

Mentoring from a Christian Perspective

1) What is mentoring?

- a) Historical – Homer (Odysseus, Mentor and Telemachus)
- b) Contemporary professional and business development, life coaching
- c) Biblical models
 - i) Jesus' disciple-making
 - ii) Moses & Joshua, Barnabas & Saul, Paul & Timothy
 - iii) The Biblical concept is 'to equip' (*katartizo*)
- d) Mentoring is a covenant relationship in which a person is supported, encouraged, resourced and equipped to intentionally grow in life, ministry and leadership.

2) Different Types of Mentoring

- i) Role modelling / teaching – Passive (Observation, reading)
- ii) Informal and occasional guidance – (Mentoring over the occasional coffee)
- iii) Intentional unstructured – supportive (A commitment to meeting, but process is open)
- iv) Formal structured – intentional development – (A commitment to a specific process with clear objectives)

3) The difference between Mentoring and other 1 to 1 ministries

- i) Spiritual Direction
- ii) Counselling / Therapy
- iii) Pastoral care
- iv) Discipleship
- v) Friendship

4) Who have been your mentors?

Workshop Exercise

5) Who do you mentor?

- i) All those who ask?
- ii) Young Christians?
- iii) Ministry leaders?
- iv) Elders and/or deacons
- v) Men / women?
- vi) Other pastors and leaders outside the church