

# SPIRITUAL TUNE UP

## Day of Retreat

“The very first standard listed in the *National Certification Standard for Lay Ecclesial Ministers* states, “A lay ecclesial minister demonstrates personal and spiritual maturity in ministry with the people of God” (p1). A healthy spirituality is at the core of active ministry and essential for surviving in youth ministry or any ministry. Our relationship with God, rooted in personal and communal prayer and expressed in discipleship, not only sustains us in our ministry but is a powerful witness to the young people with whom we serve. Clearly our spirituality is foundational to being authentic ministers with young people as well as integral to our personal identity.” (*Thriving in Youth Ministry*, Bob McCarty)

**This year our dioceses are please to offer 3 one day retreat experiences with dynamic facilitator & “Horticulturist of Faith” Mike Patin**



**Mike Patin**  
Dad, Teacher, Coach, Youth Minister,  
Motivational Speaker

*I live in Lafayette LA. I am a husband, and a dad (one daughter). I spent 6 years as a high school teacher and coach, and have worked in youth ministry since 1990. Since 2003, I have been speaking around the country to young people and adults on issues of Catholic faith, positive attitude, using your gifts and living life fully.*

### **Friday, January 29, 2010**

#### **Thriving In Youth Ministry**

9am-5pm w/ Dinner Following  
Marello Youth Retreat Center  
6530 Wells Ave, Loomis, CA 95650

### **Friday, April 16, 2010**

#### **Spiritual Life of the Youth Minister**

9am-5pm w/ Dinner Following  
St. Joachim Catholic Church  
13392 Lockeford Ranch Rd, Lockeford, CA 95237

### **Sunday, April 18, 2010**

#### **Retreat for Junior High Ministers & Confirmation Coordinators**

9am-5pm w/ Dinner Following  
Marello Youth Retreat Center  
6530 Wells Ave, Loomis, CA 95650

**The cost to attend each day retreat is \$50.00**

# Youth & Young Adult Ministry Formation Opportunities

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NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
MAILING ADDRESS: \_\_\_\_\_  
CITY \_\_\_\_\_ STATE/ZIP \_\_\_\_\_  
PHONE: \_\_\_\_\_ ALTERNATE PHONE: \_\_\_\_\_  
PARISH: \_\_\_\_\_ PARISH CITY: \_\_\_\_\_

## ***Workshops are \$25 - Retreats Cost \$50***

Special Pricing (Must register by October 5th): 5 workshops for \$100 (one person, non-transferable)

Pay for all 8 workshops (\$200) and get a free retreat. (one person, non-transferable)

Indicate which workshops you are planning to attend below & return this form with a check payable to  
DEC c/o Kevin Staszko, Diocese of Sacramento, 2110 Broadway, Sacramento, CA 95818

### **Strength Based Ministry, John Rinaldo (\$25)**

- Monday, October 5, 2009 from 6:30-9:00 pm Stockton Ministry Center 1125 N Lincoln St, Stockton (209) 466-0636
- Tuesday, October 6, 2009 from 1:00-4:00 pm Sacramento Pastoral Center, 2110 Broadway, Sacramento (916) 733-0123
- Tuesday, October 6, 2009 from 6:30-9:30 pm Sacramento State Newman Center 5900 Newman Ct, Sacramento (916) 454-4188

### **Young Adult Ministry Basic Training, Eileen McCann (\$25)**

- Monday, October 12 from 1:00-4:00 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681
- Monday, October 12 from 6:30-9:00 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681

### **Recruiting, Training and Sustaining Volunteers, Ann Marie Eckert (\$25)**

- Monday, November 2 from 8:30 am-3:30 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681
- Monday, November 2 from 6:30-9:00 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681

### **That's God on Your iPod, Aaron Del Monte (\$25)**

- Monday, Dec 14, 2009 from 6:30-9:00 pm Stockton Ministry Center 1125 N Lincoln St, Stockton (209) 466-0636
- Tuesday, Dec 15, 2009 from 9:30-Noon Sacramento State Newman Center 5900 Newman Ct, Sacramento (916) 454-4188
- Tuesday, Dec 15, 2009, 6:30-9:00 pm Sacramento State Newman Center 5900 Newman Ct, Sacramento (916) 454-4188

### **Effective Practices for Dynamic Youth Ministry, Ann Marie Eckert (\$25)**

- Monday, February 22 from 8:30 am-3:30 pm 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681
- Monday, February 22 from 6:30-9:00 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681

### **Helping Young People Connect Life and Faith in the Confirmation Process, Mike Norman (\$25)**

- Monday, March 29, 1:00-4:00 pm Stockton Ministry Center 1125 N Lincoln St, Stockton (209) 466-0636
- Tuesday, March 30, 6:30-9:30 pm Sacramento Pastoral Center, 2110 Broadway, Sacramento (916) 733-0123

### **Comprehensive Youth Ministry Renewing the Vision, Mike Norman (\$25)**

- Monday, March 29, 6:30-9:00 pm Stockton Ministry Center 1125 N Lincoln St, Stockton (209) 466-0636
- Tuesday, March 30, 1:00-4:00 pm Sacramento Pastoral Center, 2110 Broadway, Sacramento (916) 733-0123

### **Opening Parish Doors to Young Adults, Joan Weber (\$25)**

- Tuesday, May 11 from 8:30-3:30 pm 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681
- Tuesday, May 11 from 6:30-9:30 pm St. Joseph, 9961 Elk Grove Florin Rd, Elk Grove (916) 685-3681

### **Retreat Opportunities w/ Mike Patin (\$50 EACH)**

- Fri, Jan 29th **Thriving in Youth Ministry** 9:00 am-5:00 pm w/ Dinner, Marelo Center, Loomis, Ca
- Fri, Apr 16th **Spiritual life of the Youth Minister** 9:00 am-5:00 pm w/ Dinner, St. Joachim, Lockeford, Ca
- Sun, Apr 18th **Junior High Ministers /Confirmation Coordinators** 9:00 am-5:00pm w/ Dinner, Marelo Center, Loomis, Ca

For More Information, please contact Kevin Staszko 916-733-0152 or Ann Marie Avansino 209-466-0636