



## Breakfast

	eat in	take away
○ Fresh fruit salad	£3.50	£3.00
○ Yogurt with granola	£3.00	£2.50
○ Baguette and butter	£1.50	£1.30
○ Ham and Cheese Croissant	£2.50	£1.95
○ Mixto (ham and cheese sandwich served hot or cold)	£2.50	£1.50
○ Bauru (ham, cheese, and tomato, sandwich served hot or cold)	£2.50	£1.95
○ Smoked salmon with cream cheese in fresh bagel	£3.00	£2.50
○ Scrambled eggs served with toast	£4.50	£4.00
○ Scrambled eggs and bacon served with toast	£6.50	£6.00

## Sandwiches

<b>Emporio</b>	£4.00	£3.50
<i>served in a toasted pitta bread with melted cheese, mayo, oregano and filling of your choice:</i>		
○ Ham and tomatoes		
○ Turkey breast, tomato and green salad		
○ Chicken breast and salad		
○ Aubergine, courgette, peppers and sun-dried tomatoes		

### Panini

*served in a toasted ciabattina bread with melted cheese and filling of your choice:*

- Salami Milano with gherkins
- Mortadela Italiana
- Prosciutto Cotto (cooked ham)
- Mozzarella di buffalo, tomatoes, basil and olive oil
- Courgette, aubergine and dried tomatoes

<b>Baguette of the day</b>	£2.50	£2.20
<i>Please ask at the counter for today's menu</i>		

<b>Salad bar</b>	£4.70	£4.00
<i>Please ask at the counter for today's menu</i>		

<b>Quiche(slices)</b>	£3.60	£3.20
English - Spring onion and cheddar		
Mediterranean - Feta cheese, tomatoes and peppers		

### Charcuterie Plate- *served with bread*

Small (2 people)	£7.00	£6.50
Big (4 people)	£9.00	£8.50

### Wine by the glass

Le Croix Vermentino/Sauvignon Blanc	£4.30	
Saint Etalon Merlot	£4.70	

## Daily Specials

- On Wednesdays and Thursdays we serve "Feijoada" the Brazilian black beans stew, home cooked with chorizo and served with rice £6.50
- On Thursdays and Fridays we sell sushi at the Deli.