

THE JUNCTION

WEEKEND



How to tell if a cat or dog may need veterinary cares
...on page 12

MABUHAY ANG PILIPINO!!!

BAGUIO CITY, BENGUET, AND THE REST OF THE CORDILLERAS, La Union ILOCOS Provinces

Pahayagang palabanan!!!

Mayor signs new deal with Jadewell



Elections fever- What with the posting of campaign paraphernalia, it seems that the electorate not only has to suffer from the mudslinging of each and every candidate, but also from the garbage due to the posting of stickers and posters in almost every nook and cranny of this country.

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Attention: Chief Supt. Rowland Albano, RD PRO-COR at PDG Hermogenes Ebdane, Chief PNP...at Linis Gobyerno's Komentaryo ...on page 10

Baguio City- The ongoing legal battle between the City Council and Jadewell Parking Systems did not stop Mayor Bernardo Vergara from entering into a new negotiation with its President and Chief Executive Officer, Rogelio Tan.

In the amended Memorandum of Agreement signed on January 21, it was agreed upon that the City Government of Baguio shall be entitled to a 20% share from the gross collection of Jadewell, less the Value Added tax (VAT), which shall be paid to the Office of the City Treasurer ten days of the following month.

In the old MOA signed on June 2000, the city is entitled to 20% share from the gross profit of the operation or 50% of the net profit, whichever is higher.

In the amended MOA, the city shall be entitled the total amount of P3,356,056, retroactive from December 2000, until December 2003.

Councilor Braulio Yaranon mean-

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MOSH PIT

Beware of Decolgen?

BY GRACE BANDOY



Tired of Graft & Corruption?

Call: (074) 620-0641, 448-0645 mobile phones: (0919) 5890486 or (0917) 6620374, or you can write to P.O. Box 1588, 2600 Baguio City e-mail: contact@linisgobyerno.org
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Pipe laying diggings to be complete by May 30

Baguio City – Baguio Water District (BWD) General Manager Teresita de Guzman last week assured the council members that the on-going rehabilitation of the diggings caused by the pipe-laying of the water system shall be complete by end of May this year.

According to de Guzman, repairs at the average rate of Ten (10) km per month is being done meticulously by the project's main contractors. As to date, thirty percent of the

rehabilitation is already complete, she added.

Acceptance and testing of the pipe lines are also expected to be finished by May 30.

As to queries of some members of the council regarding roads, such as Gov. Pack Road, which shall be utilized for the coming Panagbenga or Flower Festival, De Guzman again assured them that said roads shall be repaired before Feb. 21. The said road is expected to bear the bulk of vehicles and spectators of the flowerfest main events; grand parade and

street dancing, on the mentioned date.

De Guzman also gave assurance that contingency measures shall be done, since the need for water increases up to 90,000 cubic cm with the influx of tourists during holidays such as the BFF. Normal consumption rate stands at 52,000 cubic cm, while supply is at 35,000 cubic cm. only. According to de Guzman, water delivery trucks during these times work on two to three shifts daily up to late evenings to maintain service to consumers. *Julie G. Fianza*

Slain OFW's kin continues to ask for justice

Relatives of slain overseas Filipino worker Joemar Cacayuran, asked the assistance of the militant group Migrante, over his still unpaid wages, and benefits.

According to Joel Cacayuran, the victim's brother, the Overseas Workers Welfare Administration (OWWA) never gave them assistance, when they asked for help in claiming the benefits due to his brother.

Add to that is the failure of the said government agency to extend legal assistance to the family, especially on the alleged "foul play" surrounding the death of Joemar. Migrante Vice Chairperson John

Monterona said it could be that the government chose to give minimal help to the family, for fear of severing domestic relations with other countries.

Joemar Cacayuran is a computer designer employed by a certain Prince Faisal Bin Yazid Al Saud in Saudi Arabia. His contract was supposed to be for two years only, but according to the fact sheet of Migrante, Joemar worked in Saudi for eight straight years without vacation.

The last communication he had with his family was on October 28, 2003, the day he was brought to a hospital. Initial exami-

nations revealed that his vital signs were already weak, due to stab wounds on the left side of his neck, the right side of his neck, and a wound near his breastbone. It was also revealed that he suffered from internal bleeding in his stomach.

He died due to cardiac and respiratory failure, which was triggered by the multiple stab wounds he suffered.

It was only on December 29 (two months after he died in Saudi) when the family learned that Joemar had been brutally killed.

His remains were brought back to the country last January 14. According to

Nullification of pro-casino resolution sought anew

Councilor Galo Weygan's proposed resolution entitled "withdrawing, nullifying and voiding Resolution 248 series of 2003 and reiterating the policy of the local government of Baguio against all forms of gambling including casino, lotto, bingo, jueteng, at the same time asking her excellency, president Gloria Arroyo to use her power to urge PAGCOR and PCSO to dissuade them from operating or giving franchises to anyone to operate any form of gambling under their charter in response to the will of the people of Baguio City," hangs in a balance as three signatories has yet to make a final decision whether they will sign the proposal or not.

Councilor Faustino Olowan's name was included in the proposal. Olowan was one of the seven councilors who voted for the amendment of an old city resolution,

prohibiting casino in Baguio.

Weygan, in a query said Olowan verbally committed to him that he is willing to be part of a resolution that pertains to the recall or any similar move against the casino. But in the making of the final draft, it was said that Olowan has not signed yet, as he opted to talk again to Councilor Weygan.

As of press time however, councilor Weygan said he has yet to finalize talks with Councilor Olowan.

Weygan, in his proposal, underscores that although the operation of state-owned amusement games is allowed under the law, one of the remaining chance to stop, if not regulate the operation of legalized gambling in every local government unit in the country, is to ask the president to intervene. "It is recognized that the operation of casino or lotto are covered by National Laws, which no LGU ordinance can legally oppose or nul-

lify, but there is another avenue for stopping all legalized gambling thru presidential intervention for the President to exercise her presidential persuasion and advise PAGCOR and PCSO to respect the will of the people."

It may be recalled that in the passage of resolution 248, series of 2003, most of councilors who voted in favor argued that nothing could be done to stop the entry of operation of casino as it is provided for under the law.

During the conduct of several demonstrations against the casino, the Metro Baguio Multi-Sectoral Movement Against the Casino members personally spoke and handed to President Arroyo, the signatures gathered against the casino. She then promised to talk to our local officials. Up to this time however, there was no reported official action done by the Office of the President. *Rimaliza A. Opiña*

MAYOR SIGNS...

...from p.1

while assailed this new agreement entered into by Mayor Vergara. He said the MOA did not pass through the confirmation of the city council, and that he did not consider the findings of the Commission on Audit, not to mention that the disputed "Annex A" the purported list of streets under the pay-parking scheme, has yet to be resolved.

This move of the mayor prompted Yaranon to question what really are the intentions of the mayor

for signing an amended MOA, without informing not only the council but also the general public.

The alderman maintained his stand that public roads should not be used for commercial purposes.

Meantime, Jadewell's Rogelio Tan, for the third time in a row declined to attend the city councils regular session, reiterating his earlier pronouncements that he does not want to be the subject of "grandstanding and demagogic" public officials.

The city council meantime, is set to conduct verification whether the amended MOA given to Councilor Yaranon by an unnamed source from the Office of the Mayor is authentic.

It is recalled that the city council invited tan to be present in the deliberations of the august body, so he could clarify once and **MAYOR SIGNS...p.9**



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Benguet police notes drop in crime rate

La Trinidad, Benguet – For the whole of 2003, the Philippine National Police Benguet Provincial Office (PPO) noted a decline in criminality.

PPO Operations group head Chief Inspector Jesse Perez revealed a 48.74 percent reduction in crime incidence in the province during the Kapihan sa Benguet forum held Tuesday at the Benguet PPO headquarters in Camp Dangwa. This was based on figures from January 01 to December 31, 2003 registered at 163 compared to the 318 recorded in the year 2002.

Perez said of all the municipalities, this capital town is the only crime prone area which registered a total of 125 crime incidents.

As to index crimes, a decrease of 43.93% was recorded pegged at 126 as compared to the 217 index crimes noted last year. The most prevalent crimes committed were theft followed by physical injuries and robbery Perez added.

Non-index crimes likewise decreased by 63.36 percent with only 37 for 2003 as compared to a high of 101 for 2002.

With an average of 3.79 crime rate, solu-

tion efficiency is 90.18 percent compared to 87.42 percent for the year 2002.

Meanwhile, Police Superintendent Gideon Todiano, Chief of Police of this town cited reasons why this town has a high crime volume is due to its booming economic stage and rapid urbanization.

In addition, due to its proximity to the city of Baguio and being considered the melting pot of the different tribes within the region, most of the criminals apprehended are not residents of this town, Todiano added. / *Mari W. Cruz*

Benguet reviews nutrition program

Baguio City – The Benguet Provincial Nutrition Council reviewed its programs implementation of the past year's nutrition activities of the various municipalities.

The review held February 10-11, 2004 at the Rajah Soliman Hotel funded by the Caraballo and Southern Cordillera Agricultural Development (CASCAD) Programme was attended by municipal nutrition action officers, members of the PNC and the Sangguniang Bayan Chairpersons of the committee on health and nutrition.

Staffing and various implementation issues and concerns were raised where some suggestions were given on how to address these problems.

The designation of a permanent MNAO were raised as one of the stumbling blocks as the office entails a gargantuan task of implementing nutrition programs, activities

and accomplishment of mandated requirements. Almost all of the MNAOs have dual functions save for La Trinidad, Kapangan and Tuba.

Nutrition Program Coordinator of the National Nutrition Council of the Region Dr. Micaela Defiesta said the resolution of the Regional Development Council was passed November 6, 2003. One of the items specified is the creation and filing of a position of a provincial/municipal nutrition action officer or designation of an employee as full time provincial/municipal nutrition action officer. This regional measure was furnished the local government units.

RDC Excom Resolution CAR Number 075 series 2003 dubbed as "Recommending to the Local Chief Executives and the Provincial/Municipal Sanggunian to Institutionalize Appropriate Courses of Ac-

tion to Address Malnutrition in the region," Defiesta said could be used as a legal basis in the creation of such position.

Budget Office representative Norma Balitcha said a personnel officer could function as an action officer should the concerned authorities consider this alternative as in the case of Kapangan.

One SB member suggested that should the chair of the committee on health be invited to any activity of the council, committee chair on appropriations should also be invited to look into the budget needed to run the program.

It was also noted that the supplemental feeding program has become a meal replacement despite the orientation given to parents on the purpose of the program.

Benguet State University representative Imelda Degay suggested the need for a values education com-

Benguet community elders to meet with PNP Chief Ebdane

Camp Dangwa, La Trinidad, Benguet – Selected members and the newly elected officers of the Council of Elders here just might meet with Philippine National Police Chief Hermogenes Ebdane, Jr. when he will serve as the Guest of Honor and Speaker for the 13th Foundation Anniversary celebration of the PNP in this camp on Monday February 16, 2004.

Benguet Provincial Police Office (PPO) Civilian Relations head Police Chief Inspector Tim Wagang declared that a special feature of

the PNP Foundation Anniversary program of the Police Regional Office Cordillera (PRO-CAR) would be the induction of the newly elected officers of the Benguet Community Council of elders in the afternoon.

PRO-CAR Civilian Relations head Superintendent James Dugao confirmed that PNP Chief Hermogenes Ebdane, Jr. has been invited by PRO-CAR Chief Rowland Albano to serve as special guest for the PNP day here.

Wagang said there are Council of Elders in each of the municipalities who sent representatives to the provincial federation meeting recently resulting to the election of the first set of officers of the Benguet Community Council of Elders. They are Alex Poclis – President; Perfecto Laza – Vice President; Benedicto Gaplawa – Secretary; Armando Perez – Treasurer; and Benitez Acbaya-an – PRO. Retired General Pedro Baban was named as

BENGUET COMMUNITY...p.7

Province looks into water needs

La Trinidad, Benguet – The provincial government unit is working on the development of the bulk water supply project.

This developed as the provincial board this week received copy of the memorandum of understanding entered into by the executive department for its ratification. It was referred to the committee on legal matters headed by board members Danio Bolilis.

The MOU was signed last on February 2 between and among Benguet governor Raul Molintas, Chemical and Marketing Corporation Business Development Manager Reynaldo Mendez.

If this pushes through the project will be implemented by the Chemitreat-Massco Joint Venture, a joint venture formed by Chemitreat Pte. Ltd of Singapore with Massco Chemicals and Marketing Corporation.

As indicated in the MOU, Ambuklao

Dam described as a reliable and sustainable source of high quality raw water that would be developed and utilized to provide water supply for the locality including the BLIST communities such as Baguio City, La Trinidad, Itogon, Sablan and Tuba.

This undertaking started as early as in 1997, "whereas, on November 1997, the proponent in its behalf and representing 60% shares of the TGJ-SMPI-UII Consortium had entered into a MOU with Bokod then represented by former Mayor Albert Cuilan granting permission to Chemitreat to provide assistance to Bokod for the development and enhancement of bulk water supply project with Ambuklao Dam as the source of water," the MOU said.

Under the agreement, the proponent then warranted its capability and expertise to provide the financial

and technical requirements to fully develop and implement the project under the joint venture agreement. It shall assist Benguet in improving its municipal water distribution system, employ with preference qualified residents of Benguet in the project, and to be responsible for the technical design and performance of the complete system.

Benguet, meanwhile is expected to grant permission and the corresponding authority to the company to conduct extensive studies and site visit and surveys within its jurisdiction; to extend permission and authority to the proponent to design and construct intake pumping station, transmission pipeline, booster pumping stations, water treatment plants, power supply and substation system that may be required for the complete implementation of the project; to provide and supply the company

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PROVINCE LOOKS...p.7

Incapable

The Mayor's term of office is just a few months away.

But while others would try to do something good as their legacy, our mayor is doing just the opposite.

Last January 21, the Mayor signed (together with Jadewell) an amendment to the MOA which allowed the private operation of on street pay parking in the city. The amendment raised the city's share to 20% of the gross income of the private pay parking firm. The Amended MOA translated the increase to P3-M added income to the city.

EDITORIAL

While some may say that there is absolutely nothing wrong with the

Mayor's move, as it even increased the income of the city, we however think otherwise.

And why so?

First, the Mayor's move was not made known to the members of the City Council. It is important that moves such as this one should be divulged to the legislative body, it being the confirmatory body to the earlier MOA, and also due to the several issues being tackled by the said body relative to the operations of Jadewell.

Second, while we heard the Mayor tell the people before that he was for "re-negotiation" with Jadewell and not for rescission of the MOA, we were expecting a more intelligent approach. It is not as simple as increasing the City's share of the income. Under the present MOA, Jadewell has yet to remit millions of pesos to the city. They are not complying with the present sharing system, so what makes the Mayor think that increasing the City's share will make Jadewell pay?

And why was this document (amending the MOA dated year 2000) kept out of the public and even the city council? We really cannot understand the logic behind it. Does the Mayor think that we, the people of Baguio are that stupid that once we learn that the amount to be remitted by Jadewell would increase (and retroactive at that), that we will be satisfied and will keep our silence?

Again, it is not as simple as that. Fees (collected and uncollected) is just one aspect of the entire Jadewell brouhaha. Before increasing the fees, there are things that need to be clarified and settled, like the inclusion of Burnhman Pay Parking area to Jadewell operation. Next is the issue on Annex "A" of the MOA in which up to now is not settled. Most important of all is the legality of the Jadewell operations, in which COA (Commission on Audit) itself found out that it is marred with irregularities. In the first place, according to COA Jadewell should not have been granted the contract, or the supposed bidding in itself is irregular.



DEPTHNEWS

**Coup burlesque exposes
bogus reformers**
BY JUAN L. MERCADO



(continued from last week)

This starkly contrasts with the Erap impeachment. Senators Enrile, Francisco Tatad, Vicente Sotto, Tessie Aquino Oreta, Gringo Honasan and group sealed the "second envelope". Within minutes, thousands of citizen Hotspurs, on their cellphones, called people to pour into the streets. People Power Two began.

But we often tend to doctor experience to suit our preferences. Erap's urban poor bouncer, Ronaldo Lumbao, clones Copa and threatens on every occasion: "We'll meet in Edsa".

The lavishy-funded "Magdalo" mutineers barricaded themselves, into Makati's plush Oakwood condo, when people sat on their hands.

And rightly so. It was a raw power grab, the Feliciano Commission found. Behind glib claims of loyalty to the constitution, the mutineers were to install a 15-man junta – with Erap as chair.

Apparently, the Kawal officers, egged on by retired generals backing Fernando Poe, learned nothing from the Oakwood experience. "What a man is precedes experience."

Now, Saycon is enmeshed in the Kawal plot. Only this time, he appears out to topple constitutional government. He washes his hands, of course, claiming: he merely "facilitated" airing of grievances.

That dodge resembles the alibi of the driver, nabbed in a bank heist's get-away car. "I didn't yell stick 'em up," he fumed. "I just kept the car key and the motor running."

The bottom line is: despite bogus reformers like Saycon, Magdalos, the Kawals and cronies, People Power remains what it always was — a spontaneous cry from a betrayed people for peaceful redress under God's sun. It can not be manipulated by fake prophets. For the "Spirit blows where it wills." (E-mail: juan_mercado@pacific.net.ph)

The City Council and the Mayor's Office were given copies of the COA audit report. But despite that the Mayor made amendment to the questionable MOA.

Well, are we to expect that the Mayor will be denying that he affixed his signature to this document again? If he does, then we as electorates know better. He is incapable to run this city the way it should be.

MOSH PIT

Beware of Decolgen?

BY GRACE BANDOY



I received a somewhat disturbing email and I want to share it with all of you who might be using the medicine Decolgen. Whether this email is true or not, further research should be undertaken and we must take the necessary precautions. The e-mail goes:

“ Please forward to all your friends and relatives. If you still have this medicine in your first aid kit, kindly flush it in the toilet.

Subject: Decolgen

Beware of this medication (yellowish in color round pills) normally prescribed by doctors for flu.

Though they’ve been removed from the local pharmacies months ago, in case you still have them in your first aid box at home, please discard them immediately. I heard that Decolgen has already been banned. You couldn’t find them in all pharmacies. It’s due to the same problem (i.e. bleeding in the brain for women). Confirmed that this is true and Singapore government is taking action.

Please read and copy this notice to the people you love. This is not a matter to be taken lightly. Stop taking anything containing the ingredient Phenylpropanolamine. It has been linked to increased hemorrhagic stroke bleeding in brain) among women ages 18-49 in the three days after starting use of medication.

Problems were not found in men, but the FDA has recommended that everyone (even children) seek alternative medicines. Having taken a few of this medicine at one time or another, I called CVS to see if there was any truth to this e-mail. They said that it was so, and if I have any of these products at home, I should stop using them. CVS has removed all products containing this chemical from their shelves.”

AFTERSHOCKS

Eight lies about nutrition

BY ANNABELLE PEDRONIO



(continued from last week)

Lie No. 3: Those who don’t eat meat suffer from a Vitamin B12 deficiency!

False! This is a favorite argument of meat-eaters. The fact is that on the average vegetarians are much better supplied with essential nutrients and vitamins – such as Vitamin B1, folic acid, Vitamin E, magnesium, potassium or manganese – than are the rest of the population. The intake of Vitamin B12, which is considered to be the “critical vegetarian vitamin,” is no problem at all with a lacto-vegetarian diet (meatless diet with milk products). A purely vegan diet should be supplemented with Vitamin B12 every now and then by inducing vegetables fermented with lactic acid like sauerkraut, or drinking beer made from wheat or simply by taking a vitamin supplement.

“I have been a vegetarian for 12 years, and I have not yet been seriously ill. A vegetarian diet strengthens the immune system. I think meat makes a person sick.”

-Bryan Adams, musician

Lie No. 4: Vegetarians suffer from a calcium deficiency

False! Calcium is a necessary component for the formulation of the bone substance. Calcium can be found in sesame seeds, nuts, kale, parsley, spinach, soybeans, savoy cabbage, parships, leeks and many other kinds of vegetables and grains.

Important: Phytic acid is a storage form of phosphorus in grains and binds with calcium to form a compound. In this compound the calcium in bread, for instance, cannot be absorbed by the body. Only the traditional 24-hour sourdough process, as it has been practiced for centuries, divides this compound into its component parts. This division does not take in the

GUILTLESS THOUGHTS

Bright hopes with Atty.

Frank Chavez

BY ANTHONY “KABAYAN
TONY” ARAOS

There is no more reason whatsoever to wonder why administration candidates (K-4 or LAKAS-CMD) are so silent when the issue of corruption is being raised in many circles. For its rampancy in and out of the government is well-known. And there was no more takers for apologists and syncophants who are going to say corruption cases in the government are isolated ones. So there is simply too much hypocrisy when it comes to the admission of such problem.

Come to think of it, the Philippines is ranked poorly (in the list of nations ranked among the worst in the world for graft) in the global corruption report by watchdog Transparency International.

Needless, for me to elaborate on this matter or even cite anomalous transactions at City Hall offices or retell the tales of four corrupt practices I’m familiar with since a reader has even eight such stories to share.

Today, many are disillusioned by allegations that millions of pesos changed hands at the accounts of Jose Pidal and Jose Velarde. And things are no better in lower echelons of government.

Yet, there are a number of good reasons to think why the Filipino electorate is still fortunate to choose well-meaning candidates by May 10, 2004. One of them is former Solicitor General Frank Chavez, Aksyon Demokratiko candidate for Senator. Interviewed and spoke with him recently in Baguio City and he clearly gave new hopes in the campaign to stamp out corruption.

“The government is not serious in its drive to stop corruption,” Atty. Chavez quipped in a forum at Barrio Fiesta restaurant. As he bewailed the unprecedented level of corruption in the country today, Chavez also batted for condemnation of the huge foreign debt of the Philippines and a retirement package plan for barangay council officials. If elected, however, Chavez expects an uphill battle to resolve the debt problem. “We expect resistance from local cohorts of the IMF and World Bank and so we need bi-partisan support,” he stressed.

Timely and relevant views from this highly-respected lawyer who should be able to cushion the impact of the anticipated victory of showbiz personalities (five of them, namely Lito Lapid, Bong Revilla, Jinggoy Estrada, Boots Anson Roa and Pilar Pilapil) in the forthcoming polls. Enough of misfits and clowns at the Senate. Together, with former SEC head Perfecto Yasay, Atty. Melanio “Batas” Mauricio, broadcaster Jay Sonza and former Environment Secretary Heherson Alvarez, Chavez and some other aspirants with excellent public record, leadership qualities and some other capability and political will to put behind bars corrupt and inept officials should be elected as senators.

Altogether addressing the issue of graft and corruption as well as fostering the economic well-being of the people should be a major priority of incoming officials. They should take credence and emulate the actions of officials of Barangay Councils of Pinget, Dontogan, Camp Allen, AZCKO, Country Club Village, Pinsao Proper, Loakan Liwanag, Upper Quezon Hill and North Central Aurora Hill. They are Pinget Punong Barangay Wiliam Balag-ey Sr., Kagawads Monroe Taclawan, Benet As-il, Jvan Chorning, Perfecto Jose, Francis Bitao, Antonio Balinte and Ciano Kadatar as well as SK chair Ritchemel Luis, Dontogan Punong Barangay Dominador Della, Kagawads George Bay-ed, Lydia Esteban, Venusto Gasigas, Henry Figueras, Nathyleen Basco, Stanciano Baddo and Teodoro Molintas as well as SK chair Sherry Alsaen, Camp Allen Punong Barangay Rodolfo Ocon, Kagawads Pacita Mecos, Augusto Abat, Maribel Estacion, Lydia Quijana, Dennis Palafox, Emilia Ocon and Fortunato Tomas as well as SK chair Rebecca Ozamis, AZCKO Punong Barangay Misael Nadela, Kagawads Bartolome Cheng, Arnulfo Gapuz, Jefferson Cheng, Rizaldy Comanda, Amelita Manaoang, Joseph Ang and Romel Valdez as well as SK chair Oliver Montemayor, Country Club Village Punong Barangay Dencio Almag, Kagawads Delfin Tullod, Gil Lomboy, Rosalina Catbagan, Marvino Pianos, John Mariano and Domingo Tuguinay as well as SK chair Elexir Dullas, Pinsao Proper Punong Barangay Horacio Willy, Kagawads Moises Baled, Johnny Lee, Raymun Lacsamana, Sylvia Daccog, Norma Abance,

SHUT OUT OR SHUT IN

If men were like buses, how do you catch one? Part I

BY MALOU T. MABALOT-BOMOGAO



This article is dedicated to my friends Alah, Grace, Mercy and to all single ladies out there....

The heart is willful and is driven by its own agenda. It does not consider things rationally and intelligently – it just loves to love. Therefore you have to point it in the right direction. Finding Mr. Right is real hardwork and patience. I've waited, prayed, searched for years just to completely find my Mr. Right and finally, I rode the bus. You might be wondering how did I catch my Mr. Right, how did I choose or take the bus that's headed the Right direction. Well, whenever you meet a man, check out his attributes and then allow your heart to engage, but dating exists only for data collection. The design for finding Mr. Right should be friendship, then courtship and then marriage.

Friendship is two people walking together in agreement and accountability, learning and growing together. **Courtship** follows the mutual agreement to commit to one another exclusively – it is the decisive turning point toward the agreed – upon goal of marriage. It is a preparation of your life together before marriage.

...Ladies check these tips on how to catch the Right one, use your time wisely to gather facts and who knows, surely you will catch the bus that's headed the RIGHT direction.

1. Check out the fabric. Is the person material? Does he care what God thinks about his behavior? Accountability is an important factor. It is imperative to maintaining a committed relationship. You need to have common interests and values and agree on the essentials of living day to day. You have like interests, like goals in life, like opinions on basic life issues. You have like experiences in your background. Furthermore does he want to get married? If you want to be married and your dreamboat isn't interested don't waste your time. So if a guy says he's not looking for anything serious, take his words seriously, if he's not going your direction, get off the bus and wait for the right one.

2. Does this man want you? Is he pursuing you? The man who is right for you will pursue you and God's hand in the relationship will be clear. No guessing, no fleeces, no dead ends. AT THE RIGHT TIME, he will bring that man on the scene and he will find you. Take it from me, I prayed wholeheartedly to God to give me my man, I even ask God's signs to identify if he is the right one for me. I've waited for years until came a man carrying the signs I asked God and that moment was my happiest and now we are married happily.

You do not need to strategically place yourself anywhere. Men will do whatever they have to do to get what they truly want.

The man in your life should recognize you as a pearl of great price in his life and be willing to do whatever he must in order to gain your hand. Many a woman's mother has suggested that it is a good idea to marry a man who loves you more than you love him. You don't need a bunch of men in your life just to make you feel all right about yourself. You need only one, your man, the right man at the wrong time can just be as awful as the wrong man at any time.

3. The man in your life should not desire to move into your house, only in your heart. A man who prepares for your future has made his intentions clear. A man who is husband material has the means to take care of a wife. He is a responsible human being who understands he needs to have something to offer. In short, a man should have the means to be a suitable lover for you.

4. Check out his buddies. Everyone knows birds of the same feather flock together, yet most women fail to see the connection between a man and his friends. A man's friends tell you a lot about the person you haven't seen yet. They reveal things about the guy's character that might be hidden when he is on good behavior. Everyone knows how to put his best foot forward. Don't stay focused on the foot; check out the rest of the body.

5. Check out his relationship with his mother. How does he treat her? This is your preview of how he will treat you. There are lots of men who, because of a negative relationship with their mothers, really don't like women. Unsolved issues between mother and son continue between husband and wife.

6. Remember that a man's family reveals the cloth from which he's cut. Take note and decide whether you want your future with the man in your life to look like his present family situation.

To be continued next issue...

AFTERSHOCKS...

...from p.5

bacteria of today's usual sourdough process, with so-called quick-starters and fermentation aids. This means that one can take as much calcium as one likes, but it cannot be absorbed and is worthless for the body. On the other hand, bread that is produced as in earlier times with a 24-hour sourdough process contains calcium that can be optimally absorbed.

Lie No. 5: People who don't eat meat eat only grains!

False! That "vegetarians" cannot simply be equated with eating grains and "green-stuff" is shown by the increasing number of vegetarian dishes in gourmet restaurants as well as countless cookbooks with excellent vegetarian dishes. For spices make the dish! Whoever has bitten into a raw, unseasoned piece of meat does not have to be told that dead animals taste like nothing. The hearty, spicy aroma that most people attribute to meat is nothing other than the taste of well-seasoned, broiled meat. The time and trouble that some take to coat the meat with breadcrumbs, to season and fry it can just as well be used for breading and baking a slice of eggplant or celeriac. It tastes just as hearty and spicy, a delicious bite for which no animal has to die.

"Can there be anything more revolting than constantly nourishing oneself with carcass meat?"

-Francois de Voltaire (1695-1178)

Lie No. 6: Pregnant women have to eat meat, otherwise the unborn baby suffers!

False! A lacto-(ovo-) vegetarian diet, which includes milk and egg products, in addition to vegetable foods, covers the nutrients also needed during pregnancy. Through a vegetarian diet, pregnant women are even better supplied with many essential nutrients than non-vegetarians are. With a purely vegan diet (without milk and eggs), one should ensure a sufficient intake of protein, calcium, iron, zinc, Vitamins B2 and B12 during a pregnancy, and perhaps supplement it with vitamin and mineral supplements after consulting with the doctor.

Lie No. 7: Babies and children need to eat meat for their development!

False! Studies show that vegetarian mother's milk is healthier for nursing babies, be-

cause it contains fewer environment contaminants and more vitamins and unsaturated fatty acids. On the other hand, there are no scientific studies that prove that babies fed no meat and are on a wholesome diet show deficiencies of, for example, iron. The German Society for Nutrition recommends 8 mg. Of iron per day for a 6-11 month old baby. A meal recommended by pediatricians of 25 g. of lean beef per week supplies only 0.65 mg. Of iron. A 100 g. portion of oatmeal contains 3.6 mg. Of iron, a 100 g. portion of brown rice contains 2.6 mg. And a fennel bulb contains 2.5 mg.

Children are born with a love for animals and shy away from killing them. Who wants to convey to children that they should look away from suffering and killing? By consuming meat, the child is raised to make a difference between life that is worthy of living and life that is unworthy of living: It should be nice to cats and dogs, but it should eat an innocent piglet or fawn.

Lie No. 8: Eating meat is a necessary part of life!

False! Those who eat meat are responsible in part for the starvation in the world.

"The same stretch of land that is used for pasture, thus, for cowfeed, can feed 10 people secondhand through the meat of the animals fattened on it or can maintain and feed 100 people with millet, peas, lentils and barley."

-Alexander von Humboldt, founder of scientific geography

GUILTY THOUGHTS...

...from p.5

Teresita Lorenzana and James Cosme as well as SK chair Joan Marie Gurang, Loakan Liwanag Punong Barangay Josephine Mariano, Kagawads Rosita Cuilan, Eduardo Banagen, Antonio Caslangen, Julian Siddayao, Esther Nafianog, Julie Bogbog and Jerry Paras as well as SK chair Lemuel Pay-an, Upper Quezon Hill Punong Barangay Lourdes Pedrosa, Kagawads Reynaldo Peralta, Brenda Seda, Teresita Dulay, Ponciano Seran Sr., Arnel Carsola, Fe Sanchez and Aida Cruz as well as SK chair Cherry Lea Fariñas and North Central Aurora Hill Punong Barangay Allan Morron, Kagawads Guillaerma Francisco, Artemio Aromin, Victoria Laluan, Jocely Tabangin, Albert Pasagoy, Marina Quinto and Carlos Loyola as well as SK chair Paulo Laranang.

- to be continued-

Scout Barrio's festivity with a meaning

Feb. 14 and 15 of this year are two very important days for residents of Scout Barrio for its Valentine's Day, but it is also their Barangay Fiesta.

For its 45th edition, the festivity offers a lot of activities and excitement to all participants, guests and visitors. All of which are likely to manifest why Scout Barrio has the distinction as a progressive and vibrant village. This also goes well to its reputation as a peaceful neighborhood and henceforth is a living proof of the continuing cooperation between residents, officials of the Barangay Council, SK, SBNA, Legion of Mary, Senior Citizens Association and the Pastoral Council, civic leaders and the men and women of Baguio Police Precinct 4.

With this year's theme "Partners in Progress, Kasali Ako Diyan," well in place, the dominant inter-outer movement of human feeling towards

involvement in community development projects, programs and activities is highly significant. It points beyond itself to a correlation between the duties and responsibilities of every resident. Thus, the Scout Barrio resident undoubtedly plays a pro-active role in further assuring sustainable development this year and beyond.

Of what happened are these aspects in so far as the Parade of sagalas, novena masses, Walk-for-a-cause activity, Cultural show presentation, sports and parlor games, salo-salo together party and bingo promotion for a better understanding of the forward-looking manner of celebrating a fiesta in this part of the nation? It appears that they are critically important. There is in progress today a long overdue reevaluation of the hype attached to fiestas. For few will contest the fact that fiestas need not be overly commercialized by some individuals,

but be observed as an occasion to reflect on God's blessings and show the best human affections. For such countless blessings – as attested by the success in the campaign to gain lot ownership, segregation from Camp John Hay and better water system, today, Scout Barrio residents attribute their vitality and strength to the increasing efforts of Punong Barangay Ramon Corpuz and his kagawads. In improving their conditions at its best, they are upholding the highest possible standards of public service each second of the day. The **h a r d w o r k i n g** kagawads are Diane Ortiz, Josie Belsa, Dong Perez, Ramon Oliva, Rex Delim, Cecil Dulay and Hidulfo Lachica. The village's SK chair is Clayton Paul Munar. Barangay secretary is Esperanza Santos and barangay treasurer is Betty Canuto. **/Anthony A. Araos**

BENGUET RE-VIEWS... ..from p.3

ponent as it boils down to attitude change particularly of parents of the beneficiaries.

Also identified as a dire need is the provision of accurate weighing scales for weight monitoring instead of capability building.

At their level, Nutrition Program Coordinator of the National Nutrition Council of the Region Dr. Micaela Defiesta committed that they could only assist in terms of restoring weighing scales as NNC could no longer afford to provide weighing scales.

There was also an issue raised on the reduction of frequency of weighing.

Defiesta said that weighing is critical especially those ranging from 25 to 71 months old. She added that this has a scientific basis that children belonging to such age

bracket are prone to sickness, hence, the need for monitoring their weights regularly which is on a quarterly basis.

NNC-CAR Nutrition Officer June Falancy suggested the purchase of iron sulfate to address anemia common deficiency especially among women of reproductive age instead of iodine capsules as the iodization program is already in place.

Falancy also suggested the inclusion of senior citizens who could assist in nutrition education.

Among the highlights of the activities at the municipal level were on monitoring of fortified foods in the market with the Sangkap Pinoy Seal and the iodine testing of salts; food production such as dispersal of seeds, cattle, goat, chicken; credit assistance from cooperating groups; micronutrient supplementation and distribution of purchased medicines; nutrition education through the conduct of launching and culminating activities such as contests, lectures,

Brgy. Update: Kagitingan residents seeks sale of lots to them

Baguio City – Some 24 residents of the former Kagitingan barangay here appealed to the city council for help in their bid to purchase the lots they occupy in said area.

The residents led by former Punong Barangay Maria Cordoviz told the council that they have been occupying the lots since June 30, 1945 and have been paying their lot dues to the city government.

Cordoviz said they have been paying lot rentals and taxes to the city government. However when asked to present their receipts, the residents could only show receipts for lot rentals.

In a letter to the council, the residents suggested that the lots be sold to them under negotiations patterned after the instrumentalities used in the sale of other government properties adjacent to their block. They cited the cases of private entities like the Dangwa bus company, Tionsan Bazaar and other individuals who they said were able to buy their properties from the government.

"All the lots (sold) are presently occupied with tall commercial buildings from which the city government is earning more income in terms of revenues and taxes compared to rentals it will earn on the lot if it were not sold to them," the residents said.

They said businessmen cannot construct business structures in the areas due to the uncertainty of their tenure over the lot.

"It is therefore clear that income-wise it is more beneficial for the City to sell the lots which we occupy and at the same time having granted us our long time dream own the lots which we have occupied since time immemorial," they said.

The body however deferred action on the matter and asked the residents to submit documents particularly receipts of their payment of land taxes to support their request. **/Aileen P. Refuerzo**

iodized salt raffle draw; supplemental feeding; implementation of income generating projects such as food and meat processing; awarding of Barangay Nutrition Scholar volunteers; and formulation of resolutions and ordinances in support to health and nutrition programs. **/S.C. Aro**

PROVINCE LOOKS... ..from p.3

indispensable assistance in the preparation of the projects studies, designs and engineering works; to apply for the sole and exclusive water rights with the national water resources board for the province of Benguet; and to be responsible for the offering to the securing of "Letter of Intent" to purchase bulk water from buyers including but not limited to BAWAD, LTWD, John Hay and other bulk water buyers within the coverage area.

As part of the agreement, Benguet and the company shall joint their efforts to attain sufficient financial requirements for the project. It is expected therefore that the company shall be the financial arranger while Benguet shall provide the requisite guarantee; towards successful representations with other government instrumentalities and agencies for purposes of securing the necessary approval, certification, endorsements, clearance and all requirements

required for the implementation of the project, and finally execute a MOA to embody the foregoing terms and conditions upon acceptance and approval by the SP of this MOU, and proper endorsement shall be made to the investment coordination council of the NEDA for approval. **/Tina Sales**

BENGUET COMMUNITY... ..from p.3

adviser along with Benguet PPO Chief Senior Superintendent Conrado Miñano and his deputy Supt. Fortunato Albas with Wagang and his Civilian Relations office staff as Secretariat.

Wagang feels that the council of elders will complement the Barangay justice system as it will promote indigenous ways of conflict resolution and peacekeeping like the "tongtongan" or family or community dialogue.

The younger generations are losing touch with their indigenous culture and elders are slowly being sidelined, Wagang said. With the organization of elders at the municipal level and the provincial federation, the proven folkways and indigenous practices of sanctioning unacceptable social behavior would be enhanced and informal leaders would be given recognition and a role in community building. **/Nathan E. Alcantara**

REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FIRST JUDICIAL REGION OFFICE OF THE PROVINCIAL SHERIFF LA TRINIDAD, BENGUET

EVELYN BASTIAN, Mortgagee,

-versus-

NORMA K. PASI married to Alex M. Pasi, Mortgagors.

04-EXF-0908

For: EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135, AS AMENDED

X-----X

SHERIFF'S NOTICE OF PUBLIC AUCTION SALE

Pursuant to the petition to foreclosure and sale extrajudicially under Act 3135, as amended filed by mortgagee, for the satisfaction of the obligation of Norma K. Pasi married to Alex M. Pasi of JE-14 Shamolog, Pico, La Trinidad, Benguet, herein referred to as the mortgagor, to satisfy the mortgage indebtedness which as of this date amounts to EIGHT HUNDRED THOUSAND PESOS (P800,000.00) includes the principal loan and interest excluding other expenses incurred in this foreclosure proceedings. The undersigned will sell at public auction sale on February 25, 2004 at 10:30 in the morning or soon thereafter in front of the Provincial capitol building, La Trinidad, Benguet to the highest bidder for CASH and in Philippine currency, the de-

scribed mortgage property to wit:

TRANSFER CERTIFICATE OF TITLE NO.T-28611

A parcel of land (lot 8-c-7, Psd-CAR-00516 being a portion of lot 8-c Psd-1-007156, Free Patent no. 426 under Act 926) situated at Barrio of Pico, Municipality of La Trinidad, Province of Benguet, Island of Luzon, Bounded on the SW., along line 1-2 by existing road (4.00 m.wide) on the SW., along line 2-3 by lot 7 (LRC) Psd-155581; on the E., along line 3-4 by lot 8-c-6, Psd-CAR-000516; on SW., along line 4-5 by lot 10 (LRC) Psd-155561; along line 5-1 by lot 9 (LRC) Psd-155581. Beginning at a point marked "1" on plan being S. 50 deg., 56' W., 897.17m. from triangulation station "SOUTHBASE" La Trinidad, Benguet thence x x x x x x x x x containing an area of TWO HUNDRED TWENTY SIX (226) square meters, more or less. (complete technical description appear on the title)

This NOTICE of sale will be published at The Junction, a newspaper of general circulation in the Cordillera and suburbs, once a week for three (3) consecutive weeks, the first publication to take place at least twenty (20) days before the date of auction sale, likewise three (3) copies of the same shall be posted in three (3) conspicuous places in the Municipality Hall and at the Provincial capitol of Benguet where the auction sell shall take place.

Prospective buyer/bidder are hereby enjoined to investigate for themselves the title of the property and the encumbrances thereon if any there be.

La Trinidad, Benguet this 28th day of January 2004.

Republic of the Philippines REGIONAL TRIAL COURT OF BAGUIO CITY FIRST JUDICIAL REGION Branch 3

RE: IN THE MATTER FOR THE CORRECTION OF ENTRIES IN THE RECORD OF BIRTH AND IN THE CERTIFICATE OF LIVE BIRTH OF MINOR CHILD FERESTH SHANE PANELO y COBSEN.

FRAULEIN PANELO y COBSEN, natural mother and legal guardian of the minor child FERESTH SHANE C. PANELO, Petitioner

-versus-

THE LOCAL CIVIL REGISTRAR FOR THE CITY OF BAGUIO.

Respondent.

Spl. Proc. Case No. 1412-R

X-----X

ORDER

Before the Court is a verified petition dated January 22, 2004 filed by petitioner through undersigned counsel in the above-entitled case, respectfully alleging among other things: that she is of legal age, married to ROGELIO V. PANELO, JR., Filipino citizen and with residence and postal address at No. 47 Sanitary Camp, Baguio City and the natural mother and

FOR THE PROVINCIAL SHERIFF EX-OFFICIO OF BENGUET

By: (SGD) FELIMON H. MACARIO Sheriff IV

Jan. 31, Feb. 7 & 14, 2004

legal guardian of minor child FERESTH SHANE PANELO y COBSEN; that prior to the year 2001, petitioner and Rogelio V. Panelo, Jr. were live-in partners and on January 18, 2001, upon the urging and blessings of their parents considering then that petitioner was already pregnant and due to deliver a child, they lived together as common-law husband and wife; that few days thereafter, minor child FERESTH SHANE PANELO y COBSEN was born on January 23, 2001 at the Baguio General Hospital and Medical Center, Baguio City; that innocently and due to confusion brought about by her having just delivered her first child, petitioner furnished the information that she and her husband were married on January 18, 2001 when in truth and in fact they simply lived together as common-law husband and wife, thus in the record of birth and in Certificate of live birth of FERESTH SHANE PANELO y COBSEN it was indicated therein that the date and place of marriage of her parents was "January 18, 2001, BAGUIO CITY" which entry was erroneous and baseless; that on July 18, 2003, petitioner and her husband got married before the Honorable NELSON F. LIDUA, SR. Presiding Judge, Municipal Trial Court, Branch 3, Baguio City; that both petitioner and her husband were of legal age when they lived together as husband and wife and there would have been no legal impediment had they entered into a contract of marriage before the birth of their daughter FERESTH SHANE COBSEN PANELO; that to make straight the birth record of her daughter it is

now the desire of petitioner to have the foregoing erroneous entry be corrected from JANUARY 18, 2001 to JULY 18, 2003; that the entry sought to be corrected is innocuous and harmless which will not in any way affect the substantial status of the child.

Petitioner respectfully prays to this Honorable Court that after publication, due notice and hearing, a judgment be rendered allowing and/or granting this petition by ordering the respondent Local Civil Registrar for the City of Baguio to cause and effect the desired correction in the record of birth of minor child FERESTH SHANE PANELO Y COBSEN more specifically, the date and place of marriage of parents from JANUARY 18, 2001 to JULY 18, 2003; that other relief equitable in the premises are also prayed for.

It appearing that instant petition is sufficient in form and substance, it is hereby ordered that the same be set for hearing on March 12, 2004 at 8:30 in the Morning SHARP before this Court at its Session Hall, Jus-

tice Hall of Building, Baguio City. Any person may appear and show cause, if any, why said petition should not be granted.

Let a copy of this Order be published at the expense of the petitioner once a week for three (3) consecutive weeks, the first publication of which should not be later than February 12, 2004 in a newspaper of general circulation in Baguio City to be determined by a raffle pursuant to the provision of Presidential Decree No. 1079. Let copies hereof together with the copies of the petition and its annexes be furnished to the Solicitor General, 134 Amorsolo St. Legaspi Village, Makat, Metro Manila, the City Prosecutor and the Local Civil Registrar both of Baguio City.

IT IS SO ORDERED.

Done in Baguio City, Philippines, this 10th day of February, 2004 in the year of our Lord.

(SGD) Hon. AMADO S. CAGUIOA Pairing Judge

Feb. 14, 21 & 28, 2004

Notice of Self Adjudication of Estate with Simultaneous Deed of Absolute Sale

Notice is hereby given that the estate of the late Bernard Paquitol who died intestate on February 14, 2003, consisting of a Motor Vehicle bearing Plate No. TMB 742 has been the subject of Self-Adjudication with Simultaneous Deed of Absolute Sale, executed by and among his heirs on December 19, 2003 as Doc. No. 489, Page No. 98, Book No. IX and Series of 2003 of the Notarial Registry of Atty. Robles G. Calabias of Baguio City. Feb. 7, 14 & 21, 2004

It may not always be easy, convenient, or politically correct to stand for truth and right, but it is the right thing to do. Always. -M. Russell Ballard

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

SAMELITO DURAN

Applicant

Case No. 2002-CAR-020
NOTICE OF HEARING

This is an application for the Extension of Validity of a Certificate of Public Convenience to operate a PUJ Service for the transportation of passengers and freight on the line: BAGUIO PLAZA-QUEZON HILL and Vice Versa with the use of one (1) unit.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 10th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

MARIVIC ABUAN -Vendor

LUNINGNING E. PONGGOS -Vendee

Case No. 98-01-1363/2004-BAG-CAR-0143
NOTICE OF HEARING

This is an application for the Sale & Transfer of a Certificate of Public Convenience to operate a PUJ Service for the transportation of passengers and freight on the line: BAGUIO PLAZA-SAN CARLOS HEIGHTS EXTENSION Via Quezon Hill and Vice Versa with the use of one (1) unit.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 11th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer

NOTICE OF EXTRAJUDICIAL SETTLEMENT OF THE ESTATES OF ANTONIO C. ARZADON AND DIONISIA TERMINES BOTH DECEASED

Notice is hereby given that the estates of the late Antonio C. Arzadon and Dionisia Termines, who died in Baguio City on Sept. 4, 2003 and June 25, 2001 respectively, and without any will, consisting of parcels of land situated at Baguio City and BaguioTelbang, Alaminos, Pangasinan, embraced and covered by Transfer Certificates of Title - 20487 and 3329 respectively, have been the subject of an EXTRAJUDICIAL SETTLEMENT OF THE ESTATES OF ANTONIO C. ARZADON AND DIONISIA TERMINES BOTH DECEASED, executed by and among their heirs on January 30, 2004 as Doc. No. 63, Page No. 13, Book No. 386, Series of 2004 of the Notarial Registry of Atty. Hermenegildo M. Monta of Baguio City.

Feb.7, 14 & 21, 2004

MAYOR SIGNS...

...from p.2

for all whether there was an official transmission of the "Annex A" to the city council. However, despite the persistent invitations, Tan declined./ Rimaliza A. Opina

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

GREGORY LIZARDO

Applicant

Case No. 94-CAR-120
NOTICE OF HEARING

This is an application for the Extension of Validity of a Certificate of Public Convenience to operate a PUB Service for the transportation of passengers and freight on the line: BAGUIO CITY - BANA-AO and Vice Versa with the use of six (6) units.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 10th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

SHELLY FLORESCA -Vendor

VICTORIA P. GATIWAN - Vendee

Case No. 98-BC-1005/2004-BAG-CAR-0128
NOTICE OF HEARING

This is an application for the Sale & Transfer with Extension of Validity of a Certificate of Public Convenience to operate a PUJ Service for the transportation of passengers and freight on the line: BAGUIO PLAZA-TRANCOVILLE and Vice Versa with the use of one (1) unit.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 10th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

GREGORY LIZARDO

Applicant

Case No. 99-01-037
NOTICE OF HEARING

This is an application for the Extension of Validity of a Certificate of Public Convenience to operate a PUB Service for the transportation of passengers and freight on the line: LATRINIDAD, BENGUET-TABUK (Kalinga Apayao) via Tuguegarao (Cagayan) and Vice Versa with the use of one (1) unit.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 10th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer

Republic of the Philippines
Department of Transportation and Communications
LAND TRANSPORTATION FRANCHISING AND REGULATORY BOARD

Cordillera Administrative Region, Baguio City

FLORENCIO RAGURO -Vendor

VICTORIA P. GATIWAN -Vendee

Case No. 87-01-1240/2004-BAG-CAR-0129
NOTICE OF HEARING

This is an application for the Sale & Transfer of a Certificate of Public Convenience to operate a PUJ Service for the transportation of passengers and freight on the line: BAGUIO PLAZA-TOMAY and Vice Versa with the use of one (1) unit.

Notice is hereby given that this application shall be heard by the Board on Feb. 24, 2004 at 9:00 A.M. at the LTRFB Office, Paodal, Baguio City which date and time the applicant shall formally submit his/her/their evidences.

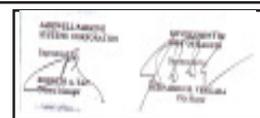
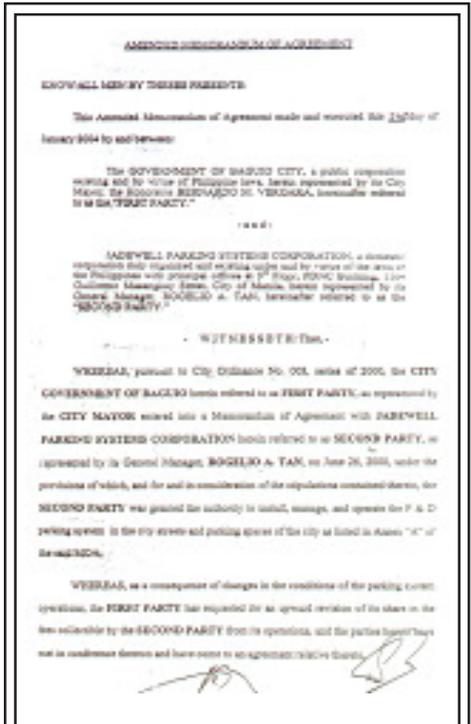
At least ten (10) days prior to the above date, the applicant/s shall publish the NOTICE once in one (1) weekly newspaper of general circulation in the Cordillera Administrative Region.

Parties opposed to the granting of the application must file their written opposition supported by documentary evidence on or before the above date, furnishing a copy of the same to the applicant/s and if they so desire, appear during the hearing.

This application shall be acted upon the Board on the basis of its records and the documentary evidences submitted by the parties unless the Board deem necessary to receive additional documentary and/or oral evidence.

WITNESS, the Honorable ALFREDO P. MONDIGUING - Regional Director this 10th day of February 2004.

(SGD) ATTY. BRENDA D. POKLAY
Hearing Officer





Attention: Chief Supt. Rowland Albano, RD PRO-COR at PDG. Hermogenes Ebdane, Chief PNP

Ano ba talaga P/Supt. Manalo dinoktor ba ninyo ang mga numero?

Nakalulungkot ang impormasyong nagmula sa opisina ni Konsehal Rufino M. Panagan hinggil sa isang liham na kanyang ipinadala sa tanggapan ni Chief Supt. Rowland Albano, kung saan kanyang iriniriquet na imbestigahan ang di-umano'y posibleng naging pandodoktor ng numero at bilang ng mga krimeng naganap nitong nakaraang taong 2003 sa lungsod ng Baguio.

Makikita sa pahinang ito ang kabuuan ng liham. Kung mapapatunayan na mayroon ngang basehan ang nasabing liham at totoo ngang nagkaroon ng pandodoktor ng mga pigura ay sadyang nakalulungkot ito sapagkat ang buong sambayanang Pilipino ay nalinlang dala ng ang BCPO ay kamakailan lamang ay naatasan at nabigyan ng parangal bilang Best Police Office in the country.

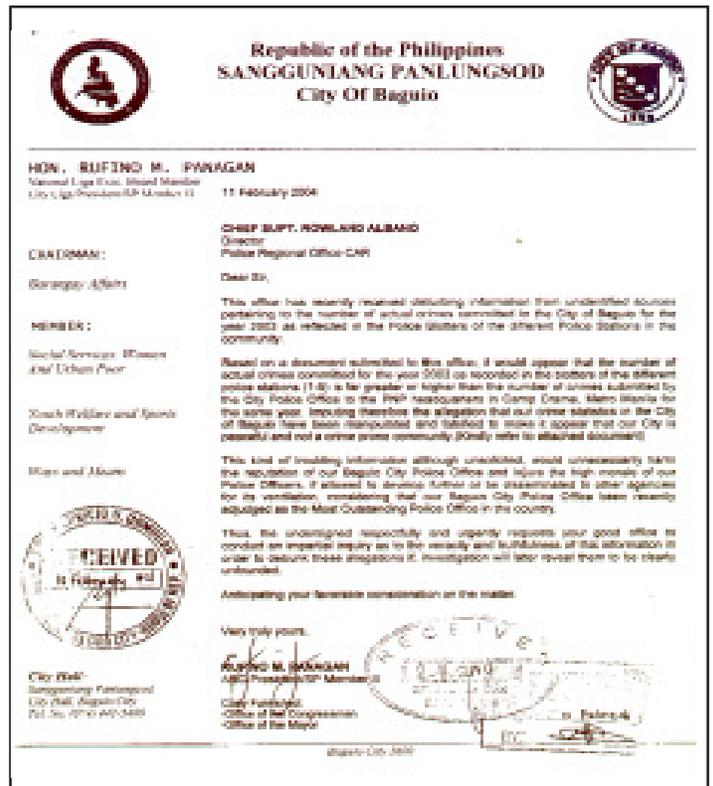
Maraming negatibong implikasyon ang uusbong sa paratang na ito, una dito ay malo-low morale ang mga tauhan mismo ng BCPO kung sakaling ang kinalabasan ng naging award ay yuon sinasabing pamemeke. Pangalawa ay ang pandaraya ay isang imoral ng gawain lalong lalo na ng kapulisan (kung tutuo ang mga paratang ay mayroong mas karapat dapat na maatasan na best police office at hindi ang BCPO). Pangatlo ay sadyang mahina ang liderato ng BCPO at kinakailangan pang dayain at doktorin ang nasabing mga pigura.

Para sa iyo Konsehal Rufino M. Panagan isang magandang halimbawa itong iyong ipinakita, ang iyong pagbunyag ng isang bagay na dapat lang na mabigyan ng kinaukulang (linaw) at klaripikasyon. Mabuhay kayo at makakaasa kayo na kami sa Linis Gobyerno at ng pahayagang ito ay isang dang porsyento (100%) susuporta sa inyong adhikain.

Umaasa tayo na ang liderato ng PNP sa Cordilera na pinangungunahan ni Chief . Supt. Albano at ng tanggapan ni Chief PNP Ebdane ay agad na magsasagawa ng kinaukulang imbistigasyon at ano man ang maging resulta ay dapat na maipaalam nang walang anumang cover-up sa sambayanan Pilipino at

kung may anomalyang pandodoktor na nangyari ay dapat lang na mabigyan ng kinaukulang paratang ang salarin.

Sigaw ng Linis Gobyerno tama na ang panlilinlang at panloloko sa madla ng mga nasa katungkulan!



Liham ni Konsehal Panagan kay Chief Supt. Rowland Albano

CRIMES COMMITTED FROM JANUARY TO DECEMBER BY 2001 BASED ON BLOTTER

STATION	Murder	Homicide	Rape	Physical Injuries	Robbery	Theft	Total Index	Total Non-Index	Total Crime Volume
Station 1	1			45	2	6	36	238	274
Station 2		6		68	55	22	141	28	179
Station 3				20	40	66	133	70	209
Station 4		2		22	17	12	63	32	95
Station 5		2		122	107	119	328	125	445
Station 6				62	61	116	249	93	342
Station 7				711	285	507	1904	724	2,628
Station 8				20	5	46	80	153	233
Station 9				20	8	18	55	20	75
TOTAL		12		1,098	569	1,336	2,973	1,493	4,466
Crimes committed per day				3.0/day	1.5/day	3.6/day			

CRIMES COMMITTED FROM JANUARY TO DECEMBER CY 2002 BASED ON NCRS

Baguio City	4	34	5	198	130	324	701	271	972
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Attachment sa liham ni Konsehal Panagan (summary of crimes committed for Stations 1 to 9).

ENTREPRENEWS

**The past, present and future
of Philippine business
(part 3 of a series)**

BY TRINIDAD CAYADING



After World War II, Japan, Taiwan, South Korea, Malaysia, Thailand and Indonesia concentrated development efforts on the rural areas first.

The City-States, Hongkong, and Singapore, directed their efforts to providing decent housing for their urban low-income families.

For 50 years, we, with the majority of our people in rural areas, were not able to do much to assist them. Yet, our neighbors have been able to deliver, slowly but surely, agricultural productivity to their rural areas, housing and affordable urban transport and food prices to the urban poor. This may be the reason why we have been unable to solve our NPA and Moslem problem, which has its roots in rural and urban poverty.

We are the exception to fast economic growth in East Asia. Our highest growth rates in 1973 and 1974 were attained with the unaccustomed disciplines of Martial Law. At that time our neighbors from Bangkok inquiring about what they can do to match our growth rates. Unfortunately, the Marcos family soon diluted the technocrats and their cronies and this led to the eventual collapse of the economy.

In comparing our situation with other developing nations in the region, the process of arriving at legislation and or decisions on economic matters and the implementation of well intentioned programs has to change if we want to achieve a better future for all our people. Rapid growth rates are sustainable only if the benefits are equally distributed to all sectors of society, particularly the poor, so that a middle class evolves.

As we review our past, let us identify some of the serious mistakes we have made.

1. Following the successful land reform measures in Japan and Taiwan, we of course, had to have our land reform. Unfortunately instead of covering the small rice farms, we had to extend this to sugar, coconut and all plantations. This resulted in a decline of bank credit to the large farms, adversely affecting our agricultural sector.

2. Thailand, using Los Baños graduates, has greatly increased agricultural productivity resulting in much lower food prices so that its lower income groups are much better fed than ours! From hardly any sugar production they have now passed this traditional Philippine product. With the world famous Rice Research Institute in Los Baños, we are still large rice importers. And incidentally, the only year we were self-sufficient was under Pres. Marcos!

In looking at the past, have we ever thought why our neighbors were able to solve their NPA problem and we are still struggling with this in many provinces. Thailand seems at peace with their Moslems, who are also in their Southern Provinces. Are Buddhists better able to resolve minority problems than Christians?

3. First of all, our neighbors didn't have minimum wage laws. We all know that cost of living in the provinces was much lower than in Metro Manila. And yet the Government yielded to this American proposal which is the imposition of uniform minimum wage across the country - another case where imposing U.S. practices in a poor developing country was totally inappropriate.

4. The United States has more lawyers than the rest of the world while we, who blindly followed the U.S. Educational pattern, have more lawyers than the rest of East Asia.

Our lawyers and accountants have not contributed to the dropping of poverty levels! The lawyers in Congress have not enhanced their reputations and the delay in the courts has encouraged corruption. The large numbers of accountants in the country have not improved collection of taxes. In fact, our tax revenues as a percentage of GNP is even lower than Indonesia.

5. We have been unable to implement long-term plans for infrastructure development. Every election results not only in a change in the head of a department but in most of the key people in the department. Poorly qualified politicians appointed to key positions always announce reorganizations to "wipe out corruption". Of course, this results in all his

ENTREPRENEWS...p.13

Board OK's market development project

La Trinidad, Benguet – The provincial board this week enacted a resolution endorsing a four-year multi-million dollar diversified income and market development project.

The project is \$140 million undertaking of the Department of Agriculture expected to start July this year.

The project's primary goal is to stimulate rural growth and farmers' income by enhancing competitiveness of the agriculture and fishery sector and market-oriented private sector-led investments. At the end of the project implementation, it is expected that it would help to arrest and reverse the declining competitiveness of agricultural commodities; to achieve greater diversification of farm enterprises and to increase private sector investments going into market-oriented products.

In her presentation to the board, Benguet State University Vice President for Planning Dr. Darlyne

Tagarino that about 43% of the cost of the project or an equivalent of \$60.2 million shall come from the proceeds of the Sector Investment and Maintenance loan from the World Bank, while the remaining 57% or \$79.9 million represents DA grants and equity contributions of local government unit-beneficiaries.

BSU is a member of the sector investment on economics (SECOM) that facilitates the preparation of the project proposal for submission to the NEDA for its eventual endorsement of the World Bank for the approval of the loan.

Region-beneficiaries include Cordillera Administrative Region, Region VI (Western Visayas), Region VII (Central Visayas) and Region X (Northern Mindanao).

For CAR, the town of Bauko in Mountain Province and initial LGUs identified in Benguet province the towns of Atok, Buguias Mankayan, Kibungan, Kabayan, Sablan and La Trinidad for the province of

Benguet.

Tagarino mentioned that the project has two major components. They are DA's institutional strengthening and capacity development, and local market development subprojects.

Of the total \$140 million cost of the project, an accumulated amount of \$120 M shall be utilized for marketing development services (\$31 M), strengthening quality assurance system (\$32 M), Market-Linked Technology (\$40M), and enhancing budget resource allocation and planning system (\$17M).

The balance of \$20 M will be appropriated for the second component to finance focused area subprojects. This component is requiring co-sharing scheme with concerned LGU-beneficiaries in the implementation of agricultural-related infrastructure.

First-second class LGUs shall co-share the 75% cost of the project, 3rd and 4th class with 60% and 50% for the 5th and 6th

BOARD OK'S...p.13

Tripartite MOA eyed on Mines View satellite market

Baguio City – The city council Wednesday deferred action on the request of the Mines View Open Market Vendors' Association for the adoption of guidelines on stall allocation in the soon-to-be-built satellite market building at Mines View Park pending preparation of a tripartite agreement among the city market, the barangay and the vendors group.

It was gathered that several vendors groups now occupying

stalls at the park have been jockeying for position in the new building.

Open Market Association representative Renee Maligman who attended the session spelled out certain conditions that she said her association wanted to incorporate in the proposed memorandum of agreement. Maligman also hinted on an exclusive agreement between the city and her association.

However, the body said the city also

take cognizance of the concerns of the other two vendor groups occupying the area.

Vice Mayor Betty Lourdes Tabanda suggested that the city council, the barangay council and the three vendors groups draft together the MOA to allow equal opportunity to all the parties.

The said MOA will be submitted to Mayor Bernardo Vergara for signing and again to the city council for confirmation./ *Ezekiel Escrupolo*

How to tell if a cat or dog may need veterinary cares

The best way to evaluate the general health of a cat or dog is to give the animal a thorough nose-to-tail examination. Ask a friendly veterinarian or vet tech from your community to train you, then establish your own routine, and thoroughly and methodically examine each animal using the same series of steps each time. That way, you won't overlook some of the more subtle yet often serious health conditions often missed with a quick once-over. Dogs and especially cats can "hide" illnesses or other ailments, so try not to let them fool you!

Use the checklist below when evaluating animals. Don't forget to observe animals for signs of health problems such as when you're cleaning or just giving the animals a little TLC. To make sure observations are recorded systematically, you may wish to develop a health "report card" for the animal during.

EYES

GOOD SIGNS

_ clean

Drug residue in cows is killing vultures

The populations of three species of vultures have been decreasing since the early 1990s and scientists say they are dying because of a veterinary drug used to reduce fever and treat lameness in farm animals.

Conservationists first thought the deaths were caused by a new bird plague, but an international research team found chalky deposits in the birds' internal organs, showing the birds were dying of kidney failure.

After checking livestock pharmaceuticals for those harmful to birds, researchers have placed blame on the drug Diclofenac.

Used extensively with cows in Pakistan and India, Diclofenac is not as popular with veterinarians in the United States. It is, however, a common treatment in the U.S. for arthritis and pain in humans.

The deaths have affected the oriental white-backed, the slender-billed, and the long-billed vultures, and ecological effects are already being felt.



"All three [vulture] species will likely become extinct in the wild within five years," said coauthor Rick Watson of the Peregrine Fund in Boise, Idaho, one of the sponsors of the research.

Watson said vultures quickly consume dead animal carcasses, helping to prevent the spread of anthrax and foot-and-mouth disease.

According to ornithologist André Dhondt at the Cornell Laboratory of Ornithology in Ithaca, New York, if carcasses are not eaten by vultures, the number of foxes will increase, and so will the prevalence of rabies.

The team's conclusion was that Diclofenac caused acute kidney failure in

_ clear and bright
_ responsive to visual stimuli
WARNING SIGNS

_ watery
_ red
_ filmy
_ cloudy
_ discolored
_ dry
_ inflamed (swollen)
_ hypersensitive to light
_ pupils are unequal in size
_ pupils are overly dilated or overly constricted
_ showing third (or middle) eyelid
_ showing discharge
_ itchy (animal rubs at eyes)
_ painful (animal squints)

EARS

GOOD SIGNS

_ clean (both outer ear and canal)

_ pink and clean (inner ear)
_ responsive to noise

WARNING SIGNS

_ showing discharge (waxy or other)
_ crusty
_ red or inflamed (canal is swollen/thickened)
_ hair around ear is matted
_ scabbed
_ fly-bitten
_ itchy (animal scratches ear or shakes head)
_ foul odor
_ painful (animal cries when ear is touched)

NORMAL RANGES FOR TEMPERATURE, HEART RATE, AND RESPIRATORY RATE FOR HEALTHY CATS AND DOGS

Temperature (rectal) 100–102.5° Fahrenheit

HOW TO TELL...p.13

Even Influenza is a disease that comes from meat consumption

BANGKOK - For much of the past century, Asia has been the cradle of influenza, including two of the three major human flu pandemics.

Experts say that given the right conditions, influenza can emerge anywhere, but they say Asia has all the ingredients for spawning flu, such as the outbreak of bird flu now afflicting 10 Asian countries.

All flu viruses probably originate in birds, and the best environment for making the jump to humans is one where densely packed people live closely with birds and animals. "In Asia we have a huge animal population, a huge bird population and two-thirds of the world's people living there," said Klaus Stohr, chief influenza scientist at the World Health Organization.

The population of China alone is bigger than that of the whole of Africa, and 80 percent of the new human flu strains the last few decades appeared in China first. With health officers already

leery about a return of SARS, experts are keeping watch on the bird flu in Asia, where the virus has killed millions of chickens, and millions more have been slaughtered in an effort to prevent its spread. Eight people have died in Vietnam and two in Thailand. Asia's traditional situation of peasant farmers keeping ducks, chickens and pigs together with the family has long created opportunities for influenza to jump the species barrier.

And now industrial-scale commercial chicken farming is exacerbating the problem, said Robin Weiss, a professor of virology at University College in London.

"We've had nothing like this gigantic chicken breeding in the world before," he said. As Asia has become not only more populous but also richer and more urbanized, its wealthy citizens demand a more diversified diet, favoring more meat, eggs

and dairy products. To meet that demand, agriculture has undergone a fundamental change, so that even backyard farms have turned almost industrial, filling every square inch with chickens. "As soon as you have that many animals in one spot you are likely to get into trouble with disease," said Dr. Samuel Jutzi, director of animal production and health at the U.N. Food and Agriculture Organization.

From the early 1970s to the early 1990s, per capita consumption of meat, eggs and milk grew about 50 percent in developing countries, leading to big increases in animal herds. Over the last 25 years, the fastest growth has been in the numbers of chickens and pigs, the FAO says.

Asians' fondness for shopping at live animal markets also adds to the chances for flu jumping species, experts say.

And climate

EVEN INFLUENZA...p.14

DRUG RESIDUE ...p.15

ENTREPRENEURS... HOW TO TELL...

...from p.11

...from p.12

cronies occupying the key positions to start a new round of corruption!

In looking at the future let us review our political institutions and economic policies. Have we over emphasized political freedom and neglected economic growth? Our political economic and educational institutions have been developed along U.S. lines.

Is this a proper model for a developing nation?

With our "freedom without borders" should we be concerned that the freedom to discuss, debate and demonstrate may result in procrastination and postponement of urgently needed decisions that are needed to solve ordinary daily economic problems like water, garbage, traffic, environment, etc.

In the Philippines, our present model is not working if we are serious in reducing poverty. Direct election of the head of state is probably necessary even if we change to a parliamentary system. What is essential is clean elections – and the honest counting of votes. We need, much faster action by every branch of government if we are to attend to the needs of our people.

BOARD OK'S...

...from p.11

class municipalities.

Vice-Governor Edna Tabanda questioned the sharing scheme battling that it would be lowered anchored on the capability of the LGU.

Based on such observation, SECON expected to make the necessary lobbying with the Department of Finance that issued the counter-part sharing scheme. *Tina Sales*

Heart rate (at rest)
Large dogs: 80–100 beats/minute
Medium dogs: 100–120 beats/minute
Small dogs and cats: 120–180 beats/minute

Respiratory rate (at rest) 16–26 breaths/minute

**NOSE
GOOD SIGNS**

- _ clean
- _ free of discharge

WARNING SIGNS

- _ scabbed
- _ showing discharge (clear, mucous, blood, or pus)
- _ crusty
- _ cracked
- _ congested or blocked

**MOUTH
GOOD SIGNS**

- _ free of odor
- _ teeth are clean
- _ gums are pink
- _ gums have good capillary refill time (pink gum color returns within 1-2 seconds after being pressed with finger)

_ animal appears to swallow normally

WARNING SIGNS

- _ unusually red or pale
- _ dry
- _ salivating (animal is drooling)
- _ foul odor not caused by food
- _ foreign bodies
- _ showing discharge
- _ swollen or inflamed
- _ gums are pale, white, purple, or inflamed
- _ teeth are loose, pitted, broken, or tartar-covered
- _ animal has trouble swallowing

**BREATHING/RESPIRATION
GOOD SIGNS**

- _ respiration is regular
- _ respiration sounds clear
- _ respiration rate is normal

WARNING SIGNS



Upper Photo: Last YWCA Board Meeting hosted by the president, Jackie Acoba-Ver. L-R are Josephine Alhambra, Prescy Bautista, Emma dela Cruz, Joy Baliwa, Nelly Balandi, Tenie Limpin, Jackie Acoba-Ver, Mary Ann Malicdem, Julie Cuilan and Cristy Palangdan.

Lower Photo: A souvenir photo with some of the Y'ers present at the General Membership and Fellowship Program held at the Young Women's Christian Association of Baguio Social Hall. Seated L-R are Prescy Bautista, Jackie Acoba-Ver, Zoraida de Guzman, Mary Ann Malicdem, Cristina Bana-ay, Jamela Carina Marie Acoba, Christine Jesusa Marie Acoba, Tenie Limpin and Joy Baliwa.

- _ breathing is irregular, rapid, shallow, or labored
- _ animal is sneezing, coughing, wheezing
- _ moist lung sounds
- _ breathing is through open mouth

**SKIN/HAIR
GOOD SIGNS**

- _ coat is bright, and glossy
- _ coat appears well groomed
- _ skin is clean, free of oil
- _ skin is free of swelling, lumps, and lesions

WARNING SIGNS

- _ coat is dull
- _ coat is oily, dirty
- _ coat shows areas of hair loss or thinning
- _ hair is matted
- _ skin is dry or flaky
- _ skin shows swelling, lumps, or lesions
- _ skin is scabbed
- _ skin is red, irritated
- _ animal has fleas, ticks, lice, or other parasites

**LEGS/FEET
GOOD SIGNS**

- _ legs support weight evenly (no limp)

- _ pads are clean and smooth
- _ nails are healthy looking

WARNING SIGNS

- _ animal favors one leg (limps)
- _ animal has limited motion
- _ animal is weak or uncoordinated
- _ joint feels tender
- _ pads are cracked or hard
- _ pads have matted hair between them
- _ nails are long, short, or ingrown
- _ legs show swelling, lumps, or lesions

**ANAL/GENITAL
GOOD SIGNS**

- _ area is clean and free of discharge
- _ stool is normal

WARNING SIGNS

- _ area has discharge
- _ stool is watery or bloody
- _ animal is constipated
- _ area around anus shows swelling or lumps
- _ one or both testicles are not descended (not in scrotum)
- _ one testicle is harder and/or larger than other

**GENERAL APPEARANCE
GOOD SIGNS**

**NOTICE OF AUCTION SALE
FMC PAWNSHOP, INC.**

Announces its PUBLIC AUCTIONS of all unredeemed pledges whose redemption period expired as of November 30, 2003 at 9:00 AM

FMC Baguio Branch, Lower Bonifacio St., Baguio City on March 26 & 27, 2004

Teodora P. Mones - Licesed Auctioneer

PRANGKAHAN...**...from p.16**

mapalitan na si Matalo este Manalo at ang papalit na si P/Supt. N ay mag take over. PRANGKAHAN TAYO Konsehal Panagan kung hindi kayo nagkaroon ng hidwaan ni P/Supt. Manalo hindi mo siguro ilalabas ang ganitong impormasyon na kontra sa kanya ano?

oOo

Kudos sa'yo Pros. Benedicto Carantes- kami ay natutuwa sa agarang reaksyon ni Prosecutong este Prosecutor Benedicto Carantes hinggil sa nakaraan nating kolum kung saan ipinarating natin kay Pros. Carantes ang nagaganap na pasugalan sa kanyang lungga sa New Lukban . Agad naman nagpadala ng liham si Pros. Carantes kay P/Supt. Manalo (copy furnish tayo) na ipina-iimbistiga ang nasabing pasugalan. Maraming salamat sa iyong agaran aksyon Pros. Carantes, ngunit PRANGKAHAN TAYO SIR , naniniwala ba kayong mayroon madedeskubrenng pasugalan ang BCPO sa inyong lugar samantalang ang nasalikod ng nasabing pasugalan ay isang mataas na local official , he !he!he!.

oOo

IsiPing Mabuti- kapag na dis-qualify si FPJ ang kanyang mga boto ay mahahati kina Panfilo "Ping" Lacson (our next President) at kay Attorney Raul Loco este Roco (malamang ay 70 % mapunta kay Ping at 30% kay Loco) . Sa kabilang banda kapag hindi na disqualify si FPJ ay malaki ang chansa na si FPJ na nga ang magiging susunod na King este Pangulo (King na nga pala siya). Ano ang dapat gawin ni Gloria MacaPidal Arroyo para manatili siya bilang pangulo ng ating bansa. IsiPing ninyo mabuti mga dear readers, huwag maging kampante sa mga kaganapan, nasa mga piligrosong kapanahunan tayo mula ngayon hanggang sa darating na halalan. Mayroon nagsasabing no election scenario (NOEL), mayroon nagsasabing ibang uri ng martial law. Ano kaya mga dear readers, ano sa palagay ninyo ang gagawing gimik ni Gloria MacaPidal para manatili siya bilang pangulo? IsiPing mabuti para ng sa ganoon ay makatulong tayong lahat na maudlot ang mga di kanais -nais na mga hakbangin ng mga taong gumagalaw sa kadiliman. IsiPing mabuti kung paano natin maitataguyod at maprotektahan ang ating demokrasya.

oOo

Martial law sa Supreme Student Council ng SLU -

nakalulungkot ang pinagagawa ng kasalukuyang Presidente ng Student Council ng SLU na si Engr. and Law Student Erdolfo L. Lardizabal kasa-kasama (ka-konchaba) ni Madam Evangeline Trinidad ang Vice President for Finance. Ayon sa ating TB, mukhang maraming mga anomalyang nagaganap sa paggamit ng pondo ng student council, umaabot sa milyun-milyong piso at their disposal. Bagamat mayroong mga patakaran at mga demokratikong mga prosesong dapat sundin (na nakasaad sa Constitution and By-Laws ng KASAMA/SSC), hindi naman daw ito sinusunod, at may mga gimik na isinasagawa ang dalawang opisyal na aking nabanggit. Abangan ang mga eksklusibong report na ating ihahayag sa mga darating na araw kapag naisampa na ng mga kinaukulang mga reklamo (administratibo at criminal).

HOW TO TELL...**...from p.13**

- _ animal is bright, alert, and responsive (BAR)
- _ skin is elastic (springs back immediately after being raised)
- _ animal is balanced, coordinated
- _ temperature is normal
- _ animal is interested in surroundings, oriented

WARNING SIGNS

- _ animal is very thin or obese
- _ animal has wounds or abscesses
- _ animal has swelling, lumps, or bumps
- _ animal appears to have umbilical hernia
- _ mammary glands are swollen or oozing discharge
- _ skin does not spring back (animal is dehydrated)
- _ animal appears uncoordinated
- _ animal tilts head
- _ animal repeatedly circles
- _ abdomen is bloated
- _ temperature is abnormal
- _ animal appears lethargic
- _ animal appears hyperactive
- _ animal appears

© 1996 *The Humane Society of the United States*

EVEN INFLUENZA... ..from p.13

may play a role. "Respiratory viruses, like orchids, do seem to like the Asian climate, because they have influenza viruses nearly all year round. It's not so seasonal as it is in the rest of the world," said John Oxford, a flu expert from Queen Mary School of Medicine in London.

Many scientists believe a ma-

Food production as 2004 program highlight

Baguio City - Citying the need for increased food production coupled with self-sufficiency and community-based action, the city nutrition council shall push on with the maintenance and expansion of existing vertical gardens, aside from the regular programs of the council for this year.

This was discussed last week during the regular meeting of the Baguio City Nutrition Council (BCNC) which is currently chaired by Baguio Health Department (BHD) head Florence Reyes.

According to Dr. Reyes, the project, which shall tap the cooperation of the barangays, Department of Agriculture (DA), Bureau of Plant Industry (BPI) and the Benguet State University at La Trinidad, is

very appropriate since households of city dwellers often have limited space for regular plotted gardens.

"Aside from increased food production, the project shall prove beneficial to the environment since it would utilize materials such as empty drums and plastic containers which would otherwise be considered as garbage," Reyes noted. Re-use and re-cycling is thus encouraged, she added.

Among other programs to be considered as highlights of the nutrition program are that of the just-concluded research and program "IQ-up in every home" wherein concentrated iodine shall be sold to the general public in an effort to curb iodine-deficiency disorder especially in children. One container of concen-

trated iodine worth Ten Pesos (P10) may be dissolved in one barrel of potable water to ensure proper administration of the much-needed mineral. According to Dr. Reyes, since school children are the main targets, the project is expected to be launched in the city schools.

Monitoring of regular projects such as the implementation of the Asin Law in restaurants, hotels and business establishments; information and educational campaign for breastfeeding, maintenance of the mother and child center, maternal education, and deworming program shall still be given priority, as the city aims to be included in the hall-of-fame for national nutrition awards, Reyes ended. *Julie G. Fianza*

major bird migratory pathway from Siberia across Asia could keep the continent's poultry seeded with the flu virus, which lives naturally in the gut of waterfowl. Despite Asia's prominent role in spawning flu outbreaks, experts say strains do crop up in other parts of the world. Scientists are convinced the 1957 Asian flu and 1968 Hong Kong flu pandemics originated in Asia, but there is much debate about where the biggest killer of them all - the 1918-19 Spanish flu pandemic - came from. That flu, which killed an estimated 40 million to 50 million people, was so named because the king of Spain got it, not because it originated in Spain.

"We've got a huge amount of information which tells us this virus arose in Europe, not Asia," Oxford said. "If it is the case that it started in Europe, that tells us that these new outbreaks could happen anywhere in the world where the circumstances are right." The Europe theory holds that the Spanish flu began in the crowded World War I army camps around Etaples in northern France. There were 100,000 soldiers on any one day there, and they raised chickens, geese and possibly pigs for food, Oxford said. Those conditions mimic what naturally occurs in Asia.

A bird flu strain also arose in the Netherlands last year, albeit of a milder strain. The Dutch may have averted an epidemic by slaughtering their entire chicken population within one week.

"I don't think anyone should always assume that these new outbreaks are exclusive to Asia," Oxford said.

He also warned against judging the seriousness of the Asia's current outbreak too quickly. While the World Health Organization said Friday that testing indicates the strain so far has not been very successful at jumping to humans, Oxford said flu strains may take a year before they really take off.

On Sunday, the WHO said two Vietnamese sisters who died may have caught the disease through contact with their brother in what would be the first cases of human-to-human transmission of confirmed.

"We think these outbreaks in these army camps started in 1917, then it took another year of an extra few mutations before it really exploded into the great wide world," he said. "That's what could happen in Asia. It could be another year before it really gets moving." © 2004 *The Associated Press.*

ARASAAS KEN KARASAKAS

Agyaman ti barangay ken
Mayor

BY ROMEL E. VALDEZ



Maysa nga agsapa, awan pay makalawas a naglabas, adda naallingagko a karkarna nga arimbangaw manipud iti saan nga adayo a lugar iti pagdididianak. Iti panangbirokkko no sadino ti ayan daytoy, nakigtotak iti naimatangak: maysa a lugan agngangabit a matinnag iti bakras iti Leonila Hill ket mabalin nga agdisso daytoy kadagiti kabalbalayan iti San Antonio Village! Sinigidak ti napan iti ayan ti insidente, iti ungo ti Evangelista St. Agnerberbios dagiti babbai. Saan met nga insigida a nakapaggaraw dagiti lallaki agingga't saan a simmangpet ti lugan ti PNP a sinaruno ti DILG Regional Emergency Service ken ti lugan ti BB-PICAG Philippines, Inc. Iti kaadda ngarud dagiti immaray, naparnuay ti koordinasion ken panagkaykaysa tapno masalbar ti pangpasahero a jeepney a namarkaan ti Aurora Hill. Ngem nabayag bassit a naisang-at ti nasao a lugan nga addaan ti plate number AYH 815 gapu ta agan-andar pay laeng daytoy bayat ti kaaddana iti bakras.

Iti panaguummong dagiti babbai nga agsasarita, naallingagko nga adda kano idin natinnag iti lugar. Delikado met nga agpayso daytoy para kadagiti lugan ken tattao. *Dead end ti street* ket agngudo daytoy iti bakras ti bantay. Awan man laeng ti naipatakder nga istruktura tapno malapped ti mabalin a matinnag a lugan man wenna tao.

Appo a maseknan a *barangay officials* iti lugar, baka mabalinyo met nga iremedio ti saanton mapasamak a kas iti naaramid iti jeepney ken ti kunada a natinnag a lugan iti lugar.

-oOo-

Dua nga aldaw sabbay a maitugawko ti agsurat iti daytoy, adda inyawat ti maysa a naayat a gayyem a regular met nga agbasbas ti pagiwarnaktayo a The Junction. Babasaen daytoy, "In Touch" *magazine*. Adda intudona sadiay a nangnangruna a basaek bareng kano adda mapidotko para iti panagsursuratko ditoy a kolum. Ngem sabali nga artikulo ti *magazine* ti ad-adda a nakaawis ti atensyon toy numo. Maipapan daytoy ti *association of pastors* iti Ciudad ti Cali, Colombia nga addaan ti paulo "United We Stand" kas insurat ni **Jason Chatraw**.

Numan pay saan a nalaka a binukel dagiti pastor ti *association* gapu ti agduduma a kaugalian ken kapanunutan, nagbalin daytoy a napigsa a puersa a mangdupir kadagiti pagparikutan ti Ciudad. Ket kalpasan kano kadagiti aktibidadesda a kas ti *citywide prayer vigil*, ado kadagiti *drug lords* ti natiliw. Ket iti unos iti ado a tawen, immay ti tiempo nga awan ti napasamak a pammapatay iti uneg ti 48 nga oras.

Malagipko ti Baguio-Benguet Ecumenical Group a bukuklen ti Roman Catholic Church, United Methodist Church, Chinese Baptist Church, United Church of Christ in the Philippines, Anglican Church ken ti PMA Evangelical Church. Nabanggittayo ti Grupo iti nabiiit gapu iti tinawen a Week of Prayer for Christian Unity nga ang-angayenda. Ngem kabayatan dayta, *very vocal* daytoy kontra ti *operation* ti *casino* iti Camp John Hay. Maka-inspirar met ti parparnuayen daytoy a *saga*, wenna napunuan kinabanuar a pakasaritaan para ti napudno a gandat a mapasayaat ti bukodtayo a Ciudad ti Baguio. Dakkel la ketdi met ti ipapaay daytoy para ti panagbalbaliw a masapul a saan a basta-basta iyaleng-aleng dagiti mayat a pabutosan *come May 2004 election day*.

-oOo-

Maragsakan ita ti AZKCO Barangay iti Central Business District iti panangipakita ni **Mayor Bernardo M. Vergara** ti dakkel nga ayatna iti daytoy. Uray ni **Paulina Sinadoc**, *church leader* ken presidente dagiti *sidewalk vendors* ket maragsakan unay iti dagag. "Agasem, maka-save-tayo ti P48,000.00 iti tinawen!", kinuna met ni **Kag. Arnold B. Gapuz** a tinungtung-edan ni **Brgy. Sec. Garret Sacla** maipapan iti ipaay a grasiasa ti inaramid ti Mayor.

Idi ngamin Pebrero 7, iti meeting dagiti amin a *barangay officials* iti entero a Ciudad, iti panangirungaing ni **Punong Barangay Misael V. Nadela** ti nabayagen a kiddaw ti Barangay iti City Government, idi laeng a nakaawat isuna ti napintas a sungbat. Action agad ni Mayor iti dayta nga okasyon ket iti *handwritten* a suratna ken **Eng'r Neri Bueno** iti DPWH, kiniddawna ti pannaka-"*facilitate the implementaion of the P300,000.00 project of Barangay AZCKO for the construction of a barangay hall.*"

PUNA AT PANSIN

Election fever is here
Mga kurakot na politiko ng
Baguio City
BY BERT "BOMBA" AQUINO



Wow!!! Eto na po ako at buhay na buhay, katonayan ng aking pagbabalik dahil sa pulitikong ito na tumatakong alkalde at permanenteng Commissioner maski sa anong puwesto, kuha mo Bernie?

Ano kaya ang ginagawa ng mga nag-iimbestiga tungkol sa "nakaw" este tagong-yaman na parang goma kung lumobo. Dapat ang taong ito ang imbestigahan. Dahil nakapagtataka ang paglobo ng kayamanan nito. Kaya kayong mamboboto ng lungsod, ibasura na ninyo ang ugok na ito. Hindi ba "Mayor"? He! He! He! Nagtatanong lang po. Pweee!!!

Tayo namang botante huwag tayong padadala sa "ugok na walang silbi", sabi pa "aramid ti pakakitaan", in Tagalog (sa gawa kikita "este" makikita") anak ng balbakwa Pweee!!!

-oOo-

Ayon sa ating bolang kristal at kumpareng si Bogs, ang maganda lang daw ang track record sa mga halal na pulitiko ay si "Idol" aba kasama ninyo ako riyang ("Idol" as in "Lulu Tabanda") for Vice Mayor. For Mayor, ayon sa bolang kristal natin ay si Cariño o Yaranon. Mr. Performance - Congressman of Course Atty. Moris Domogan. Sa pagka-konsehal isa pa lang ang kursunada ko - si "Mandapat" na karapat-dapat. Abangan po ninyo at sa next issue ay pinal na po kung kanino tayo.

Ano po, samahan po ninyo at ng hindi tayo ay maloko ng mga ito. Sa susunod ang pagsabog ng "Bomba" ng kalokohan ng mga ito. Ayos ba "Mayor"? Sa national ay FPJ-Loren po tayo deretsahan - sa Senador ay medyo "Chop Suey" tayo okay!!!

-oOo-

Medyo pansinin nga natin itong skating rink sa Burnham Park. Ito ay hang-out ng mga tirador ng Cell phone - mandurukot at snatchers, Feb. 10, '04 sa ganap na alas 12:00 noon, tinawagan si Munjo Nguswit Evacuado estudyante ng Baguio City National High School ng kanyang ina matapos nilang mag-usap ay ibubulsa na lang ni Evacuado ang cellphone niya nang bigla siyang banggain ng isa sa mga snatcher sabay takbo ng kanyang cellphone. Hinabol niya ang mga ito ngunit nakita niya na ito ay pinagpasa-pasahan at isa pa may nga kasama ang snatcher, kaya di na niya hinabol. "O kayong mga tatanga-tayang security guards ng Burnham Park at mga pulis Baguio, alaga ba ninyo ang mga ito? Just asking.

-oOo-

Happy valentines to my beautiful wife and pretty daughter Jackie Cantora Aquino and to all the girls I loved before. Ayun yuuun, eh!!!

Aggapu iti CDF ni **Cong. Mauricio Domogan** ti nasao a gatad. Iti met baba ti *overpass* a naiyampir ti Maharlika building ti maitudtudo a pagpatakderan ti AZKCO ti barangay hall-na.

-oOo-

Maysa pay a pakaragsakan ti AZKCO Barangay iti inaramid ni Mayor isu ti *handwritten note* daytoy para ken **Eng'r Leo Bernardez** iti City Engineer's Office maipapan iti pannakausar ti P50,000.00 a nai-*allocate* para iti pannaka-*repair* dagiti *sidewalks* a masakupan daytoy. Nabayag ngamin a naipakaammo nga adda daytoy a gatad para iti Barangay. Abril 14, 2003 pay la' idi ipadamag ni **Vice Mayor Betty Lourdes F. Tabanda** daytoy iti suratna iti Barangay. Ngem saan a nasagsagid pay daytoy ngamin segun iti plano, para iti *road improvement* ti nasao a gatad a naggapu iti 20% Development Fund ti City Government.

Ala, Apo Mayor, sapay koma ta mapadaras a mairugi dagiti nasao a proyekto sakbay nga umay ti *election ban*.

DRUG RESIDUE...

...from p.12

Thomas E. Lovejoy, president of the H. John Heinz III Center for Science, Economics and the Environment, noted that, while the effect of such traces is unknown, the concern is about the unexpected.

"I think what it actually says is that we really need to look systematically at the use of pharmaceuticals for veterinary purposes,"

Dr. Lovejoy said.

"It does raise a question of whether we should be looking more closely at the trace chemicals from human use," he added. / **Patricia Collier** © 2004 Animal News Center, Inc.

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THE JUNCTION WEEKEND

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Paglabag ng pulisya sa mga karapatang pantao binatikos

Baguio City - Muling kinondena ng grupong Cordillera Human Rights Organization ang diumano ay patuloy na paglabag ng mga karapatang pantao, lalo na sa panig ng pulis at militar.

Kamakailan lamang ay napabalitang muling nasangkot ang militar sa diumano ay maling akusasyon sa isang residente sa Barangay Busan, Mankayan, Abatan, Buguias, lalawigan ng Benguet.

Diumano, inaresto at isinailalim sa interogasyon ng mga kawani ng Abatan pulis ang isang naggangalang Marlon Bugtong sa hinalang siya ang nagbigay-daan kay Roger Rosal, tagapagsalita ng Communist Party of the Philippines upang makapasok nang walang anumang hadlang dito sa Kordilyera. Pinaghnalaan din na sangkot si Bugtong sa

isang shoot-out nito lamang Enero 6, kung saan naiulat na may isang napaslang sa naganap na insidente.

Ayon sa CHRO, ang dinanas ni Bugtong ay isa lamang sa maraming kaso ng paglabag sa karapatang-pantao lalo ng mga sibilyang walang laban.

Ang ganitong mga pangyayari diumano, ay nagpapakita sa patuloy at walang pagkunsinti ng pamahalaan sa ganitong mga gawain ng mga taong dapat ay siyang nagpapatupad ng batas.

Upang maiwasan ang ganitong mga insidente, nanawagan ang CHRO ng agarang imbestigasyon upang maparusahan ang mga nagkasala, at pinayuhan din nila ang mga mamamayan na maging mapanuri at ireklamo ang anumang uri ng pang-aabuso sa kanila. **Rimaliza A. Opiña**

Asawa ng pinaslang na magsasaka dumulog sa hukuman

Tuluyan nang nagsampa ng reklamo ang asawa ni Victor Balais sa Regional Trial Court ng Tabuk, laban sa mga miyembro ng 77th Infantry Brigade. Kasabay din nito ay ang pagsasampa ng paglabag sa karapatang pantao ng Cordillera Human Rights Organization (CHRO).

Matatandaang noong Disyembre ng nakaraang taon ay walang habas na pinagpapatay ng mga miyembro ng 77th IB si Balais, habang patungo ito sa bahay ng kanyang ama.

Ang nasabing insidente ay kaagad na itinanggi ng grupong pinamumunuan ng isang Lt. Gano. Sa isang pahayag na naunang ibinigay sa publiko, ang pagkakapatay umano kay Balais ay dahil sa engkwentrong naganap sa pagitan ng nila at ng mga New People's Army, kung saan hinihinalang miyembro si Balais.

Ngunit ayon sa grupong CHRO, mismong mga kapitbahay ni Balais ang makakapagpatunay na walang anumang engkwentrong naganap at lalong hindi kasapi sa NPA si Balais. Isa lamang daw magsasaka ang biktima.

Bagama't una pa lamang ay inamin na

may dala ngang armas si Balais, ang armas na gamit daw nito ay hindi na ginagamit sa panahon ngayon, at mas madalas na lamang daw itong gamitin sa pangangaso.

Magugunita rin na sa nakalipas na mga buwan ay sunud-

sunud ang mga napabalitang paglabag ng militar sa mga karapatang pantao, lalo na sa mga lugar kung saan inatasan ang hukbo na magmanman sa mga lugar kung saan hinihinalang lagapan ang operasyon ng NPA, at iba pang makakaliwang mga

grupo. Ngunit sa halip na makatulong, diumano ay nakadagdag pa ito sa paglapastangan ng karapatan ng mga sibilyan.

Dahil dito, nanawagan ang CHRO ng agarang pagpapatigil ng operasyon ng military. **Rimaliza A. Opiña**

PRANGKAHAN TAYO

City Director na Doctor Pa?!?!
IsiPing Mabuti!

NI KENSHI



Doctor Francisco Manalo- Sinasabi ko na nga ba mga dear readers, noong tinagurian na best police office ang BCPO, usap-usapan na namin ng aking mga TB (Taga Bulong) na talagang mayroon mga ibang mga talento itong si P/Supt. Francisco Manalo, at malamang ay mayroon pumapalibot na katarantaduhan sa pagtaguri sa BCPO as best police office. Bagamat hindi naman bago sa atin ang ganitong istilo na pinaggagawa ng mga opisyal ng PNP sapagkat ilang beses nang napatunayan noon pa man na hindi ang totoong mga pigura ang siyang ipinaabot sa publiko, dinodoktor ng mga UNGAS sa PNP, niloloko ang taong bayan. Ngunit kung ang maging resulta ng pagbigay ng maling figures ay maging isang positibong epekto katulad ng maging dahilan ng pagkapanalo ng BCPO as the best police office aba eh maraming implikasyon ito mga dear readers. Kung tutuusin ay hindi lang mga tanga este taga Baguio ang siyang naloloko kung hindi ang buong sambayanan Pilipino ang siyang nadedenggoy. Inyong mababasa sa Linis Gobyerno Komentaryo section ng pahayagang ito sa pahina 10 ang mga detalye tungkol dito. PRANGKAHAN TAYO Doctor este Magikero este P/Supt. Manalo, bakit nagkaganun ang figures (pigura) na nakarating sa Camp Crame ay kakaiba sa tutuong mga pigura ng actual crime rate statistics?

oOo

Kudos sayo Konsehal Panagan - Ang tao nga naman oo, bagamat madalas natin binabatikos itong si Konsehal Rufino M as in "Magalang" Panagan tungkol sa marami nyang mga kapalpakan, sa pagkakataong ito ay nais natin puriini ang kanyang pagbunyag at pagpadala ng isang liham kay PNP PRO-COR RD Rowland Albano (isa pa itong si Albano na ito konsintidor ng Jueteng) kung saan nais niyang klaruhin kung talagang ito ngang si P/Supt. Manalo ay dapat na tagawin na lang natin na Doctor Francisco Manalo imbisna P/Supt. Manalo, he!he (inyong mababasa ang nasabing liham sa Linis Gobyerno Komentaryo sa pahina 10 ng pahayagang ito). Kung bakit kasi ang tagal naman mapalitan itong si Doctor este P/Supt. Manalo? Ayon nga sa isa natin TB mayroon ng nakalipas na dalawang pagkakataon kung saan naudlot ang pagpapalit kay Manalo bilang CD, ngunit sana manawari, sa pagkakataong ito ay

PRANGKAHAN ...p.14

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-Mahatma Gandhi

(a message by Linis Gobyerno

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