

# DANA REI ARAKAWA

## EDUCATION

**UNIVERSITY OF PENNSYLVANIA**, Philadelphia, PA GPA: 3.96  
Master of Applied Positive Psychology, August 2006

**Publications of Thesis:** *Optimistic Managers and Their Influence on Productivity and Employee Engagement in a Technology Organization*

- Full reprint in April 2007 issue of *International Coaching Psychology Review*
- Research featured in two different 2007 issues of the *Gallup Management Journal*

**GEORGETOWN UNIVERSITY**, Walsh School of Foreign Service, Washington, DC GPA: 3.63  
Bachelor of Science in Foreign Service, *cum laude*, International Economics, May 2005

## LEADERSHIP

**ROTARY FOUNDATION**, Buenos Aires, Argentina Feb 2009 – Present

*Ambassadorial Scholar*

- Serve on the organizing committee of the fourth annual Iberoamerican positive psychology conference
- Present research on the science of positive psychology at several Rotary events and university classes

**ENGLISH LANGUAGE PROGRAMS (PENN)**, Philadelphia, PA Aug 2005 – Aug 2006

*Resident Advisor*

- Initiated a Positive Psychology forum to optimize the well-being of students adjusting to life in the US
- Led welcome orientations, supervised housing assignments, planned and implemented well-attended weekly cultural activities (including sporting events, museums, and weekend trips to Amish countryside)

**GEORGETOWN JOURNAL OF INTERNATIONAL AFFAIRS**, Washington, Jan 2003 – May 2003

*Business Manager*

- Supervised a 20 person staff in publishing, marketing, and distributing the GJIA internationally
- Sparked GJIA's growth by co-developing the business plan presented to Board of Directors

## WORK EXPERIENCE

**UNIVERSIDAD DE PALERMO**, Buenos Aires, Argentina Feb 2009 – Present

*Curriculum Consultant*

- Independently develop curriculum materials, lectures, and assessments for a positive psychology course
- Co-teach in Spanish selected topics in positive psychology to undergraduate students

**ALOHA UNITED WAY (AUW)**, Honolulu, HI May 2008 – Sep 2008

*Community Executive*

- Supervised a portfolio of 19 accounts, achieving record 100% participation and raising over \$160,000
- Organized and executed over 30 rallies, speaking to a range of demographics on behalf of AUW

**JOHN TEMPLETON FOUNDATION**, West Conshohocken, PA Oct 2006 – Jul 2007

*Program Associate*

- Forecast trends in positive psychology and assisted grant seekers in developing related grant applications
- Researched and evaluated grant proposals, communicated with grant seekers, and tracked all applications

**POSITIVE PSYCHOLOGY CENTER**, Philadelphia, PA Mar 2006 – Sep 2006

*Research Assistant for the Director of Education and Senior Scholar*

- Performed extensive research on initiatives and editing of proposals, papers, and presentations
- Coordinated the exploration and development of new research areas, programs, and publications

**EAST WEST CENTER**, Honolulu, HI Jan 2004 – Aug 2004

*Research Assistant*

- Executed quantitative modeling and econometric analysis on the long-term determinants of tourist flows
- Overhauled the management and macroeconomic analysis of copious data on international tourism

## SKILLS, INTERESTS, AND COMMUNITY INVOLVEMENT

- Advanced Spanish; spent two months in Peru volunteering with adolescent girls in a detention home
- Enjoys judo, live Hawaiian music, the poetry of Rainer Maria Rilke, playing basketball, and salsa dancing
- Special interest in mind-body connection and Buddhism, including alternative medicine and meditation
- Regular contribution to *Positive Psychology News Daily*, an internet-based periodical