

## **Workshops: The Challenges of Returns and Provision of Basic Services**

November 17, 2007

### **Public Health**

*Facilitated by:*

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Question 1: What we know from our experience that will help others work in Southern Sudan.

- Develop work skills in the Diaspora and transfer them to Southern Sudan to make your work easier.
- Choose your geographical area and know the health players in the area to network with.
- Know the needs of the area.
- Know the security situation.
- Choose the health area you want to address and find appropriate local staff. If staff is not available, you may consider recruiting them from the outside.

Question 2: What we want the Government of Southern Sudan to know about the needs we see in Southern Sudan from our experience.

- Network all health care providers in Southern Sudan.
- Publish on website, all NGO's and institutions doing healthcare work in Southern Sudan. List the services they provide in specific localities.
- Publish the latest health assessment for health needs in Southern Sudan.
- Search for institutions abroad in USA and other parts of the world with expertise to work on local language development, i.e. written language so that health literature can be developed in different languages.
- Develop appropriate/attractive package for skills transfer program for Southern Sudan.

Question 3: How do you encourage healthy living and reduce stress for Sudanese living in the Diaspora

- Designate a staff/counselor coordinator for health to assist Sudanese people settle outside of Sudan; to integrate successfully; to be productive as well as to have plans for intervention in difficult situations, e.g. youth in prison, mental health issues.
- Develop a program to help youth succeed. Close the gap between youth and parents to reduce stress in parents and in youth.
- Find support from churches and civic organizations to help Sudanese in their lives and to help support family members back home.
- Encourage strong social network for talking, e.g. churches, tribal associations, chapters, etc.

Question 4: What do you need to have a healthy individual in rural Sudan?

- Health education
- Clean water
- Food security
- Education
- Clinics and immunizations
- Drug stores
- Services close to people
- Regular check-ups
- Eradicate female genital mutilation

Question 5: What if war breaks out? What should the Government of Southern Sudan have in place?

- Actively recruit medical health help from the US.
- Open up for external health workers.
- Network with Sudanese medical students in Diaspora institutions to inform and enlist them as volunteers and to attract their professors to go work in Sudan and teach in the Universities.
- Ministry of Health immediately start to coordinate NGO's, UN, WHO, etc. to put in place emergency preparedness plan and supplies in case of mass injury.
- GOSS Mission to enlist and prepare medical volunteers in case of need for deployment to Sudan.
- Have mobile clinics for outreach.