

2010 - 37th ANNUAL
SOUTH BAY CROSS COUNTRY INVITATIONAL

- DATE:** Friday, September 24, 2010
- PLACE:** Rohr Park, Sweetwater Road, Chula Vista 92012
- COURSE:** BOYS - 5,000 meters (3.1)
GIRLS - 4025 meters (2.5)
- TIME** 3:30 pm - Junior Varsity Girls
4:10 pm - Frosh/Soph Boys
4:40pm - Varsity Girls
5:10pm - Varsity Boys
5:40pm - Junior Varsity Boys
- DIVISIONS:** The 2009 South Bay Invite will only have 1 division.
- FEES:** Varsity.....\$35.00 per team
Junior Varsity.....\$35.00 per team
Frosh-Soph.....\$35.00 per team
Individuals.....\$7.00 each (fewer than 5 runners from team)

Checks should be made payable to SWEETWATER CROSS COUNTRY and sent to:

Tim Latham
Sweetwater High School
2900 Highland Avenue
National City, CA 91950

- AWARDS:** Varsity Races: Team trophies to 1st-2nd-3rd place teams.(Boys And Girls)
Medals to top 7 runners on 1st-2nd-3rd place teams.
Medals to first 35 individual runners.
- Jr. Varsity Races: Team trophy to 1st-2nd place teams. (Boys And Girls)
Medals to top 7 runners on 1st-2nd place teams.
Medals to first 35 individual runners.
- Frosh-Soph Boys Race: Team trophies to 1st-2nd-3rd place teams. (Boy Only)
Medals to top 7 runners on the 1st-2nd-3rd place teams.
Medals to first 35 runners.

Note we use computerized results with the goal to have the results up on the web the night of the meet. You will need to enter a roster at <athletic.net> of all possible athletes at least one week before the meet.

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SCHOOL: _____

COACH: _____

FEES:

TEAM (CHECK)	INDIVIDUALS (# ENTERED)		
BOYS VARSITY	\$35.00	_____	_____
GIRLS VARSITY	\$35.00	_____	_____
BOYS JR. VARSITY	\$35.00	_____	_____
GIRLS JR. VARSITY	\$35.00	_____	_____
BOYS FROSH-SOPH	\$35.00	_____	_____

TOTAL ENTRY FEE: _____

MAKE CHECKS PAYABLE TO: **SWEETWATER CROSS COUNTRY**

SEND TO: TIM LATHAM
SWEETWATER HIGH SCHOOL
2900 HIGHLAND AVENUE
NATIONAL CITY, CA 92050

COACHES HOME PHONE: _____

E -MAIL: _____

FAX: _____

Tim Latham:
619-659-9146 (H)
619-417-8656 ©
619-474-9734 (W) phone FAX 619-474-7635
(NEW) E-mail: baire@cox.net