

2010 Jaguar “Road Runner Sports” X-Country Invitational

Dear Coach:

I would like to take this opportunity to invite your team to **The 18th Annual Kit Carson Cross Country Invitational**. This year's meet will be held on Friday, October 22nd from 2:00pm to 6:00pm at **Kit Carson Park in Escondido**. The course consists of grass, dirt, some sidewalk, and hills. The format for this year's meet will remain the same. We are again happy to have ***Road Runner Sports*** as our sponsor.

Meet specifics are listed below. If you have any questions, please give me a call at (760) 751-5554. If you are interested in attending this year's meet please fill out the enclosed entry form and mail it back ASAP. Final meet information will be sent out via e-mail the 1st week of October. I look forward to seeing you at this year's meet.

Sincerely,

Mike Cummings

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Meet Information:

When: Friday, October 22, 2010
Time: 2:00pm-6:00pm
Where: Kit Carson Park, Escondido
Levels: Boys Varsity, Boys JV 9-10, Boys JV 11-12
Girls Varsity, Girls JV
Divisions: Two divisions total
Cost: \$30.00 per team level entered
Medals: Custom Individual medals to the top 20-50 runners
depending on race size.
Top 7 runners of the first 3 teams for all races
Additional prizes to other runners as well.
Course: 2.6 miles for girls and 3.1 miles for boys

Time Schedule:

2:00 Small School Division JV Girls
2:25 Small School Division JV Boys
2:50 Small School Division Varsity Girls
3:15 Small School Division Varsity Boys
3:40 Large School Division Varsity Boys
4:05 Large School Division Varsity Girls
4:30 Large School Division JV Boys 9-10
4:55 Large School Division JV Girls
5:20 Large School Division JV Boys 11-12

Please denote choice of division on the entry blank.

Please note that there is only one level for boys JV in the small schools.

Please note that I don't need to know your exact numbers before mid-September. I only need to know if you plan on attending – this helps me to know how many medals to order. You can respond via e-mail to let me know that you will be attending and then you can respond with numbers after you have your team in September.

All entries into the meet will be done through athletic.net. More info to follow for teams who enter.

2010 Jaguar “Road Runner Sports” X-Country Invitational

_____ will compete in the 2010 Jaguar Road Runner Sports Cross Country Invitational which will be held on Friday, October 22, 2010. We agree to pay \$30 for each race entered. We also understand that there is a \$50 team cancellation fee.

We plan to enter the following races (enter approximate numbers)

Boys JV 11-12 _____

Boys JV 9-10 _____

Boys Varsity _____

Girls JV _____

Girls Varsity _____

Large School Division _____

Small School Division _____

Strength of program _____ School enrollment _____

Coach _____ phone _____

School _____

Coach's e-mail _____

Mail or FAX entries to:

Mike Cummings

Valley Center High School

31322 Cole Grade Road

Valley Center, CA 92082

FAX : 760-751-5509

e-mail: cummings.mi@vcpusd.net

Make checks payable to “Valley Center Cross Country”