organ within the human body, cell armies of white corpuscles are called out to fight. In both cases, the whole is left more vulnerable to outside forces existing elsewhere in the cosmos. Even the brain which contained a buildup of many toxins becomes plugged, much in the same

manner as a strainer that has been not been properly cleaned. The pure and immortal essence of nature can no longer flow through the clogged cell life, and the cells become subject to illness as limitations are imposed upon them. As a result, one may experience poor grades in school, hyperactivity, inability to focus and control the mind, boredom, and later in life, the dreaded potential of Alzheimer's hovers in the dark recesses of the organism. But if proper life-giving nourishment is continuously provided, the toxins cannot take hold or remain in the body.

A slowdown of the aging process occurs in a similar fashion, for the cells living in the human ocean can only take their nourishment from what a human being has provided. The unhealthy human cell organism cannot restore itself in sufficient time to halt the continual degenerative process, if it is denied the natural ability to regenerate itself from exposure to trees, grasses, plants, and sunlight. The result is that one experiences old age and death before their time. While the aging process is not totally dependent on what is eaten, food is an important factor when combined with proper activity and proper thinking, for it can dramatically increase the lifespan of the typical human by several years. In today's world, the average person is often considered old at seventy-five, and passes into retirement with numerous infirmities. Many people have little will to live by that point, and are submerged in an existence of dull sameness, when they should be experiencing the greatest years of their lives. Since the human body is a living, holy organism and the temple of the living God, the spiritual initiate must seek to preserve their temple for the divine nature.

Contrary to the concepts of some idealists, the time for immortalizing the physical body has not yet arrived, because the human is not yet sufficiently advanced for this to occur. However, it is possible that somewhere, sometime, many thousands of years ahead in the golden age of humanity, the human organism could become so refined that death will become obsolete. That is, of course, if humanity refrains from the temptation to annihilate itself and the planet. Fortunately, it is not necessary to wait for a golden age to dawn, for a graduation beyond mere human form was possible yesterday, is possible today, and will be possible tomorrow.

*The chessboard is the world; the pieces are the phenomena of the universe; the rules of the game are what we call the laws of Nature. The player on the other side is hidden from us. We know that his play is always fair, just, and patient. But we also know, to our cost, that he never overlooks a mistake, or makes the smallest allowance for ignorance.* Thomas Henry Huxley

## ***CHAPTER 11***



### ***THE SCIENCE OF HEALING***

There is one aspect of Jesus' work that has attracted more attention than all of his other teachings, and that is the science of healing. In this area more than any other, people could see a tangible demonstration of the higher creative power in action. In the Scriptures, one reads that Jesus healed the sick, helped the blind to see, the lame to walk, and even raised the dead. Since that time, many believers have attempted to emulate his ideal by realizing that they too could access this mysterious power, through invoking Jesus' name. These people went forth to heal others, but in many cases those who were healed once again became sick or died, because their medication had been taken from them. Eventually the wrath and fury of the medical profession descended upon these early practitioners of the natural healing sciences, and certain types of healing work were limited by law, or even prohibited outright.

With the blind leading the blind, disaster soon struck, and the healers were left to pick up the broken pieces. The natural-based healing community carefully reconstructed their ancient craft, and because their basic concepts were good, the mainstream medical science community eventually began to take a second look at their work. Gradually the art of healing began to move toward its next level of evolution. Today the practitioners of natural healing have learned to be more careful, and are taking the time and effort to prove themselves. Doctors who labor through years of medical school and burn the midnight oil to deliver a baby, or who leave their comfortable home to go to the hospital and stand through long hours of surgery to save someone's life, do not take criticism lightly. Therefore, the new ways of healing require cooperation with the principles of medical science, rather than criticizing it for how it is wrong.

Somewhere amidst the chaos of reflexology, psychic surgery, lying on of hands, mental therapy, zone therapy, acupuncture, and bio-feedback, a subtle thread of truth emerged. A few members of the medical establishment have studied it carefully, but their acceptance of various alternative healing methods will not come overnight. It took years of patience and persistence to prove the effectiveness of natural healing techniques. Holistic healing is still an infant of the future, however, growing bigger and stronger as the generations pass. Because it contains the seeds of purity and divine power, it cannot be destroyed. The current trend is called integrated medicine, which combines nutrition, alternative medicine and regular medicine, and is showing general acceptance by physicians throughout the world wide.

When the new world of medicine reaches its fullness most people will have learned to utilize natural and cosmic laws. Until that day, the infant practices must learn their lessons, and pass through the painful growing years, like a tiny seed in the earth

stretching and struggling toward the sun. Powerful institutions like the American Medical Association still typify the mass consciousness of the past. They have buried their tentacles deep, and like the dogmas of religion, their grip must be loosened gradually so the wounds of misunderstanding do not prevail. These changes may be painful, but they are inevitable. As with the power of intuition, natural healing is here to stay, for it too is immortal in its own right.

Today as never before, humanity has a great need to understand the wonderful world of healing. Most people can no longer afford extended hospital stays, or expensive long-term medication. Many people lack any healthcare. It is important to realize that natural healing powers live in and around each person. As with any other power, the proper utilization of these powers determines the extent of their usefulness. As is the case with all powers, there are individuals who have not yet developed their potential, and there are others who have achieved far greater powers than most modern healers have ever experienced.

There are four major types of healing, and all techniques come under one of these four categories in one way or another. First; are healing systems pertaining to correction of the physical body. Next; is healing work done through the ether body, such as psychic surgery and aura correction. Next; the mental level in which close attention is given to reprogramming cell life, and the subconscious layers of the human mind. The final level; spiritual healing, in which the finite mind submerges itself in the infinite consciousness in order to become like the hands and feet of God. This level is the highest pinnacle any healer can reach; thus it eludes anyone who has not yet not raised and achieved union with the inner God principle. Although many believe themselves to be spiritual healers, the techniques they apply almost always fall under one of the other three categories; the most common of which is thought force at the mental level. It is God alone who contains all powers, and who responds at the level being utilized. Therefore, integrated medicine which aspires to treat the entire person and affect a cure at every level of the human being is an excellent beginning for the dawn of tomorrow's medicine.

There are numerous causes of malfunction in the human body, and without the aid or insight of a higher consciousness to determine the true reason for a given illness, any healing that takes place may be only temporary. Purification of the physical body is the most important preventative factor to expedite a rapid passage of any disease through the system. People who suffer from depression, unhappiness, hatred, anger, and hostility will have more difficulty remaining healthy than someone with a pleasant attitude and a well-adjusted life. Even illnesses and deaths from past incarnations have been known to produce psychosomatic symptoms in a person's current life. Thus the true underlying cause of an illness may be so subtle that it eludes discovery or recognition by medical science or psychiatry. With so many potential factors involved, anyone seeking to become a good healer must first develop a high degree of intuition, or else little will be accomplished. One example would be to attempt to use thought force to regenerate a suffering organ for a person who is a hypochondriac. Under such adverse conditions, the hypochondriac is likely to remain in ill health, and the healer would be blamed for the failure to heal.

Anyone desiring to become an effective natural healer must understand the functions of both the bodily system and the mind. They must possess the ability to perceive both the past and the future, and be adept in understanding the patient's current

life pattern and how it may be creating or producing an unhealthy condition. Only by knowing the complete picture can a correct and permanent cure be found. To give an herb to someone who wishes to take their own life would at best accomplish very little. However, to understand the deeper reasons for the suicidal desire, and to help change that desire into a will to live could save a life. It's easy to see how, by not considering all possible preconditions surrounding an illness, impatient or incompetent healers have brought down upon themselves the wrath of the traditional medical. It requires as many years of study for one to become adept in natural healing as it does to become a medical doctor. Even then, if the God principle has not yet been within, they are like a surgeon attempting to perform surgery with one hand.

An adept on the spiritual path soon learns they cannot perform their greatest work until the will of the Creator is manifest in them, nor can they fulfill their higher potential until the divine purpose is revealed. Therefore, the true seeker does not tarry long in the lesser planes of the healing sciences, any more than they do in the lesser worlds of prophecy. This does not deny anyone the opportunity for exploration of all the various spiritual fields; rather it enables the dedicated seeker to safely pass through the dangers of becoming enmeshed in any one aspect. As with all the other powers, there is another door to open and a greater level of understanding just over the horizon.

Any healer should learn to properly utilize all the laws of healing, but they must also understand that the subtle tides of cause and effect are also exerting their own influences. With this in mind, the initiate realizes that the ability to first heal themselves is a prerequisite for healing others. The healer also recognizes that any transference of healing energy carries with it the transference of their own consciousness. If one's personal disposition is adverse, it too will be passed on to others during the healing process. Not only the healer must understand this, but one seeking to be healed must also be careful. One should be as cautious in their selection of a healer as they would be in the selection of a medical doctor.

Most of the attention in the following pages will be directed toward the science of self-healing, as it is here that all healing must begin. If each person properly utilized the natural forces of sun, water, air, and healthy food, most illnesses could be prevented, and prevention is the best cure. To claim that perfect health can exist in a world of economic pressures and pollution would be tantamount to declaring the reality of a non-existent utopia. It is, however, completely within the human reach to radically reduce physical infirmities, and this is a responsibility shared equally by all.

When illness strikes, the first factor that should be examined is one's diet. When a bodily organ becomes infected with disease, it means the organ is vibrating at such a low frequency that disease is able to enter. Few people realize that contagious diseases are mindless wayfarers that wander among the lower spheres of material existence. When the preconditions are present and provide a comfortable home, then the disease ceases its wandering and moves in. If the bodily system is free of toxins and consumes only foods that are free from impurities, there is little opportunity for illness to find refuge. A purified body is actually able to sense the first penetration of disease and experience the exact moment of infection. Flu viruses and dysentery are just two examples of such wanderers moving to and fro in the lower vibratory ethers, ready to move in on vulnerable subjects. Regretfully, this problem can never be totally eradicated as long as there is one ill person harboring disease.

Non-contagious but destructive diseases are generally manufactured from within the human body, through misuse of Natural Law, or through mental and emotional turbulence, which in turn causes improper digestion of food and secretion of toxins. Two prime examples of such conditions are heart disease and cancer – generally ranked as the most common causes of death. Many of kinds of diseases could be eradicated by purifying and strengthening the organo-vegetative system and re-programming the layers of the subconscious mind. Genetic and hereditary diseases could also be gradually reduced through regeneration of the physical body, as many of the inherent tendencies of the parents are passed on to the embryo and erupt into various diseases or illnesses.

One example; the infant child of a drug addict is often born an addict, because its physical body is an extension of its mother. When a mother builds a body for a future incarnating soul, the vehicle can only be made up of materials available within the mother's own body. An embryo develops just as a planet grows from within itself, drawing its needs from the surrounding cosmic and natural forces. Thus the embryo will usually contain the potential for any disease which is inherent in the mother. Although a disease may not be obvious at birth, its seeds often lie dormant until the preconditions conducive to life have been developed.

A person's ability to heal themselves is next in importance, especially in these severe economic times of the 21<sup>st</sup> century. Surrounding the organo-vegetative system are numerous purifying forces that can be utilized as needed, such as sun, water, and air. Although the human body already uses all these forces naturally, and in varying degrees, far greater benefits can be experienced when a person consciously becomes their director. For instance, when one's mind is focused upon the sun, the union between the body and the sun is increased. The same principle is also applicable to all the other natural forces, which are used daily by everyone, only at an unconscious level. As an individual becomes familiar with the Laws of Nature, they can reprogram the layers of the subconscious into healthy thought patterns, and in the process, develop spiritual healing that encompasses good health on all levels.

Understanding holistic healing on an individual basis is important, because all disease is a direct result of the misuse of Natural law at one level or another. Therefore, when illness strikes, the following steps should be taken:

#### Step 1: Purification of the Diet:

Diet is the first thing to analyze when illness occurs, whether it is a common cold or some dreaded blood disease. Meats and sugar must be completely eliminated. More than any other foods, these two toxic items have aided in not only establishing many of the preconditions for disease, but at the same time they lower the overall energy patterns and resistance in the bodily system. Next to be eliminated, if possible, are starches, canned and frozen foods. Once illness strikes, it is imperative to turn toward only those foods that are regenerative. Merely going to the doctor every time an illness occurs neither corrects the original problem nor benefits the total body system in the future. Penicillin is known as a "wonder drug" and has saved many lives, but it also depletes or destroys good bacteria produced in the colon. Lactobacillus, which is found in acidophilus culture, yeast, and mild whey, not only maintains proper acid balance but provides a natural antibiotic. Liquid acidophilus can be purchased in most health food

stores, and three ounces taken four times a day for two days, along with adequate water intake, fresh fruit, and a large vegetable salad with alfalfa sprouts is a strong countermeasure to even the strongest of viruses. With serious diseases such as cancer, biogenic living, as outlined in the preceding chapter, should become a way of life.

Since liquids are extremely vital, fruit juice may be diluted and consumed in the proportion of one-third juice to two-thirds water. This not only aids in flushing toxins out of the system, but limits the possibility of excessive natural sugar, which could cause a reduction in the vibratory molecular motion of the body. Keep in mind that biocidic foods slow down molecular movement in the human organism, and that slower vibrations increase one's susceptibility to disease. Although misuse of natural law produces illness, it is rarely too late to remedy the situation. A clean and happy home can create vibrations so high that, even without the use of sprays or other toxins, the infiltration of filthy insects and other disease carriers may be reduced.

Proper intestinal care is also important during illness. Constipation slows down the natural recuperative processes, lowering one's resistance to future diseases. Taking laxatives, though sometimes necessary, should not be considered a healthy option, as laxatives actually weaken and otherwise endanger the natural functions of the colon. A good remedy for constipation is the addition of raw bran to cereal or fruit; a practice which maintains the beneficial bacteria within the intestines. Daily consumption of at least three teaspoons of bran, along with adequate liquids, should be a staple of one's diet. In rare cases of chronic constipation, raw bran can be a virtual wonder substance. However, when serious illness prevails, a few thorough enemas or colonic treatments are recommended to thoroughly clean out the lower colon and rid it of harmful bacteria. A malfunctioning or impacted colon becomes a breeding ground for destructive bacteria, and is another primary factor in slowing down the overall molecular activity of the body.

Step 2: Utilizing the forces of the sun, water, and air for their healing powers.

A. Sun: Humanity's Brother Sun represents the most powerful visual source of energy. It can be used by everyone on an individual basis, and in varying ways; from building solar-powered homes to natural healing. As a healer, the sun can be likened to a great cosmic biochemist which treats all impurities, cleans cell tissues, and provides abundant natural energy that is stored in cellular structures. Since the earth was born from the sun, all life on earth depends upon the sun for its existence. The human body which is comprised of mostly water, and water is two elements of hydrogen and one element of oxygen, is occasionally as the human-ocean. Thus the sun and humanity are eternally united, and walk together on a journey of common cause. Separating the human organism from this vital source of pure natural energy can breed a multitude of infirmities.

In using the sun for disease prevention, one should ideally sunbathe three times a week for 15 to 30 minutes each session. Daily sunbathing is only permissible if done in shorter increments that do not exceed a maximum of three hours per week. Because the solar energy is very powerful, too much radiation can create a breakdown of cell tissue, causing premature aging, dehydration, lethargy, and heart problems.

As a healing force to be used in transmuting illness, however, the sun is a worthwhile and valuable friend. Short periods of sun exposure, as well as daily airing out of rooms occupied by sick individuals, are a necessity for all who are ill. While one

should always take steps to ensure the body is not unnecessarily chilled, it is also necessary that as much human tissue as possible be directly exposed to the sun's healing rays. During these regular half-hour solar treatments, the patient should focus their mind upon the sun, allowing an even stronger connection between its radiation and the human organism.

In his teachings on body regeneration contained within The Lost Jesus Scroll, Jesus referred to the forces of sun, water, and air as angels of the Earthly Mother, and he outlined special communions which enabled humanity to achieve unity with each of these forces.

An excerpt from Jesus' teachings on the Angel of the Sun states:

*"...put off your shoes and your clothing and suffer the angel of sunlight to embrace all your body. Then breathe long and deeply, that the angel of sunlight may be brought within you. And the angel of sunlight shall cast out of your body all evil-smelling and unclean things which defiled it without and within. And all unclean and evil-smelling things shall rise from you, even as the darkness of night fades before the brightness of the rising sun. For I tell you truly, holy is the angel of sunlight who cleans out all uncleanness and makes all evil-smelling things of a sweet odor. None may come before the face of God, whom the angel of sunlight let not pass. Truly, all must be born again of sun and of truth, for your body basks in the sunlight of the Earthly Mother, and your spirit basks in the sunlight of truth of the Heavenly Father."*

**B. Water:** Water has long been recognized as one of the finest natural remedies available for combating illness. Water provides regenerative forces to the blood stream, abdominal tissues, and the bodily organs. Water flushes and internally washes all the inner parts of the body, including the colon. Just as regular bathing reduces diseases incurred because of dirt and filth, inner bathing assists in washing away disease-causing agents.

A normal diet should always include ample intake of fresh clean water, but during times of illness, one's intake should be increased to a minimum of 6-8 eight-ounce glasses during every 24-hour period. Along with the bodily flushing process, sufficient water consumption also ensures proper hydration. Cold or hot water sipped very slowly can reduce overall body heat or chills, depending upon the individual situation. The elixir of water is also quite useful in vapor inhalation, compresses, and healing baths.

**C. Air:** In the 20<sup>th</sup> century, one of the most common detriments to healthy human life is the lack of clean, fresh air. Many people spend their days confined to offices, factories, and airplanes; followed by commuting in stuffy closed vehicles. This is followed by more time indoors spent in recreation or absorbing the radiation emitted by TV's and microwave ovens. It's little wonder that humanity struggles to remain healthy under these common circumstances. Like oxygen itself, clean air is an integral aspect of human life, and there can be no quality existence without it. While prevention is always the best cure, increasing one's oxygen intake during times of illness will assist in speeding up the regenerative forces.

In most areas except those where air pollution is not a major factor (such as large cities such as New York, Los Angeles, Detroit, Chicago, and Houston), windows in the

home should be left slightly open at night, even in relatively cold climates. Any electric heating blanket should be discarded immediately and replaced with natural-fiber blankets. This ensures adequate warmth without heavy blankets or electric heat which actually robs the body of energy. Even during colder weather, a bit of fresh air should be allowed to flow freely through the home; particularly in rooms where fireplaces are in use, as fireplaces can use most of the oxygen in the immediate vicinity.

While these practices should be followed at all times as preventative measures, even greater care must be taken during times of illness. In heavily polluted areas, where it can be more harmful to open the windows than to keep them closed, fresh oxygen must be provided by other means. In these situations, armed with the knowledge of biogenics, one can adopt the practice of growing indoor wheatgrass meadows. An indoor wheatgrass meadow can be created following these simple instructions:

Soak  $\frac{1}{2}$  cup of wheat overnight, rinse thoroughly, then place in a wide-mouth jar. Make a lid of cheesecloth, fasten with a rubber band, and stand jar upside down at an angle to drain. Rinse well twice a day for 2 days. Next, lay sprouted wheat berries on at least 3 inches of dirt in either a shallow plastic pail or metal pan (you do not need to cover the seeds with dirt; they will root themselves.) Cover with a moist towel for 2 days to allow the seeds to root, and place in a well-lit area such as a window box. Spray lightly 2-3 times per day, and by the 7<sup>th</sup> day, the meadow will begin to emit a large quantity of pure oxygen while absorbing carbon dioxide.

The meadow should then be placed at the head of a sick-bed and changed every 10 days, or whenever the grass begins to lose its healthy appearance. For those who are not bed-ridden, five minutes of slow, deep-breathing exercises performed twice a day and again before bedtime will also expedite the healing process. This may be supplemented by placing a wheatgrass meadow in front of the body. In less polluted areas, one should exercise near an open window, while taking care to keep warm. Breathing should be slow, regular, and deep, with one's concentration focused upon the breath flowing through the entire body. To set the appropriate pace, inhale for a count of seven, hold the breath for a count of seven, and exhale for a count of seven.

As the body is exposed to its natural environment, it transmits and receives the cosmic rays which are necessary for its survival. Even more importantly, it gradually builds a unity or oneness with all natural forces. As a greater amount of pure air is absorbed into the organo-vegetative system the energy flow increases around each cell. The cells also breathe in and out, releasing impurities and absorbing the fresh supply of energy. If fresh, life-giving forces are not provided for the body, the healing process will take much longer.

While the higher use of sun, water, air, and proper food intake can prevent illness and correct many of the preconditions which breed disease, it is possible that particularly in cases of serious illness, further steps will have to be taken to complete the healing process. Under these conditions, self-healing treatments are prescribed, and the number of daily treatments will be determined by the severity of the illness. For common maladies such as colds, flu, and minor injuries, one 30-minute treatment should be sufficient. For more serious situations, two 30-minute treatments are recommended. Since aspects of the whole self are involved, the healing treatments must be designed to include the body, mind, and soul; whether one is healing oneself or others.

Healing treatments should always be done in well-ventilated rooms, and the body can be covered to maintain sufficient warmth. Comfortable and loose clothing is recommended, and treatments conducted with patients in either a seated or reclining position. One of the major difficulties is the inability of the average person to focus their mind for long periods of time. Thus it is quite common for patients to drift off to sleep, which actually cuts short the regenerative process. If this happens during treatment while in a reclined position, one should change to a semi-sitting posture. In any event, however, the healing should be done in a bedroom, as most rooms are psychologically associated with greater physical activity and are thus not conducive to proper healing treatment.

Preparation for healing begins first with prayer, for all healings are accomplished by the power of God; regardless of whether they take place at the physical, mental, or spiritual level. Prayer places the mind in the proper receptive condition for utilizing the numerous cosmic forces which surround people in day to day living.

The subconscious mind houses all of one's past experiences and one's preconceived ideas, which are frequently the cause of one's health problems. It is at this level that the work begins, in the form of suggestive, or self-suggestive healing, which is a process of re-programming the adverse aspects of the mind. When a medical doctor issues a prescription, and they tell the patient they should feel better in a few days, the patient generally assumes the doctor is correct, and that their health will in fact return within that period of time. Each time medication is taken a patient believes or even knows it is producing a healthier state of being. A repetitive thought process of a positive nature is a major step to suggestive healing.

When self-healing treatments are performed, powerful unseen forces are evoked and brought into the radius of the body, creating a continuous process of improvement. Because these forces are natural, they will hover near the physical body until they are totally consumed or utilized. A major problem in effective self-healing is that treatments of any kind require time and effort. For the sake of convenience, many people would rather go see a doctor; not realizing that the time used in driving to a clinic and waiting to see a doctor usually exceeds the time required for a typical home treatment.

The subconscious mind can be described as a filing cabinet for the consciousness or the thinking body; containing within it the accumulated fear, love, hatred, and desires bred through many generations of existence. Each thought has a certain vibratory effect on the minute individual cell life of the body, which, if left alone, would function each according to its nature. The result is that negative emotions such as anger and hatred can poison the body by producing harmful toxins in the digestive system. The practice of suggestive healing induces positive thoughts in the mental process; thoughts which will eventually reach into the subconscious and begin to play back new concepts of health. The cellular mind is a reflection of each person, just as each person is a reflection of the Infinite. The consciousness of humanity dwells within even at the cellular level. Therefore, as one prepares for a healing, one must consciously think positive thoughts such as, "I am now beginning to heal myself."

For those who perform natural healings on others, a skilled intuitive ability must be developed, as each individual consciousness rules its own bodily system. Although positive thoughts may be in the mind of the healer, they must also exist within the individual seeking to be healed. If positive thoughts are not present, the treatment will lose its full potency, as negative thought patterns undermine positive changes within the

cellular organism. Without the aid of a developed intuition, it is impossible for a healer to review both the cause and the effect of an illness. One may fail to perceive in the patient the negative forces which are produced by the residues of past incarnations, or adverse behavior patterns of the current life.

Solar healing is one of the best, if least well-known, healing techniques in the modern world. Within the earth's atmosphere, small particles of light energy fall constantly, like snowflakes on a winter day. The best way to view this phenomenon is to hold one's eyes in a fixed position while looking to the unobstructed horizon on a cloudy day. As the eyes focus in this position, one will begin to see thousands of tiny light fragments floating in the ethers. These fragments are minute particles of sunlight which can be consciously controlled by one's thought force, then used as collective energy fields for healing illness and other areas of malfunction. Just as acupuncture moves takes energy from the unseen field that surrounds the body and moves it to a specific area of disturbance for healing, the mind is capable of performing a similar function with fragments of solar energy. Beyond that level there is a healing technique which utilizes breath called pranic healing, or the same invisible universal energy used by the Creator in material manifestation. In Genesis, this is referred to as "the breath of the spirit of life."

In order to utilize either solar or pranic healing, the body of the one being healed should be in a relaxed position, and a slow, rhythmic breathing pattern established. Pranic or solar energy is then inhaled deeply into the affected area with a mental command that the diseased condition disappear. To better facilitate this practice, one's hands can be held on the area which is experiencing the problems, and a mental image of a pump clearly held in the mind. Inhaling represents the upward stroke of the pump handle, while exhalation represents the downward stroke that pumps light energy into the afflicted area. Holding a clear mental image in this fashion directs the force of healing to take place. Thus, when an organism is imaged as healthy and whole, the force of thought serves as both instructor and commander of the healing energy. Twenty minutes of regular deep breathing with the attention focused on firm mental projection is usually sufficient to affect a profoundly regenerative healing action.

Perhaps the most misunderstood of all the healing processes is that of thought force, which is commonly believed to be the same thing as spiritual healing. Although all of the powers humans have emanate from a singular cosmic source and are thus spiritual in origin, pure spiritual healing actually comes from the ability to merge the one's self into the Cosmic Consciousness and lose all awareness of one's self. It is this aspect or method of healing which the initiate and the adept should strive to reach, however, it is usually more effectively accomplished in the later years of one's spiritual development. When someone projects outward with the finite mind; regardless of whether the technique one uses is light, prana, visualization, or attempts to mentally affect another's consciousness; this healing power is one of thought force, or thought force combined with substance.

Since each cell, and each being, has an independent consciousness that can be affected by outer forces, thought power plays a very important role. As always, however, there is the matter of the Law of Cause and Effect, and one must remember that each thought process is an extension of one's own consciousness. Healers who experiences negativity in their daily life, and who have not developed the ability to clear and purify the mind, pass their negative energies on to others. This is one reason why any good

spiritual teacher will always stress the merits of self-healing. Since the controlling consciousness always rules, the person or organism being healed may not accept a directed thought force of healing energy, and in that case, the healer would be wasting their time. Of course, the degree of receptivity on the part of the person being healed can best be determined by spiritual adept that has developed a high level of intuition.

There is no question about the effect that the power of thought force can have upon the consciousness of minute life forms. From the smallest particles of matter, to cell life itself, a superior consciousness always takes precedence. Careful discernment must be developed by all healers, for all life forms, including humans, are governed by even higher laws which are not always within the control of the human mind. When the laws of nature are properly learned and mastered, illness is seldom experienced. All things then have the opportunity to act in a manner true to their higher nature, and in harmony with the greater divine power.

As mentioned earlier, the highest form of the healing arts is spiritual healing. Unfortunately, spiritual healing cannot be utilized to its maximum potential without first developing the higher consciousness. As with all the other powers; it is recommended that the initiate first seek God above all else, for God remains the infinite ruler over all levels of existence. As has been stressed so many times in this book, in order to tap His power, one must resurrect the inner God particle and restore him to his heavenly abode, and then become one with Him. However, such a feat is more difficult than it sounds, for humanity is unable to fully understand the nature of the Creator who is pure consciousness.

The following exercise was designed to aid one's consciousness in its journey toward life's ultimate goal of union with the Divine. Whether in healing others or oneself, this higher level of consciousness must first be reached before a miraculous healing can be accomplished.

First, quiet the mind by focusing on a gentle sound such as the singing of a bird, or the faint whisper of the wind blowing through the trees. When this silence and stillness is attained, one sees the darkness which lies beyond closed eyelids. Know that it is through this tunnel that each person must journey to reach the land of the immortal. Slowly moving through this fine mist of night toward the brilliant white light ahead, the mind returns to its Source. Approaching this great light, the human being, in consciousness, kneels and makes their request:

*“Heavenly Father, ruler of all heaven and earth, I come to you in humble prayer to request a healing of my body. Please allow your healing power to become one with me, and perform your powerful works within me, so that I may live in you, and you may ever live in me. Amen.”*

Next, enter this light, and feel the Divine healing power flow through you, but strive to keep your consciousness centered in Him until awareness of the human form totally passes away. There should remain only one experience, and that is of total unity between human and God. When the healing treatment is complete, again in full consciousness one should give thanks in the following manner:

*Heavenly Father, I give thanks, for your grace has granted me your healing touch. You are all powerful, omnipotent, and omnipresent, omniscient, and you are my God and I give thanks that your presence is always near. Amen.”*

When the healing treatments have been completed, it is best to sleep for an hour or two before returning to daily activities. This better enables the rejuvenating process to continue without interference from the negative thinking patterns so often produced by illness.

Upon awakening, one should try to keep a healthy pattern of self-suggestion until healing is complete. It is not at all unusual for a healing received during a treatment to continue its work for many hours afterward, similar to a recuperative process produced by regular doses of medication. At other times, if total oneness has been experienced, instantaneous or seemingly miraculous healings may occur. If this happens, they should be highly-regarded, for they have been granted under the Law of Grace by God.

Healing is a sacred art. Its greater powers are the privilege of a select few who have given their lives to maintain its purity, uncontaminated by misuse. To know that the same consciousness and energy which formed over 100 million galaxies is available to each, and that it is ever-present and eternal, is almost incomprehensible to the finite human minds – yet the fullness of its secret remains part of the heritage of tomorrow.

## ***CHAPTER 12***



### ***KEEPER OF THE LIGHT***

Every individual must diligently work out their own salvation. One of the greatest detriments to anyone who seeks the land of the immortal is to bring their thoughts and actions into harmony. Legends of new and greater horizons often draw impatient aspirants to attempt to cross the cosmic ocean with neither the ability nor the wisdom to properly do so. The powerful currents of unfulfilled desire cause foolish students to wallow in a trough of procrastination and imagination. Each initiate must chart a course and fix their destination if these mysterious and treacherous currents are to be successfully navigated. Each individual has the choice of whether to follow the course established by society, or the trail blazed by the ancient wisdom. Regardless of which path is chosen, there is a price to be paid. A wise initiate charts their course within the boundaries of natural and cosmic law, and their destination must be fixed if they are to be victorious in their quest. It is therefore imperative that each aspirant decide upon an avenue of work that will benefit the planet and aid in transmuting the gross aspects that remain in their lower self.

Throughout its evolution, humanity has to some degree unconsciously followed its true nature. Therefore one should have no difficulty discerning an appropriate field of work, whether it's in the intuitive arts, philosophy, science, or higher learning. Each initiate must remember that an aspect of the greater divine plan was instilled within the soul essence prior to human existence. Throughout numerous lifetimes, preparation toward fulfillment of this individual role has already taken place. For each seeker on the Pathway of the Immortal, there will come a time to determine exactly what must be done, and what additional training is required to fulfill one's personal role. So much time and energy has been spent in the past on survival and pursuit of pleasure that humanity has become scattered to the point that its mortal nature is almost incapable of achieving true greatness. This unfortunate state can only be remedied by uniting all one's forces toward a common good. A wise minister once said, "A man must pray as though everything depends on God, then work as though everything depends upon himself."

Many people turn their lives over to God; then wait for Him to show them what must be done. Those who believe that nothing more is required of them will usually find themselves back on the ever-turning cycles of rebirth. One must not only turn their life over to God mentally and emotionally, but must also make their body an instrument of divine will in the world. This can only be accomplished by diligent work and perseverance. The captain of a ship or the guide of a mountain-climbing expedition succeeds only when a route or path has been carefully planned, and preparations have been made for surmounting all known obstacles. The living light of the eternal way is the

ideal navigational instrument of the neophyte, and the contents of one's spiritual first aid kit include creative work, the books of the great wisdom traditions, intuition, and love.

To set a proper course, the initiate must look deep within themselves to decide what they most wish to become. They must determine how their personal goals can aid everyone upon the planet. This task of discovering one's ideal role represents a very important step, for it is at this point that one's work evolves from the desire to merely serve oneself to a higher role of assisting God in planetary evolution by committing to serve all humanity. Today as never before, enlightened people are needed in all walks of life, from homemaking to economics, from religion to metaphysics, from healing to medicine. As a general rule, that which lies closest to one's heart also reflects the inherent nature of the individual. If one's goal is not high enough, it will not be worthy of either humanity or God, for there is always an unlimited, unfettered greatness which is capable of mastery in any field if the human nature will only allow it to be so.

The greatest impediment to success of a spiritual mission is self-doubt, or assuming that one is neither ready, nor qualified to be successful in their chosen field. If every aspirant waited until they felt ready or qualified (as analyzed by their own finite human will, rather than by infinite divine will), it is likely that many ventures would end up as just another dream scuttled by procrastination and disillusion. Therefore, the writer must write, the teacher must teach – even if they have only one student - and the artist must paint. In serving the Creator, there is no failure, as the stairway to spiritual attainment is climbed with strength, perseverance, and the courage gained from lessons learned along the way. Creative work becomes but another instrument by which God shapes a greater perfection in all life.

In his timeless book *The Prophet*, the great Lebanese sage Kahlil Gibran said:

*“Then a ploughman said, ‘Speak to us of Work.’*

*And he answered, saying,*

*‘You work that you may keep pace with the earth, and the soul of the earth.*

*For to be idle is to become a stranger unto the seasons, and to step out of life’s procession, that marches in majesty and proud submission towards the infinite.*

*When you work you are a flute through whose heart the whispering of the hours turns to music.’”*

Once an initiate determines their desired role of service, they must begin a training period similar to that of an Olympic athlete. True greatness cannot be achieved without supreme dedication. Greatness is never confined to time, yet it lives in all life. If one is to emerge victorious, they must strive from morning to night to breathe eternal life into their life's work and gather their scattered thoughts to feed their life's dream. Their vision and their reality must become as one.

## THE PRINCE OF PEACE

By: Elizabeth MacDonald Burrows

The following story was entered into national competition and was a winner in the spiritual category.

Long ago in the land of the Yellow Flowers, there lived two men of noble distinction. Now both men, Mr. Lao and Mr. Wong, had become very interested in the study of ancient wisdom as taught by the old and notable Prince of Peace, Gautama Buddha. So impressed were they with Buddha's teachings that they decided it must be restored to the world and, in turn, the peace that had once been brought to their country by such an illustrious man would again live.

As the two men discussed the matter pertaining to Gautama's instructions to those they knew, they began drawing followers. And in time, they became somewhat teachers of the ancient wisdom.

Sitting on the porch one sunny afternoon in amicable discussion of Gautama's great wisdom, Mr. Lao looked at Mr. Wong and said, "Surely, most honorable Mr. Wong, if we were to teach more classes on ancient wisdom, the peace of Buddha would descend sooner."

"Of course, you are correct most honorable friend, but alas, I cannot do this. As you know my wife is a most distinguished lady of the Tea, which requires my escort. My two sons are now with wives. Both Lotus Flower and Sung Lee are preparing to give birth to my first grandchildren, and such occasions I would not care to miss. I can barely make time for my students as it is."

With this Mr. Wong sorrowfully nodded his head.

"Yes, most honorable Mr. Wong, it is indeed a perplexing situation." Mr. Lao replied. "Naturally I am quite aware of your wife's noble achievements, and I congratulate you on the forthcoming birth of heirs to carry on the Wong family tradition. Such has been the custom of our people for many generations."

Mr. Lao beamed joyfully, for he knew that such occasions were very important. After he bowed to Mr. Wong in deference of the worthy events, he went on speaking. "Nevertheless, my notable friend, I believe that something more must be done if the peace of the Golden Prince is to come upon our land. If it does not, then the next invasion of the Kong Army may see us prisoners and our sons become warriors of the Providence of Evil. I must indeed ponder upon this growing threat against our country."

The two men nodded in mutual agreement over the terrible possibility of being defeated by the army of Kong and looked properly concerned.

For a brief time the two silently pondered together. Finally Mr. Lao rose from his straw mat and indicated that he must leave. Upon parting, each gave the other a customary bow of respect.

On arriving home, Mr. Lao went to his wife, who was also a most distinguished lady of the Tea, and spoke to her concerning the matter which perplexed him.

The illustrious woman, Moon Blossom, looked at her husband kindly, and after small bow of respect, she said, "Long I have been your humble wife and mother of you sons. I have always found you to be a wise man. Therefore, my notable husband, I urge you to fulfill that which is within your heart."

Mr. Lao looked with pleasure upon his wife and replied, "Moon Blossom, you are indeed a most worthy wife. However, as a distinguished lady of the Tea, will not my humble activities as a disperser of the teachings of the great Gautama Buddha cause you possible embarrassment?"

Covering the lower part of her face with a fan, Moon Blossom looked at her husband in proper fashion. Then lowering the fan she replied, "My Lord, there can be no happiness in the Tea if clouds from the Providence of Evil discolor it. Nor can the Tea be sweet if my sons fight on the side of darkness."

Mr. Lao nodded his head in agreement and congratulated himself on the divine providence which had caused his elders to pick such a distinguished wife.

Carefully, he prepared for his long journey, taking very little with him except a little book of teachings which contained the wise words of the Prince of Peace. Bidding his wife good bye, he turned away and headed down the long yellow road toward the place where the sky and land became one.

Day after day, Mr. Lao journeyed across the land. He read the words of the little book containing the teachings of Gautama to anyone would listen, and in every city he managed to leave behind a few pearls of wisdom which would defeat the army of Kong. In time peace began to descend over the land, and defeat from the hand of the Providence of Evil was becoming less and less ominous.

One sunny day, as he traveled, a very unusual thing occurred to Mr. Lao. As the follower of the Golden Prince walked along in tattered clothes with his bare feet peeking over worn sandals, a stranger approached him and bowed low. "May I offer my most humble apologies for disturbing your walk, but are you not the notable Mr. Lao, teacher of the words of the Golden Prince?"

Mr. Lao nodded his head in reply and bowed humbly before the stranger because of stranger's old age.

"Then," the traveler replied, "I have a most perplexing problem; perhaps your wisdom can assist me."

"Alas," Mr. Lao replied, "I have no wisdom. Wisdom rests only within the pages of this little yellow book containing the teachings of Gautama Buddha. I am but his humble servant."

On hearing this, the aged stranger beamed brightly, and bowed his head with reverence, as if to acknowledge some great honor. "Nonetheless, Mr. Lao, I have learned that the wisdom of the Prince and the wisdom of your notable self have become one. Therefore, with all due respect to the sacred writings, I still request permission to hear your answer to this most perplexing problem."

Mr. Lao, with some hesitancy, replied, "Although I am truly not worthy, I shall be most happy to listen to the request." Again he bowed humbly because of the old man's age.

Both gentlemen sat down side-by-side, careful not to crush the flowers or hurt the grass out of respect to the ancient teachings of the Golden Prince.

"My problem is this," the aged one began. "Once, long time ago, I had a friend who gave up his accustomed way of life to fight the armies of Kong. I have come to love this friend as a son, although I have never really met him in person. Now, in my old age, I desire to present him with a very special gift. Because it has been many years since my devoted friend left to battle the Providence of Evil I now wish to assure myself that my gift is given to the right person. Can you please tell me how I shall know for certain that I have not erred?"

The two men continued to sit in silence, even when the sun set and a full moon rose over the mountains. As the night passed the old stranger became happier and

happier, for in his eyes the sign of a wise man was someone who possessed careful discernment. Therefore, he deemed that Mr. Lao was indeed as wise as he suspected.

At last Mr. Lao, keeper of the Golden Book of Wisdom, spoke. "Though I am not worthy to answer such a question, I believe that he who went forth to fight the army of Kong would have many battle scars. Since a number of years have passed, his wounds would have produced patience, tolerance, love, understanding, humility, honesty, and wisdom. It is a well-known fact that a seven headed dragon guards the Providence of Evil and that the army of Kong can be defeated only by the dragon's death. It would seem to me that you must then seek for a wise and humble man."

As Mr. Lao finished speaking he again lowered his head, this time out of respect to the possibility of such a wise man.

This answer pleased the aged one so highly that a beaming radiance began to emanate from his face. As it became brighter and brighter even the moon paled by comparison.

Wondering how the sun could rise at night, Mr. Lao finally looked up and beheld the face of the old man. It had changed, and there within the radius of a great light stood his Lord, Gautama Buddha, Prince of Peace, whom he had served these many years.

Succumbing to the radiance of his beloved teacher's face, Mr. Lao fell to his knees entranced and bowed his head.

Lord Gautama beamed down upon the prostrated form and spoke, "It seems, most honorable Mr. Lao that I have found my friend. I am greatly afraid that my humble gift to you is but that of peace, for it is all I own. Since you are the one I have come to find I know you will treasure it well."

Suddenly, Mr. Lao felt a peace that passes all understanding enter into his heart. It entered softly like a soft summer breeze, and when it had settled it was as the calm after a storm and bore with it the radiance of the sun. He also felt oneness with his beloved Gautama and knew that it would be forever thus. When he looked up in gratitude, wishing to thank the illustrious Buddha, the Golden Prince had disappeared.

After a few moments Mr. Lao spied the little book of wisdom lying beside him and touched it with reverence. Picking it up, he tucked it into the worn pocket over his heart where it had rested for so long. Although he knew that he would never need it again, as the words of the great Gautama Buddha now lived within him, he also knew that as he had received it he must one day give it to another.

Many new moons passed before Mr. Lao, who had become known as the "Compassionate One," returned to his old home. His fame had preceded him. Far and wide followers gathered on the grounds surrounding his simple dwelling in the anticipation they too might learn the secret of the Golden Wisdom.

Every one was not happy, however, over the return of the compassionate one. A short distance away, in a rich and lavish house, dwelled one who on this day possessed a heavy heart. He was distraught because the small group of disciples who had frequented his place weekly for many years had recently left him. They had come and told him that they were going to a wise one who was a teacher of golden wisdom. His disciples asked if he join them, but his heart was filled with envy and he chose to remain behind.

At last, no longer able to contain his curiosity, Mr. Wong headed towards the home of the wise one who had been his friend long ago. As he neared Mr. Lao's home

he saw a multitude of people sitting in respectable silence and heard a wondrous voice speak from within their midst;

“For as one drop of water has no power, many drops form a great river which cares for all the land. Yet, is the river complete without the one drop?” As it is with the river, so it is with mankind. Although one may believe that they are not important, together they make up the holy stream that moves all life toward its fulfillment. Each supports others, although they may not know it. It is as the worker in the rice paddies, who makes it possible for a store to sell the rice that you might consume it. Would we have rice to eat if it were not for the person toiling in the paddies, or the workers in the store who supply us?

“Let us then be at peace with all whom we meet and pay homage to every soul, for together we are sufficiently powerful to bring peace to the world.”

As Mr. Wong heard the compassionate speak his jealous heart twisted within him and he resisted going nearer.

At that moment, the wise one saw Mr. Wong standing some distance away. Stopping his discourse the honorable Mr. Lao called out, "Ah! My old and honored friend, Mr. Wong, you have granted me the privilege of your presence after all."

Turning to one of the devotee sitting near him, he said, "Please, bring him to me."

As Mr. Wong was brought forward, he looked upon the face of his long-time friend, Mr. Lao. What he saw instead of his old acquaintance was the face of the Prince of Peace. He fell prostrate before the humble teacher.

Mr. Lao reached out and touched the head of his old friend, saying in a soft voice, "Mr. Wong, I am honored by your presence, for it has been long since we have visited together. Come sit by me".

After Mr. Wong had taken the honored position beside the compassionate one, the teacher reached over and touched him again, saying, I have carried a small and humble gift for you for some time. Now I ask that I might have the privilege of giving it to you. It is all I own, as the rest belongs to the Prince of Peace."

Then he handed Mr. Wong a faded, worn, little yellow book of wisdom.

This story illustrates the kind of dedication that is required to fulfill one's mission or to achieve lasting greatness; neither of which are measured by one's material wealth or fame. Regretfully, few people are willing to give up the personal life for the impersonal life, and even most spiritual seekers believe it is unnecessary to do so anyway. Thus, when a Christ or a Buddha appears, the multitudes are in awe and begin to worship the great teacher, failing to realize that a similar seed of greatness lives within them. Others who have begun their conscious spiritual journey have a tendency to look only at where they are today, rather than at where they are going, thus limiting their awareness of higher possibilities.

If the tiny grain of the God particle is not carefully nurtured by spiritual practices conducive to its growth, the initiate will lack the internal power to meet the greater challenge of mastery. Today, only about 2/10ths of one percent (.002) of the world's population manages to attain this birth into higher consciousness. This unfortunate reality emphasizes the fact that mass consciousness is still lives within the narrow prison confines of the human world and is unaware of the greater vistas that lay beyond. In

simple, personal terms it means that each individual must surrender a myriad of their outer interests in favor of one great work. That one work can be considered eternal only if it is designed to serve the good of the entire world,

Due to a lack of education and a fear of failure, millions of people are helplessly and hopelessly tied to jobs which they dislike. Like mindless machines, they get up early in the morning and leave for work at the same time each day. Within their highly-computerized offices and cubicles, they sit, performing the same mundane functions over and over. In their hearts, they long to be free and soar like a bird. However, trapped by daily reality, they are afraid to fly, lest they go hungry and die. Thus, the masses turn their backs on true freedom while clinging to a possible promotion and an empty dream.

As a result of Earth's planetary evolutions, human nature has passed through numerous individual incarnations, providing each human with diverse fields of education. Compelled to work in different roles during different lifetimes, or to more fully perfect a favored occupation, each soul has gradually developed into a multi-faceted, multi-lateral being. As these accumulated experiences from each human life have been channeled through cosmic layers to the soul's inner storehouses, each human has become more than they believe themselves to be. This valuable warehouse of accumulated knowledge is available to the spiritual aspirant who seeks to fulfill a higher planetary purpose. An eternally flowing wellspring of cosmic consciousness contains all knowledge and experience, and emanates from the very source of life itself. Formal education is no criteria for success, but may be used as another vehicle in the spiritual journey.

During the next 2000 years, human exploration into a vast number of new areas will be needed. This exploration must not be governed by others, but must be an avenue for personal expression; limited only by the dreams of each individual. To dare to be free, open, and unique and to believe in the impossible dream surely requires great courage – but the compensation for braving the odds is victory over the old and the obsolete. Without the brave men and women of the past there would be no electricity, no bridges, no automobiles, no airplanes, no theory of relativity, and no teachings of a Buddha or a Christ. Today, no one questions the educational background of these great innovators of the past, because they overcame impossible odds and made history in the process. Freedom of expression is open in all fields, from solar engineering to nutrition and everything in between. It will take the courageous, which do not fear the traditions of the past, to carve out new dreams and build a new beginning for an over-burdened world.

*“Those who would give up essential liberty for a little temporary safety  
deserve neither liberty or safety.”*

- Benjamin Franklin

While history speaks of many great people who have been poor, ridiculed, and even martyred, it also reveals something much greater; men and women who possessed the inner qualities which brought success against heavy odds. Those special qualities of courage and vision are what created the modern world. Therefore, one must not be afraid to establish a new business, to invent something different, or to strive to change the tides of civilization. Failure comes only to those who do not give their lives for their dreams, for the perfect law states that each receives according to what they have sown. If the fulfillment of a dream requires that personal possessions be given up, or that the pursuit

of pleasure be set aside, then each dreamer must remember that worldly things are temporal, but successful dreams are the foundation for tomorrow's world.

Following the selection of a desired goal, the spiritual aspirant must take inventory of all the obstructions standing between their current role and the ideal role. This inventory process requires two steps: the first step consists of careful analysis of one's learned qualifications, including those that are self-taught, as well as the unlearned qualifications. In the second step; each should take inventory on which daily practices and superfluous personal activities can be eliminated to allow sufficient time and energy for the desired objectives. Appropriate care should be taken in this inventory process, for all too often the student is either too self-critical, or not critical enough in their analysis. The secret is to develop an unbiased outlook toward the activities of one's current life.

The inventory process should look like an accounting sheet, with the desired goal as the central heading. Beneath the goal are two columns: the first for credits, and the second for deficits. Under the credits column, one would list all aspects of learning in life, including one's self-taught abilities, hobbies, formal education, current and past occupations, knowledge from books, and lessons learned from parents. These all count as credits.

On the other side of the sheet under the deficit heading, one would list all knowledge or studies that one would typically need in order to reach the goal, but which have not yet been attained. This deficit column determines the future course of study.

Patience becomes a critical attribute to cultivate as each takes a step forward in this process. People want everything accomplished yesterday, and if impatience is allowed to take over, one can fall into a pattern of procrastination and accomplish little toward their goal. Patience is the primary ingredient in the fulfillment of an ideal or goal, and the deficit column should be worked on one item at a time. Although it may take several years to master the list of deficits, it makes little difference, for time is relevant only to human life and not to the eternal. As the great Professor Szekely once said, "Remember, it is sometimes more exciting to make the journey than to arrive."

In some ways, an individual's pursuit toward building new dreams is a form of reconstruction, which gradually breaks one's traditions and dogmas into fragments and makes them cornerstones of something new and better. Just as a diamond may be cut to give life to several smaller gems, or a large piece of wood carved in order to become something more useful, the pattern remains the same throughout all human endeavors. Any corporation faces the same perpetual form of division and re-imagination, whether it is in the business of architecture, banking, manufacturing, or education. It is up to those dreamers to pull away from the set patterns to carve out new frontiers.

Those who would establish their own ideal must be unafraid to separate themselves from the old ways in order to insure that their ideas will create a new and better world. Future success belongs to the bold and the adventurous, for in time everything becomes old and passes into history. When one functions independently and free from pre-established rules, then they will not be judged by their education, but by the quality of their ideas, and how they navigate the uncharted waters. To these brave individuals goes the credit for advancing the cause of humanity. As Benjamin Franklin so wisely pointed out in a preceding passage, these are the victors.

The average person is often busy with jobs, family cares, and other social events, and has insufficient time to follow their dreams. However, when the superfluous

activities are removed, many would be surprised over how much time is left to pursue the necessary studies to further their goals. The initiate who seeks to build a vital creative role on the planet cannot afford to allow the unnecessary aspects of life to take precedence over the necessary. The true and dedicated understand that fulfillment of their chosen role and the development of the highest ideals within themselves is an eternal process, and that it determines their heaven and their immortality. When their current lifetime is concluded, nothing of earth will transition with them. Therefore, the wise should seek to gradually embrace the impersonal life and to remove any fetters that have kept them chained to the temporal world...

The main pitfall to overcome is the desire for pleasure. It is here that one reaps the first harvest, for mere pleasure cannot replace the cultivation of wisdom, love, creative work, or eternal life. All of these higher pursuits are immortal aspects of the soul and remain with it throughout all time. The elimination of certain social activities and recreational pursuits may seem difficult at first, but the sting of separation is less painful if the spiritual aspirant remembers that the success of this operation can determine the difference between greatness and mediocrity.

The intent here is not to just deny oneself all pleasure or recreation; however, such pursuits must be reduced to their necessary proportions. The remaining time can then be used to learn only that which is constructive and good, such as the great arts, science, and music. Television programs should be selected from among those free of violence and high in moral standards. Books must be selected from among those based on reality rather than sheer emotion or carnal appetites. In the ancient writings, one finds references to a temple built "without hands." Such a temple can only be built within, with each stone quarried from the essence of one's being.

From Zarathustra's Sixteen Paths of Peace, to Buddha's Wheel of Life, the Lotus of Patanjali, and to the Essene Tree of Life, the principle of creative work has always been recognized as a cosmic force. In all cases, work preceded peace, which indicates that peace which is humanity's rightful heritage cannot be achieved without devoting oneself to sharing in the administration of planetary duties. By one's actions the family life is what each of has made it, and a consciousness of a city is determined by each family has collectively made it. In turn, each city is responsible for the nation's honor or dishonor, and the world is created by the collective actions of its nations. Because of this chain of responsibility, each person must share equally in the correction of past mistakes, as each has been at least partially responsible for them in either the immediate past or as a result of numerous past lives. Work is always the instrument humanity uses to create one's own salvation and served as a guide to the fulfillment of each destiny. Immortality cannot be achieved without it.

There are certain practices which must be followed by any initiate who wishes to successfully complete the spiritual quest. These practices may seem difficult at first, but when followed faithfully, become a way of life and a source of joy. Since most people lack patience, it is often easy for them to begin a practice and then lay it aside; either because it gets in the way of other plans or because it becomes too difficult. In Chapter 5, Mind and the Cosmic Sea, the initiate is advised to study the great wisdom teachings for at least one hour per day, and to become one with what they read. In Chapter 7, Stairway to the Stars, the student is told to meditate for 30 minutes per day so that their consciousness may eventually link with the cosmic consciousness of the Supreme

Intelligence. In this chapter, the neophyte is directed to spend their life in service to humanity.

The truly wise person rises each morning at the same time regardless of which day of the week it happens to be, or whether it is sunny, rainy, or even snowing. They greet the dawn with joy and a spirit of gratitude for having been allowed one more day in which to learn, love, and grow. One should never sleep late, lest they fail to see the silent movement of the sun across the sky, or hear the birds in song. The dedicated student never stays up past midnight, but goes to bed at the same time each night to insure that their body remains under the direction of the higher will, and not the other way around.

The foregoing practice enables one to overcome the possibility of subjection to the errant tides of daily human life. A dedicated initiate does not drink to intoxication, nor travel the world with those who are not fellow seekers. He or she understands that to do so will only lower their resistance to the pleasures of the world, causing them to succumb to the lower ways which are injurious to their spiritual aspirations. In order to serve their fellow human, they forego numerous temporary pleasures until their work and their joy become one.

Once an ideal has been established, it is important for the initiate to become possessed by it. In other words, they must keep their higher goal before themselves, allowing no one to hinder them and no circumstance to divert them toward an outer course. There are many things which beckon the wayfarer's attention, but the dedicated spiritual aspirant looks neither left nor right, but continues steadfast on their journey. Although those who are blind to the spiritual way of life may try to distract the initiate from their chosen path, the wise knows that if they tarry or succumb to another path, they will not accomplish their mission to serve humanity. Until the Divine Plan has been completed, God holds the dream of perfection for all. The spiritual traveler must also hold the dream of their work until it is completed. With proper dedication to their purpose, day-by-day and year-by-year, the dream eventually becomes a reality.

The greatest dangers lie in the lack of will, the fear of inadequacy or failure, and the buffeting of those who oppose the seeker and declare the spiritual dream to be the figment of a fool's imagination. During such times of trial and questioning, each initiate must remember that the same tests which challenged the great masters of the past will always unfold again. One such master stood fast in his conviction and braved heavy odds. Dressed in a scarlet robe, he painfully made his way to Golgotha. The ignorant world crucified him, but he could not be killed. In his greatness, he became the man who never died.

Another master, Socrates, in his prison cell reached for the cup of hemlock proffered by his executioners, but they could not kill him. Today he lives on as one of the fathers of Philosophy. There are many similar stories of other great spiritual masters, some just as dramatic and some less so. Each of these made the lives of their fellow humans richer, more humane, and more perfect. This is the legacy left to the modern initiate: an ideal of opposition, struggle, ever-greater perfection, and ultimate victory.

## CHAPTER 13



### THE MORNING STAR

What the initiate had begun many years earlier ended in a blaze of glory one dawn as the sun burst over the peak of the mountains. High overhead the morning star shone down in its last rays, before disappearing into the light of a new day. A marriage was taking place; one that would last throughout all time. Standing together upon the mountain summit, beneath the watchful eye of the one God, the initiate wore a simple white robe, while the groom was arrayed in the splendor of brilliant white light. The wedding song as sung by the morning breeze echoed throughout the stately trees, as the birds joined in until at last a single form stood alone; still dressed in simple white and surrounded by eternal light. As the mysterious figure slowly made its way down the mountain, the unseen world sang of the newly arisen initiate who was once human, and the wind hushed for a moment as the world waited to bow at the feet of the new master.

Near Nag Hammadi, Egypt, a group of rare manuscripts has been discovered and compiled into a single volume under the title of The Nag Hammadi Library. Among the manuscripts is one entitled The Gospel of Thomas, which contains references to an incident that took place between Christ and his disciples:

Jesus saw some babies nursing. He said to his disciples,

*“These nursing babies are like those who enter the kingdom.” They said to him, “They shall enter the kingdom as babies?” Jesus said to them, “When you make the two into one, and when you make the outer like the inner, and the upper like the lower, and when you make male and female into a single one, so that male will not be male nor the female be female, when you make eyes in place of an eye, a hand in place of a hand, a foot in place of a foot, an image in place of an image, then you will enter the kingdom.”* (The Gospel of Thomas, Verse 22.)

The initiate’s journey has been long, and a great battle won as the mountain of no return was challenged and finally conquered. Throughout the early years of initiation, the initiate battled through their darkest days while the constant struggle between human will and divine will generated its strongest currents of dissension. The initiate sailed into the new lands where mortal eyes could not see.

In the astral regions known by the more common name of Hades, he or she was compelled to fight the seven-headed dragon of the Army of Kong which guarded the Providence of Evil. The dragon’s seven heads of pride, envy, anger, hate, gluttony, ignorance, and deceit fell like cowards beneath the sword of truth and justice. In the Halls

of Judgment, the Armageddon War between the soul and the Prince of Darkness took place, but the illumined soul won its victory, sailing through the regions of the dying to conquer currents of the mind. The initiate saw the specters of their past, the graves and memories of other lifetimes. Yet, through the shadows a ray of eternal life cast forth its beam. When the helm of the ship was almost torn from the initiate's hands and the rocks of darkness touched the prow, a touch of the Divine calmed the storms, and he or she sailed on. That saving touch came from the lighted bridegroom waiting the dawn of the morning.

Throughout the journey through the turbulent agitations of the mind, the initiate stood alone amidst the buffeting winds of the thought currents that tossed them to and fro. Here they faced their thoughts, their passions, their likes and dislikes, and the entire storehouse of materiality which had constructed their mortal world. Within the inner cosmos, they viewed those thoughts that emanated from their brothers and sisters in the unenlightened world. At first the neophyte tried to defend themselves with self-righteous condemnation – until they realized that their own footsteps had once trod the same dark road. Sometimes the initiate felt paralyzed by fear and doubt; incapable of making decisions. Once again, a calming touch was felt, and their mind stilled as they realized an answer. As always, it was the gentle, compassionate touch of the initiate's inner divine nature; waiting patiently for the completion of the initiate's journey through the long night.

In the rarest of all occult manuscripts; La Tres Sante Trinosophie, by Comte Ste. Germain; the author describes the end of his own journey in these words:

*“The sword which I had brought from the hall of fire lay a few paces distant on the cushion of one of the thrones; I took up the sword and struck the sun, reducing it to dust. I then touched it and each molecule became a golden sun like the one I had broken. At that instant a loud melodious voice explained, ‘The work is perfect.’ Hearing this, the children of light hastened to join me, the doors of immortality were opened to me, and the cloud which loves the eyes of mortals was dissipated. I saw, and the spirits which preside over the elements knew me for their master.”*

The initiate will one day come to that secret gate which separates the adept from the master. They will pick up their own sword of truth, which has been wrought by the fires of purification, which divided the spiritual from the human nature. Their spirit will become an eternal flame to touch all who walk upon the shores of human life. As a conqueror of matter, the initiate will step through the passageway to hear the voice of God proclaim, “The great work has been accomplished. Thy work is perfect.”

Others who have already achieved mastery will gather to welcome the new initiate in membership of the White Brotherhood, as an equal in all ways. There, in the immortal world known as the Land of the Giants, the new master will live for the rest of their days. When their human lifetime has been completed, they will continue with the Creator's work on other planes beyond the vision of mortal eyes.

The ascent of each human through the fires of purification and the gates of mastery does not vary from one person to the next, for Universal Law is perfect and allows no deviation. While each snowflake is unique and is never duplicated, the

movement of cosmic order ensures that they all melt in the same manner. Just as a mother births a child in precise and orderly fashion, human nature must become divine by passing through the same symbolic fire.

Following the neophyte's long pilgrimage through the stages of mass consciousness, devotion, probation, discipleship, initiation, and adept hood, they must face the Morning Star; the ancient symbol of humanity's victory over darkness. Although they began their journey long ago, their feet have wisely followed a path carved by his spiritual forefathers to the manger of their divine nature. Just as day has ever followed night and victory surely follows defeat, good shall always overcome evil. In time, every individual's divine consciousness shall conquer their lower nature; for it is written in the stars. Like a seed which becomes a tree by giving itself up to a greater plan, humans become divine only when the lower nature has been transformed into the higher self. When one becomes less, one actually becomes more – such is the endless mystery of immortality.

As the initiate looks back over the long battle between their “Self” and their “Not Self,” they find their trials have been similar to those of Christ and Buddha. Throughout the years, the “Not Self” has revealed the mysteries of so many powers; yet, at the same time, it carefully taught the law of cause and effect. Now on the wedding day, the light of the “Not Self” prepares to merge with the little nature, to dwell for all time as one; a risen son of God. During the initiate's sojourn within the cosmic womb, the initiate's weaknesses were gradually tempered, and certain timelessness was born which flowed from one day into the next.

Each year passed as a single night, and each hour became an eternity, until good and bad became one. No longer are the initiate's hopes centered in tomorrow, nor do they desire the material things of the future; for the body, soul, and spirit now work tirelessly together in the present. Each day passes rapid succession, fused with yesterday and tomorrow, and filled with work which must be done. From this has been born the virtues of will and wisdom that defeated idleness and ignorance. As the phoenix rises from its ashes, so does humanity rise from the ashes of yesterday into the greatness of tomorrow.

There has never been an adept who has not tried to somehow put into words this victory over their mortal nature. Many great men and women have died, martyrs have been tortured, and teachers have been persecuted in the name of truth - yet the mass consciousness of humanity still does not understand. The miracle of spiritual transformation appears to be a glory which cannot stand fully revealed except in the hearts of those who give up everything to achieve it. It is a promise for all, a subtle whisper which plays its beautiful, profound music on the strings of human life. Those illumined ones who found the trail hiding beneath an overgrowth of obscurity could not ignore the call. It is music for the soul, the Golden Chalice, the unknown transmutation by the alchemist; but the profane pass by its gate because of a louder call of mortal lands.

Many initiates have learned the hard way that while certain kinds of spiritual phenomena may draw crowds of thousands, and psychic fairs are packed, the one who walks in spirit often walks alone. Mainstream churches with their global congregations of millions ring the bells on Sunday morning to call the faithful to worship, and the multitudes gather to sing hymns and participate in the pageantry of ancient cultural worship of God. Meanwhile the solitary one who has already passed the boundaries between the mortal and immortal stands silent and unnoticed in the shadows. While

millions seek the eternal key to peace and happiness, the human instrument which God has carefully shaped to fill their prayers is passed by for the glitter of prosperity, fame and power. The adept patiently awaits and understands the human fascination with the ways of the world, but while the masses search in vain for the answer to life, the adept alone has achieved true victory. It is often difficult for the initiate to understand the blindness of human eyes, and the deafness of human ears – but that is the cross each must bear as they journey toward the summit of ascension.

There are two roads in life, and each must select which master they will serve. One road leads to money, fame, and material concerns which will die in the dust; the other road leads to wisdom, and eternal life among the stars. From the The Lost Jesus Scroll these roads of the mortal and immortal are evaluated thusly:

And the Master took himself to the banks of a stream where the people were gathered, those who did hunger after his words. And he blessed them, and asked them whereof they were troubled.

And one did speak: *“Master, tell us what are those things we should hold of high value and what are those things we should despise?”*

And the Master answered, saying, *“All the ills which men suffer are caused by those things without us, for what is within us can never make us suffer. A child dies, a fortune is lost, house and fields burn, and all men are helpless, and they cry out ‘what shall I do now? What shall befall me now? Will this thing come to pass?’ All these are the words of those who grieve and rejoice over events which do befall them, events which are not of their doing. But if we mourn over that which is not in our power, then we are as the little child who weeps when the sun leaves the sky. It was said of old, thou shalt not covet anything that is thy neighbor’s; and now I say unto thee, thou shalt not desire anything which is not in thy power, for only that which is within thee doth belong to thee – and that which is without thee doth belong to another. In this doth happiness lie: to know what is thine, and what is not thine. If thou wouldst have eternal life, hold fast to the eternity within thee, and grasp not at the shadows of the world of men, which hold the seeds of death.”*

*“Know ye that no man can serve two masters. Thou canst not wish to have the world’s riches, and have also the Kingdom of Heaven. Thou canst not wish to own lands and wield power over men, and have also the Kingdom of Heaven. Wealth, lands, and power, these things belong to no man, for they are of the world. But the Kingdom of Heaven is thine forever, for it is within thee. And if thou dost desire and seek after that which doth not belong to thee, then shalt thou surely lose that which is thine. Know ye, for I tell thee truly, that nothing is given nor is it had for nothing. For everything in the world of men and angels, there is a price. He would gather wealth and riches must run about, kiss the hands of those he admires not, waste himself with fatigue at the other men’s doors, say and do many false things, give gifts of gold and silver and sweet oils; all this and more must a man do to gather wealth and favor. And when thou hast achieved it, what then dost thou have? Will this wealth and power secure for thee freedom from fear, a mind at peace, a day spent in the company of the Angels of the Earthly Mother, a night spent in communion with the Angels of the Heavenly Father? Does thou expect to have for nothing, things so great? When a man hath to masters, wither he will hate the one, and love the other; or else he will hold to the one and despise the other.”*

*“Ye cannot serve God and also serve the world. Perchance thy well goeth dry, precious oil is spilled, thy house burneth, thy crops wither: but thou dost treat what may befall thee with wisdom and love. Rains shall come again. Fill the well, houses can again be built, new seeds can be sown: all these things shall pass away, and come again, and yet again pass away. But the Kingdom of Heaven is eternal, and shall not pass away. Do ye not, then, barter that which is eternal, for that which dieth in an hour.”*

As the 21<sup>st</sup> century approaches humanity is concerned about economics, politics, war, and survival. Loud voices are prophesying the end of the world, doom and disaster; even while standing in the eve of a world resurrection. These are nothing more than the cries of false prophets, for this time in history will be a remarkable period; one which insures each person the opportunity to advance another step up the ladder of evolution. Humanity is now in a position to understand what it has done over many centuries, to view its past mistakes, and to seize the opportunity to lay a framework for the next twenty centuries of Earth’s journey through time and space. It is a glorious journey which will enable each soul the opportunity to grow, purify, and advance. Through the forthcoming centuries life will never again be what it has been in the past. Although this pattern follows the history of evolution, this time is unique in that it is the beginning of a massive soul purification which will eventually produce a divine planet.

The next two thousand years will bring a balancing and purification of the human soul, as it strives to bring its planet into world harmony. While it would be nice to believe that humanity’s barbarian age is completely over, all change requires time. To turn away from war and materiality, to harness solar energy, and to become a truly spiritual race sounds like nothing more than a hopeful dream of the future – but this time will in fact come to pass. Semi-underground cities will rise in barren deserts, and vehicles will run on energies not yet explored by humanity. When these things have come to be, our current human existence will pass away as a mere shadow of our greater human evolution. Humans are glorious creatures, whose greatest period is yet to come. People are assured of this destiny by every star which shines in the more than one hundred million known galaxies.

In today’s world, humanity’s understanding of the higher powers that are available is still in its infancy. Most people can barely grasp the phrase that “man is the measure of all things.” Yet, as the world stands in the folds of the universe, it becomes the recipient of all energies; from every sun, from every planet, and from every blade of grass. However, like an amateur musician, humanity is but an infant who has yet to learn to play the instrument of life. But they will succeed, for that success is written in our destiny.

Humans will travel in worlds which cannot presently be seen by mortal eyes. As an instrument of eternal creation, divine consciousness will allow that which is now human to control the powers of the universe.



1930 - 2012

#### *AUTHOR BIOGRAPHY*

The Author entered Cosmic Consciousness during the early seventies. At that time the mysteries pertaining to the creation of the universe were revealed. Shortly thereafter, she renounced a personal life to serve as a spiritual educator. Elizabeth has devoted over a quarter of a century to the study of ancient Christian manuscripts. Considered one of the foremost authorities in the world on the life of Christ, Elizabeth has deciphered some of the most complex work ever written, including St. John's Revelation. Author of several books, she has appeared on hundreds of radio and television shows, and is listed in Who's Who in America.