



Playing A GAME WITH THE **UNIVERSE**

LINDA ARMSTRONG

LAW OF ATTRACTION

If you can imagine it, you can live it!



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“This e-book is actually my favorite chapter from my e-book entitled Think-Feel-Live. In this chapter I write about the game I played with the Universe testing my ability to create with my thoughts by using the Law of Attraction”.

“Law of Attraction is easy – all you need is a little imagination”

– Linda Armstrong

A Simple Test of the Law of Attraction

When I first learned about Law of Attraction I thought to myself why not test it out for myself. I thought about what I could ask the Universe to show me to prove that I have the power. What could I ask for that I didn't think I had any resistance around? Something that I felt would be an easy test because I believed it could happen. Something that didn't seem to be so out of reach. So, I thought for a bit and decided that my test to the Universe would be to spot my favorite birds. I told the Universe that I wanted to see Blue Jays and Cardinals. Being that I have bird feeders and have been bird watching for years I thought this would be a good test. Easy enough, right?

I love those birds, and I especially have a love for the Cardinal. I had not seen any around my home and thought this would be perfect. So, I went about waiting to spot these birds. This was the very first thing I did when I learned about Law of Attraction. Kind of silly, but fun. Well, actually not so much fun at first, and I'll tell you why.

You would think it would be easy, not a very tough test I thought. But it was in this test that I really learned a lot. I was not spotting either of the birds. I became a little fixated on it. I really wanted it to be so, that I could think about a desire and see it just appear in my life. Problem is that I was noticing the absence of the birds. In being so aware of NOT seeing the birds I got more of not seeing the birds. I got exactly what I was thinking about. The Law of Attraction says: that which is like unto itself is drawn, or "Like attracts Like."

Another way of saying it is: birds of a feather flock together. That is the foundation of the law. You see, our thoughts are like magnets, they attract all things that match the thought.

I wanted to see those birds so badly to prove I had the power to do it. I was looking everywhere trying to spot one of the birds. I kept looking, looking, looking and not seeing. Well, that was a major lesson. In looking so hard for those birds I only noticed that I was not seeing the birds. The harder I looked the longer it took. You see all I was focusing on was that I wasn't seeing the birds. So, the Universe gave me more of what I was focused on, no birds.

When I realized that I only needed to think of seeing the birds. Feeling the excitement of actually seeing the birds even though I had not seen them yet. I started playing the movie in my mind of actually seeing the birds and how excited I would be that the Universe gave me what I asked for. The first bird I spotted was the Blue Jay, that was great, I was really excited. I thought, WOW, this is pretty cool. But the Cardinal had not shown himself to me yet. I found myself looking hard for him again. I had to remind myself not to look so hard and not to pay attention to not seeing him.

So I stopped always looking for the Cardinal and decided to trust that he would show up. I went back to using my imagination and created spotting the Cardinal in my mind. I have to say it was hard not to notice that I wasn't spotting the Cardinal. But, I realized that the law of attraction actually was working because I was getting more of NOT seeing the Cardinal. I finally let go. *I let go of the resistance I was creating by noticing the lack of that desire.* I finally came to realize that I would just trust the Universe to answer my desire.

Wouldn't you know, at that point I had a very vivid dream. It seemed so real. It was a dream, I know I was asleep but I felt such joy in that dream. Weird right? As I slept I dreamt that I saw a Cardinal. He was on the ground behind a bush. There he was bright red and looking beautiful. This was just in my dream, but it felt so real. I remember feeling such an overwhelming feeling of joy. Just from seeing this bird in my dream. My joy came from the realization that I can create with my thoughts. At this point I created in my dream, but the point here is that I created exactly how I wanted to feel in real life. The emotion I experienced was the same either way, whether in the dream or in actual life.

As I'm sure you probably realize, I did start seeing Cardinals after that. Once I had that dream I knew that I would start to spot the Cardinal as well as the Blue Jays in my everyday life. It was only days after that that I spotted one for real. Wow, that little game of spotting those birds gave me so much joy. Real joy from such a simple thing that many people take for granted everyday as they see Blue Jays and Cardinals flying around.

These days I have an amazing relationship with the Cardinal. One day I was looking out my kitchen window, there is a pretty Japanese Maple right close to the window. I just thought for a second that it would be so nice to see a Cardinal in that tree so close to me. The very next day, as I made a cup of coffee and looked out the kitchen window, there was a female Cardinal just sitting there in the tree. I was so blown away. I took that as an indication of how well I was vibrating and that the Universe was giving me a sign.

I now see Blue Jays and Cardinals a lot. But my connection to the Cardinal is really strong. Now the Cardinal sightings are directly linked to my higher vibration. If my vibration lowers and I'm not feeling as great as usual, I don't spot my favorite bird. When I am vibing high, I

see them everywhere. It's always a great indicator from the Universe as to what might be manifesting for me next.

Lately as I am gardening or sometimes just going to my mailbox a Cardinal will fly over and land on a branch just 6 feet away. So my original little test has now become part of my vibration. I can pull Cardinals into my experience when I am vibrating well. And that little sign does wonders for me in maintaining that good vibration.

THIS LITTLE GAME TAUGHT ME SO MUCH!

I had somehow always known that we as people must be more powerful than we are. I had always thought how great it would be if I could blink my eyes or wiggle my nose as Samantha and Jeannie did in Bewitched and I Dream of Jeannie. So, when learning about Law of Attraction I was soooo happy, yes, I knew it, I knew we are all more powerful than we know.

So, try it, find something to use as your game to play with the Universe and see what happens. Remember don't focus on the lack of what you want to manifest. Just keep your focus and imagination on exactly what you want and how you want to feel when it arrives. I'm sure you will enjoy the game.

Just a few weeks ago, I asked the Universe to bring some Eastern Bluebirds to my backyard. They are the NY State Bird. I live in New York for three years now. I have bird feeders out in my backyard and watch the birds often. I have not seen one of these birds since I've moved here.

Then one day as I was heading for the back door, I see right out the back windows, there were two Eastern Bluebirds sitting on the line for my dog run. Right there in plain site, shinning brightly in the sun as if to say Hello! The blue color was amazing. I was feeling such joy. Just from something so simple and carefree, a couple of birds sitting on a line. That joy came from the Universe letting me know that it is there for me, always answering my desires. And all I have to do is keep my thoughts positive and things will show up in my reality, not just in my mind.

So, now I've asked the Universe to send some Hummingbirds to my yard. I have not seen any since the first summer I moved New York. I'll let you know when those guys show up.

I did it! Law of Attraction brought me my Hummingbird! UPDATE while I've been writing this book.

Wow, I am so excited! In the previous chapter I spoke about playing a game with the Universe, I had stated at the end of that chapter that I asked the Universe to send me a Hummingbird. I had not seen any since the first year I moved into my home. This has been my favorite Law of Attraction game to play. There is something so rewarding when you can see rather quickly how when you "Ask it is Given." Well, I asked and it was given! A beautiful little Hummingbird was at a flower pot on my deck. I grabbed my camera; luckily it was already near my back windows. It all happened so fast. I grabbed the camera and snapped a photo. Hummingbirds move so fast, you can't really even see the wings. It was as if this little bird allowed me to capture him in the photo. I was so excited to have taken this

photo to document how great the Universe is and how it is there for your asking. It's the Law of Attraction; you get what you think about. I had thought about how thrilled I would be when I saw one of these little guys in my yard. I can't even describe how much joy I felt.

LAW OF ATTRACTION AND THE UNIVERSAL MANAGER

The Universal Manager, get to know him. He is the best manager there is, and how could he not be, after all he is the best in the Universe, hence his title. He is the CEO of the Law of Attraction. Well, basically what you do is to think of your desire. Something that you would love to have manifest. And then just ask the Universal Manager to take care of getting it for you. Sounds funny, right? Well, I have to tell you it works. I have had so many things come to me by just doing that, both little and pretty big things. Big or small, the reward is so great when you see evidence of the Universe answering your wishes. Kind of like the Genie in the bottle, it is the Law of Attraction in Action. See *Process #20*.

Today the Universal Manager sent me the Hummingbird. Yesterday I received something else. I had a contract for services from a particular company. I had paid this company \$5,400 for this service. They could not deliver and so I canceled my contract with them and asked for my money back. They agreed to give me back 50%, \$2,700. Then when it came time to send the check they just didn't do it. I was not getting my refund. So I tried calling, emailing I even had an Attorney send a letter for me. They were not giving in. I filed a complaint with the BBB in the state where this company is located. They responded to the complaint to say that we had no such agreement. I was getting such a knot in my stomach. This did not feel good at all. All it was doing for me was putting me into a

negative vibration. So I decided that I would just give up the fight and give it up to the Universal Manager to deal with. I was done having it effect me in such a negative way. I decided to let go of how I felt about this company and just be done with it. All along expecting that the Universal Manager will do a better job than I had been doing.

I got a phone call from that company. The representative told me that they had made a mistake and their Lawyers had overlooked something and that they would be sending me the check for \$2,700. Wow, now that's one good Manager! It had been less than one month from when I gave up the fight and handed it over to the Manager. So, try it, start relying on the Universal Manager and see what the Law of Attraction will bring you next.

I've been playing little games like this for a while now. It really keeps me learning and understanding Law of Attraction more and more. I would love it if you would send me a comment on how the game went for you. Maybe you have done this before and would like to share your story. Or if what you are asking for has not shown up yet. Send me an email at Linda@livelawofattraction.com and I'll send you a tip on how to help it along its way. Have fun playing with the Universe, Enjoy!

*“If you can imagine it,
the Universe can deliver it to you.”*

– Abraham

**I HOPE YOU ENJOYED THIS CHAPTER, THERE IS MUCH
MORE IN MY EBOOK THINK-FEEL-LIVE – Linda Armstrong**



I will guide you to understand that you have the **POWER** within you to **BE, DO** and **HAVE** anything you want in life.

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- How to apply the Law of Attraction in order to create freedom, joy, and abundance into your life.
- How to choose your thoughts so that you can be happier in life without constantly feeling like you just can't get there.
- How to allow yourself to receive, believe you deserve, and open yourself to unlimited joy and prosperity.
- Learn how to use this knowledge to get everything you want **EASILY** and **EFFORTLESSLY** while having fun.
- I'll tell you how I manifested my **Dream Home!**
- I will give you proven Processes that will help you get real results.
- Are you ready to **LEAVE BEHIND** the struggle and effort?
- **97** page ebook explains Law of Attraction in just **3 BASIC STEPS**.
- **1-** Learn how to deliberately choose your thoughts. **(THINK)**
- **2-** Use visualization & emotion to create the life you dream of. **(FEEL)**
- **3-** Use Appreciation of all that surrounds you in order to allow more good things to come to you. **(LIVE)**

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