



Participants' Frequently Asked Questions

1. Can I switch races after I have already registered?

You can switch races with a small fee. Please see our race change policy for more information: <http://teamortho.us/2010020893/Registration.html>

2. Can I pick up my packet or can I register on race morning?

People participating in, or who want to participate in, the 5K or 5K-9 race on June 6th, 2010 can both register and/or pick up their packet on race day. You can also do this on Saturday, June 5th when we have packet pick-up.

Marathoners and Half Marathoners must pick up their packets on Saturday, June 5, 2010 between 10:00 a.m.-8:00 p.m. There will be no race-day packet pickup for those runners. For additional information on Packet Pick-up go here: <http://teamortho.us/2010020885/Package-Pick-up.html>

3. I have an injury and cannot run in my event....can I get a refund?

We are sorry; there are no refunds for Team Ortho races. However we do have a race deferral policy which allows you to defer your race to the following year. Please see the policy here: <http://teamortho.us/2010020893/Registration.html>

4. How can I confirm my entry?

You can confirm your race entry by going here: <https://secure.marathonguide.com/register/MinneapolisMarathon/SearchBox.cfm>

5. Is this a Boston Marathon qualifying race?

Yes. Minneapolis Marathon is a qualifier for Boston.

6. What are the Packet Pick-up hours?

You can pick up your packet between 10:00 a.m. and 8:00 p.m. on Saturday, June 5th.

7. I don't know where to park. What are your suggestions?

We have many recommendations for parking on our website, that are all very near to the event: <http://teamortho.us/2010020888/Parking-for-the-Minneapolis-Marathon.html>

8. What are your lodging recommendations?

Our hotel partner, the Depot Hotel, is full. But there are several hotels in Downtown Minneapolis in which to stay.



9. How can I find my Pacer?

It is best to meet your pacer at packet pick-up on Saturday, June 5th. They will be there answering any questions and will likely set up a meeting location for you. For more information on pacers go to: <http://teamortho.us/2010020887/Pace-Teams.html>

10. Can I wear headphones or use an iPod during the race?

Team Ortho running races are all iPod and MP3-Friendly. We just ask that you be respectful of others and be aware of your surroundings while you have your headset on.

11. What kind sports drink and nutrition is offered on the course?

Besides water, most of our water stops will have Mountain Berry Blast Powerade. At Miles 8 and 18 we will also have Raspberry Hammer Gel nutrition.

12. Can I walk any of the events?

Yes you can! Walkers are allowed on our Half Marathon and 5K courses. They are not allowed on the marathon course because the course closes in 6 hours. All participants must be off the course by then.

13. Are strollers allowed on the course?

Strollers are only allowed on the 5K course. We ask that people with strollers start toward the back of the group.

14. Where are the port-a-potties located on the course?

Marathon: Start – Miles 5, 7, 8, 9, 10, 11, 12.5, 14.5, 18, 19.5, 21, 22, 24, 25 Finish
Half Marathon: Start – Miles 5, 7, 8, 9, 10, 11, Finish

There will also be port-a-potties at Race Village, along the Marathon/Half start corral, and down by the finish line.

15. What are the time limits for the Minneapolis Half-Marathon and Marathon?

The time limit is 6 hours. Runners will be moved to the path adjacent to West River Parkway at 11:30 a.m. to re-open the road. The course closes and the finish line is cleared out at 1:00 p.m.

There will be a 6-hour pacer. If a runner cannot stay with or ahead of this person, they will be asked at Mile 9 to turnaround and complete the half marathon or get on the SAG wagon. The same will happen at Mile 13. Anyone behind the 6-hour pacer at that time will be asked to turn around and finish on the path. They will not be allowed into Fort Snelling. For the race time limit information please go to our website:

<http://teamortho.us/20100505177/Marathon-Time-Limit-Rules.html>



16. Where are the best viewing locations for my family to watch the race?

We have several locations that are excellent for viewing the Minneapolis Marathon. Please go to our spectator guide: <http://teamortho.us/20100519185/Watching-the-Marathon.html>

17. How do I get my Monster Marathon Series goodies at packet pick-up?

Once you receive your packet, you will be directed to the areas to receive your series items like your Lucite medal display.